

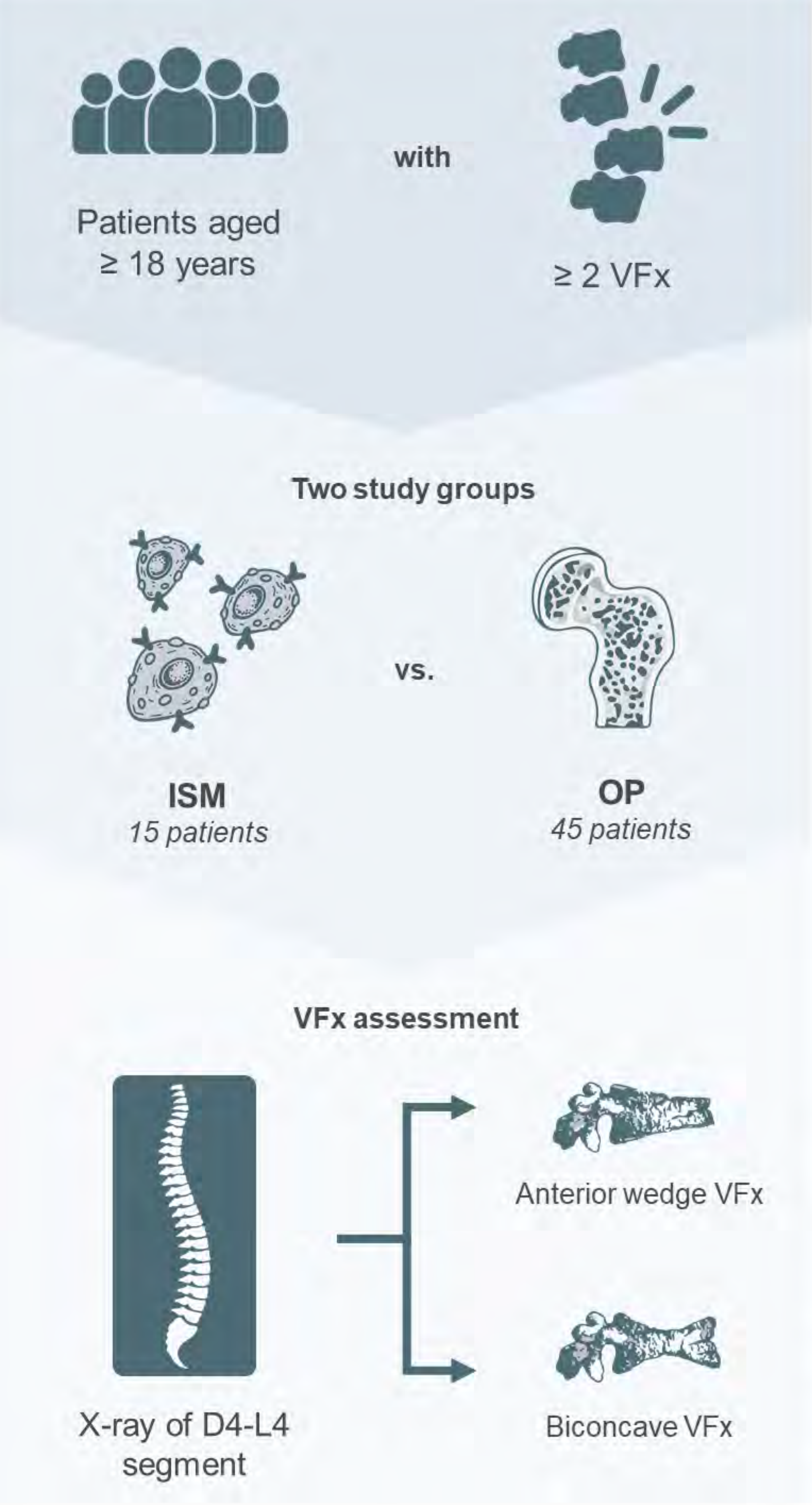
DIFFERENCES IN SKELETAL INVOLVEMENT BETWEEN INDOLENT SYSTEMIC MASTOCYTOSIS AND PRIMARY OSTEOPOROSIS

Gaetano Paride Arcidiacono*

Background

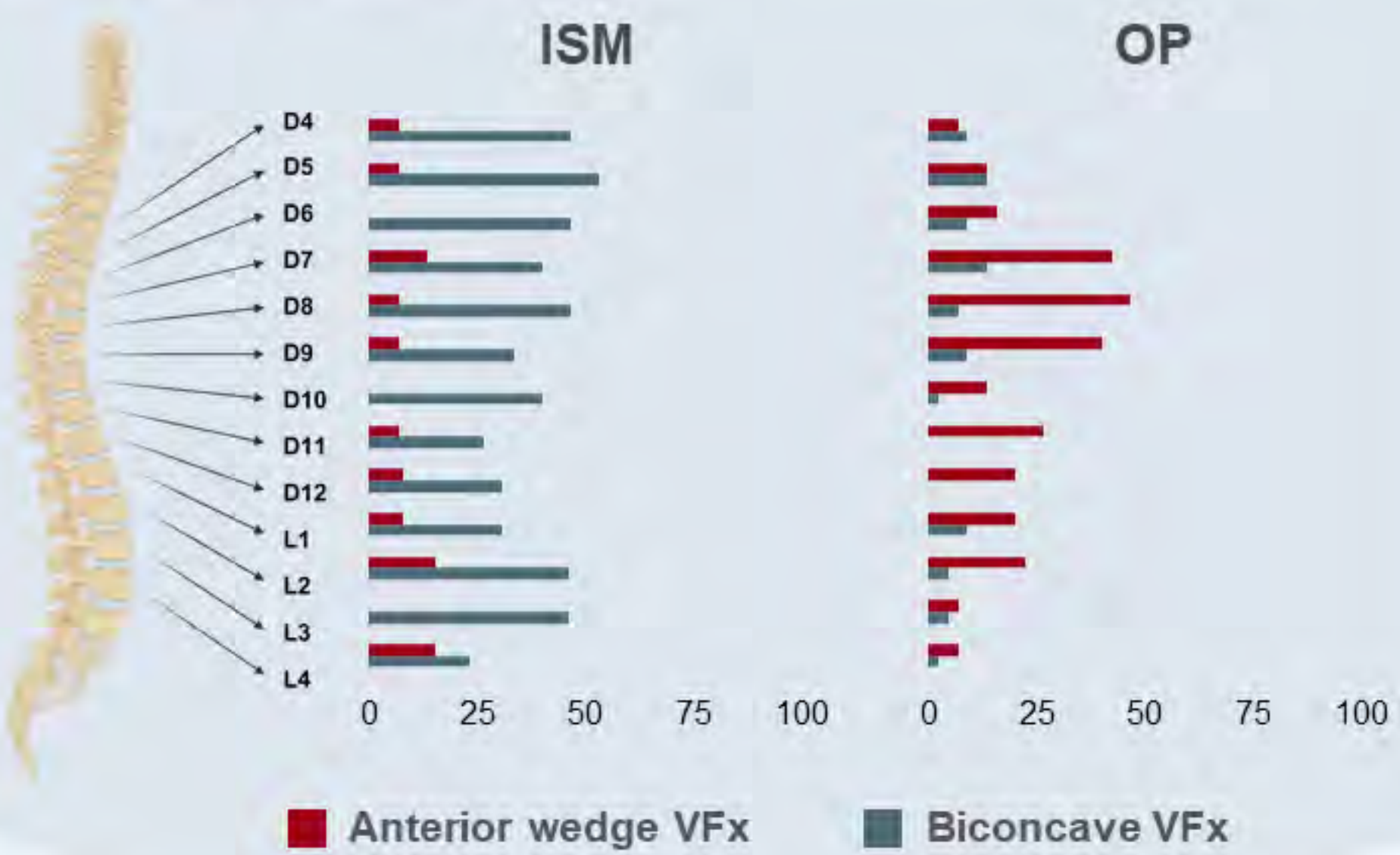
- Indolent Systemic Mastocytosis (ISM) is characterized by excessive mast cell accumulation in organs and tissues, and skeletal fragility presenting with multiple vertebral fractures (VFX) may be a common manifestation.
- Given the rarity of the disease and the nonspecificity of other clinical manifestations, skeletal fragility in patients with ISM is often misdiagnosed as primary osteoporosis (OP).
- This study aimed to explore the role of vertebral morphometry in identifying ISM and differentiating it from OP.

The study



Findings

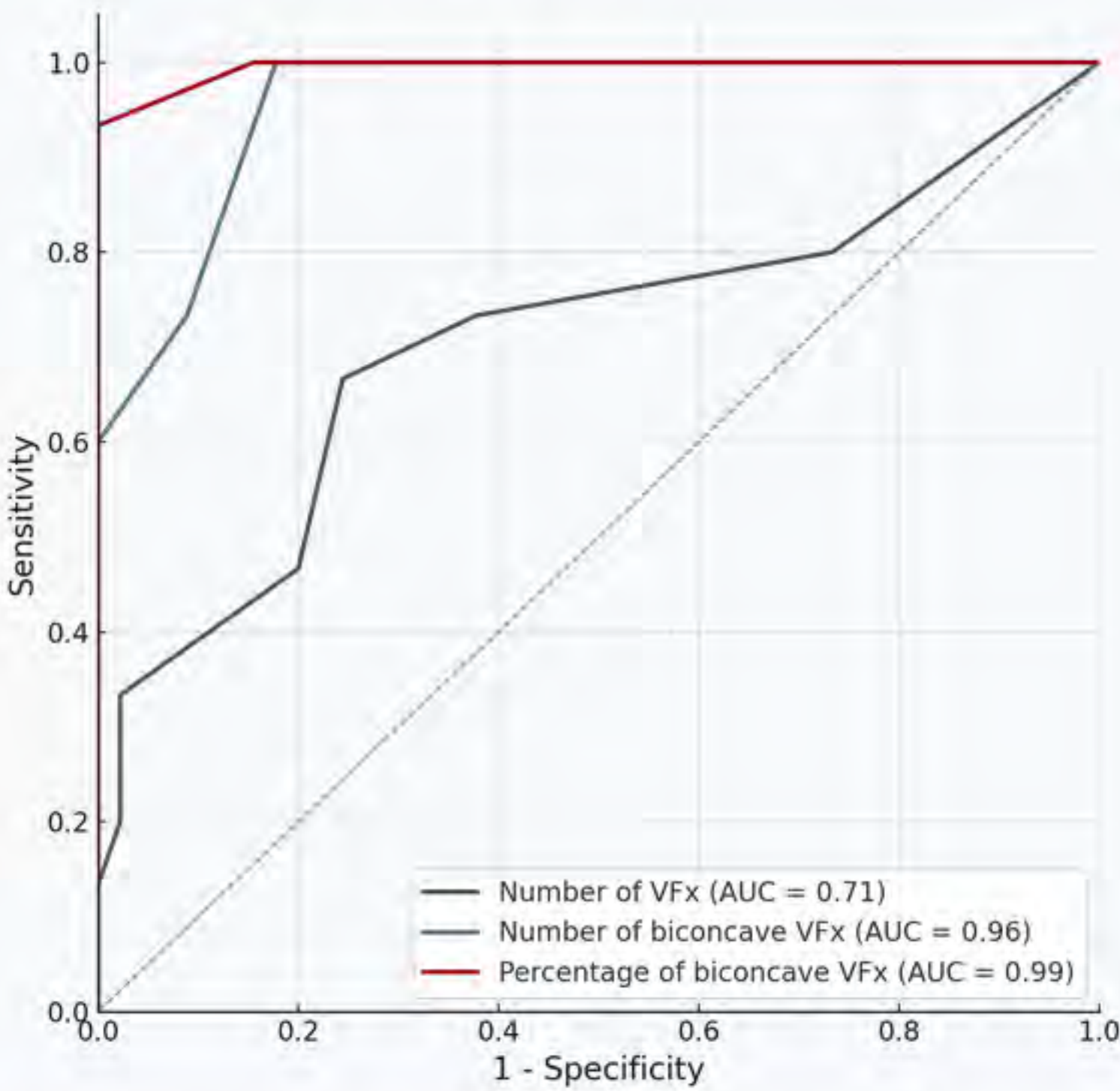
Number of VFX per 100 individuals categorized by morphology in ISM and OP.



Number and percentage of VFX categorized by morphology in ISM and OP.

Total number of VFX (n)	3 (2-4)	4 (3-6)
Anterior wedge VFX (n)	3 (2-3)	1 (0-1)
Anterior wedge VFX (%)	78 (67-100)	14 (0-29)
Biconcave VFX (n)	1 (0-1)	3 (2-5)
Biconcave VFX (%)	25 (0-33)	86 (71-100)

ROC curves of different VFX-related variables in distinguishing ISM and OP

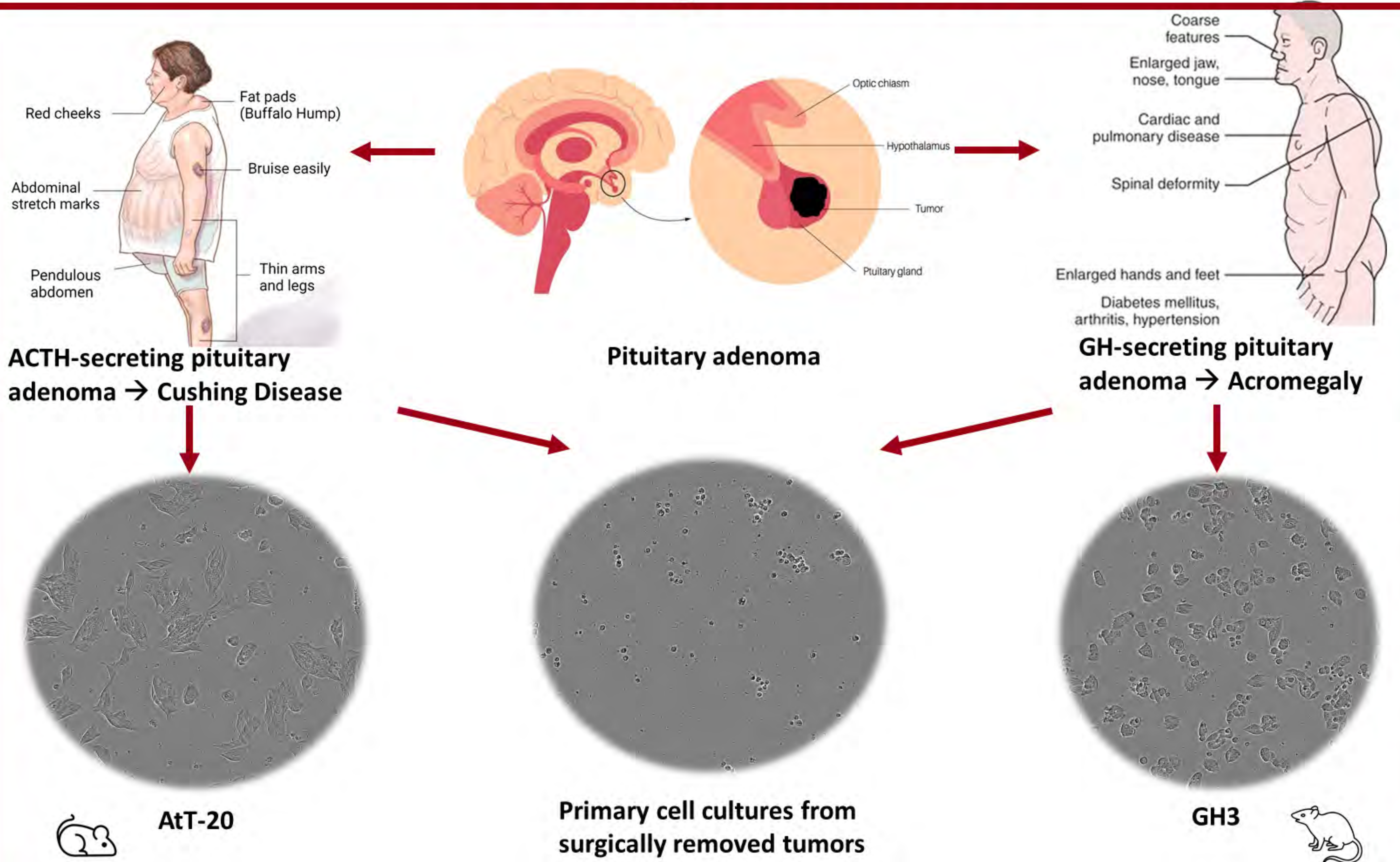


Conclusions

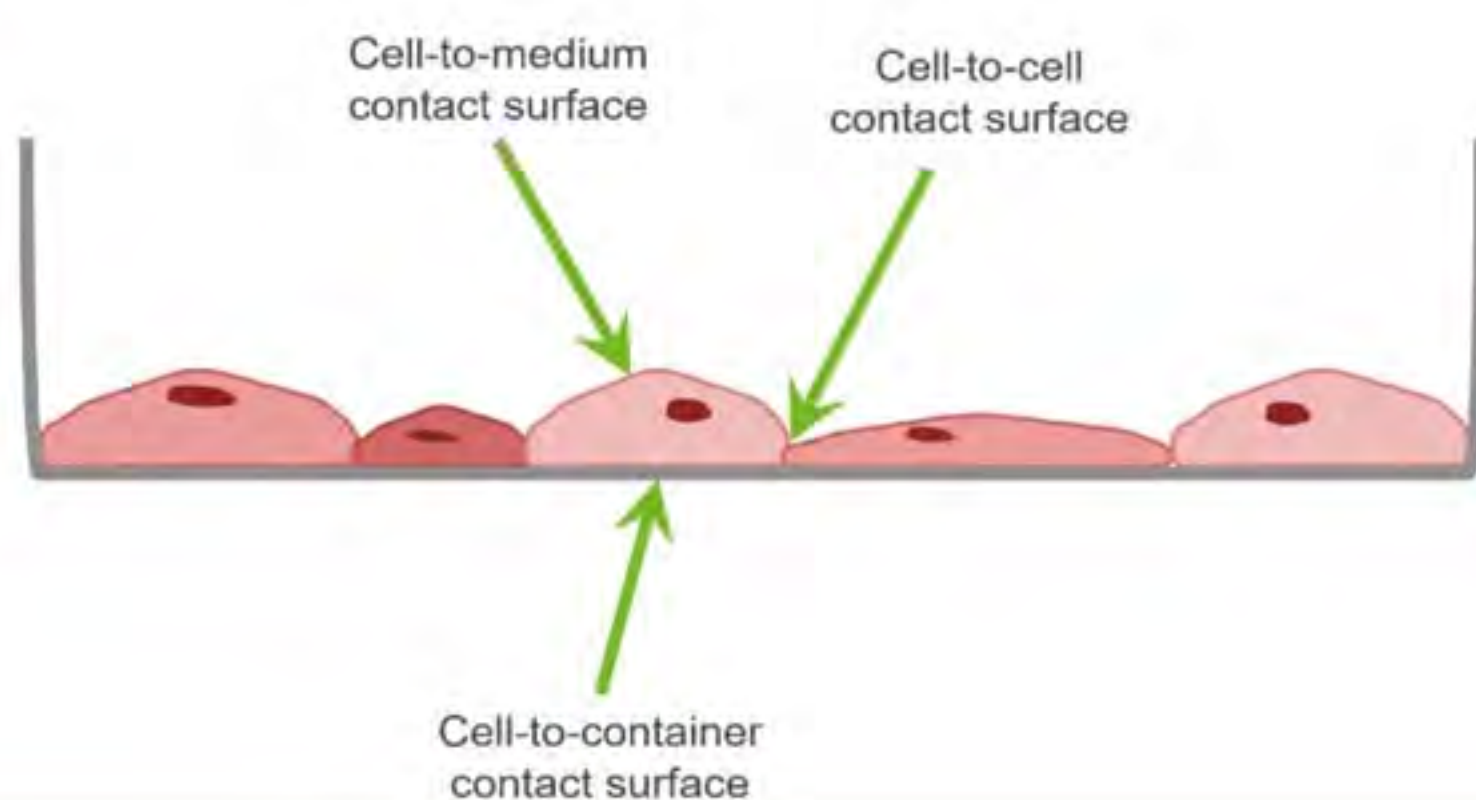
Our study shows different prevalent morphologies of VFX between ISM and OP. Further research is needed to identify the distinct pathophysiological mechanisms between the two conditions and to explore the clinical implications.

*Clinica Medica 1, Department of Medicine, University of Padua, Italy.
European Reference Network on Rare Bone Diseases (ERN BOND)

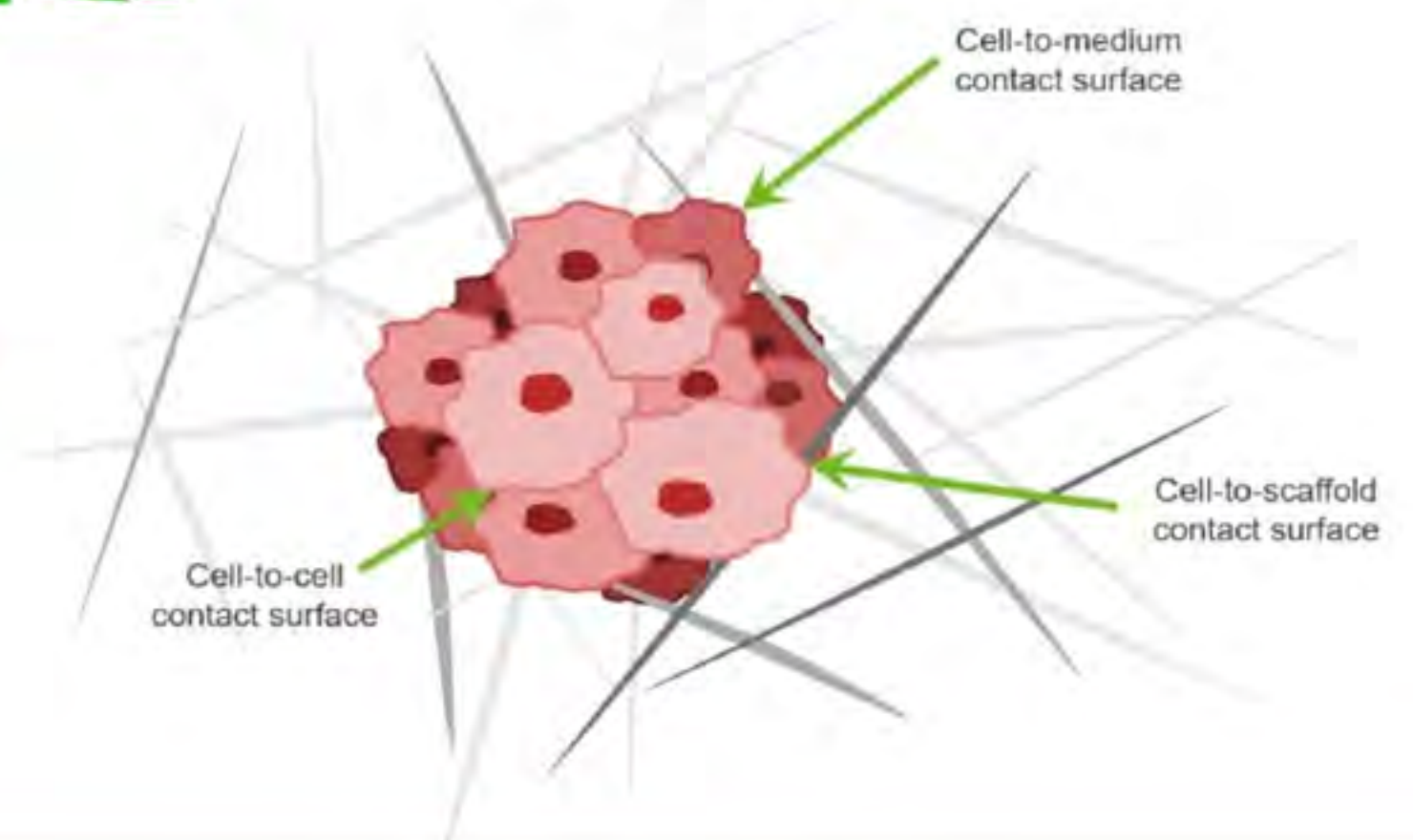
Establishing 3D Culture Models for Pituitary Adenomas



2D Culture



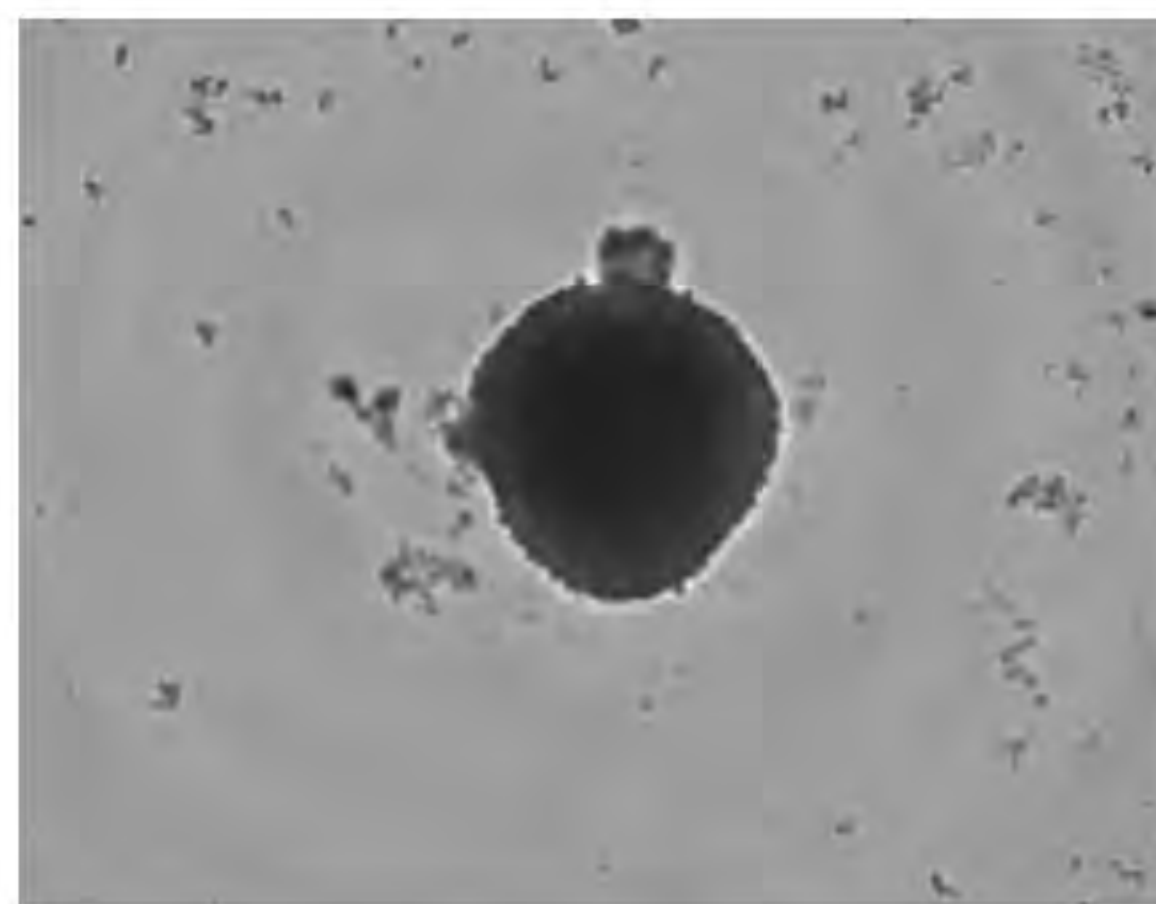
3D Culture



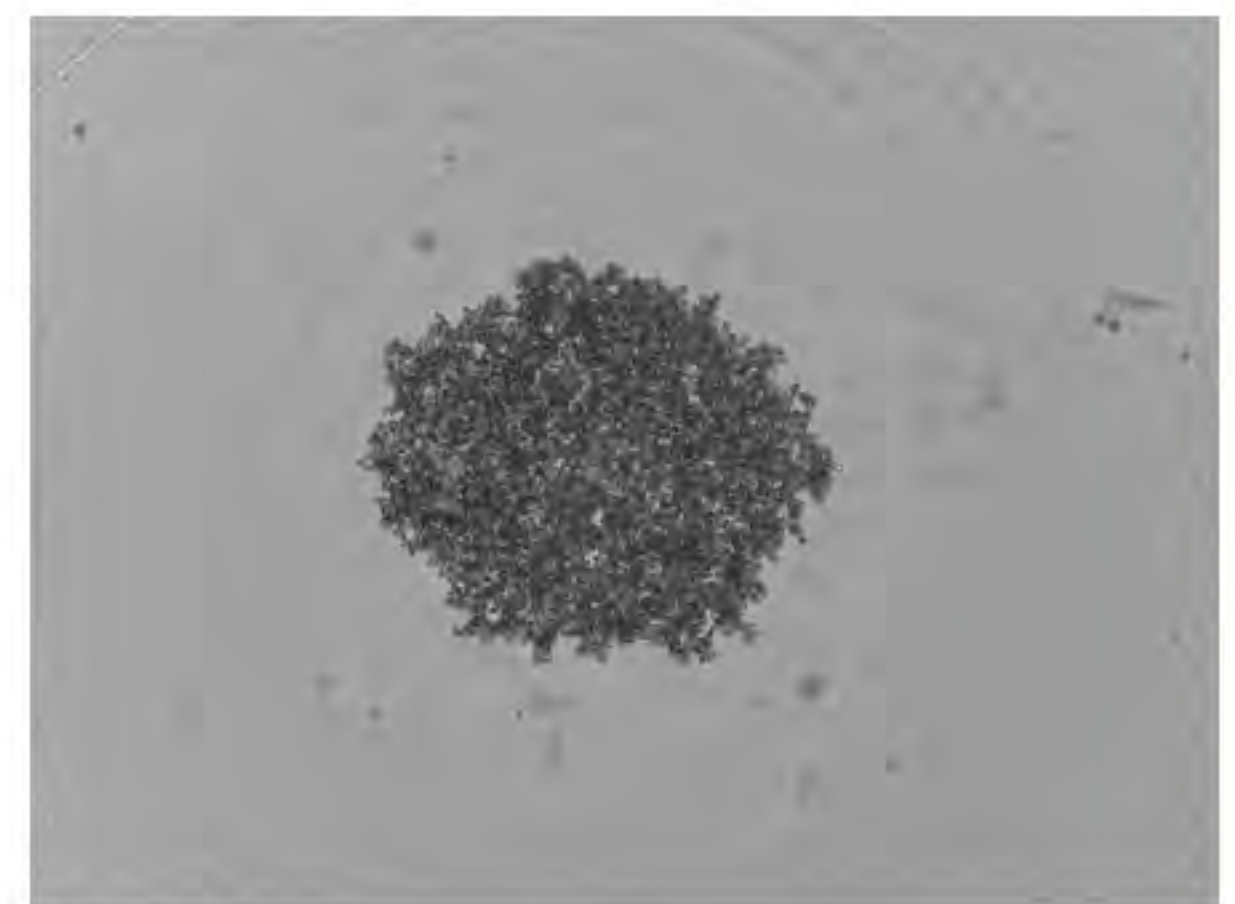
Now



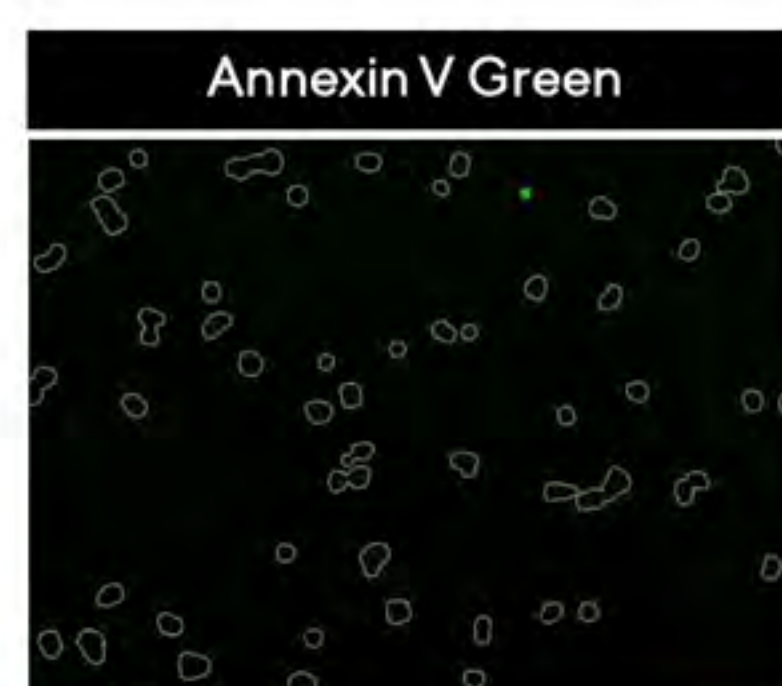
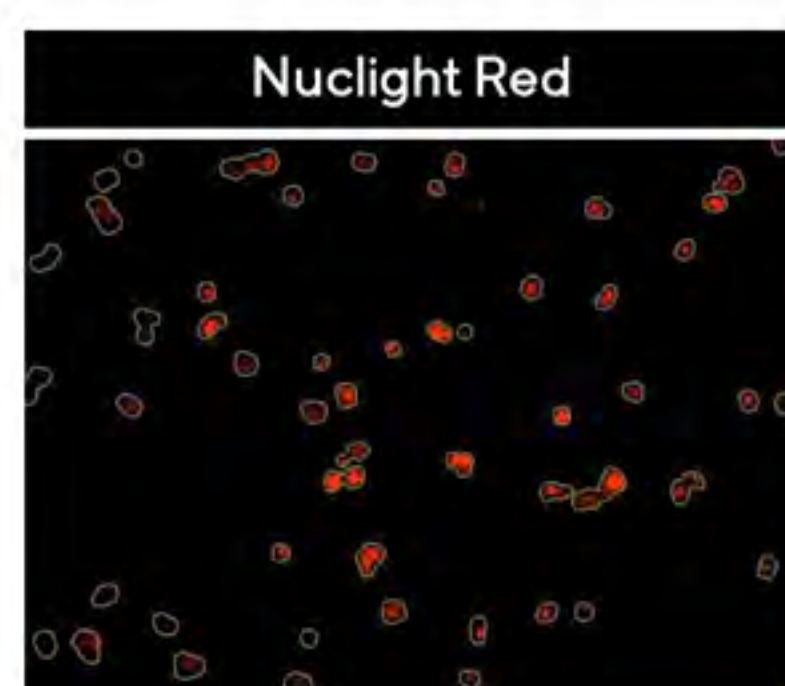
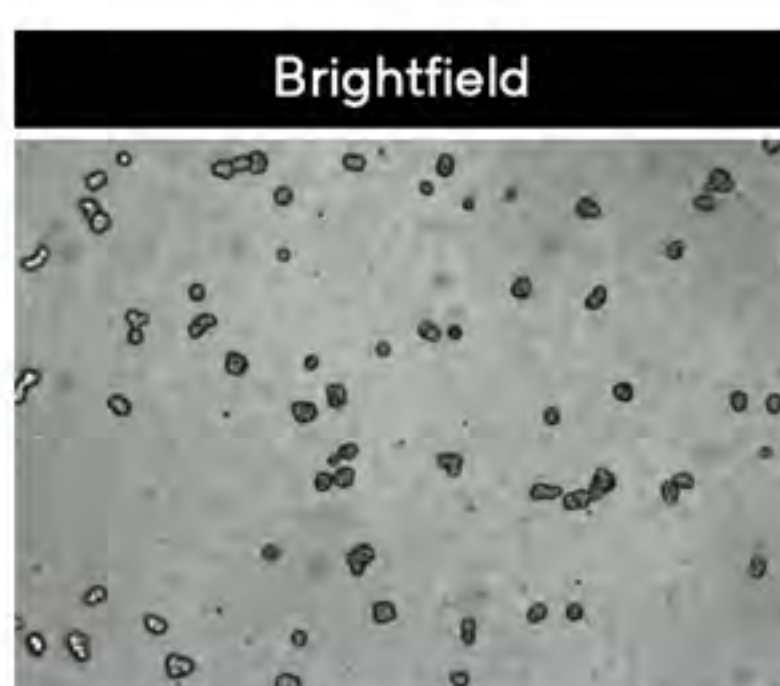
AtT-20



GH3

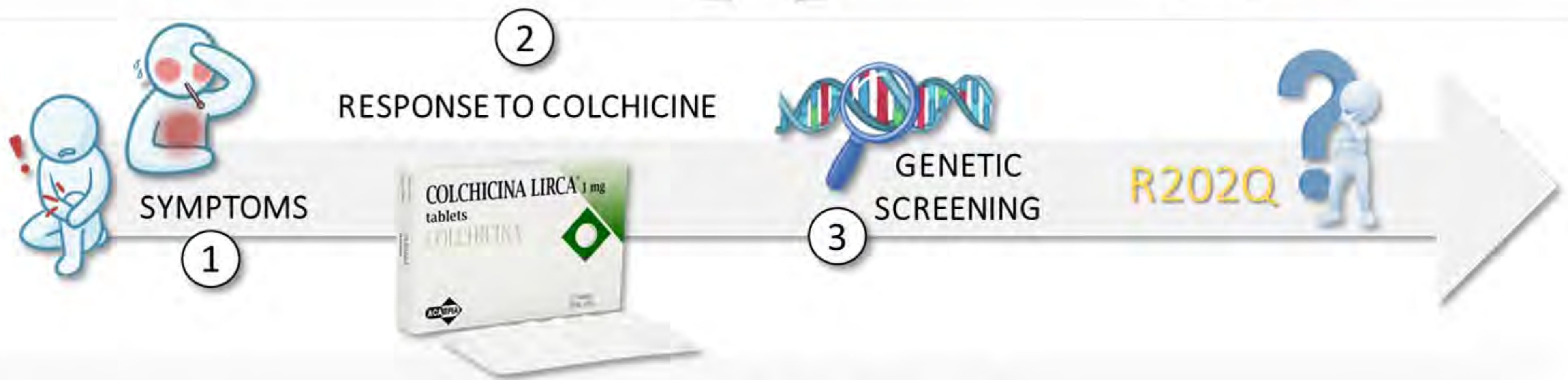
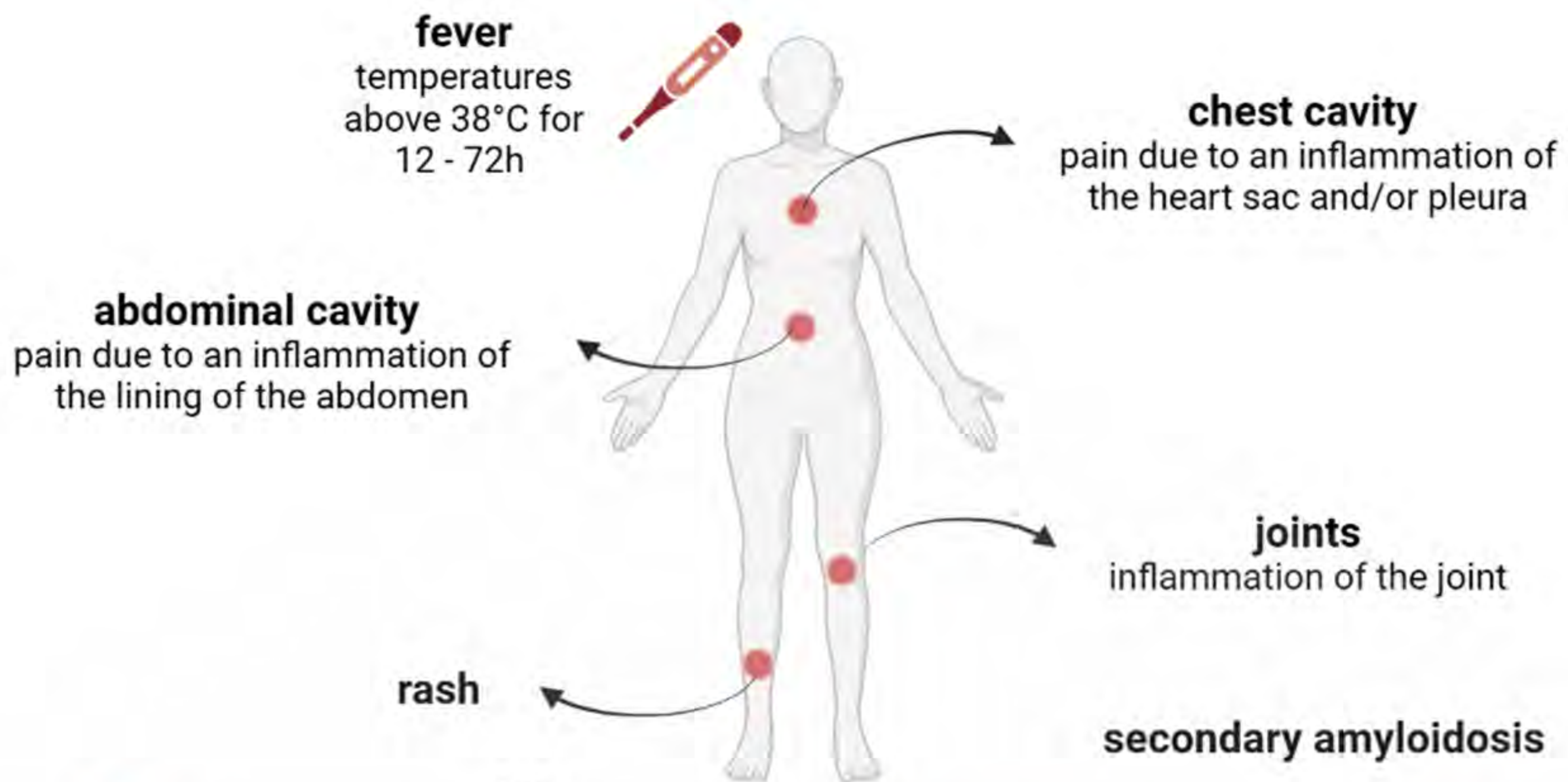


Future steps



Treatments with new and currently used drugs

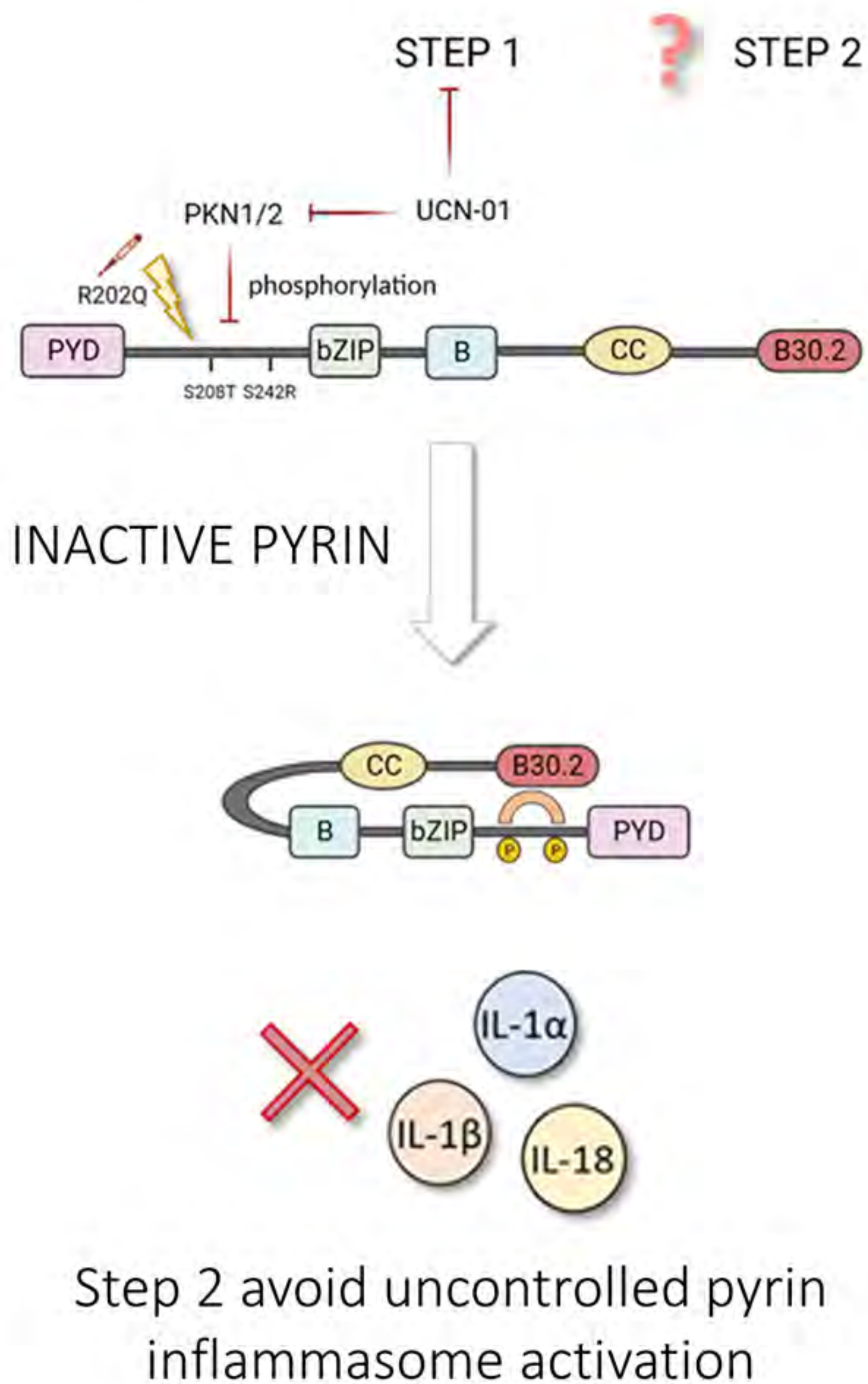
FUNCTIONAL CHARACTERIZATION OF PYRIN IN PATIENTS WITH R202Q MEFV VARIATION



PYRIN FUNCTION EVALUATION IN R202Q PATIENTS

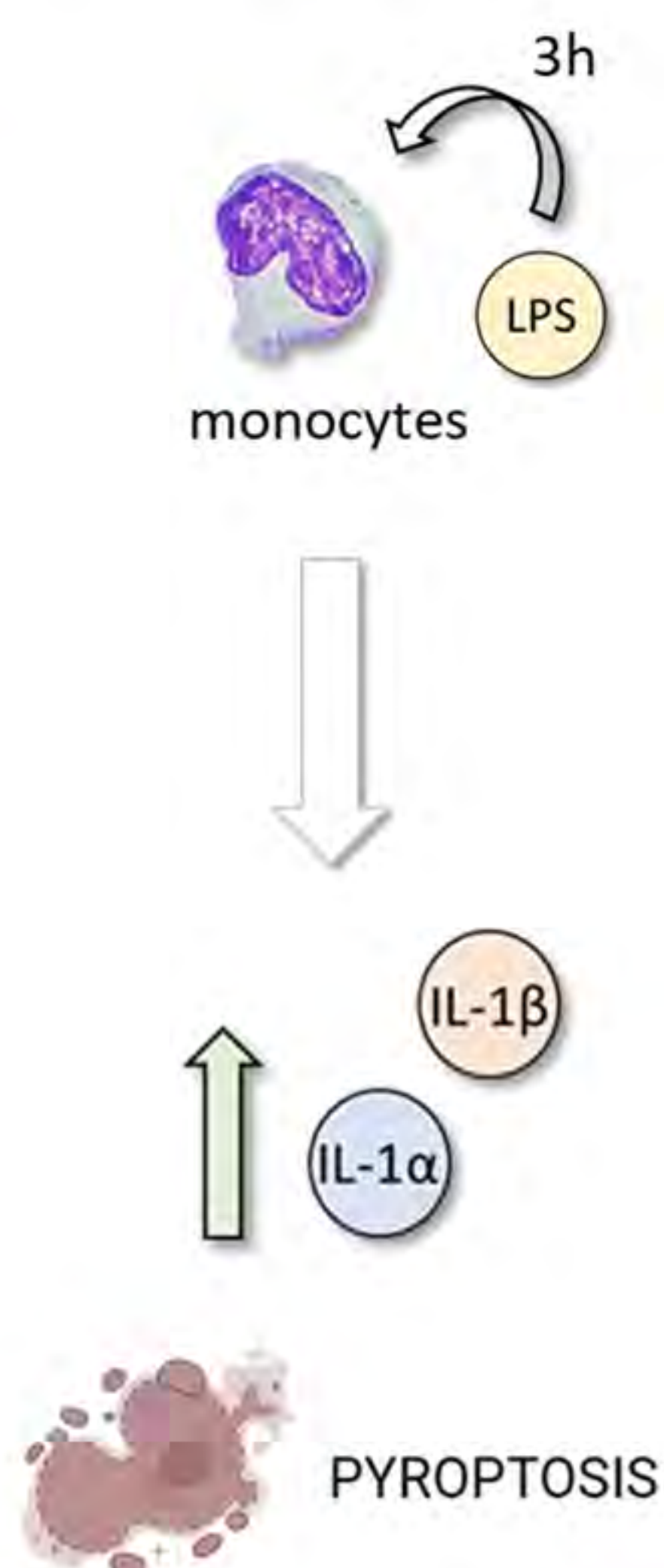
1

FUNCTIONAL ASSAY



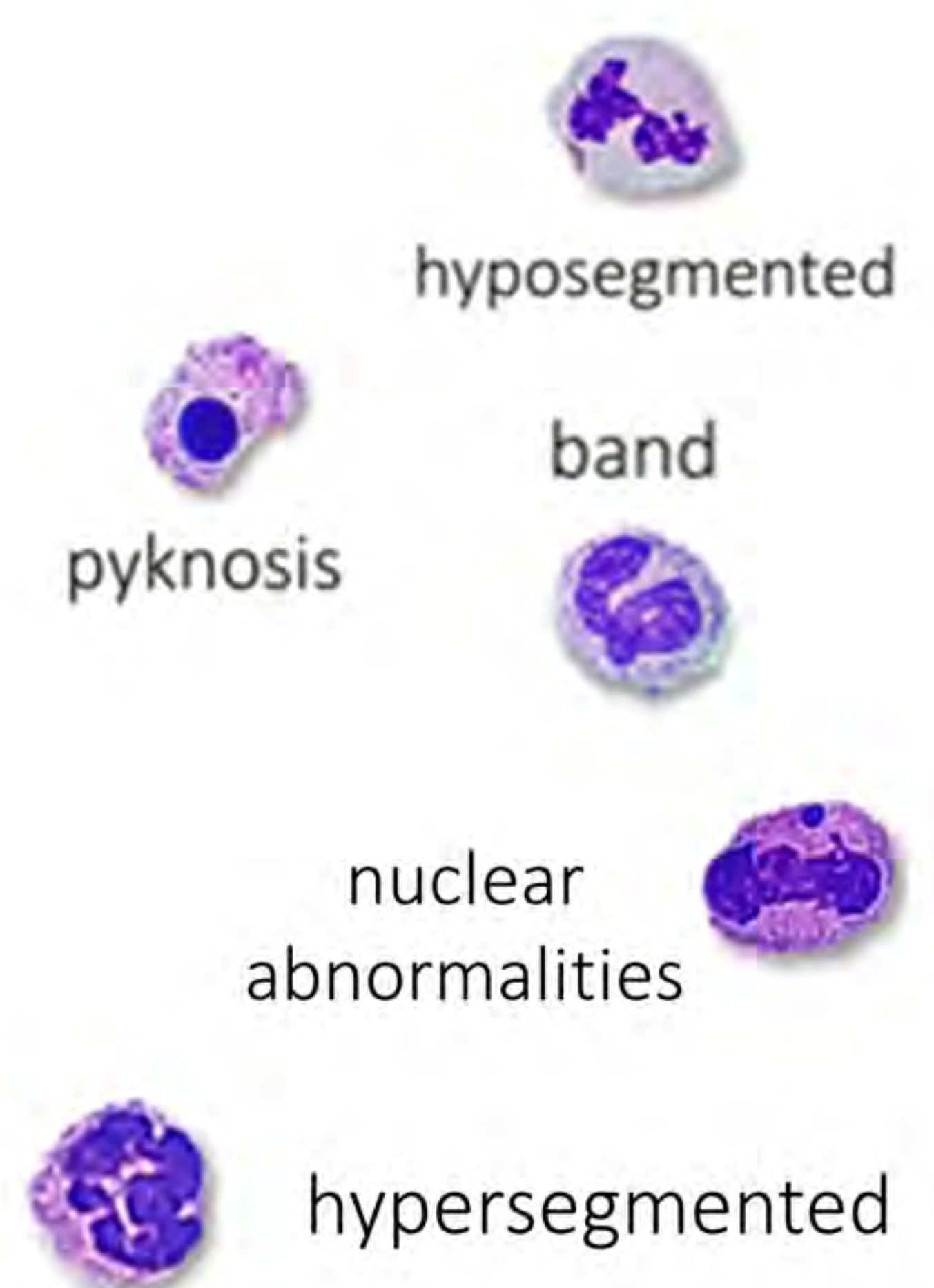
2

LPS STIMULATION



3

CYTOLOGY



The impact of physical activity on cardiorespiratory fitness in people with surgically corrected congenital heart disease and different ESC 2020 competitive sports eligibility class

Francesca Battista^{1,2}; Marco Vecchiato^{1,2}; Barbara Mazzucato^{1,2}; Gino Degano^{1,2}; Sara Faggian^{1,2}; Sara Ortolan^{1,2}; Giulia Quinto^{1,2}; Giovanni Di Salvo³; Daniel Neunhaeuserer^{1,2}; Andrea Ermolao^{1,2}

1 Sports and Exercise Medicine Division, Department of Medicine, University of Padova, 35128 Padova, Italy
2 Clinical Network of Sports and Exercise Medicine of the Veneto Region, 35131 Padova, Italy
3 Department of Women's and Children's Health, University of Padua.

BACKGROUND

- Almost 90% of people with Congenital heart disease (CHD) reach adulthood in developed countries, increasing the participation in sporting activities.
- ESC2020 guidelines for participation in recreational and competitive sports were published.

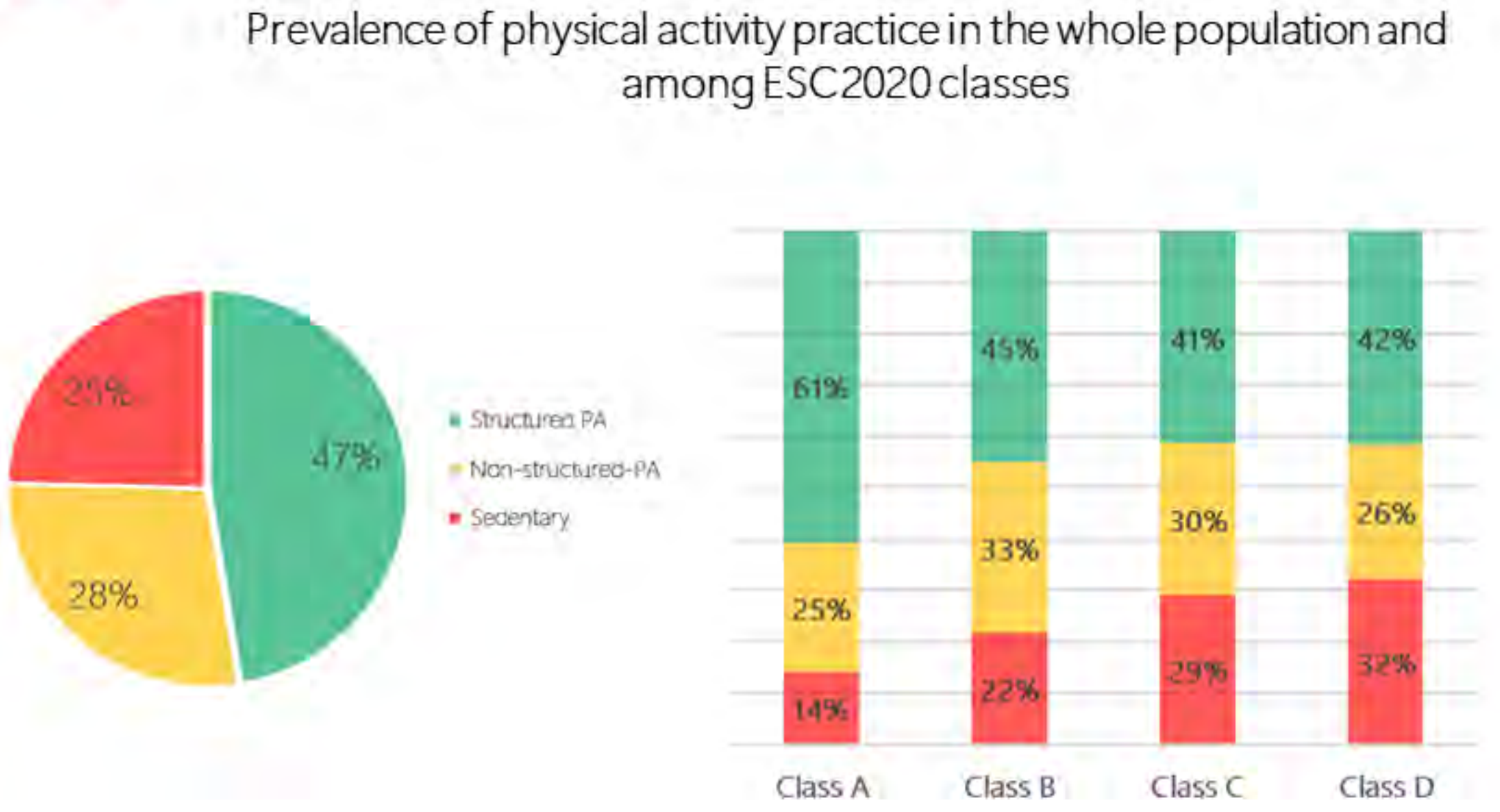
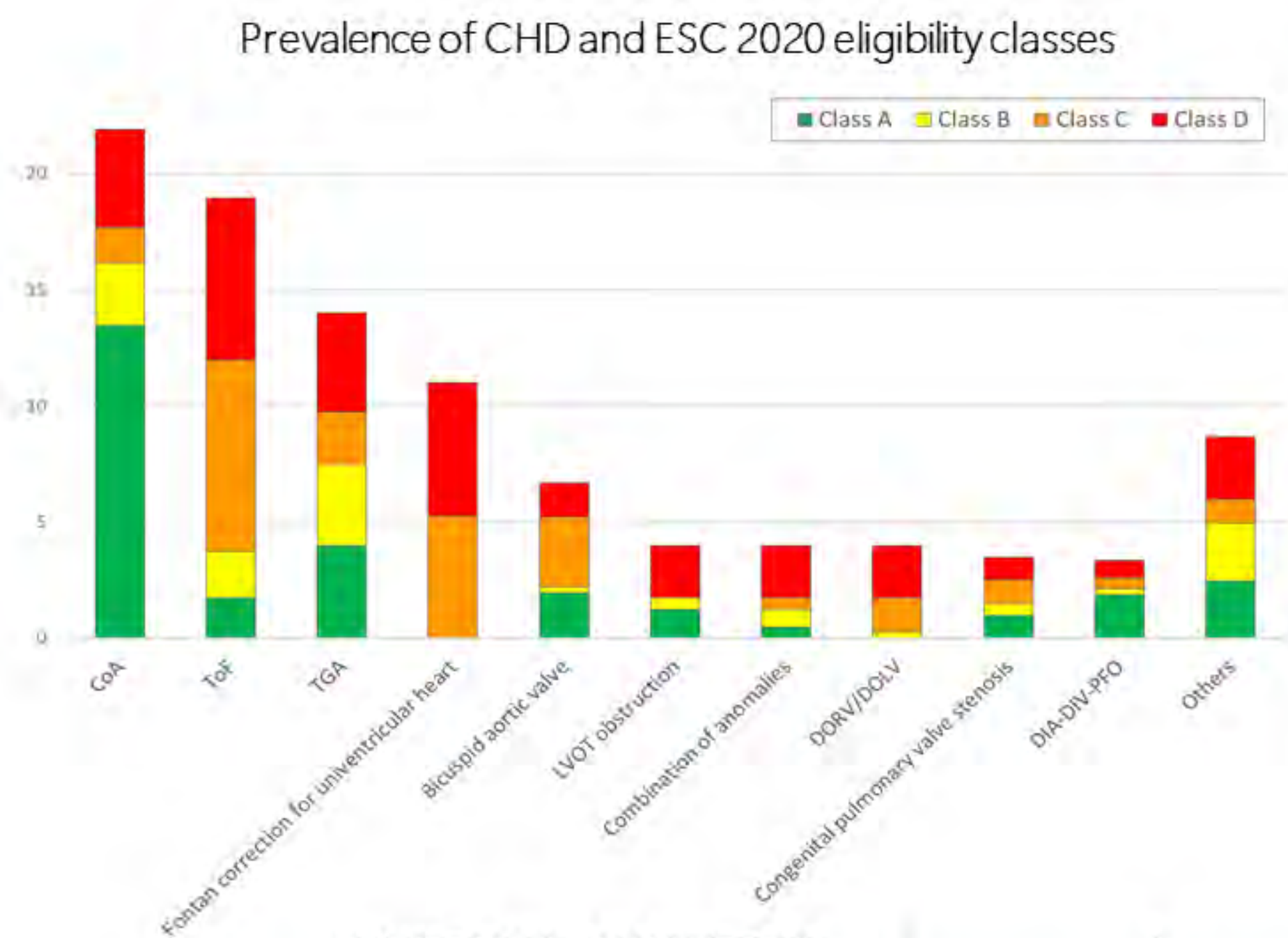
METHODS

- Retrospective study on 401 patients (66% male sex) with surgically corrected CHD
- Cardiopulmonary exercise test (CPET) performed on treadmill or cycle ergometer until patients' exhaustion.
- Subjects were divided in the four ESC 2020 classes of eligibility for all competitive sports (A), all except endurance specialties (B), only for skill disciplines (C) or not eligible (D).

AIMS

- To show the prevalence of the sport eligibility based on ESC 2020 and the level of real physical activity in a real CHD population.
- To evaluate the cardiorespiratory fitness (CRF) and the impact of training among different ESC2020 classes.

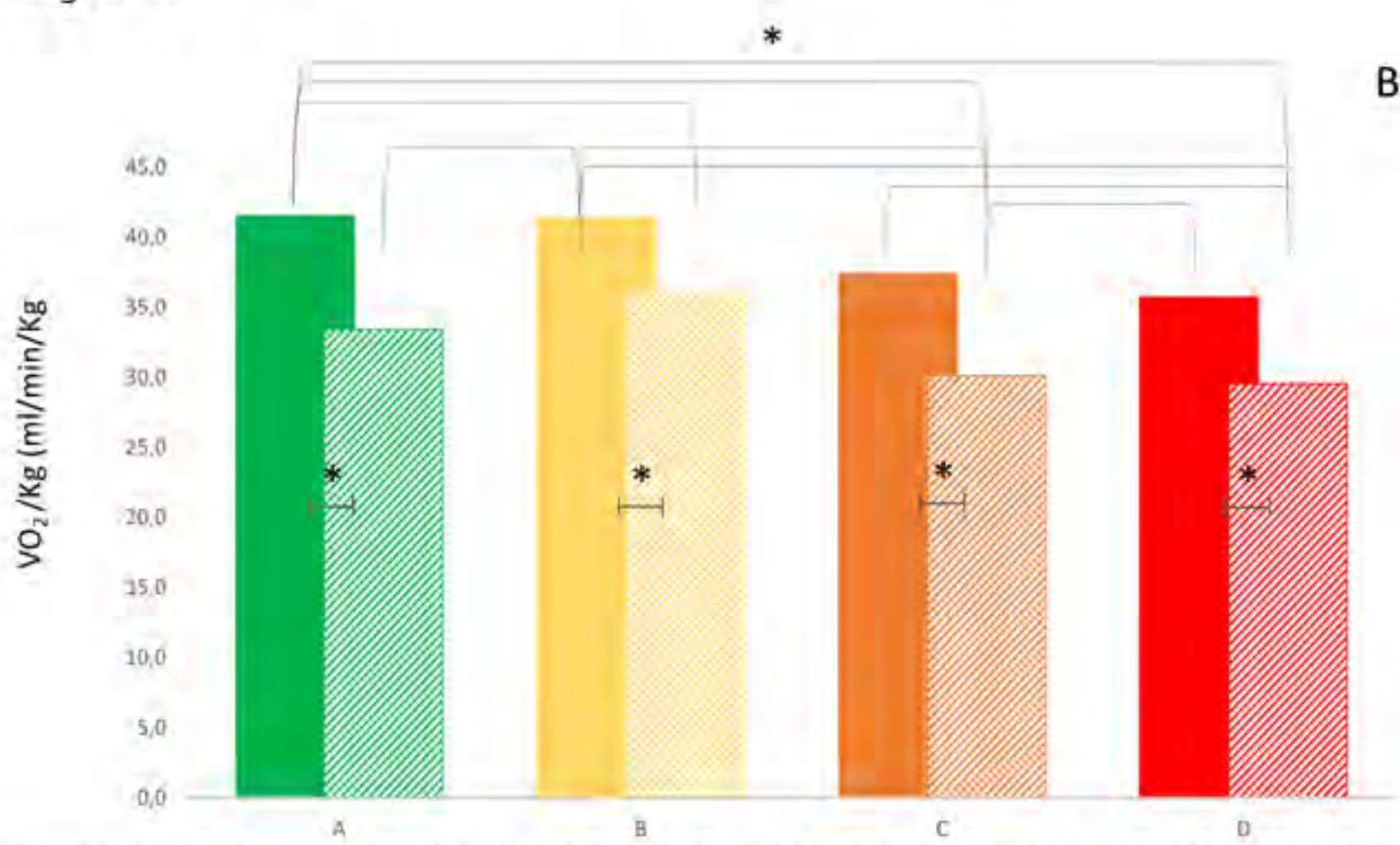
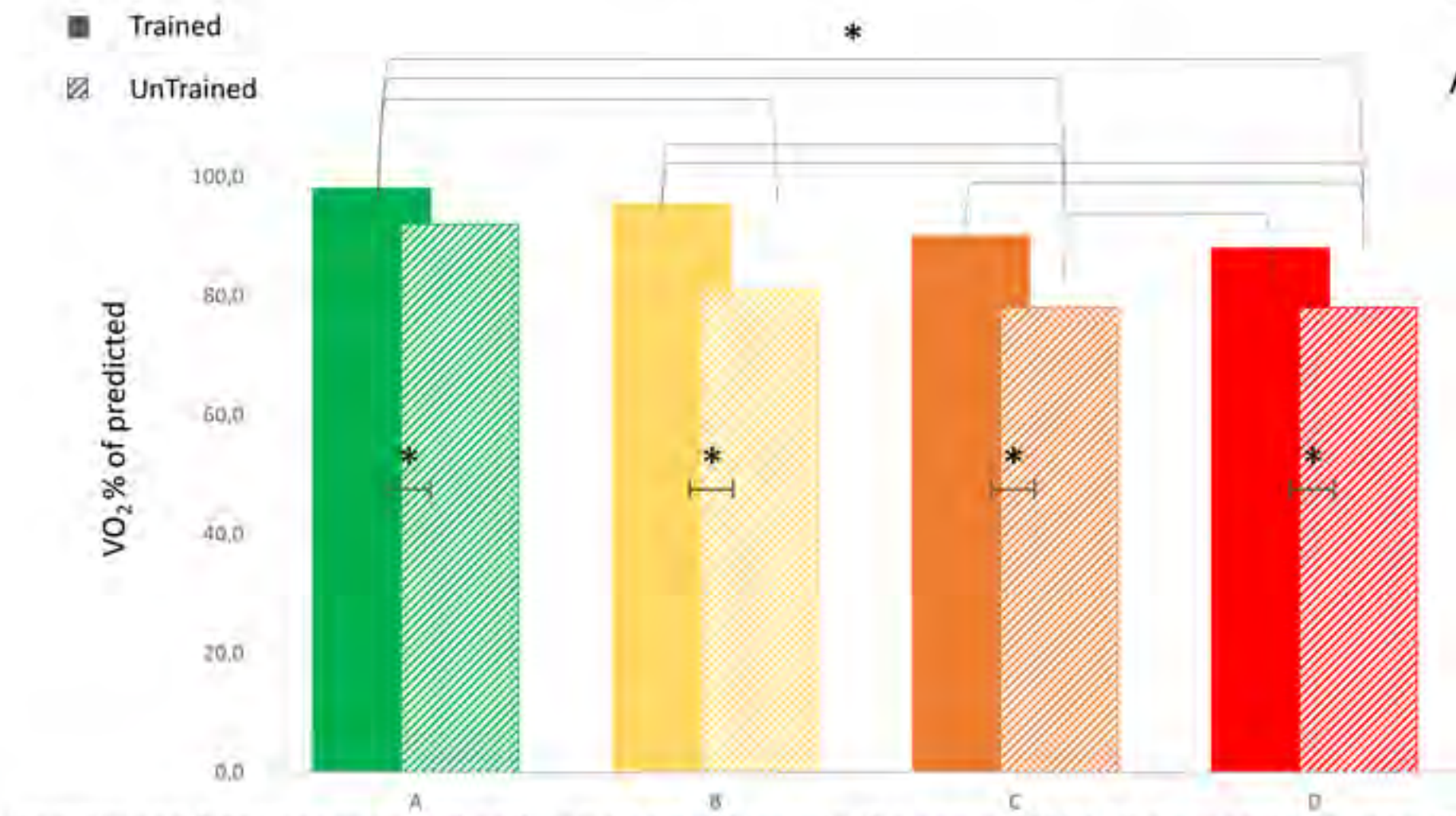
RESULTS



FUNCTIONAL PARAMETERS	A	B	C	D
Age	15,0 (12,0-18,0) *§	16,0 (12,0-23,0)	18,0 (13,0-22,0)	17,0 (14,0-23)
BMI	20,1±3,9 *§	20,8±3,7	20,7±4,0	21,4±4,5
VO ₂ peak, l/min	2,10 (1,81-2,56) *§	2,0 (1,54-2,54)	1,68 (1,36-2,56)	1,78 (1,32-2,47)
VO ₂ peak mL/kg/min	39,2 (33,6-44,4) *§	37,9 (30,6-42,6) §	33,3 (28,3-41,4)	32,2 (27,6-39,3)
VO ₂ peak %predicted	94,4±15,8 *§	86,9±17,0	83,7±20,7	81,1±20,0
VO ₂ peak <85%predicted	22,5%*§	42,5%	55,1%	57,0%

* <0.05 vs. B
* <0.05 vs. C
§ <0.05 vs. D

Intra-class and inter-class comparison of cardiorespiratory fitness between trained and untrained subjects



Comparison between trained and untrained subjects in the same ESC2020 class and between different ESC2020 classes. Comparisons among only trained and untrained subjects, as well as the precise p-value of all the comparisons are reported in Supplementary table 3. * p < 0.05

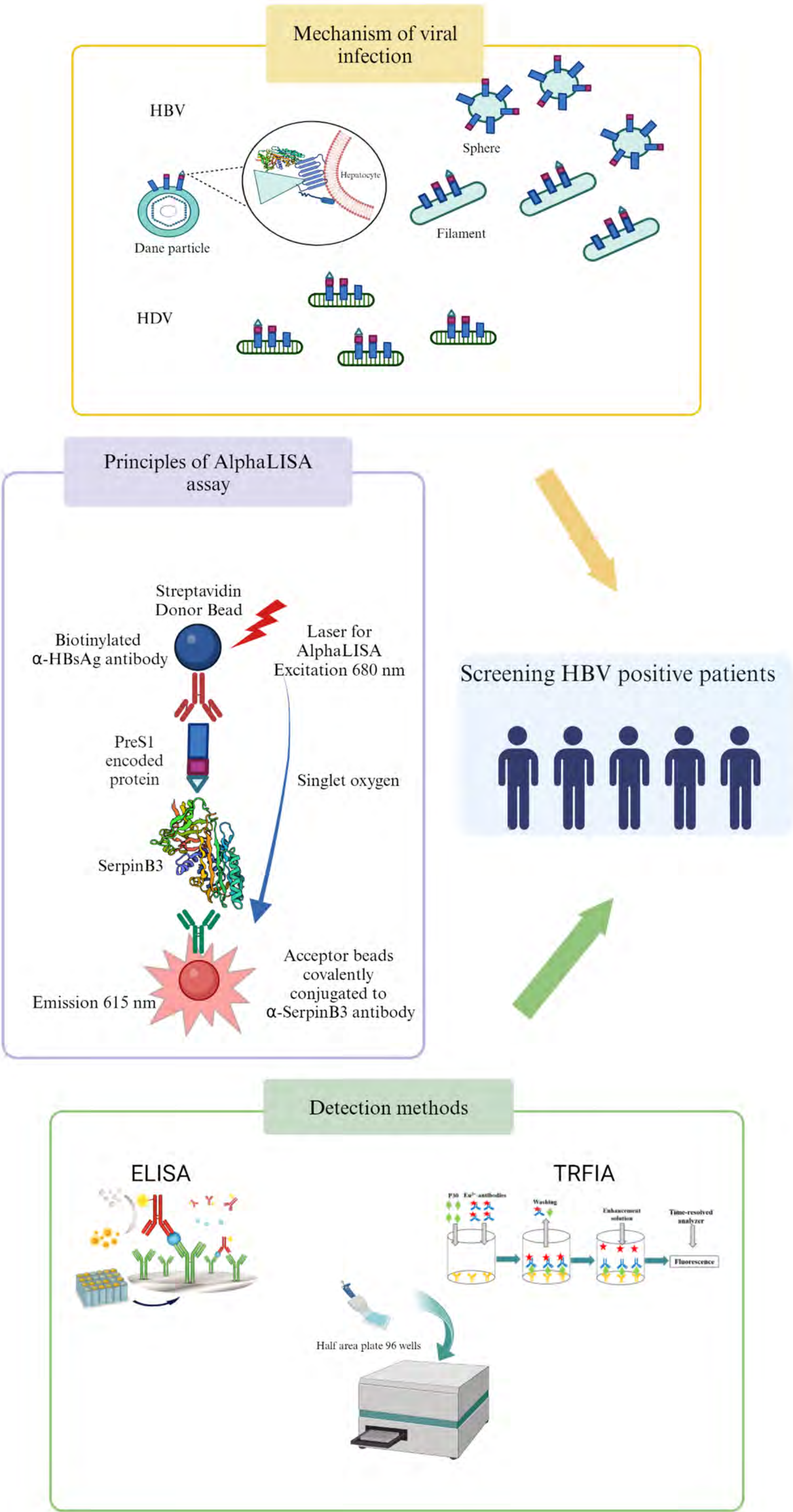
CONCLUSIONS

- Subjects in class A had better functional capacity.
- Exercise training (including competitive or non-competitive activities) can have a significant impact on CRF level.
- Functional evaluation and individualized exercise prescription may recruit functional "reserve" by improving the VO2peak.

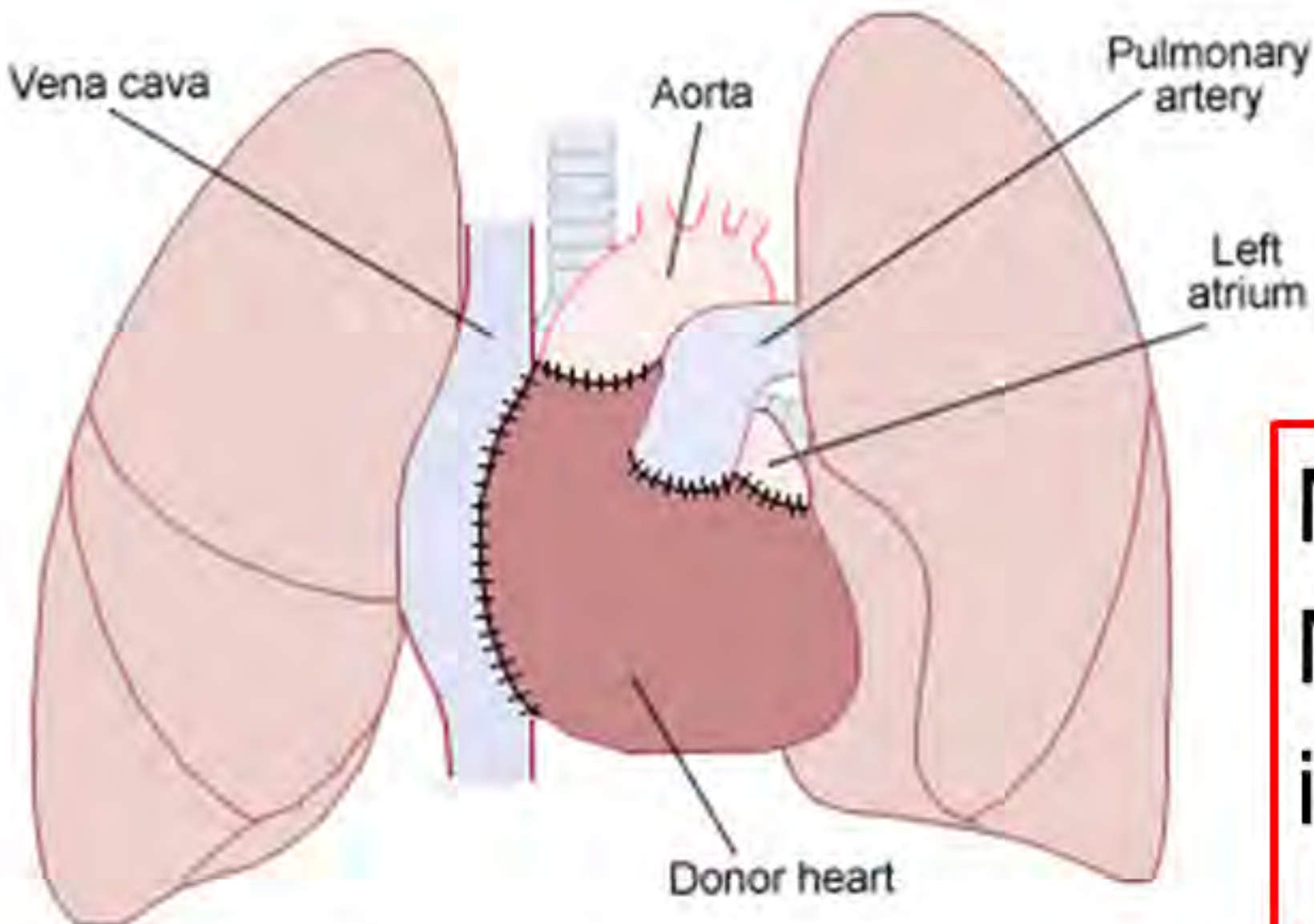
A new assay for quantitative determination of PreS1 encoded protein in hepatitis B and delta virus infected patients

Alessandra Biasiolo

Department of Medicine, University of Padua, Via Giustiniani 2, 35128 Padova, Italy



Head-to-head: advanced Cardiovascular Magnetic Resonance and Endomyocardial Biopsy in heart transplantation.



Allograft rejection remains a major complication in the first year after in heart transplantation (HT).



Myocardial characterization by Cardiovascular Magnetic Resonance (CMR) is heavily entering into the follow-up of heart-transplanted (HT).



To compare CMR and Endomyocardial biopsy (EMB) findings in HT population.



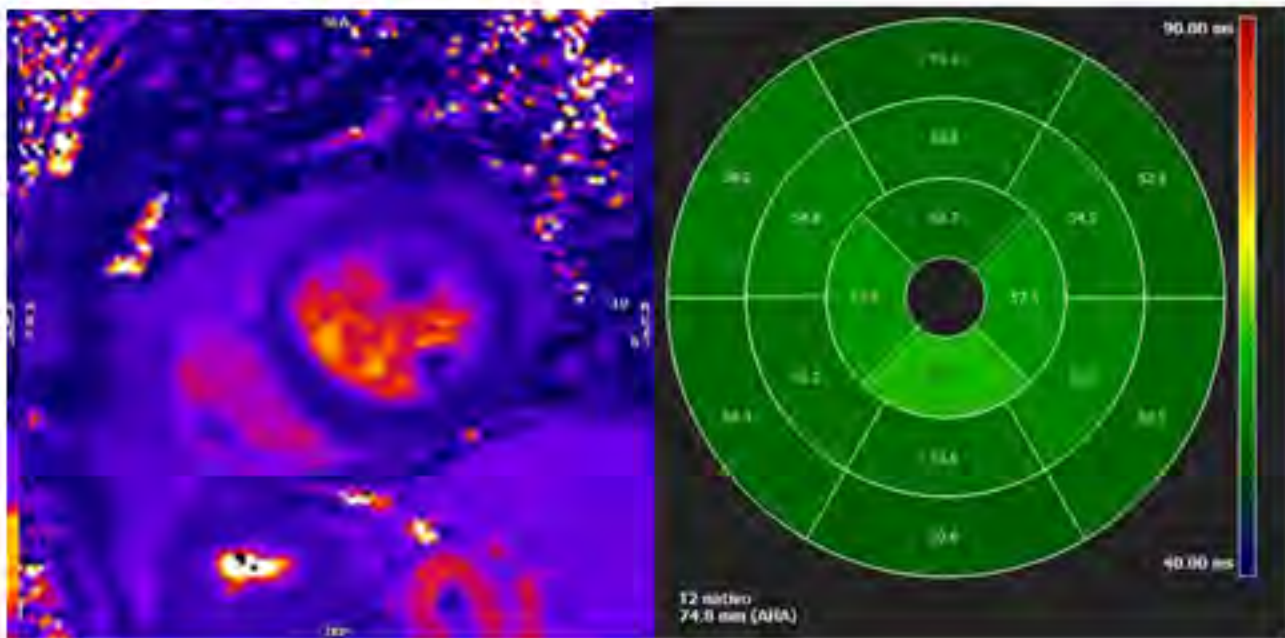
CMR



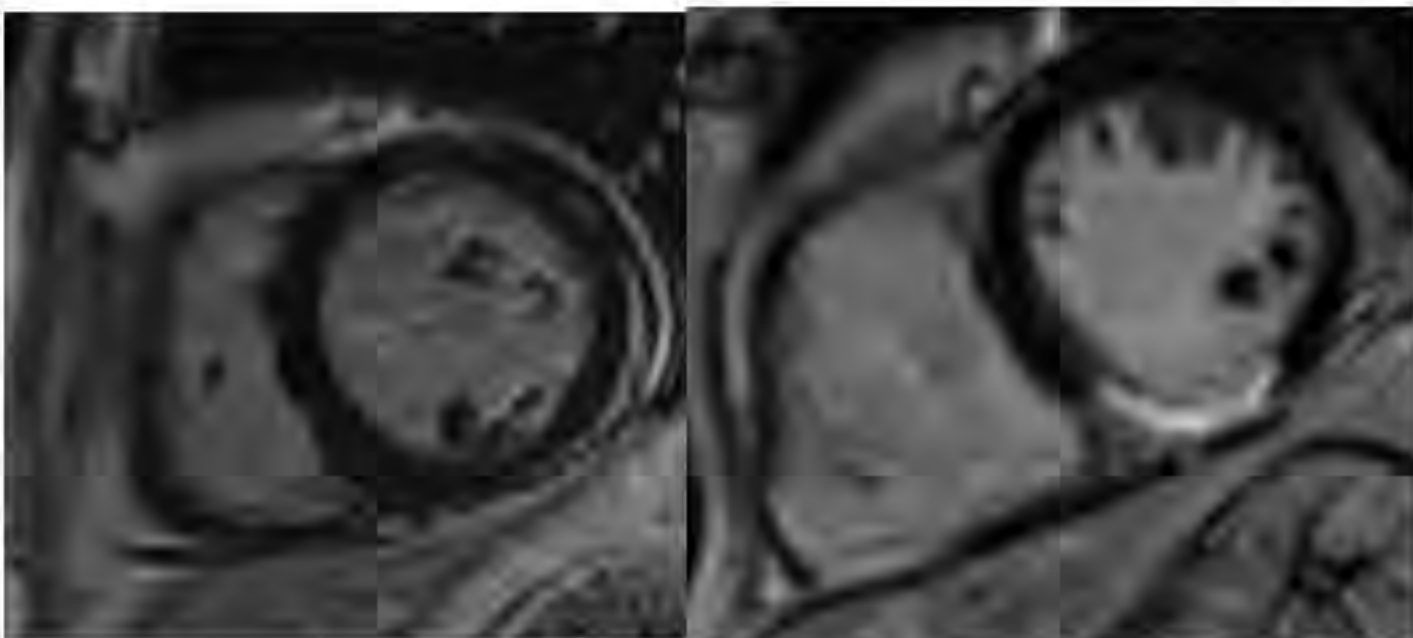
EMB

within 30 days form CMR

Advanced myocardial characterization sequences (MOLLI, True-FISP)



PSIR T1 post late MdC:
LGE assessment for fibrosis (ischemic and non-ischemic pattern)



POSITIVE FOR MYOCARDIAL EDEMA/INFLAMMATION



NEGATIVE FOR REJECTION

14 CMR of patients with heart transplantation	
Rejection	
Positive CMR (T2 mapping), N (%)	9 (64.3)
Positive EMB (inflammatory infiltration), N (%)	4 (28.6)
Positive CMR with negative EMB, N (%)	5 (35.7)
Positive EMB with negative CMR, N (%)	0
Fibrosis	
Positive CMR (LGE), N (%)	5 (35.7)
Positive EMB (fibrosis), N (%)	3 (21.4)

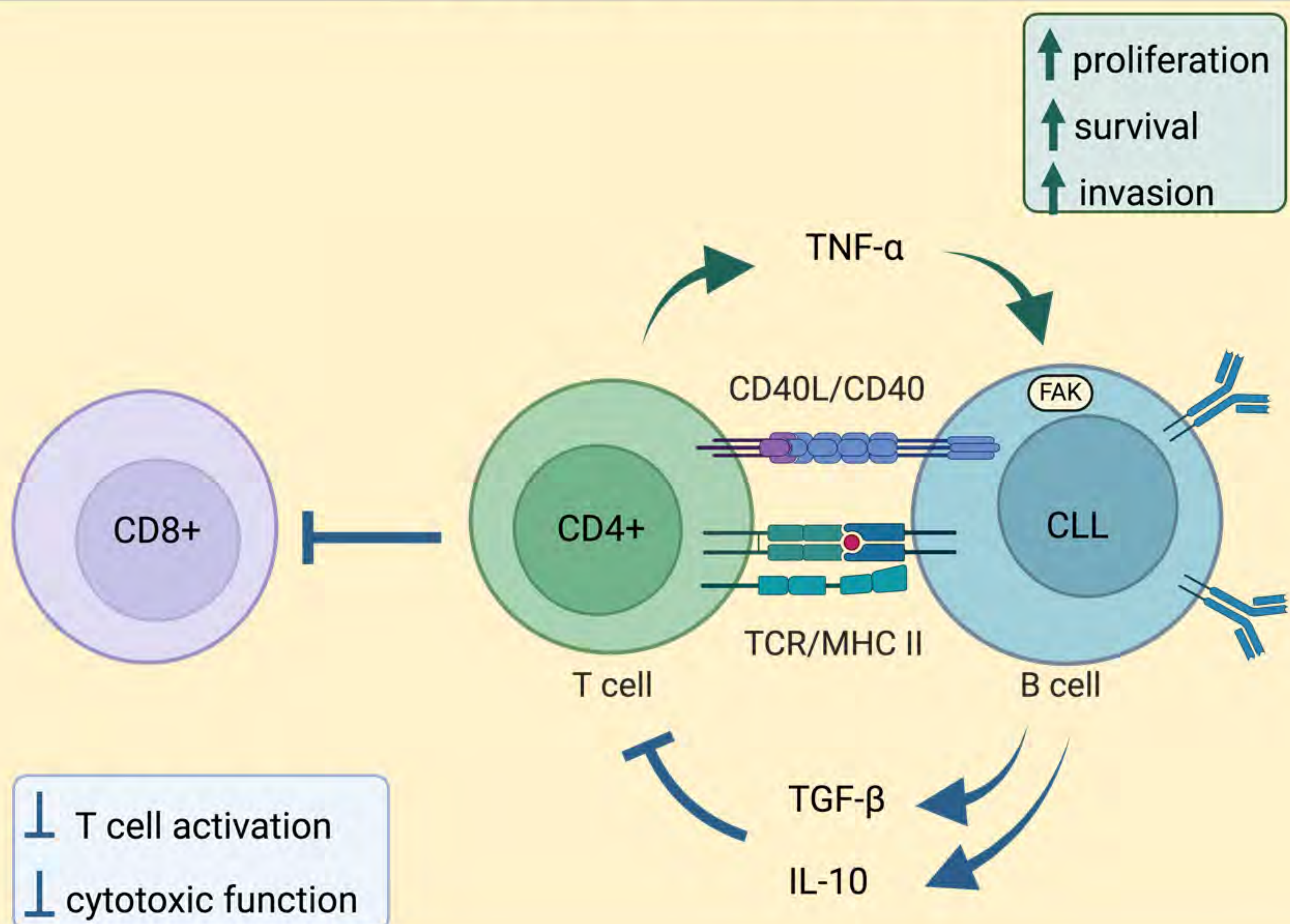
In five patients (35.7%) CMR provided a **diagnostic advantage** showing signs compatible with edema/inflammation based on the mapping technique, despite EMB turned out to be negative

CMR seems to be a **more sensitive non-invasive tool** for HT monitoring, compared to BEM

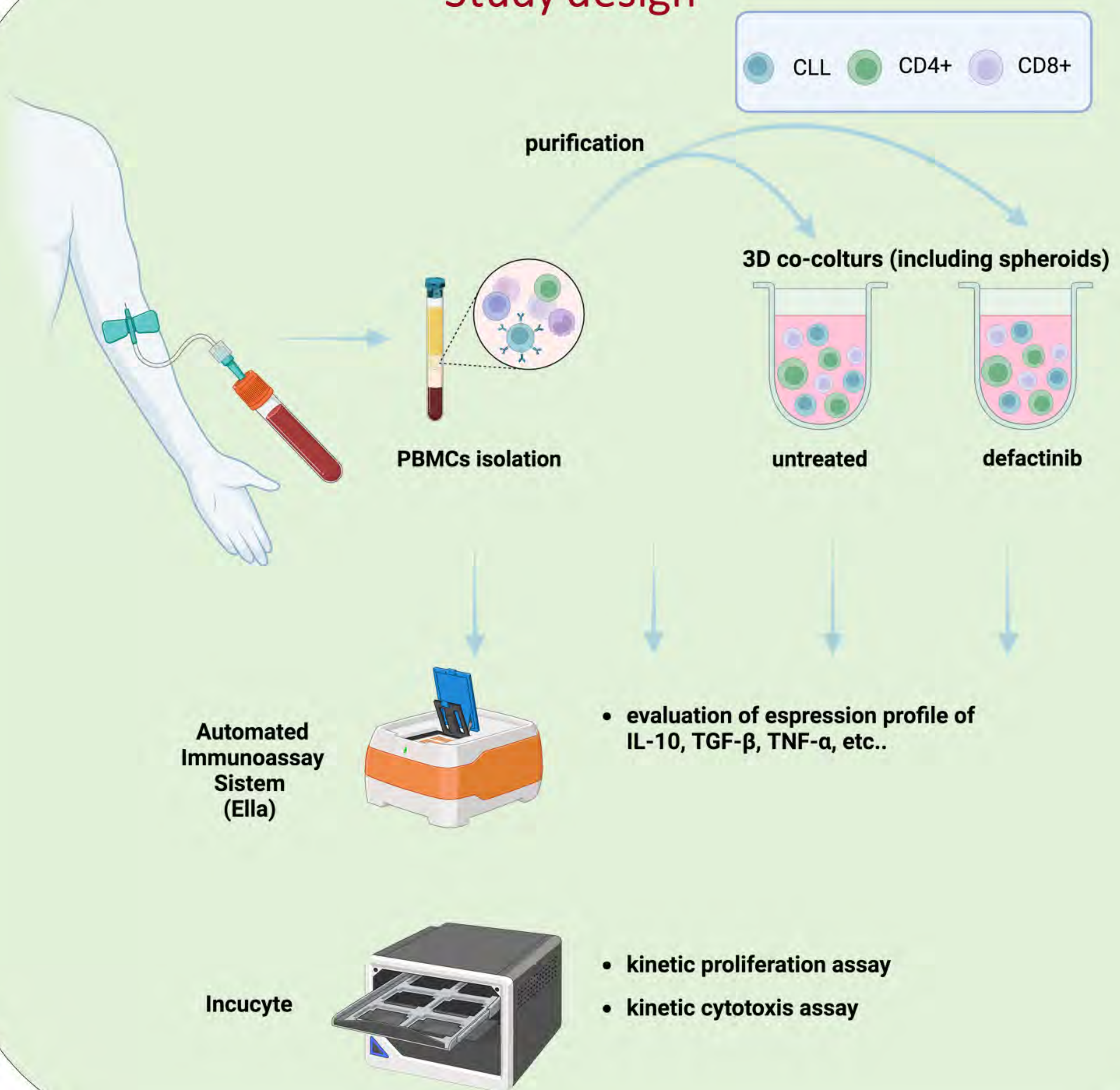
Thanks to the mapping technique CMR:

- 1) can identify cardiac damage even when the EMB is negative, giving the possibility to early tailor the therapy;
- 2) does not fail in detecting myocardial alterations when the EMB is positive for rejection.

Investigating FAK inhibition by defactinib in CLL-TME interactions

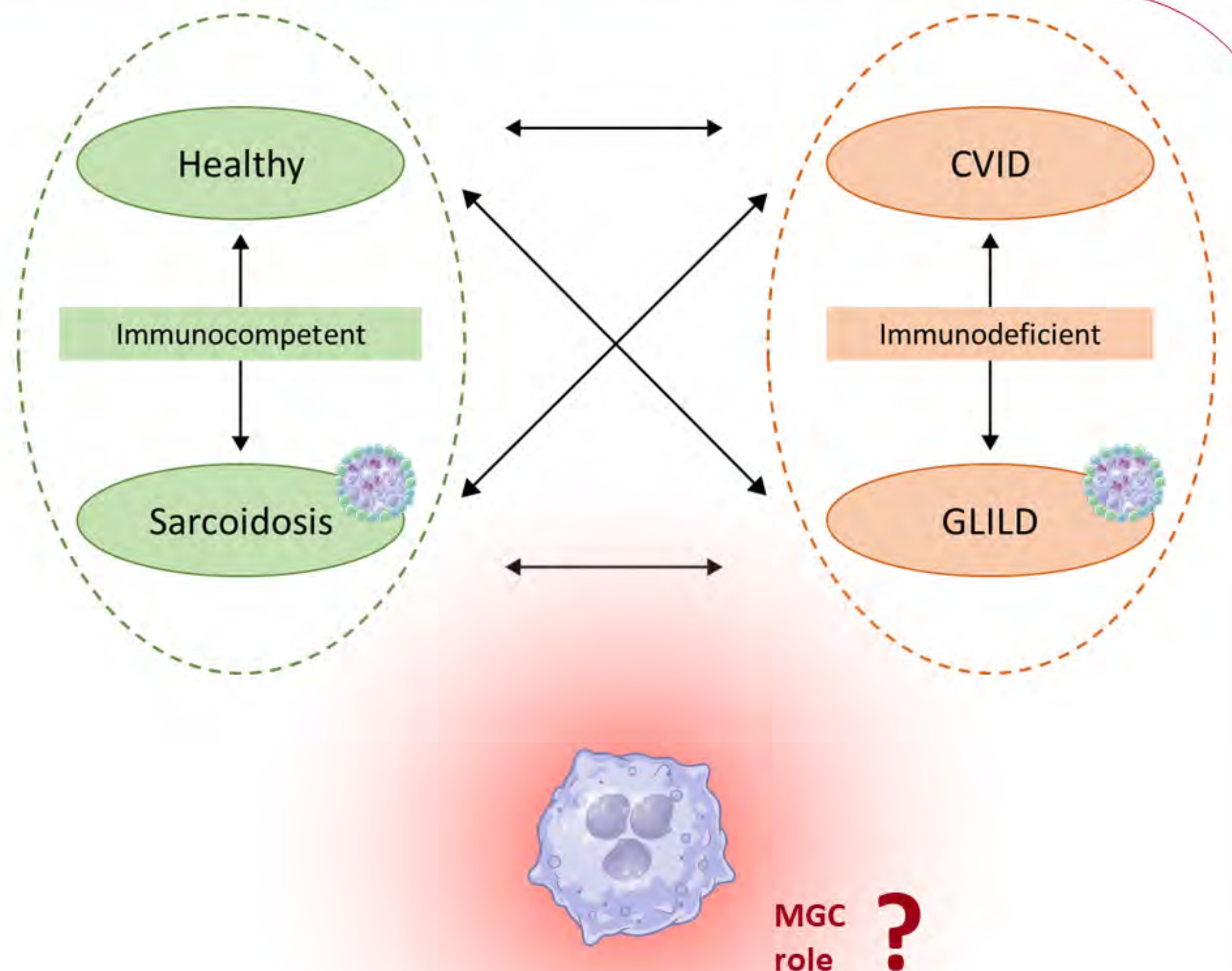
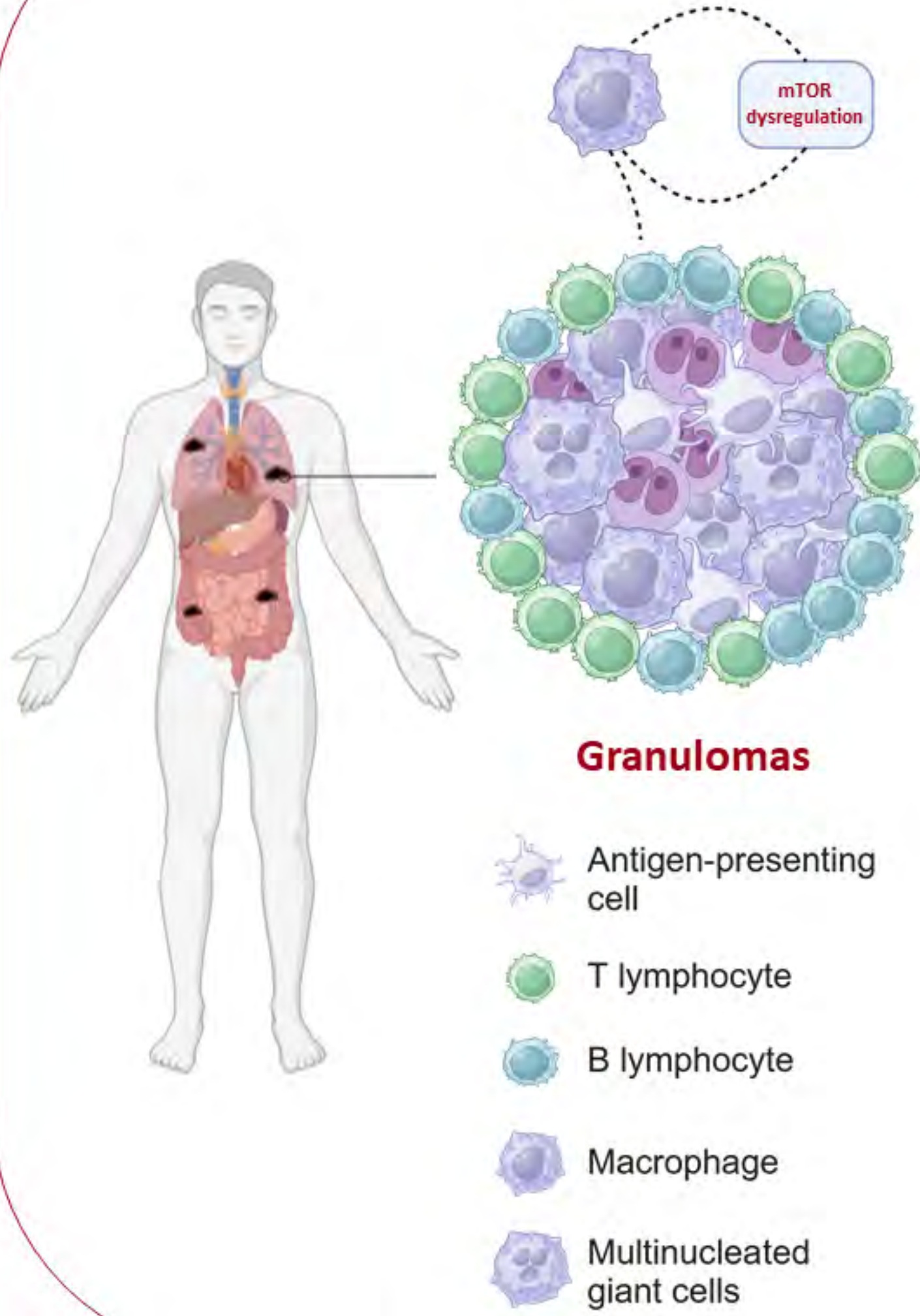


Study design

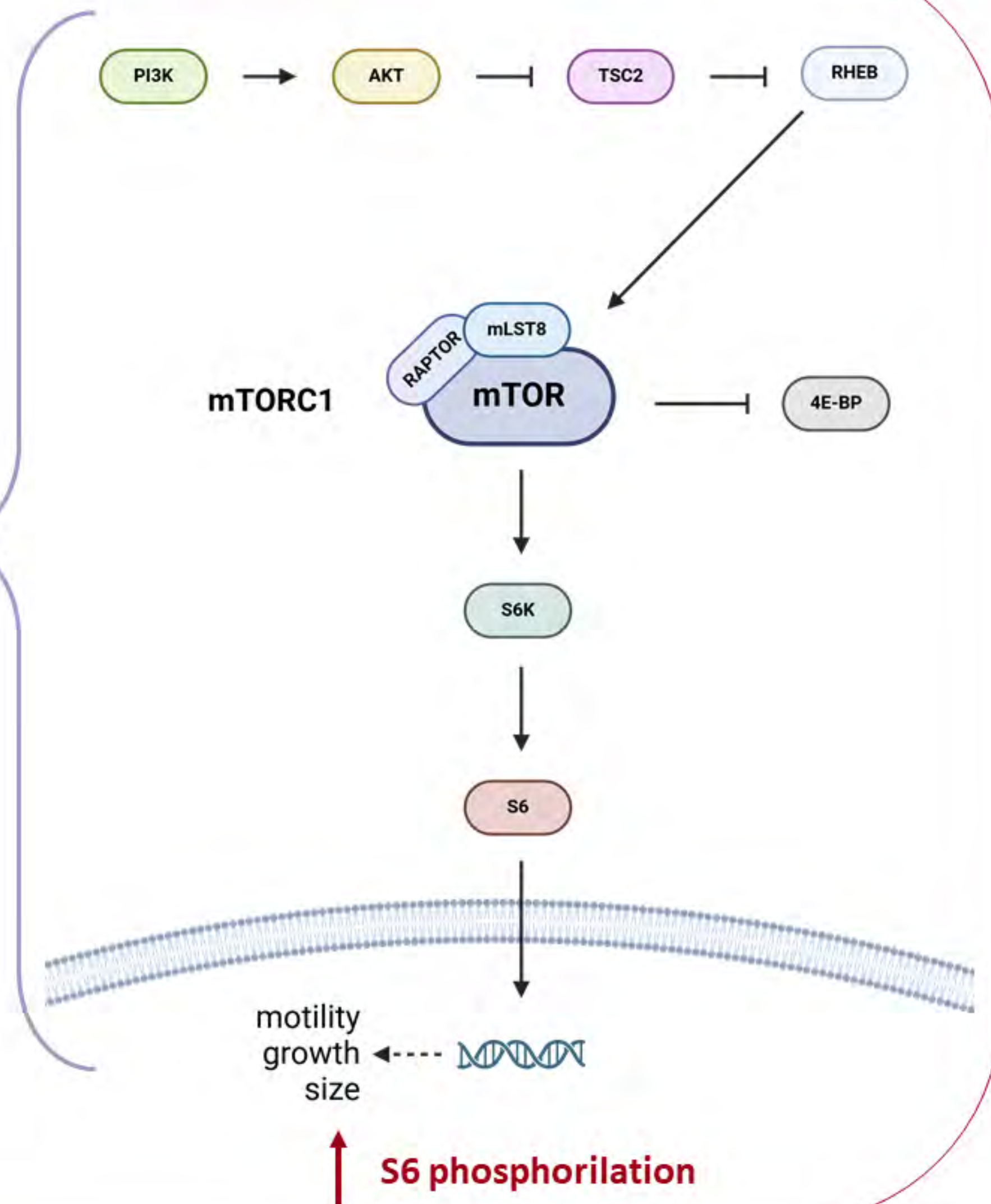
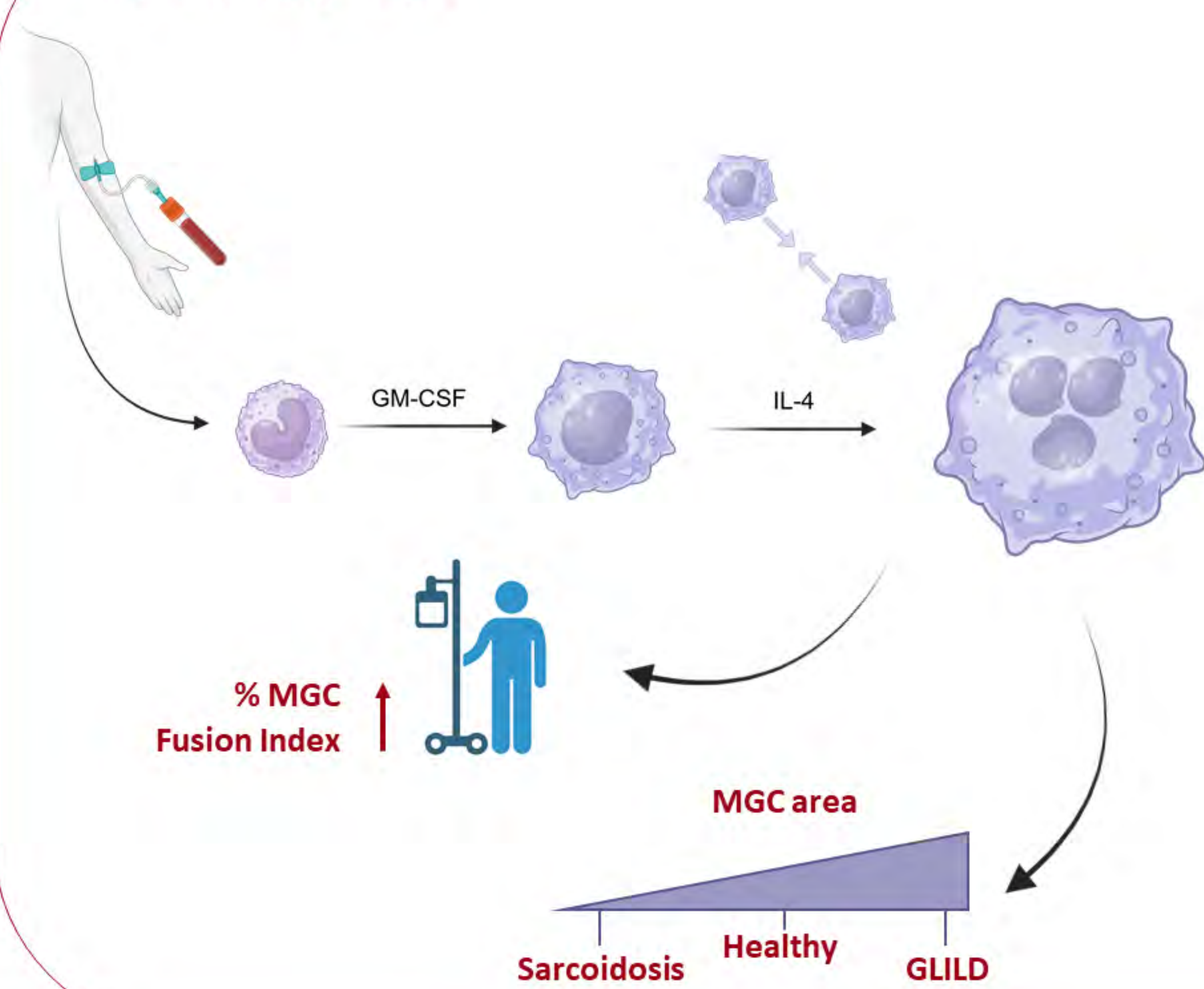


CLL (chronic lymphocytic leukemia); TME (tumor microenvironment); PBMCs (peripheral blood mononuclear cells).

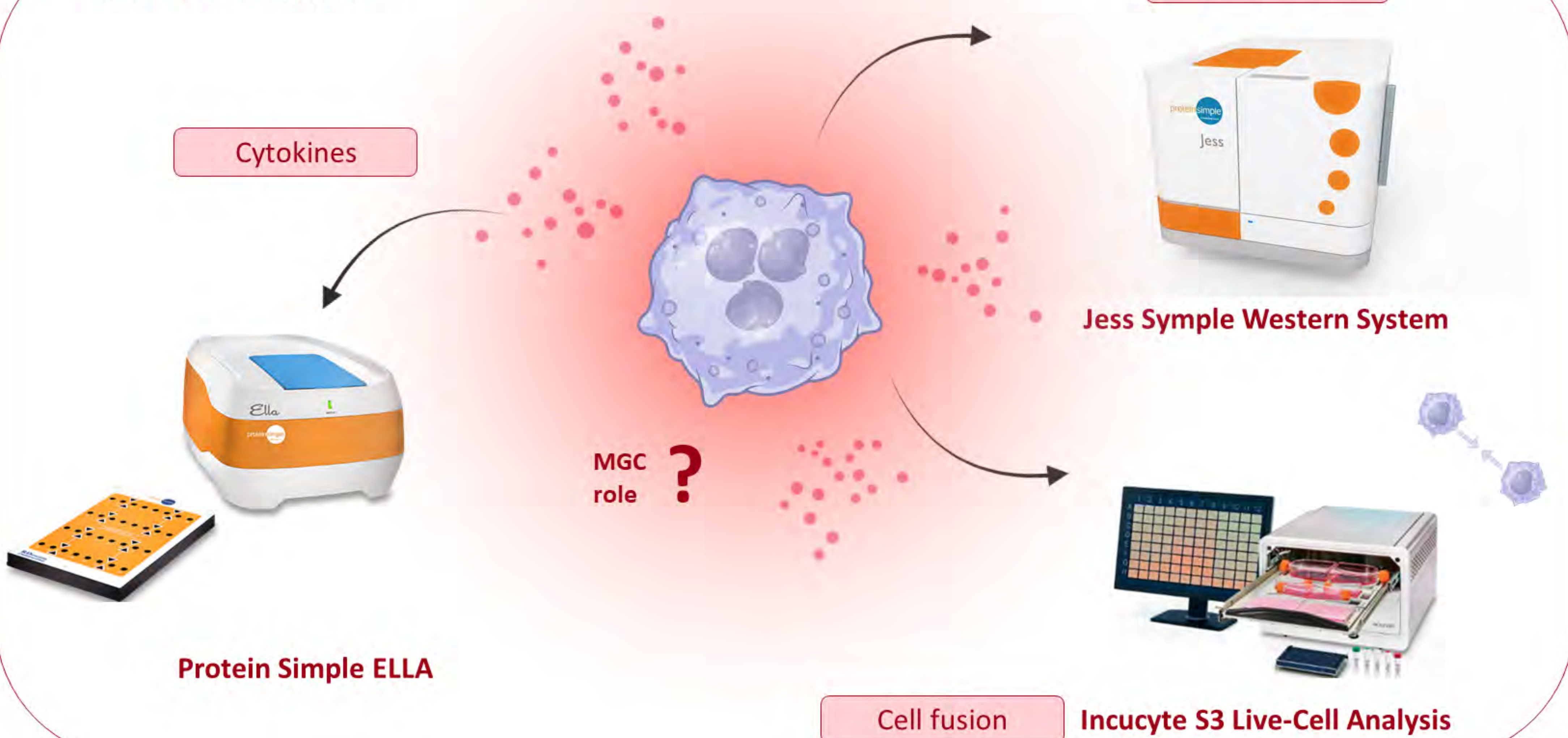
Background and rationale



Preliminary data



Future perspectives

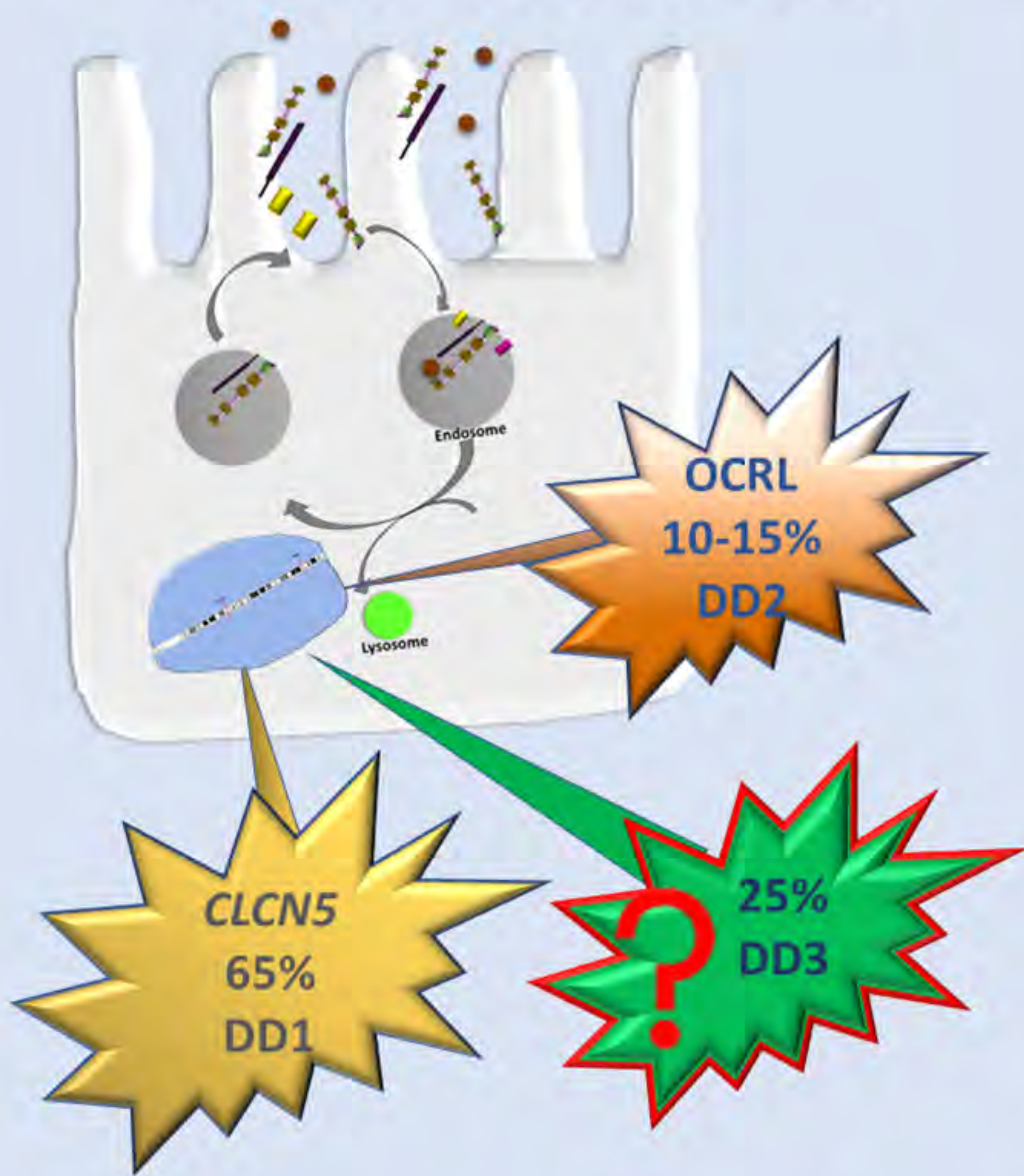


Identification of new pathogenic variants in Dent Disease patients with no detectable mutation in *CLCN5* and *OCRL* genes: Whole Exome Sequencing study.

Ceol M¹, Giannella A², Ceolotto G³, Priante G¹, Sgro' E¹, Nalesso F¹, Anglani F¹, Calò LA¹, Del Prete D¹

1: Kidney Histomorphology and Molecular Biology Laboratory, Nephrology Unit, Department of Medicine, 2: Department of Medicine - DIMED, University of Padua, Italy; 3: Emergency Medicine Unit, Department of Medicine - DIMED, University of Padua, Italy;

Dent disease is a rare X-linked renal tubulopathy due to *CLCN5* and *OCRL* mutations



Do DD3 represent unrecognized disease phenotype of known hereditary nephropathies?



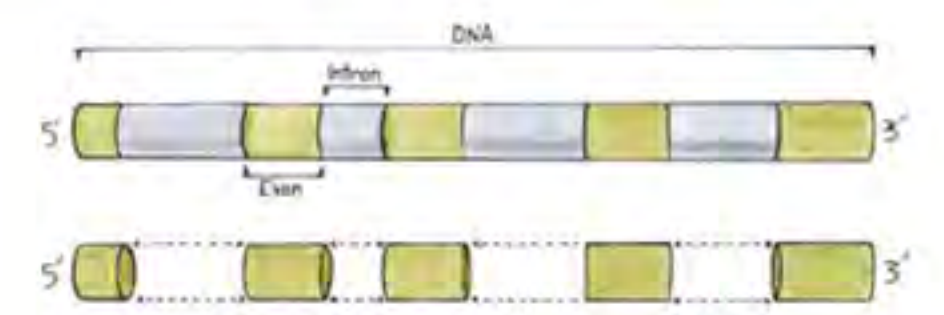
DENT DISEASE MAIN CLINICAL SIGNS

- ✓ LMWP
- ✓ Hypercalciuria
- ✓ Nephrocalcinosis
- ✓ nephrolithiasis

DD3 BLENDED PHENOTYPE

- nephrotic range proteinuria
- nephrolithiasis
- nephrocalcinosis
- LMWP.

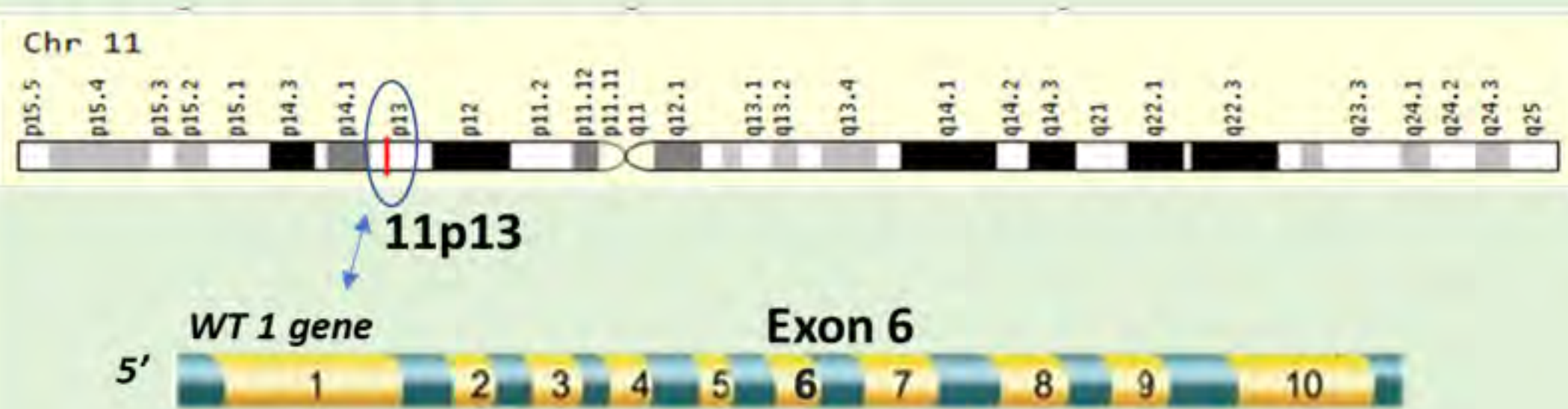
Whole exome sequencing (WES)



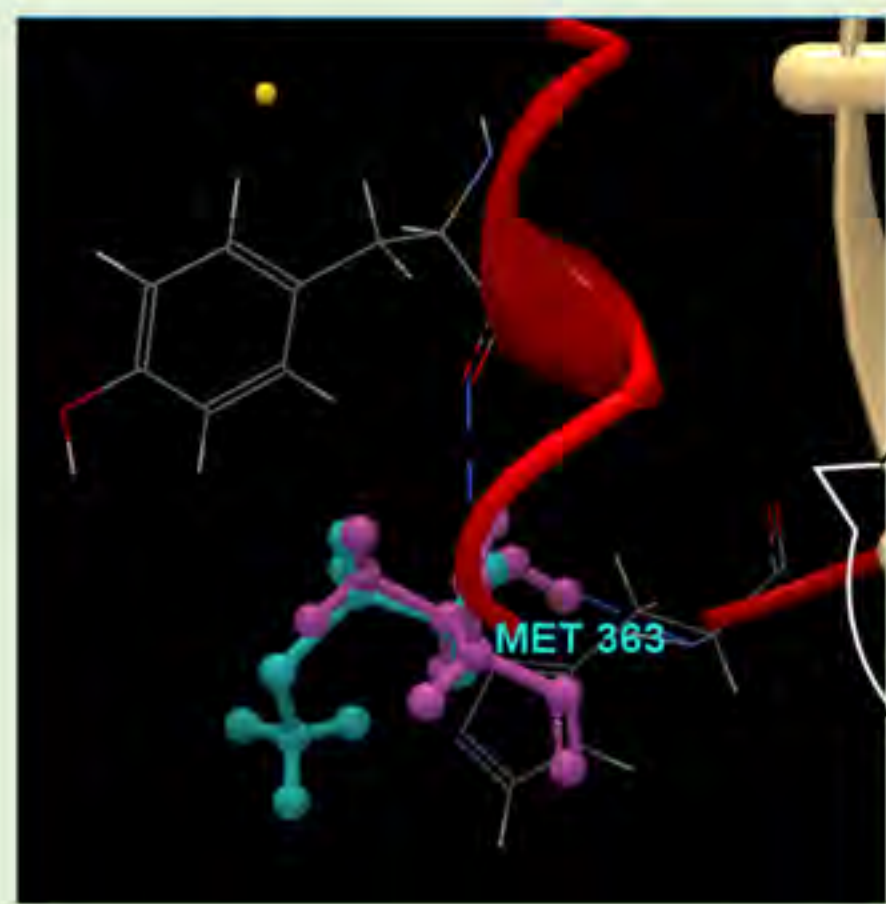
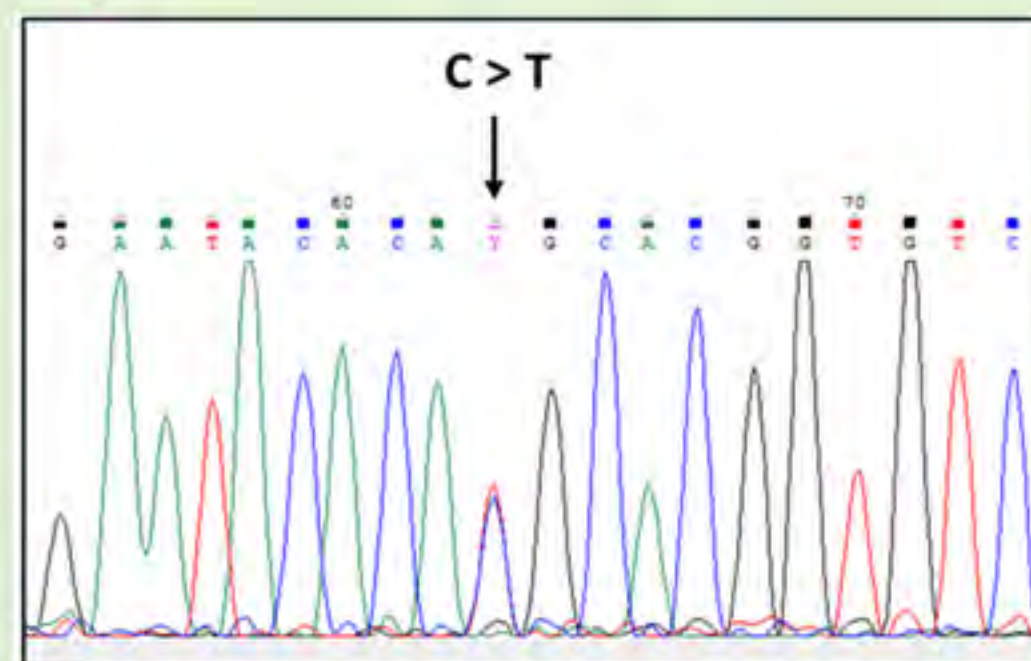
WES technology to identify novel genetic variants in disease with high degree of genetic heterogeneity and blended phenotype



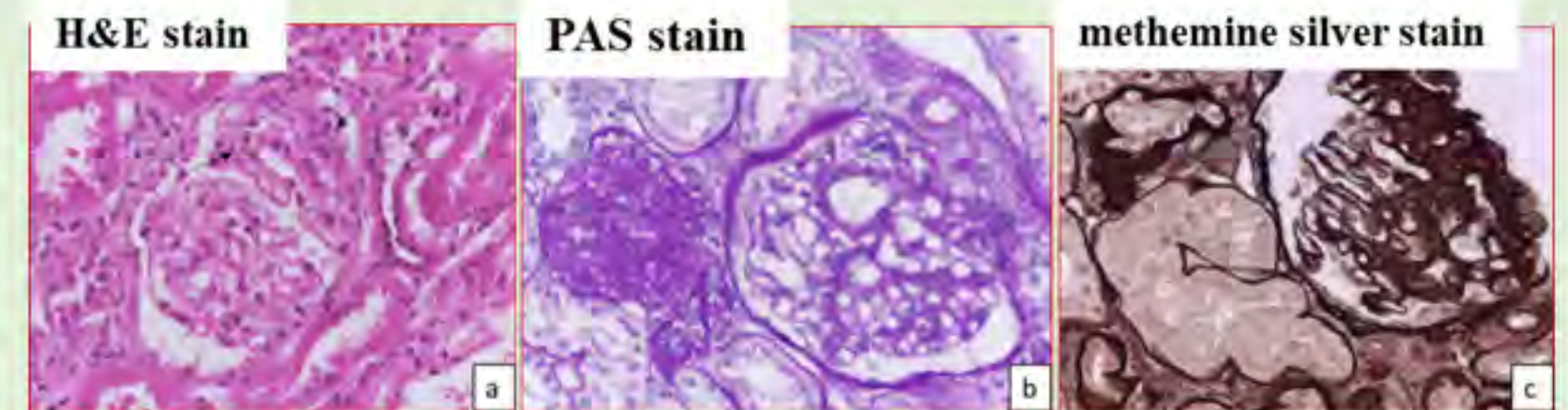
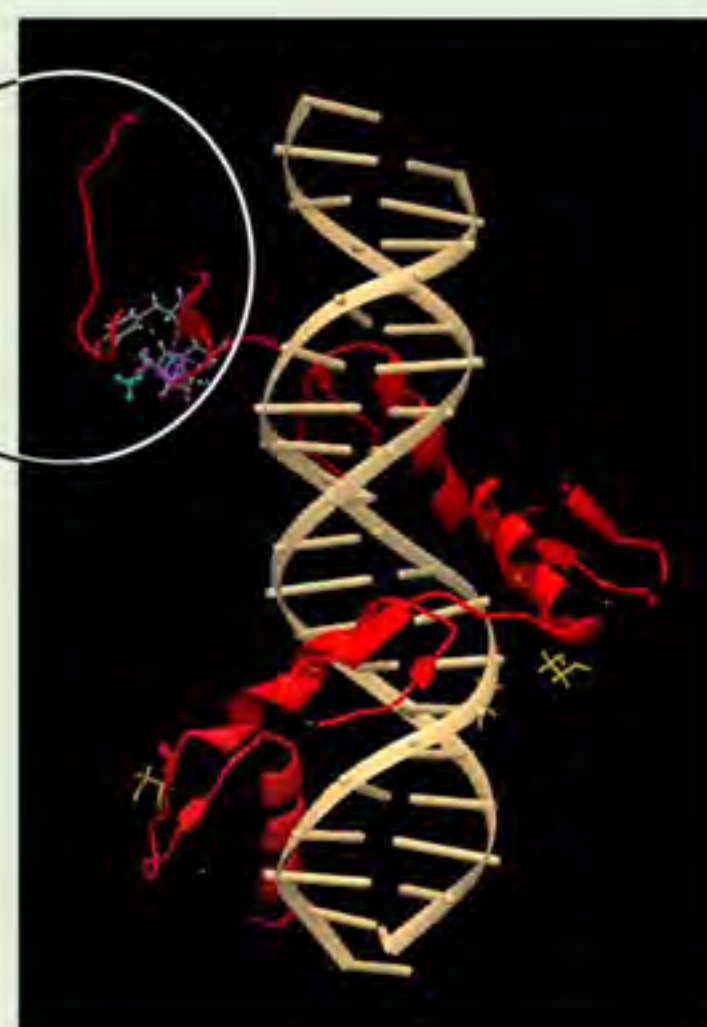
WT1 transcription factor



Ultra rare heterozygous missense variant (VUS) (NM_024426.6) c.1088C>T



p.Thr 363 Met

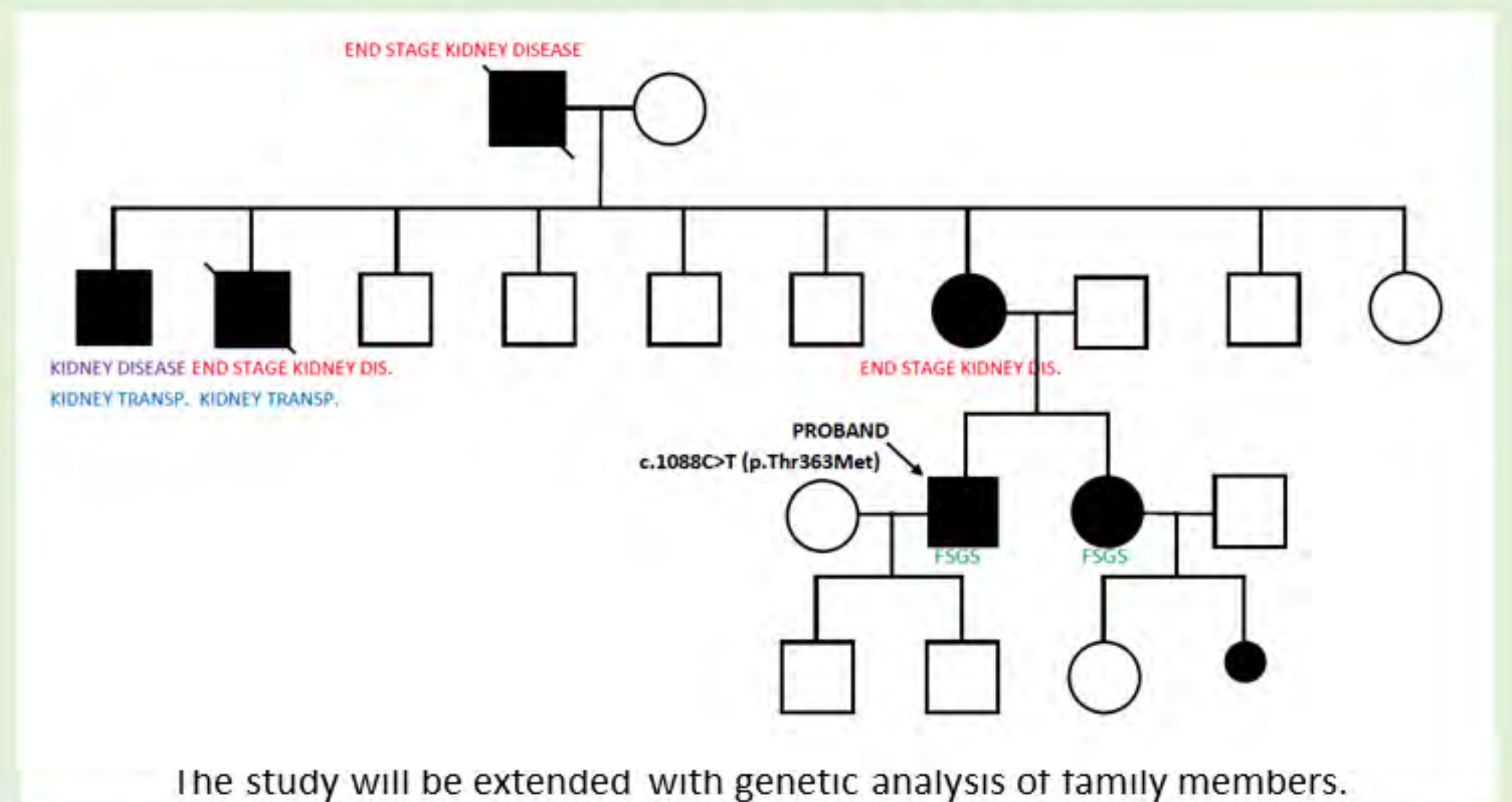


Focal segmental glomerulosclerosis (FSGS) is characterised by focal scarring of the glomerular capillary tuft and podocyte injury.

Wilms' tumour suppressor gene-1 (**WT1**) plays a critical role in kidney development and function.

A WT1 mutation is one of the most common causes of FSGS

DD3 family members also have renal impairment, End Stage Kidney Disease, Kidney Transplant and FSGS.

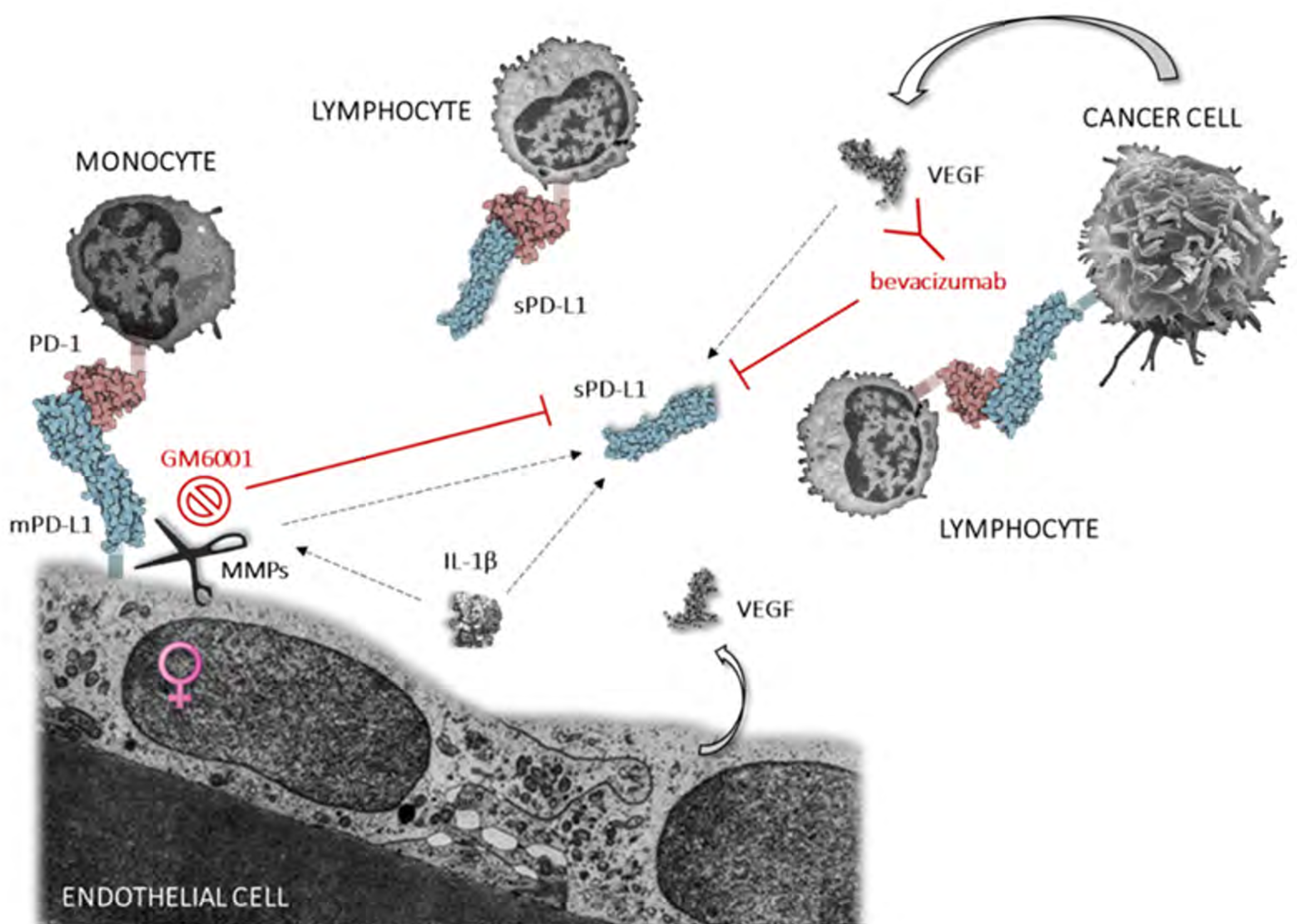


The study will be extended with genetic analysis of family members.

- WT1 autosomal dominant disorder is responsible for patient's phenotype.
- WT1 may be a good candidate for DD3 patients presenting with nephrotic syndrome and FSGS.

- The DD3 phenotype can present as an atypical phenotype or as a mixed phenotype of several known inherited nephropathies.
- From a clinical point of view, tubular abnormalities are often a diagnostic challenge. Clinical features of different tubulopathies sometimes overlap, and it is difficult to identify a classic phenotype. The WES approach may be a good strategy to identify multiple genetic defects underlying mixed phenotypes.

Sex-specific immunomodulating role of human endothelial cells



Tapering of therapy in SpA: the Impact of LifeStyle and predictors of sustained remission (TILT study)

Giacomo Cozzi, Mariagrazia Lorenzin, Laura Scagnellato, Francesca Battista, Valerie Tikhonoff, Andrea Ermolao, Andrea Doria, Roberta Ramonda

Background

The tapering and discontinuation strategies of biological and targeted synthetic disease-modifying antirheumatic drugs (bDMARDs and tsDMARDs, respectively) in spondyloarthritis (SpA) are not standardized, and the recommendations provided by major international guidelines rely on expert consensus due to the absence of strong literature data. The TILT study investigates tapering strategies in SpA focusing on the impact of lifestyle changes. Tapering can reduce costs and side effects but poses a risk of disease reactivation. Non-pharmacological approaches, particularly physical exercise and diet are crucial additions to DMARD therapy.

Objective

This project aims to identify ultrasound and biohumoral predictors of flare post therapy tapering.



Primary endpoints include assessing the effects of physical activity and dietary changes on remission maintenance at 24 weeks post-tapering in SpA patients.

Methods

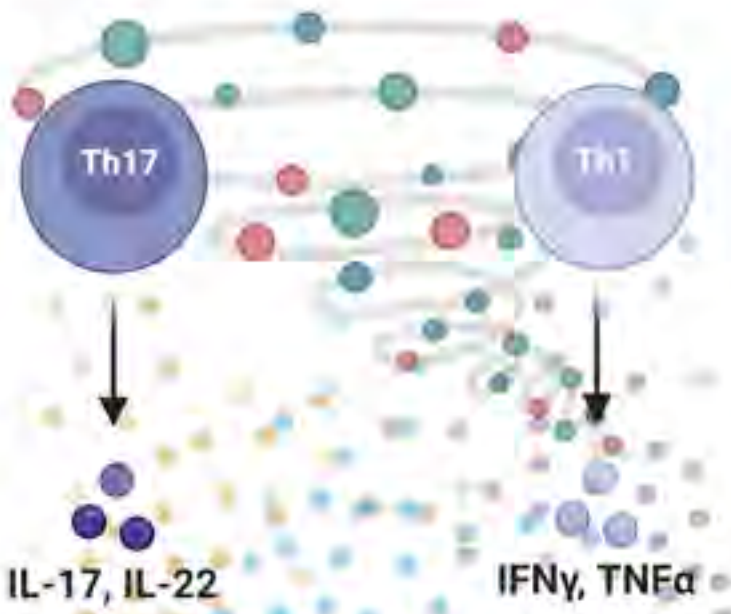
The study will recruit patients in remission for at least 12 months and will involve the collaboration of the Rheumatology, Sport and Exercise Medicine, and Nutrition units affiliated with DIMED.



A cytokine array will be performed on blood samples to identify and investigate the signaling pathways most involved in maintaining active SpA. The intervention group will undergo supervised exercise sessions and dietary consultations over 12 weeks before initiating therapy tapering. Data collection will include musculoskeletal ultrasound, clinical indices, biohumoral parameters, and anthropometric measurements.

What do we expect?

Cytokine array analysis



To identify key signaling pathways

Ultrasound Predictors



To determine ultrasound predictors of maintenance of remission

Physical Activity



↑ Maintain disease remission
Anti-inflammatory effects

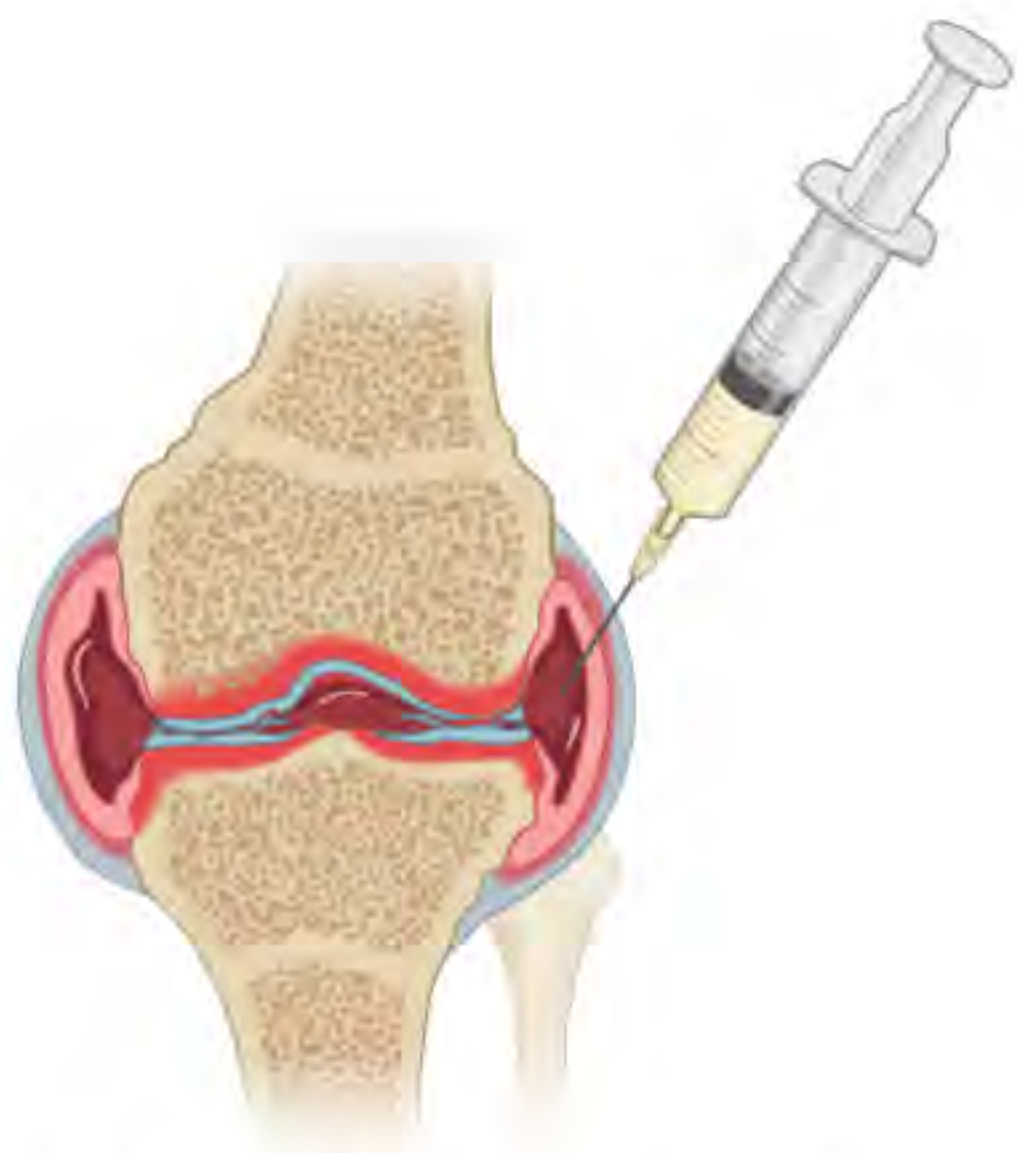
Dietary Habits



Mediterranean diet
↑ sustained remission ↓ disease activity

Lifestyle intervention could facilitate a safer reduction of therapy, thereby becoming part of international recommendations for tapering therapy in PsA

STUDY OF THE INFLAMMATORY POTENTIAL OF PATHOGENIC CRYSTALS IN VITRO AND EX VIVO



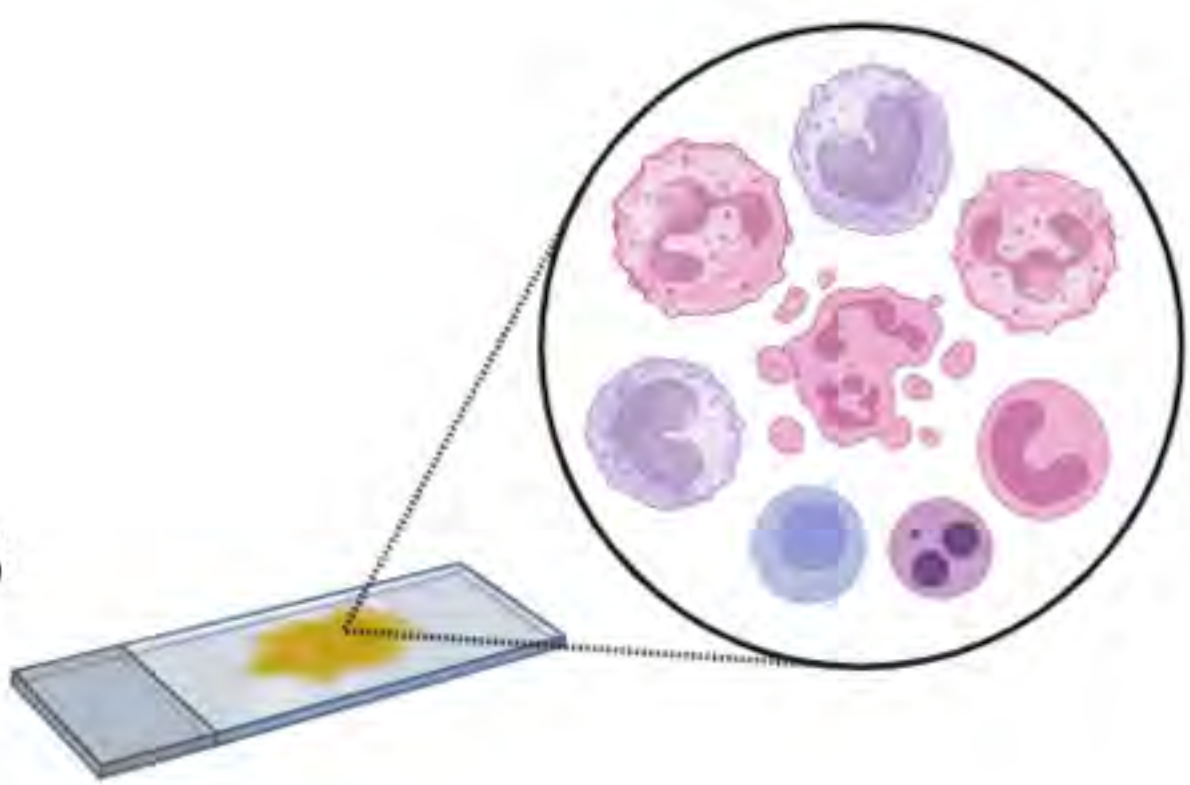
Arthrocentesis:

- Gout
- Calcium pyrophosphate deposition disease

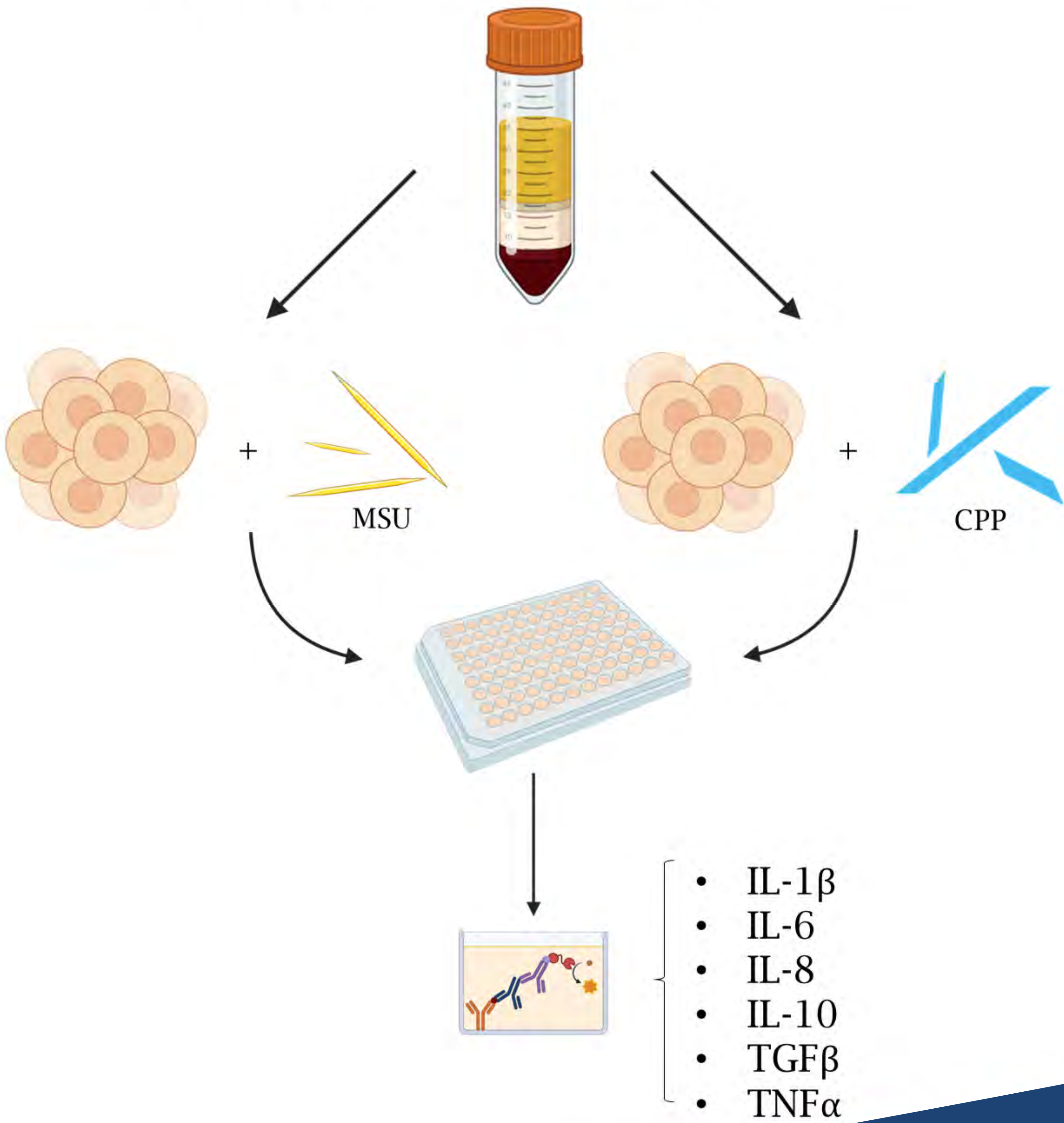


Routine analysis
of synovial fluid

Identifying neutrophil subsets

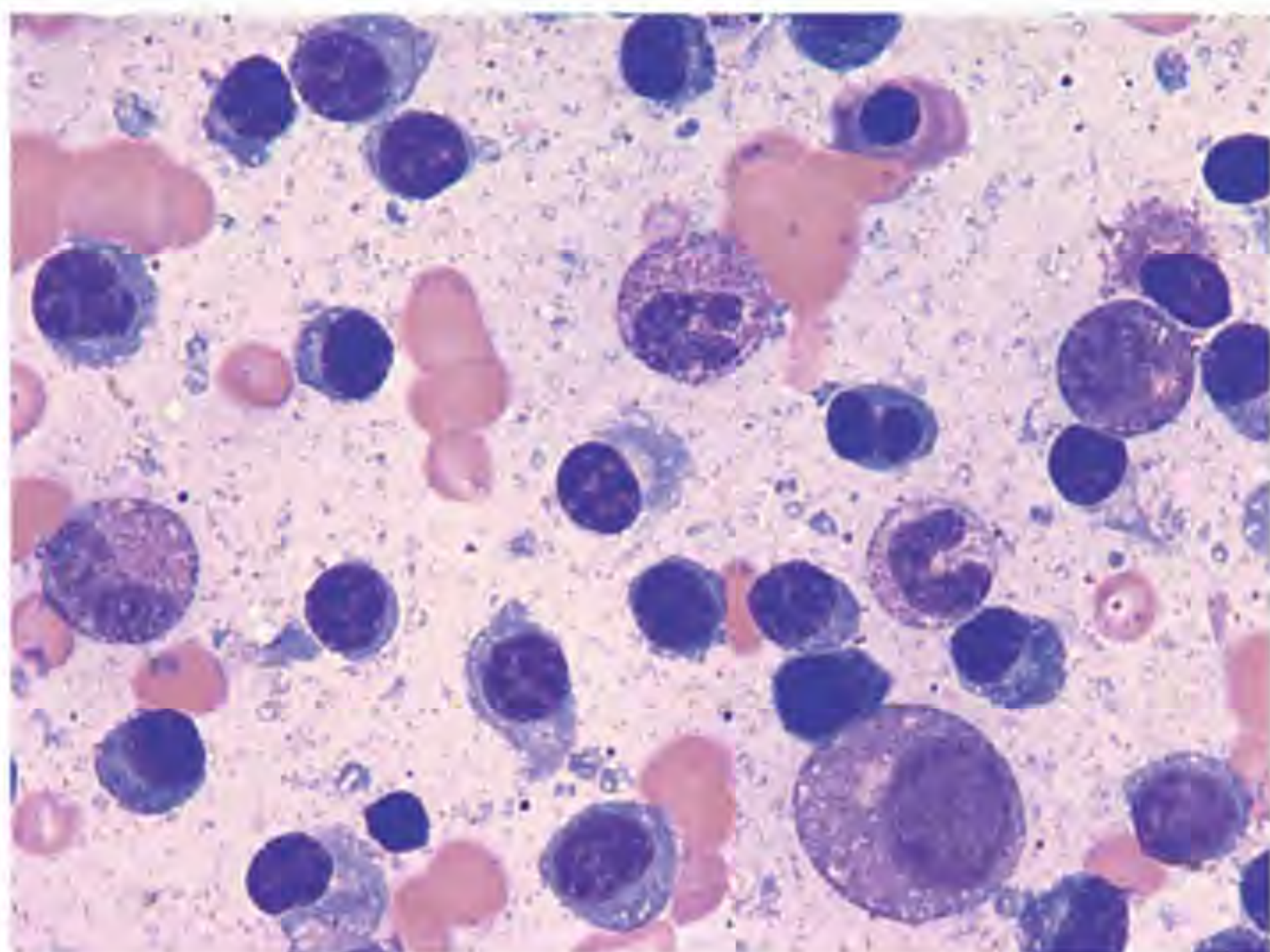


In vitro stimulation of healthy monocytes

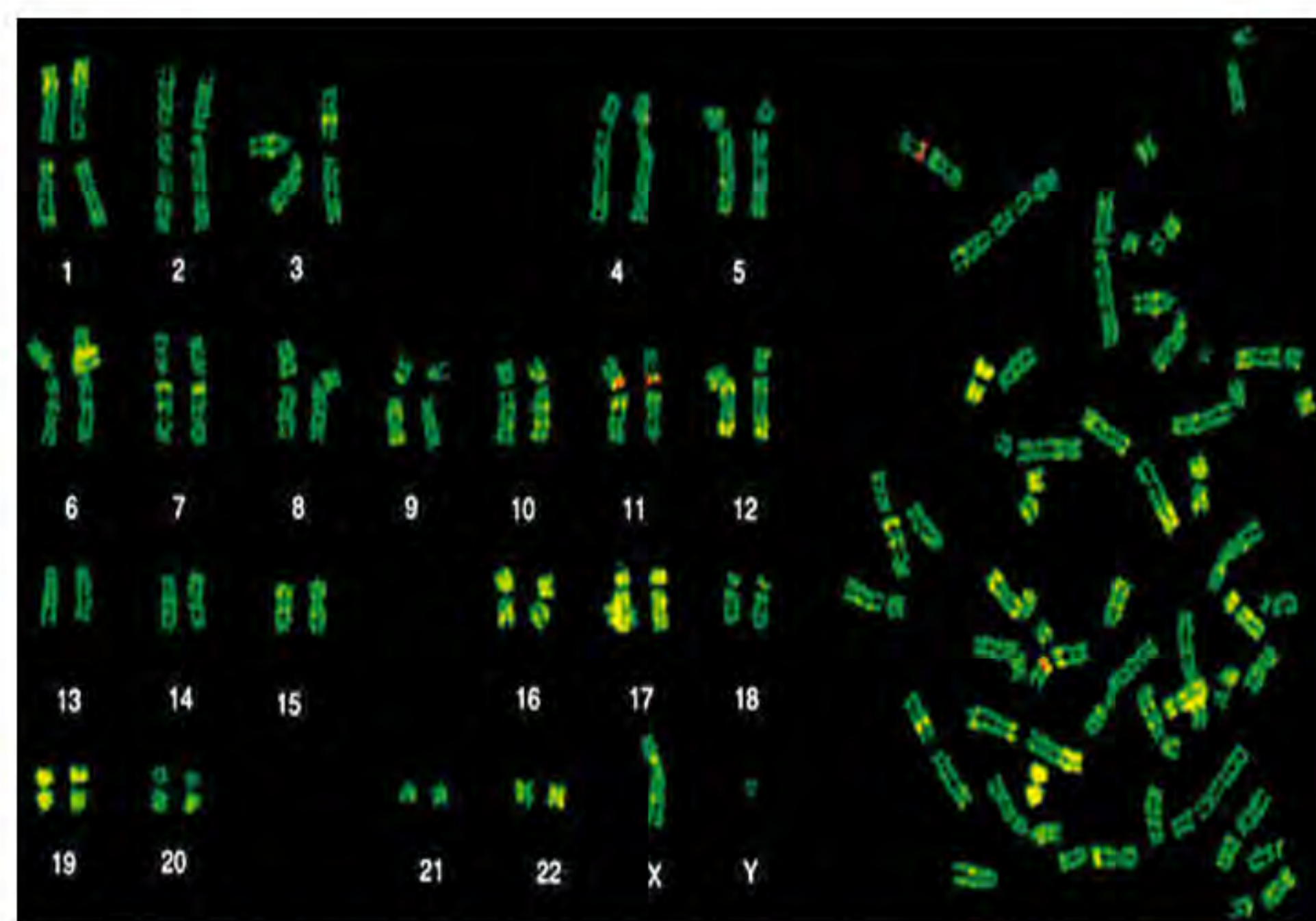
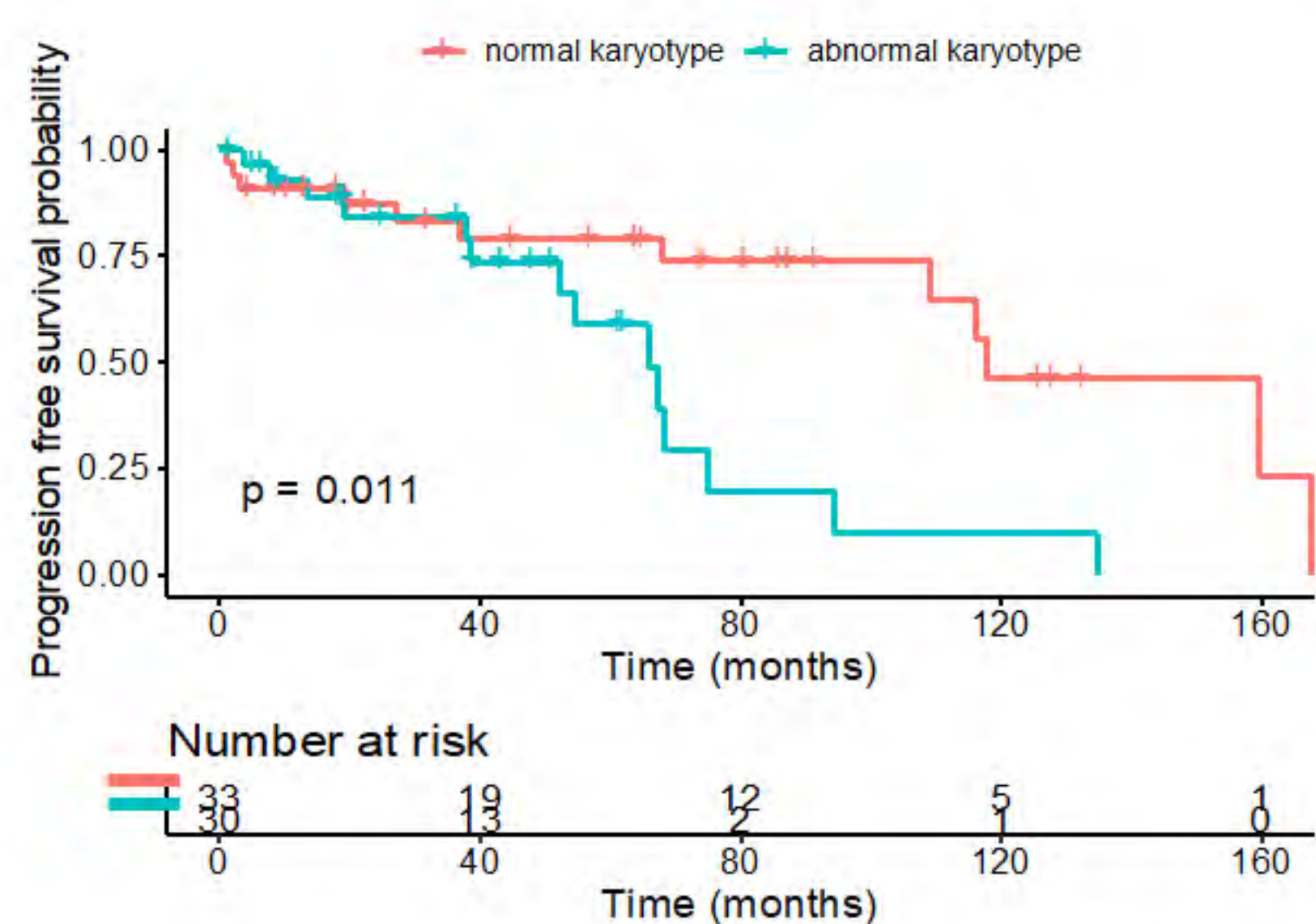
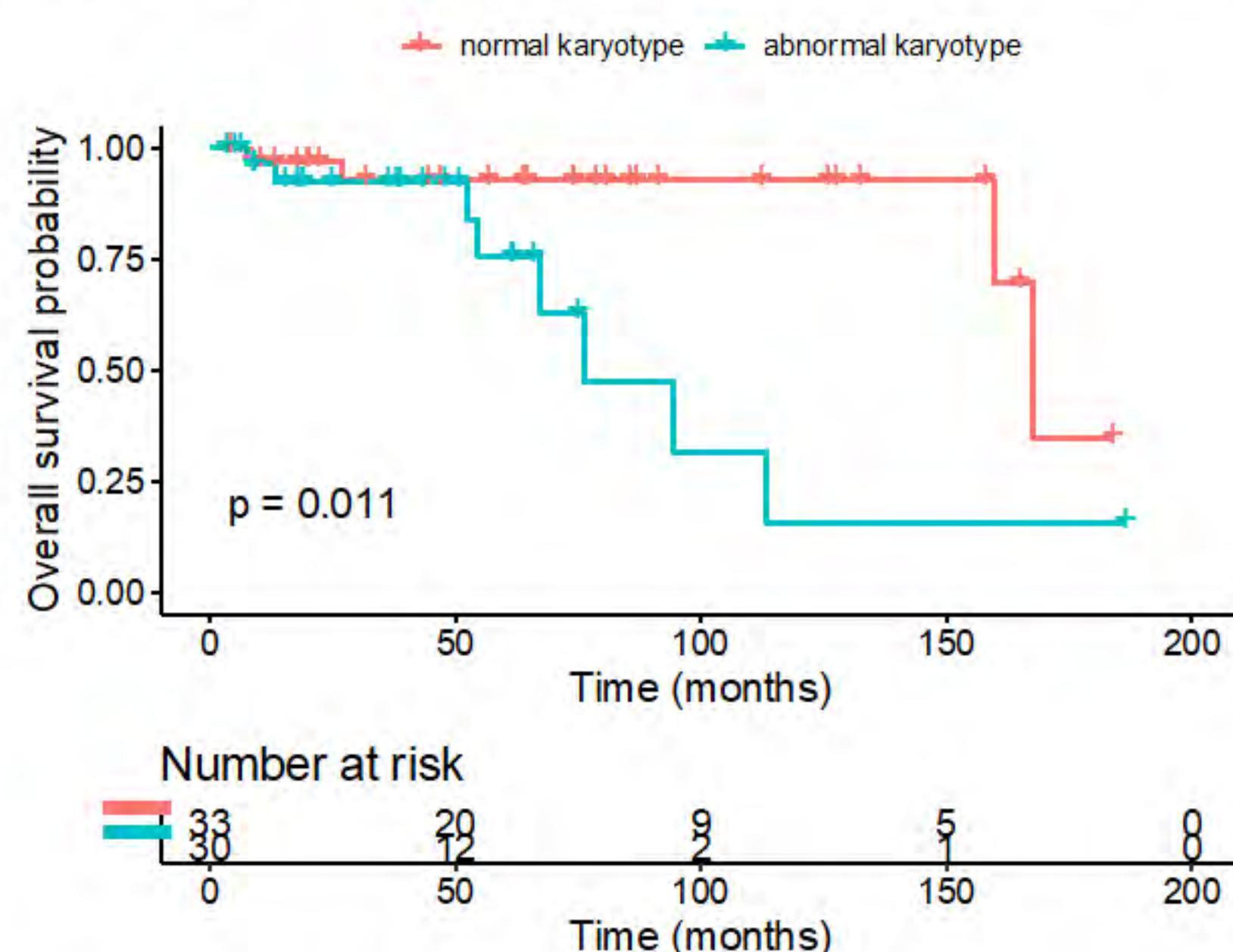


Exploring crosstalks between chromosomal abnormalities and gene mutations in Waldenstrom Macroglobulinemia: the road to new active and drugable biomarkers.

Dr. Danesin Nicolò, Hematology Unit, Department of Medicine, University of Padova, Padua, Italy



Our preliminary data showed inferior survival outcomes proportional to the increasing number of cytogenetic aberrations.¹



PROSPECTIVE STUDY

- PRIMARY OBJECTIVE
 - Execution of chromosome banding analysis and next generation sequencing (NGS) panel of specific WM mutated genes on bone marrow samples both at diagnosis and first relapse
- SECONDARY OBJECTIVES
 - Description of new molecular cross-talks and active drugable sites
 - Overall and Progression free survival of WM patients with new molecular patterns
- SAMPLE SIZE:
 - n = 60 (both at diagnosis and/or relapse)

¹ Danesin N, Bonaldi L, Martines A et Al. Impact of the presence and number of chromosomal abnormalities on the clinical outcome in Waldenström Macroglobulinemia: a monocentric experience. Ann Hematol. 2024 Apr 30.

Simulating the administration of adapted physical exercise in patients with chronic diseases: an innovative teaching approach

F. Duregon, C. Sarri, F. Urru, G. Mormando, S. Savino, F. Battista, A. Ermolao and D. Neunhaeuserer.



Simulation:

a useful training tool in education of healthcare professionals

The aim of this project is to implement simulation activity as an interactive teaching method, within the students' internship at the Sports and Exercise Medicine Division.



Where?

In the hospital gym



How?

Administering physical exercise to chronic patients with a general inflammatory state



Target group

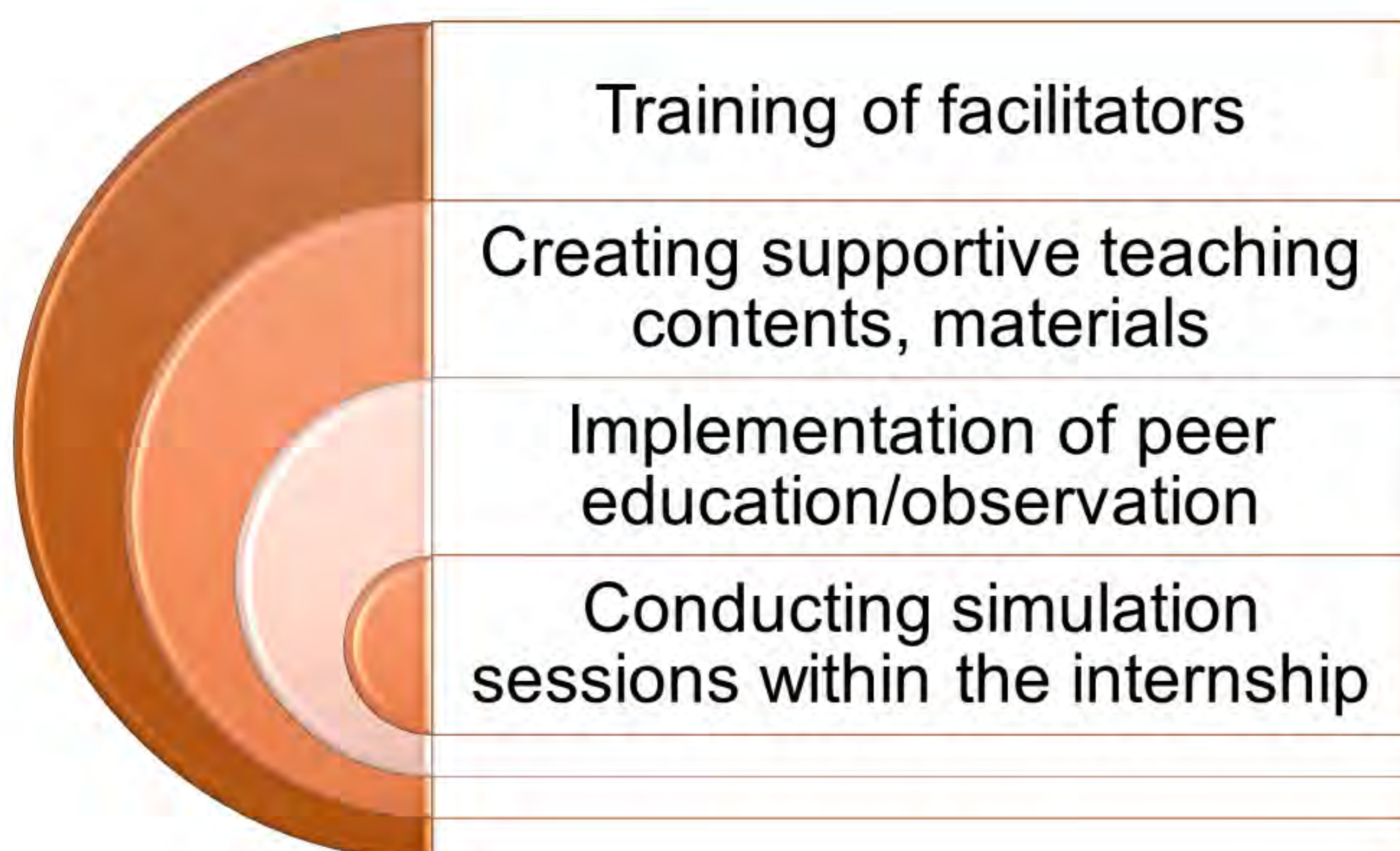
Students of the II cycle degree course in preventive and adapted physical activity



Teaching approach

Student-centred with practical real-world simulations, peer-to-peer education, and flipped classroom activities

Four stages:



New feedback questionnaires created to be compared between the old and the new teaching approach.

Future perspectives:

Expanding this project to multidisciplinary and inter-professional teaching with allied healthcare professionals working on lifestyle interventions for patients with chronic inflammatory diseases 🔥

➡ New proposal for funding as educational initiative of **FLAMES**, with a specific focus on inflammatory diseases.

Silencing of Serpin B3 as a novel approach for cancer treatment

Properties of SB3

Silencing of SB3

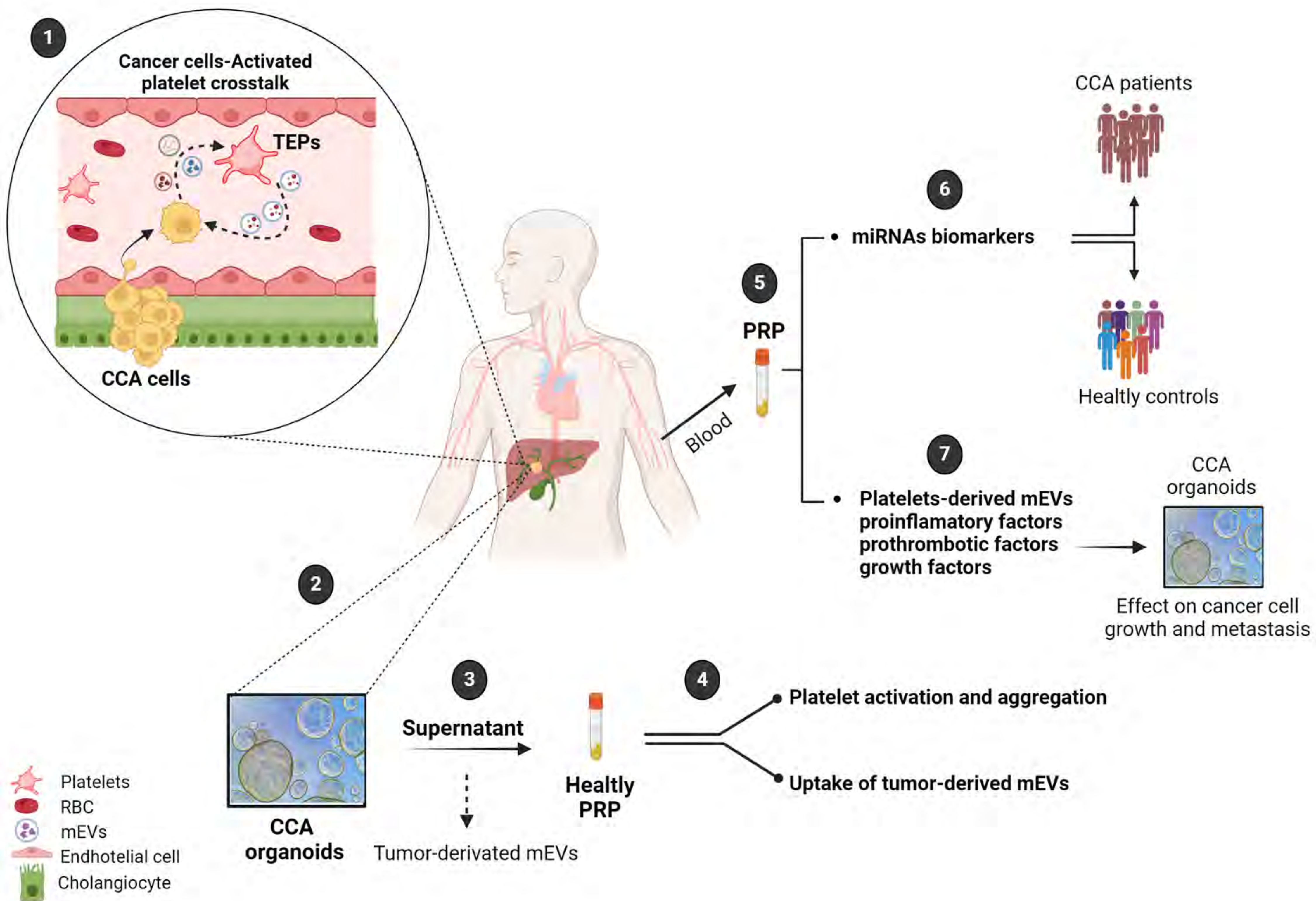
Obtain siRNA-lipid complex, add to HA22T/VGH cells and incubate

Monitoring the efficacy of SB3 silencing

Analyse the effect of SB3 silencing in HA22T/VGH using IncuCyte® S3 Live-Cell Analysis System:

Preliminary results

Condition	SB3 mRNA (2 ^{-ΔCT})
siRNA	~0.3 × 10 ⁻⁷
Untreated	~1.1 × 10 ⁻⁷
Ctrl Q	~1.3 × 10 ⁻⁷



Graphical abstract. **1:** Platelets are reprogrammed by tumor cell-derived signals to become in tumor-educated platelets (TEPs). **2:** Human-derived organoids from CCA patients. **3:** Isolation of microvesicles (mEVs) from CCA organoid supernatants. **4:** Platelet treatment with CCA organoid supernatants. Evaluation of platelet activation and uptake of tumor-derived mEVs. **5:** Isolation of platelets from CCA patients. **6:** Determination of miRNA biomarkers in plasma-rich-platelet from patients with CCA and healthy individuals. **7:** Evaluation of the effect of TEP-derived microvesicles (mEVs) harboring proinflammatory, prothrombotic mediators and growth factors on cancer cell growth and metastasis.

Validating and expanding Baveno VII criteria of recompensation in patients with decompensated cirrhosis



**691
PATIENTS**

**CIRRHOSIS WITH
CURABLE ETIOLOGY**
(Alcohol, HCV, HBV)



35 months of median time follow-up

CRITERIA OF RECOMPENSATION

BAVENO VII criteria:

- I. Cure/suppression/removal of cirrhosis' etiology;
- II. Resolution of ascites (off diuretics), hepatic encephalopathy (off rifaximin/lactulose), and bleeding for > 12 months;
- III. Stable improvement of liver function.

Expanded criteria:

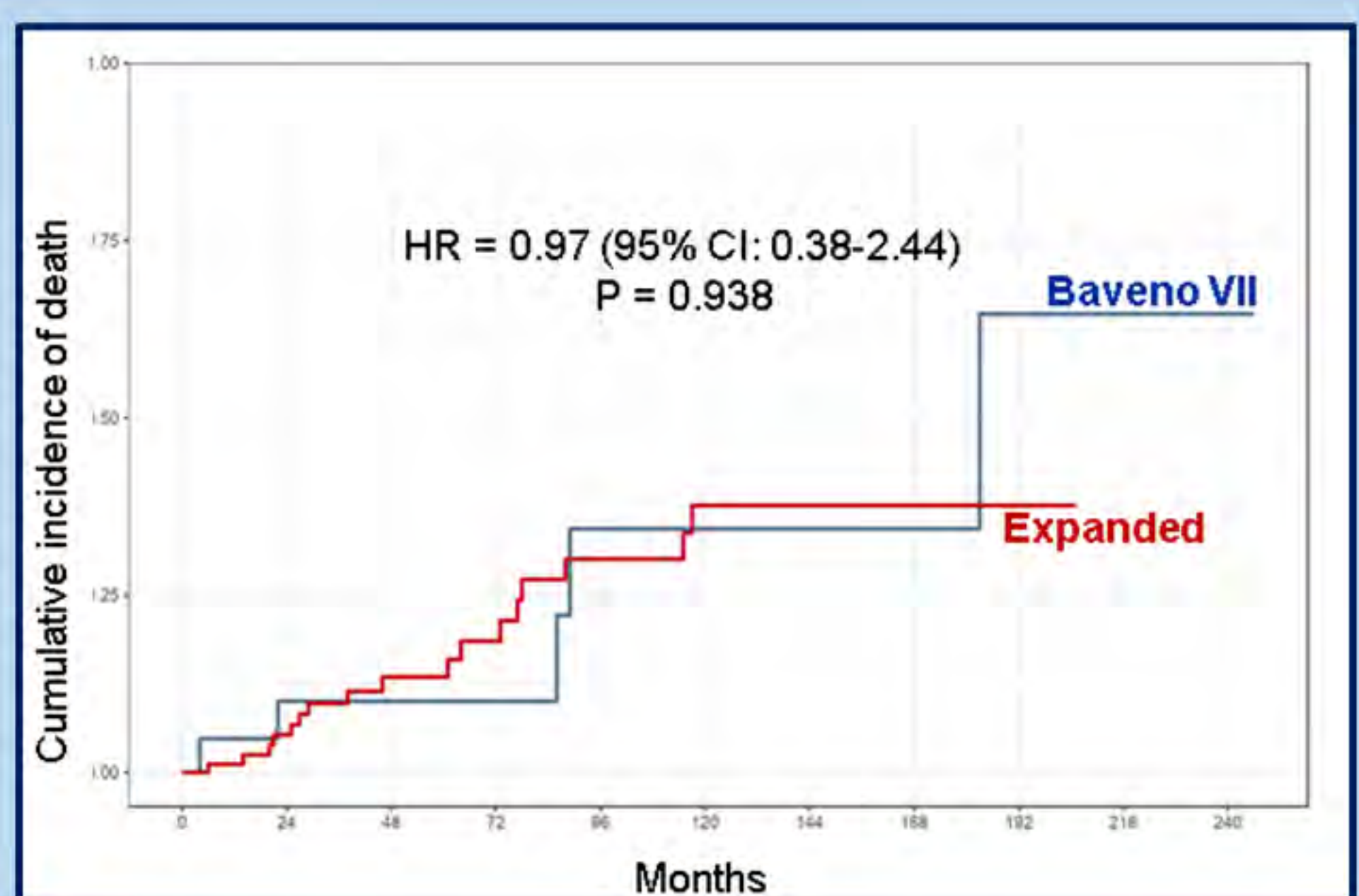
Patients meeting all criteria BUT still on decompensation treatment.

**Decompensated
patients
(n=525)**

**Etiological
treatment
(n=298)**

**Recompensation
according to
Baveno VII criteria
(n=22; 4.2%)**

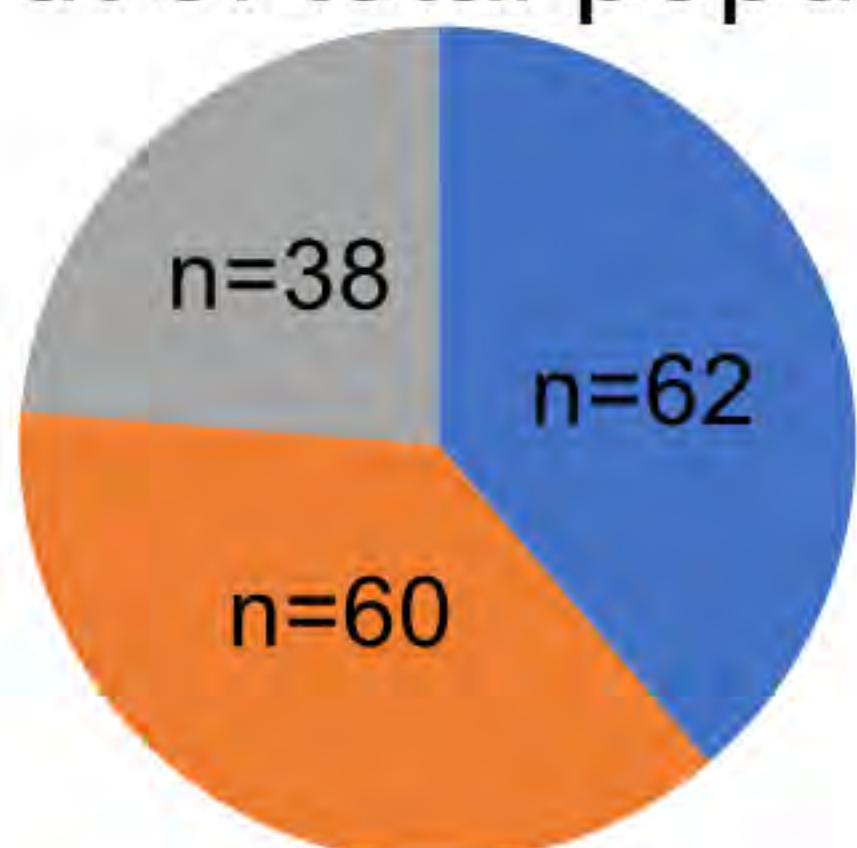
**Recompensation
according to
expanded criteria
(n=115; 21.9%)**



Recompensation is associated to
a reduction of mortality risk

PLASMATIC LEVELS OF INFLAMMATORY CYTOKINES

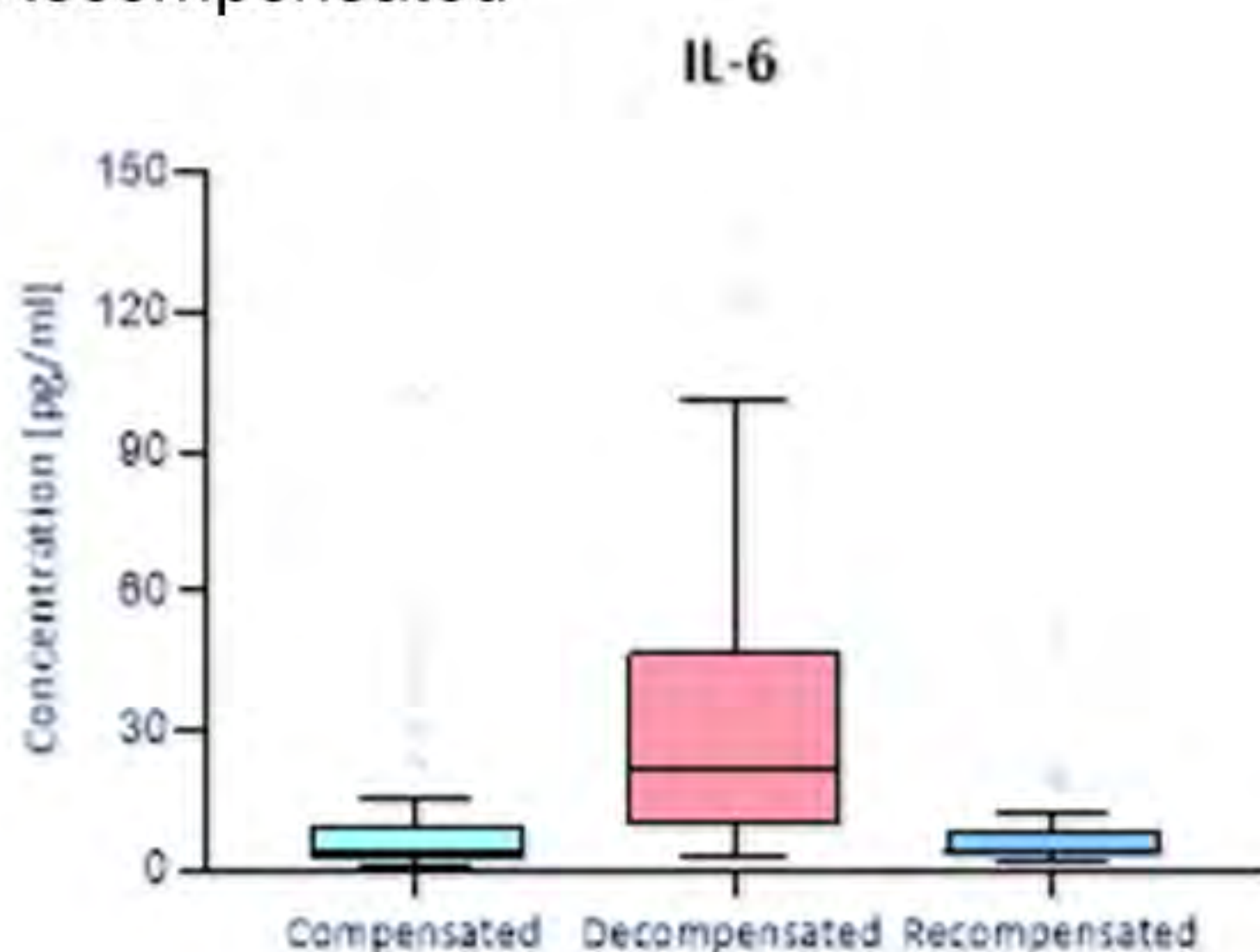
160 PATIENTS
out of total population



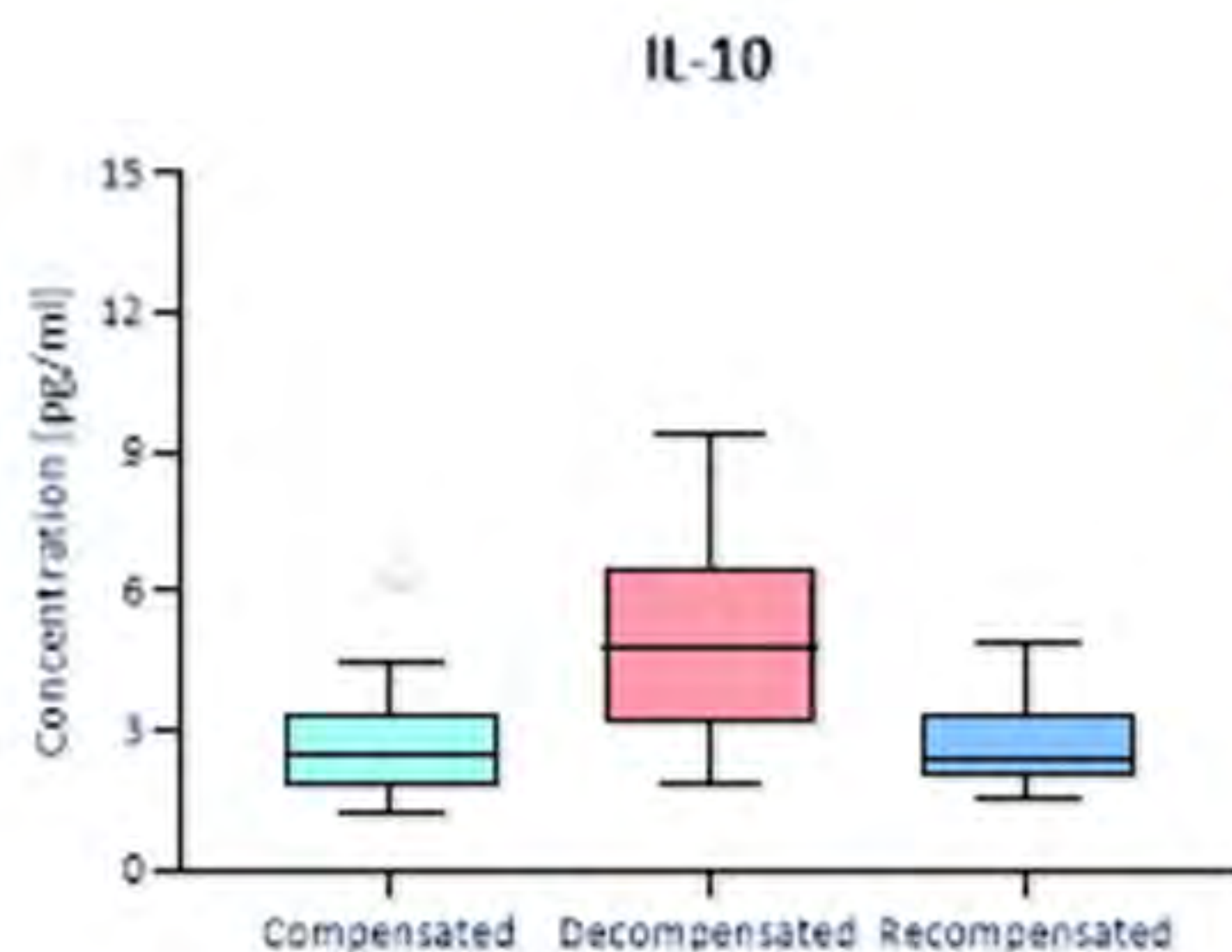
■ Compensated
■ Decompensated
■ Recompensated



IL-6
**IL-1
beta**
IL-10

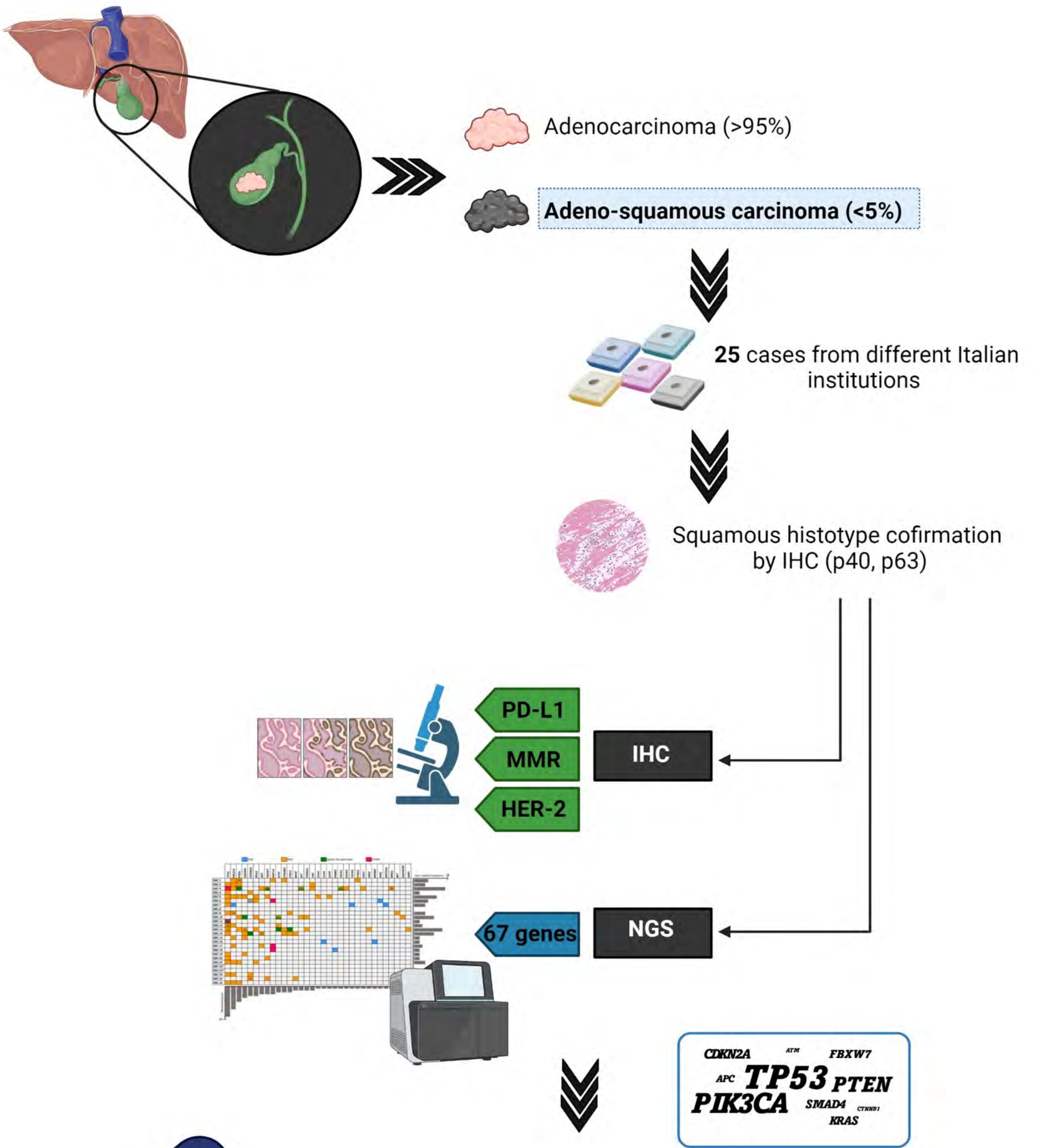


*, p<0.001 vs compensated
#, p<0.001 vs recompensated
§, p= 0.604 vs compensated



*, p<0.001 vs compensated
#, p<0.001 vs re compensated
§, p= 0.256 vs compensated

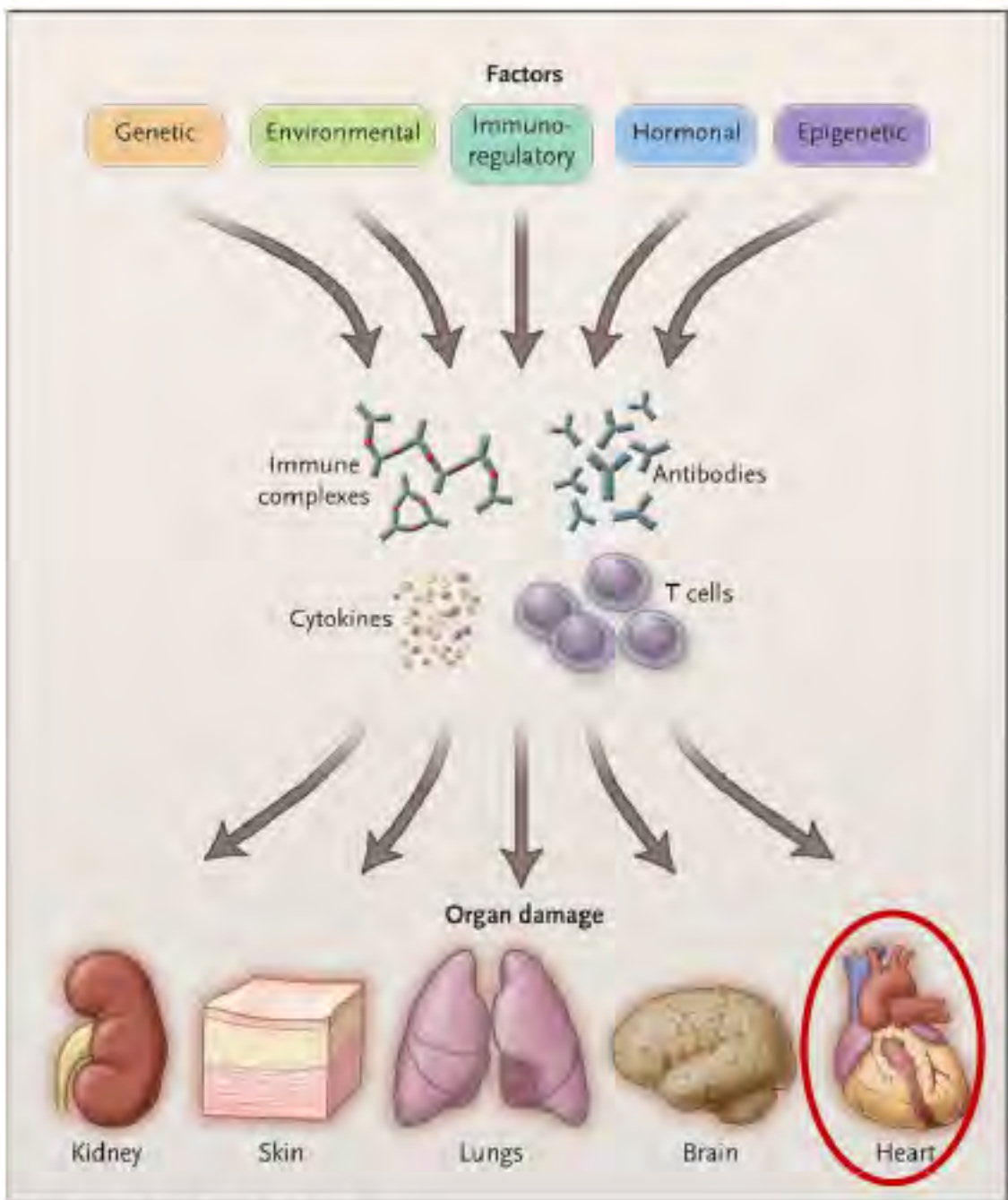
Deciphering the molecular landscape of a rare adenosquamous gallbladder carcinoma cohort



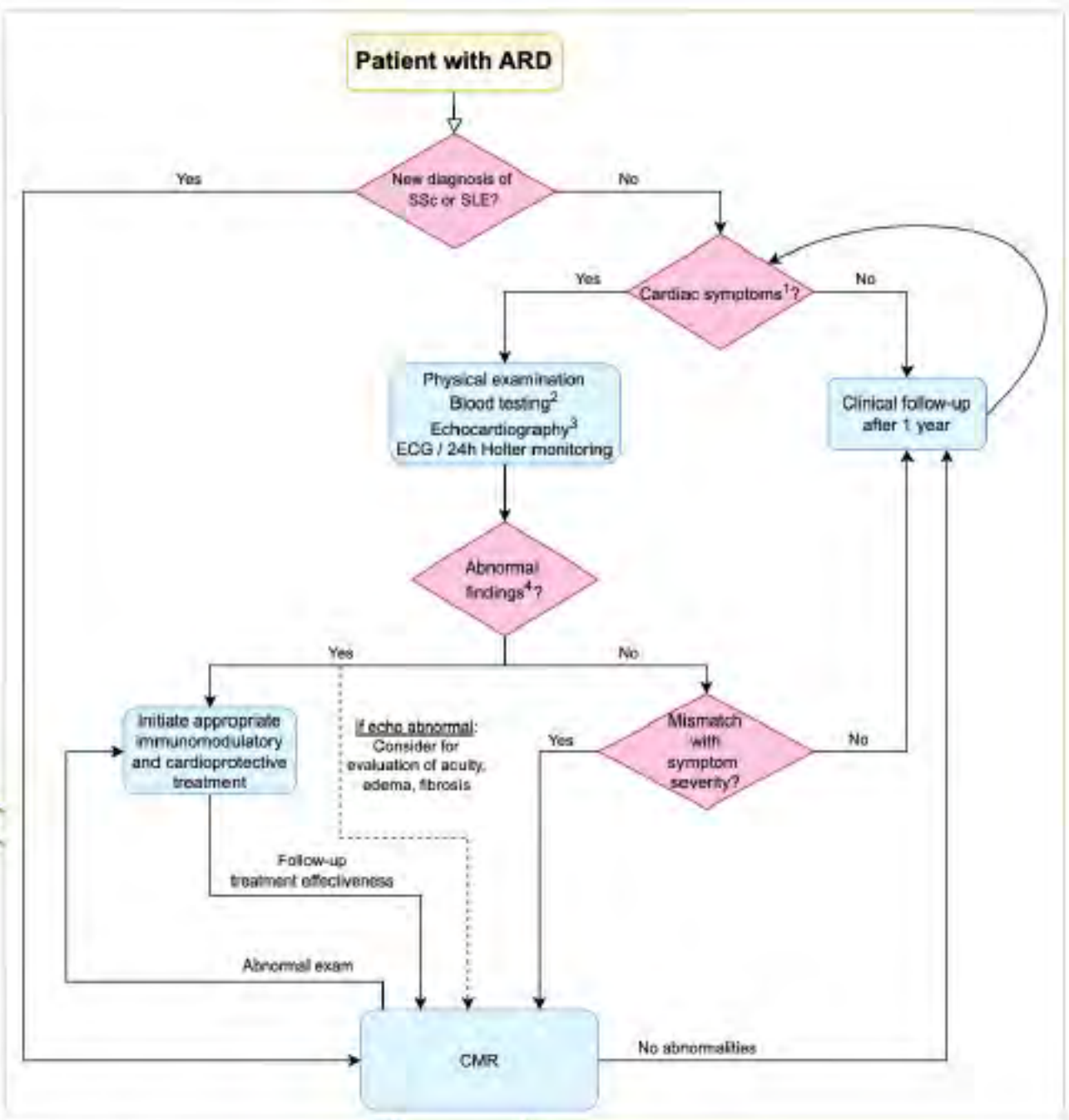
Aims

- Obtaining a molecular profilation in a robust cohort of gallbladder adenosquamous carcinomas
- Comparing the molecular biology of gallbladder adenocarcinomas vs adenosquamous carcinomas
- Identification of possible targetable genetic alterations

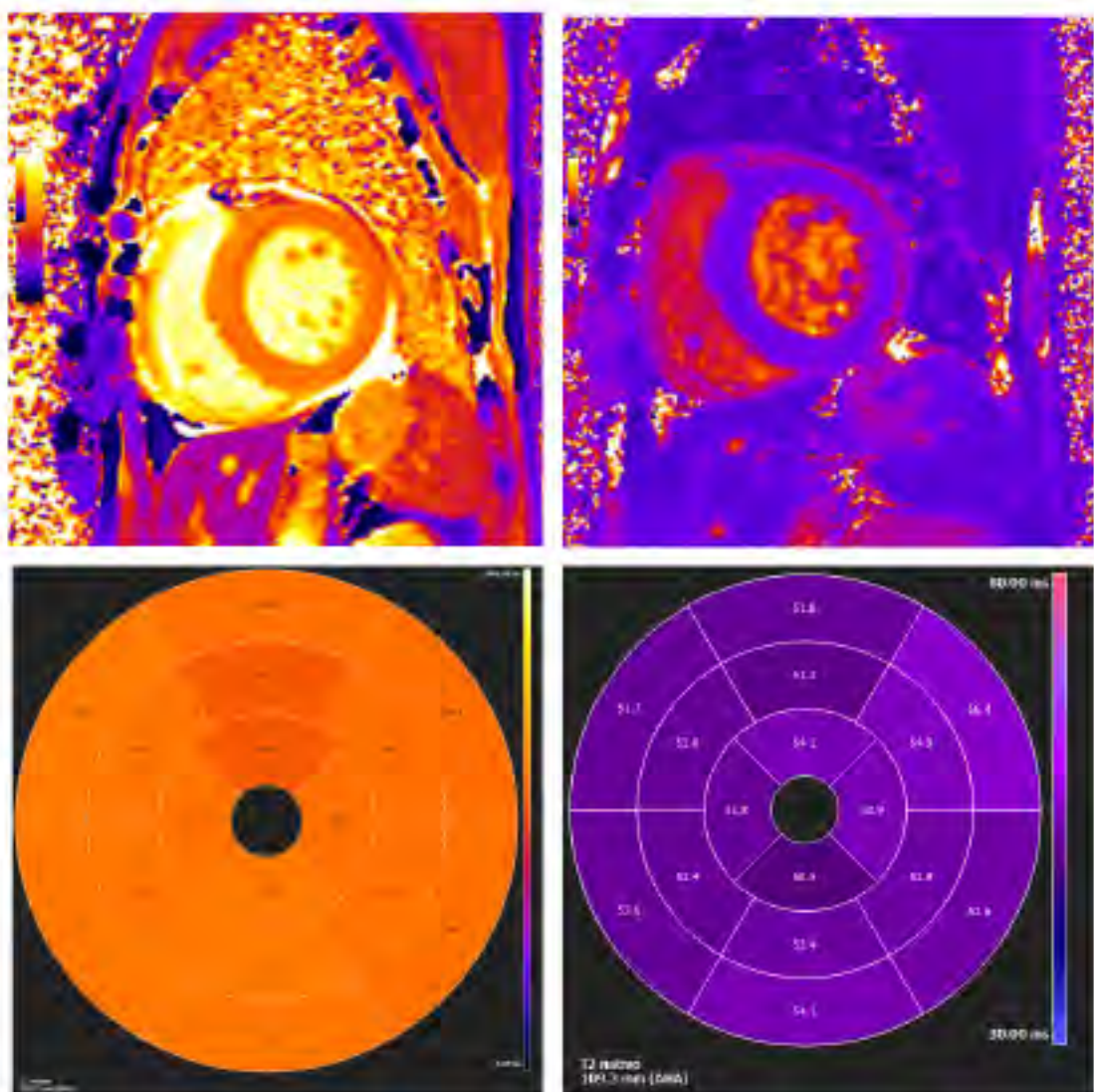
ADDITIONAL VALUE OF CARDIOVASCULAR MAGNETIC RESONANCE IN SYSTEMIC LUPUS ERYTHEMATOSUS PATIENTS EVALUATION



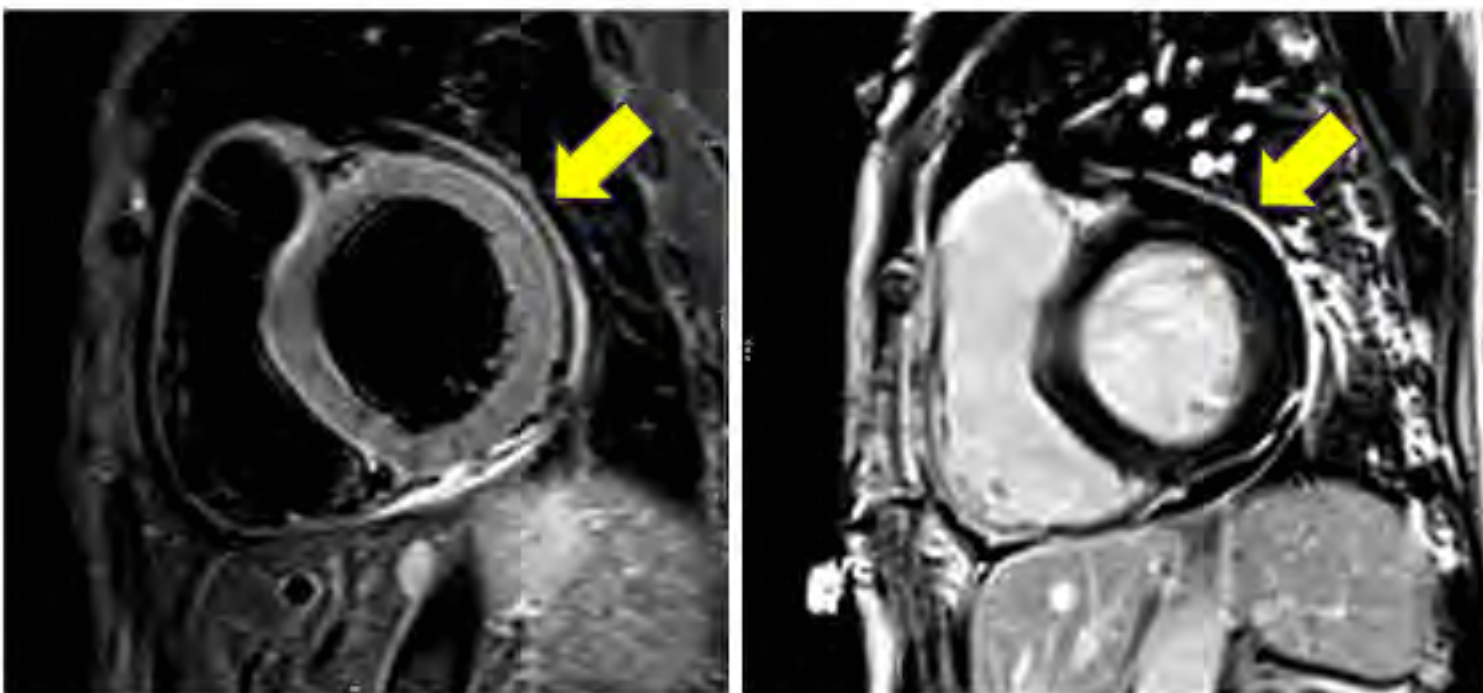
N Engl J Med 2011



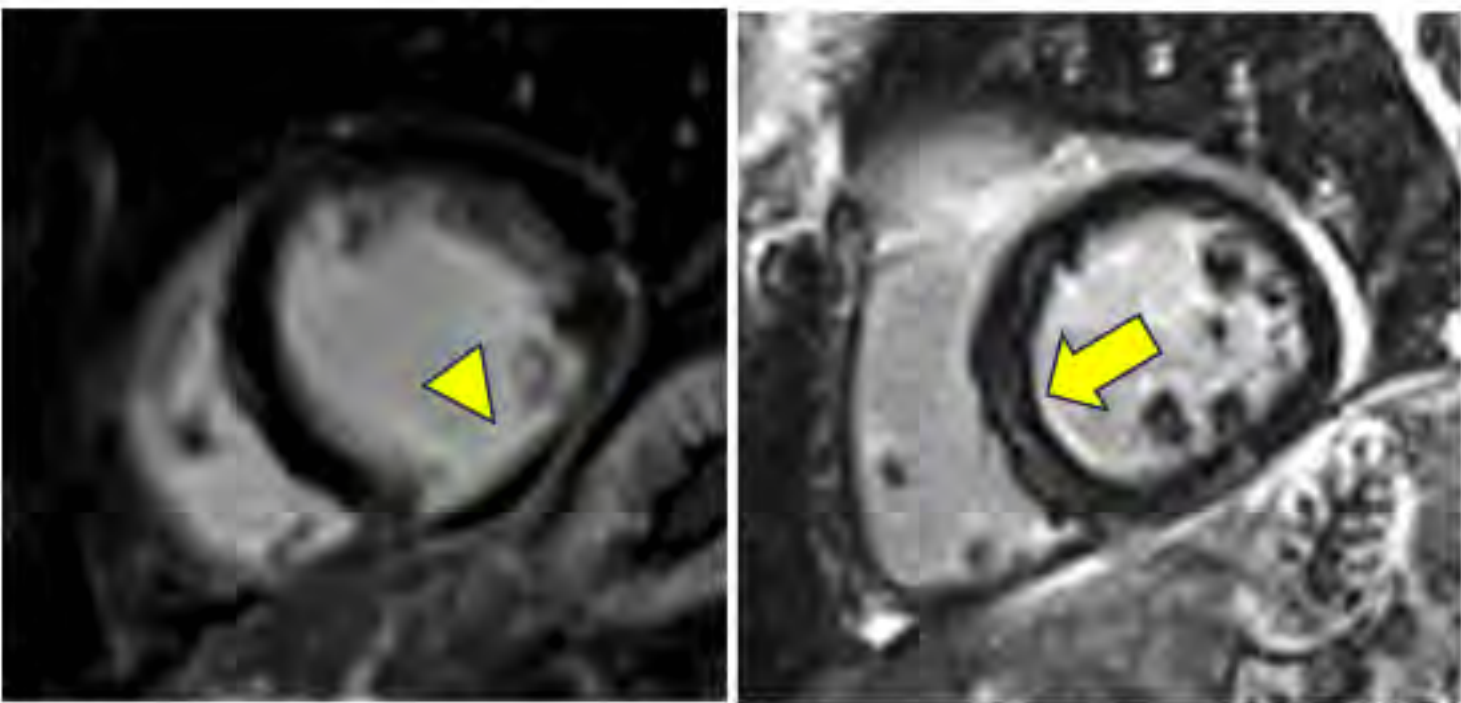
Eur H J – Cardiovasc Imaging 2022



T1 and T2 mapping showing widespread signs of myocardial inflammation in 9 (75%) patients.



TIRM T2 and PSIR T1 sequences showing pericardial inflammation (arrows) in 5 patients (42%).

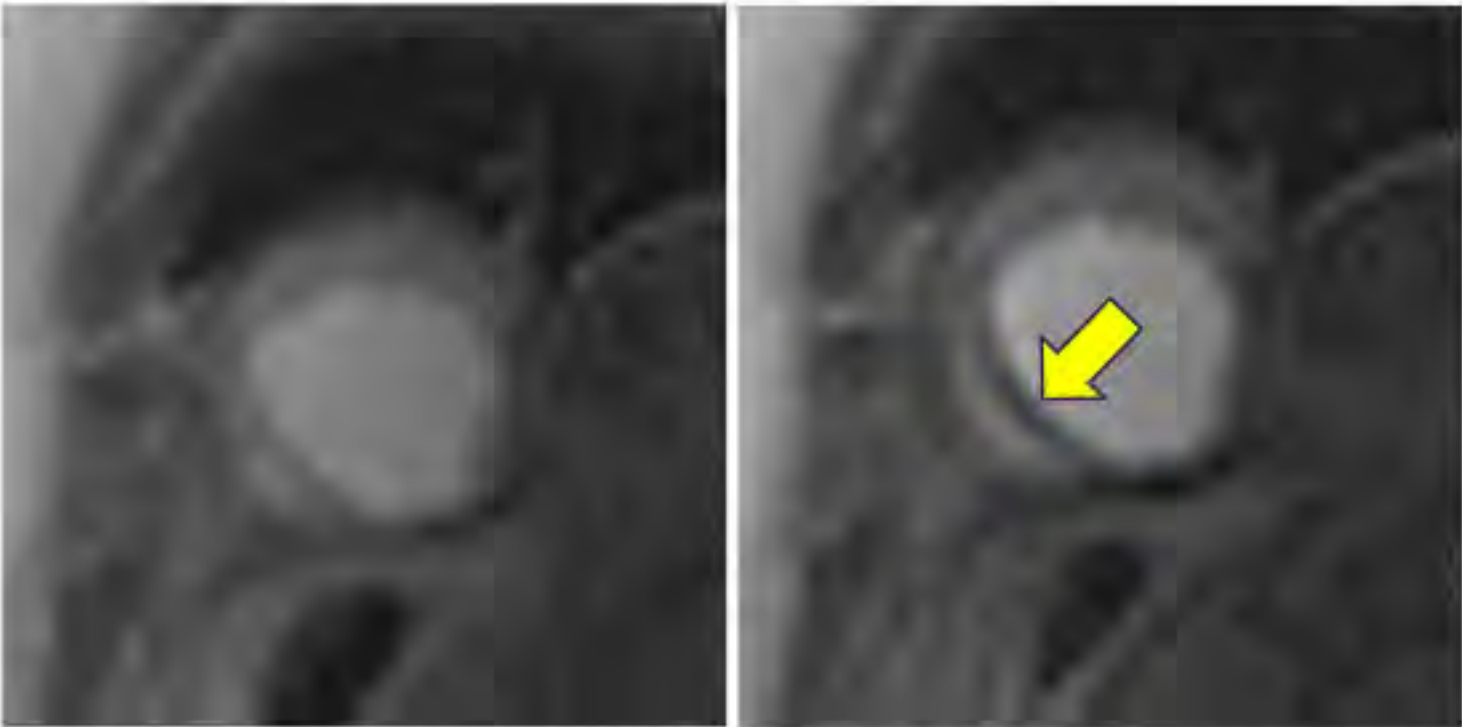


PSIR T1 sequence: LGE at ischemic (arrowhead) and non-ischemic (arrow) pattern in 10 patients (83%).



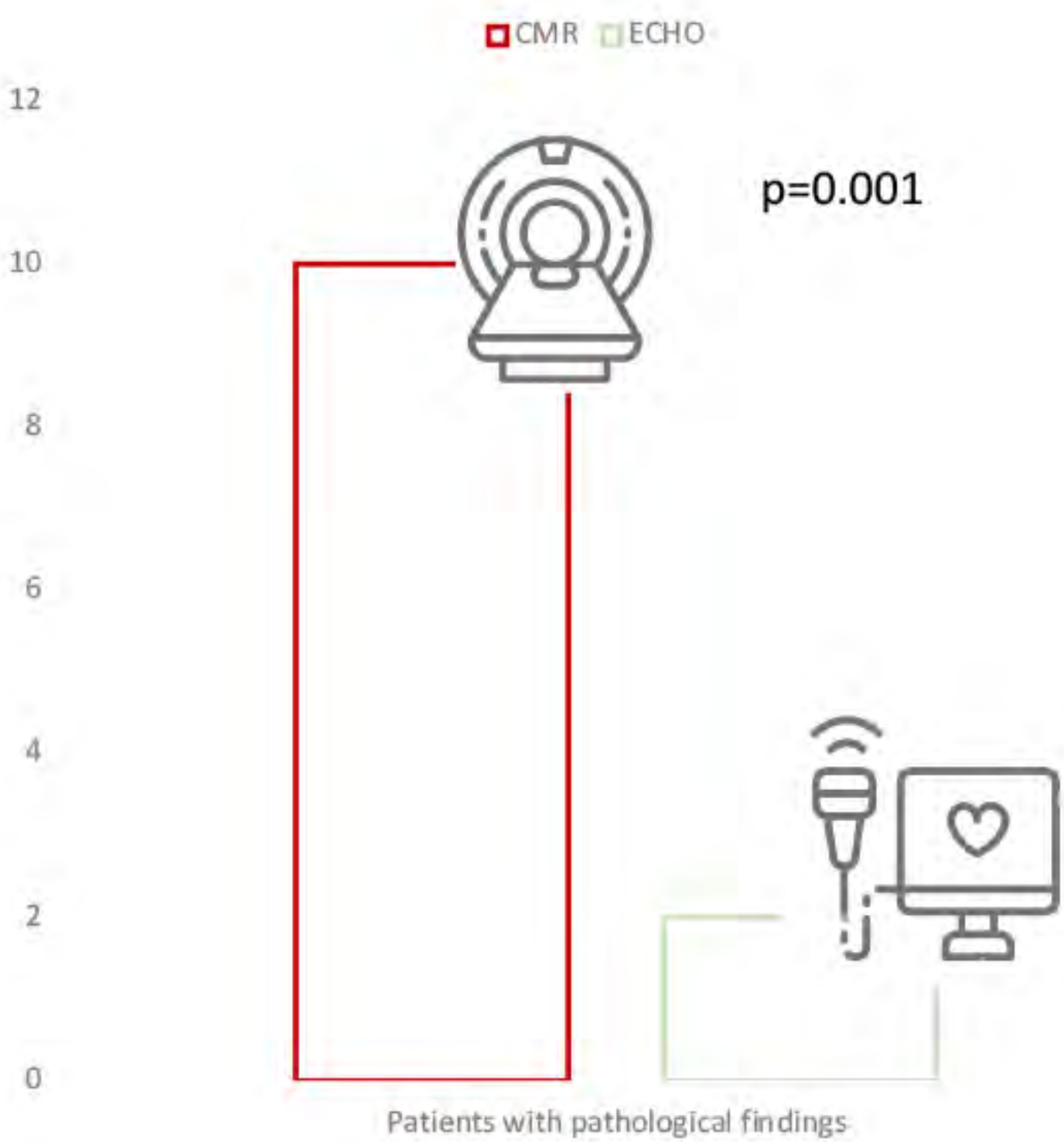
3 9

38 ± 14.8 years



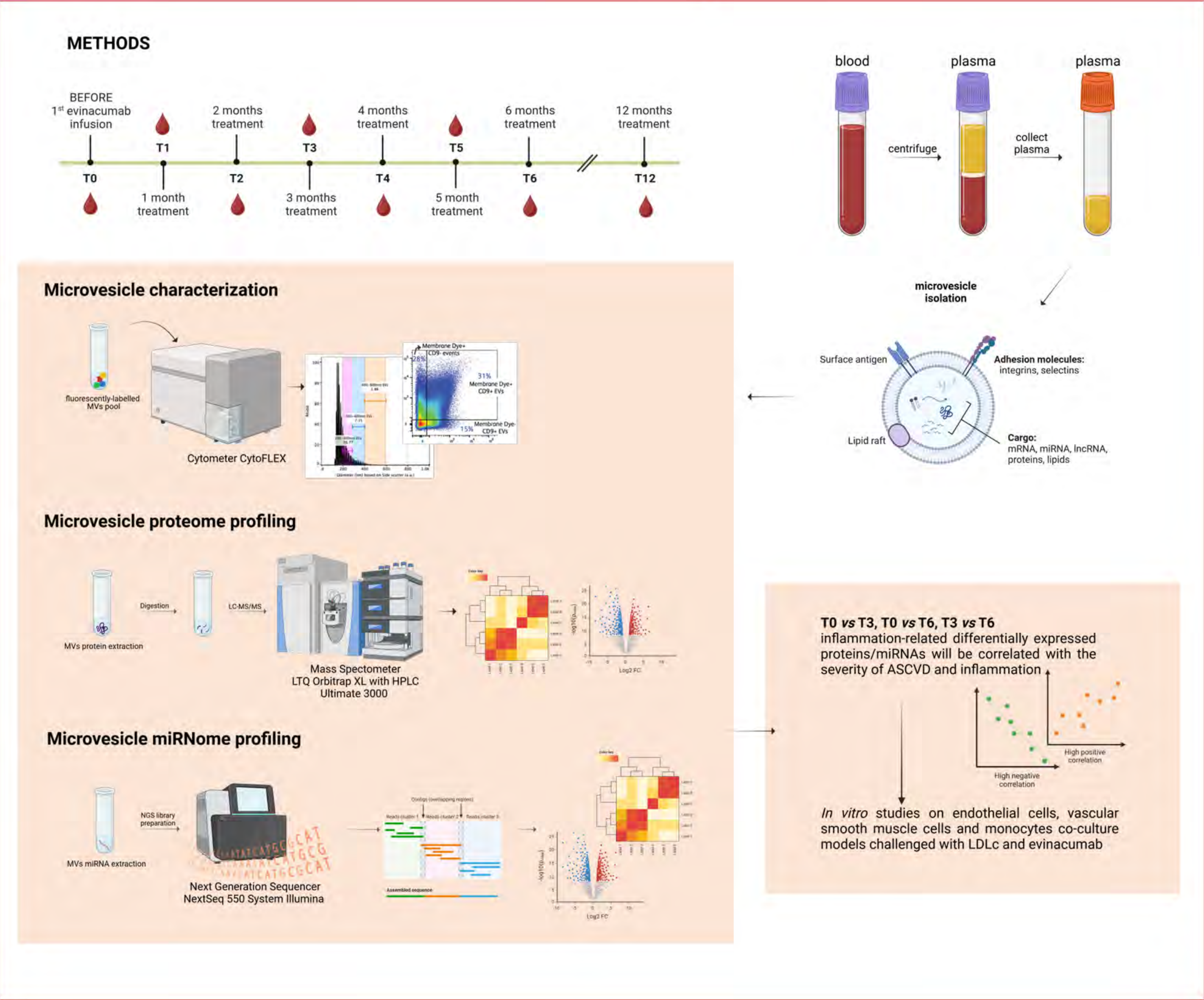
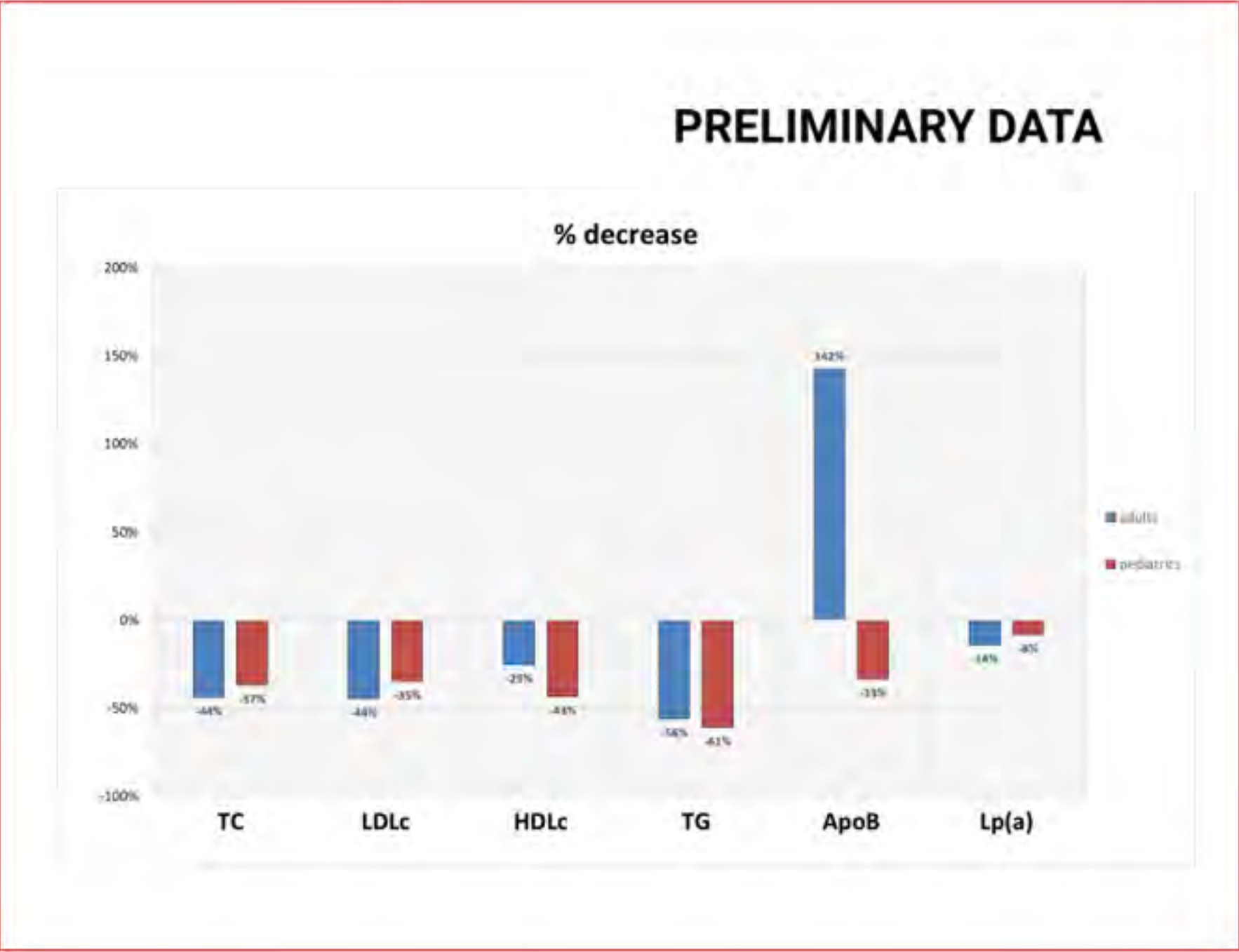
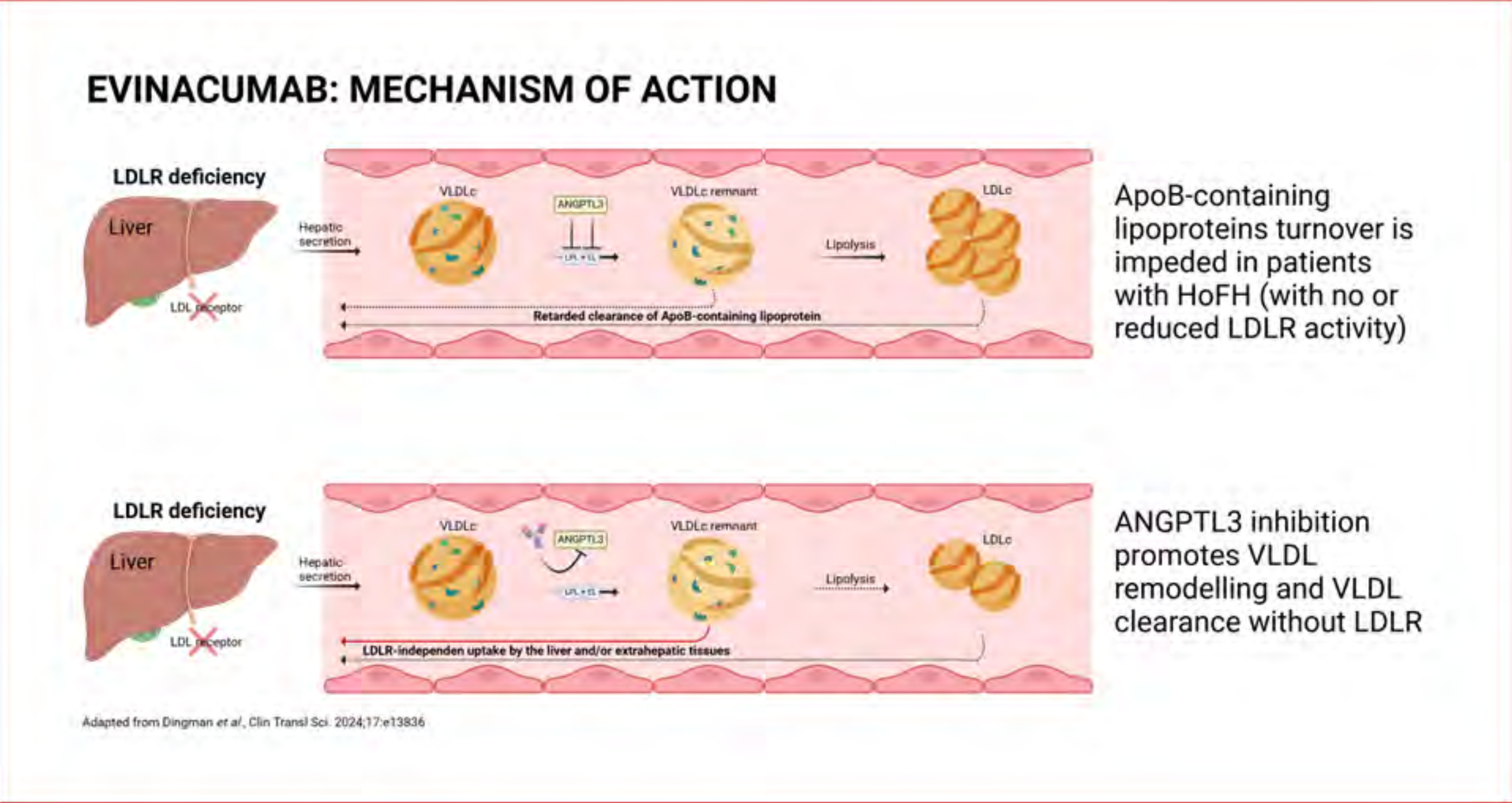
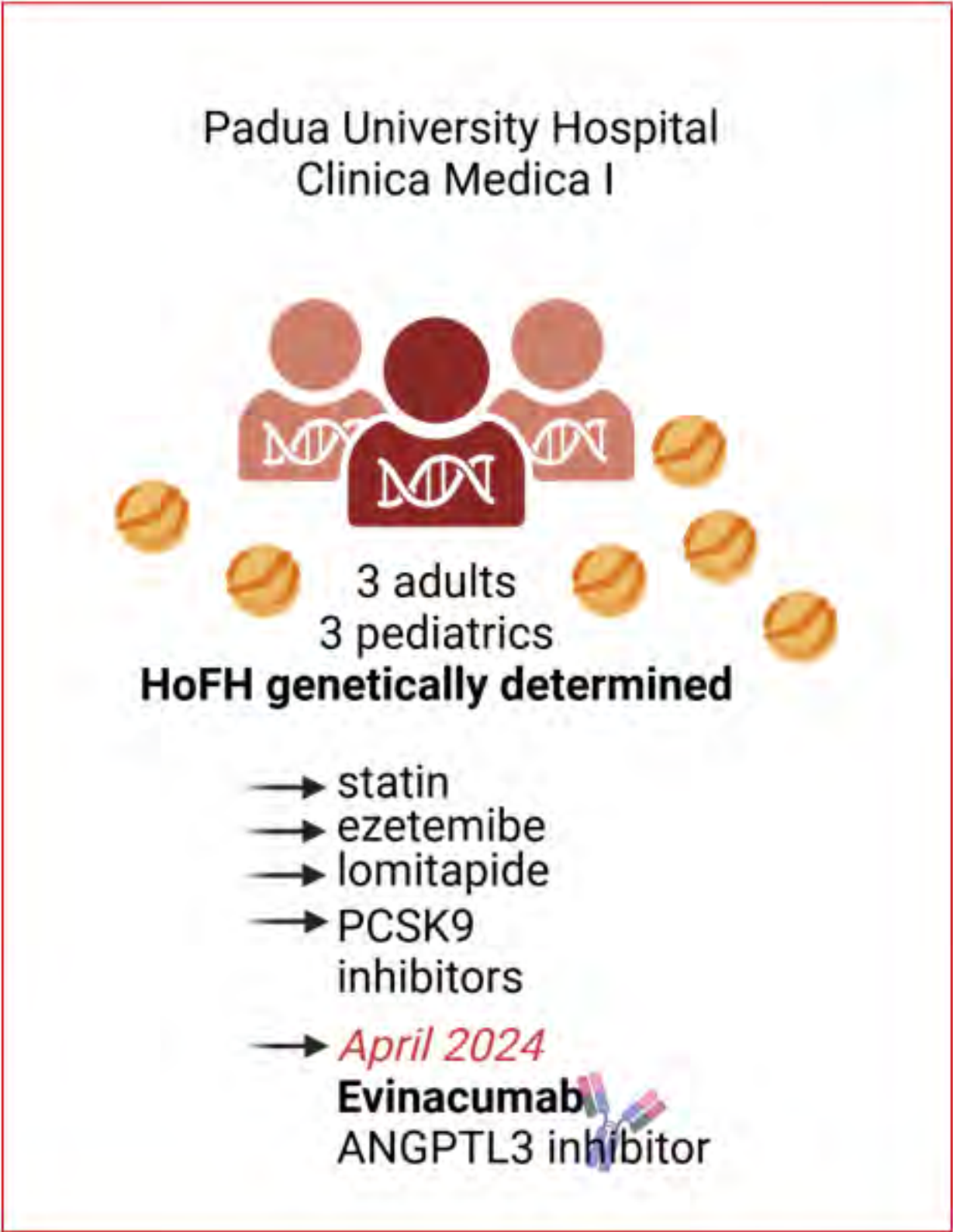
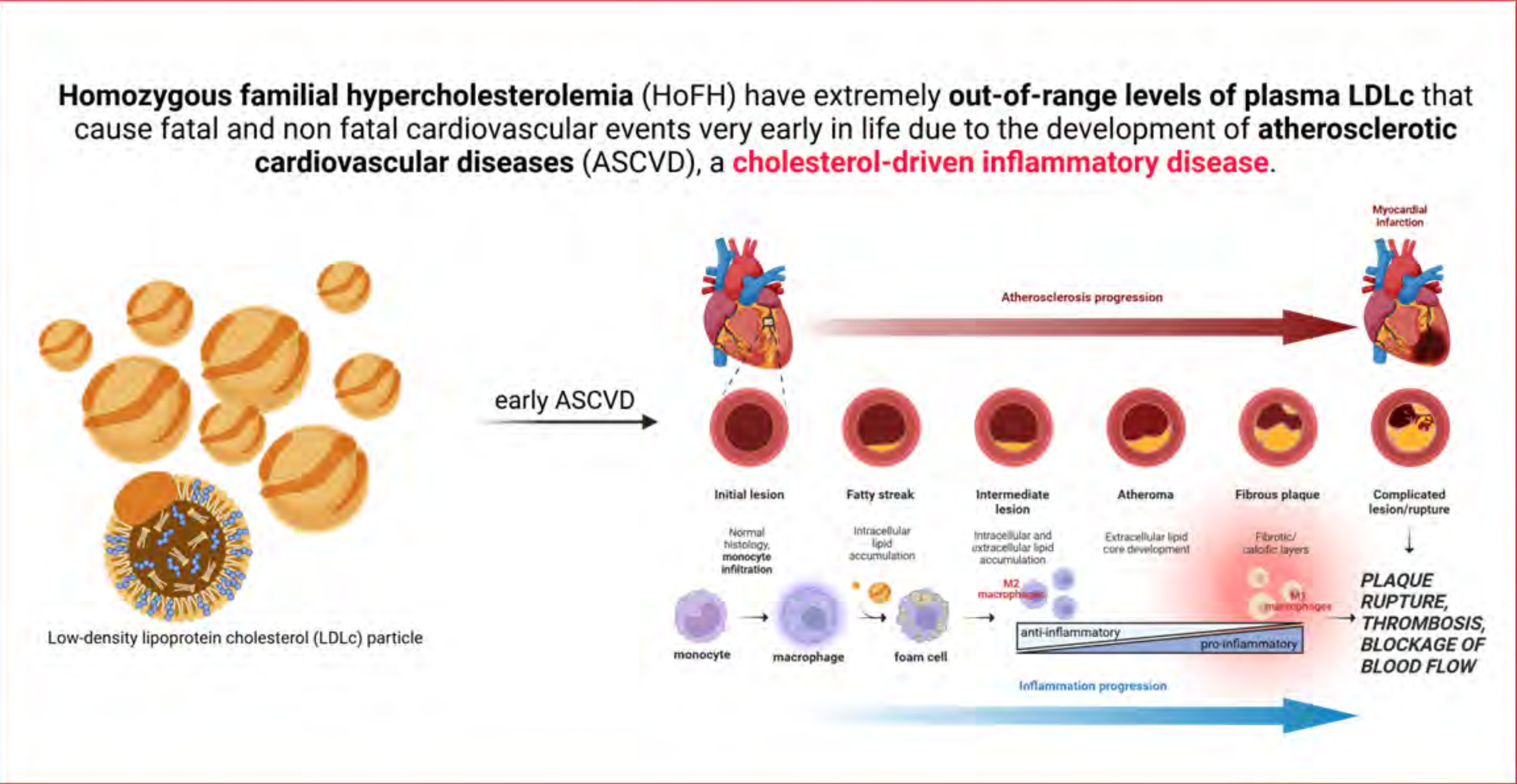
Fast GRE T1 sequence: REST/STRESS PERFUSION showing reduced coronary reserve (arrow) in 2 patients (17%).

Diagnostic techniques comparison



CMR allows for

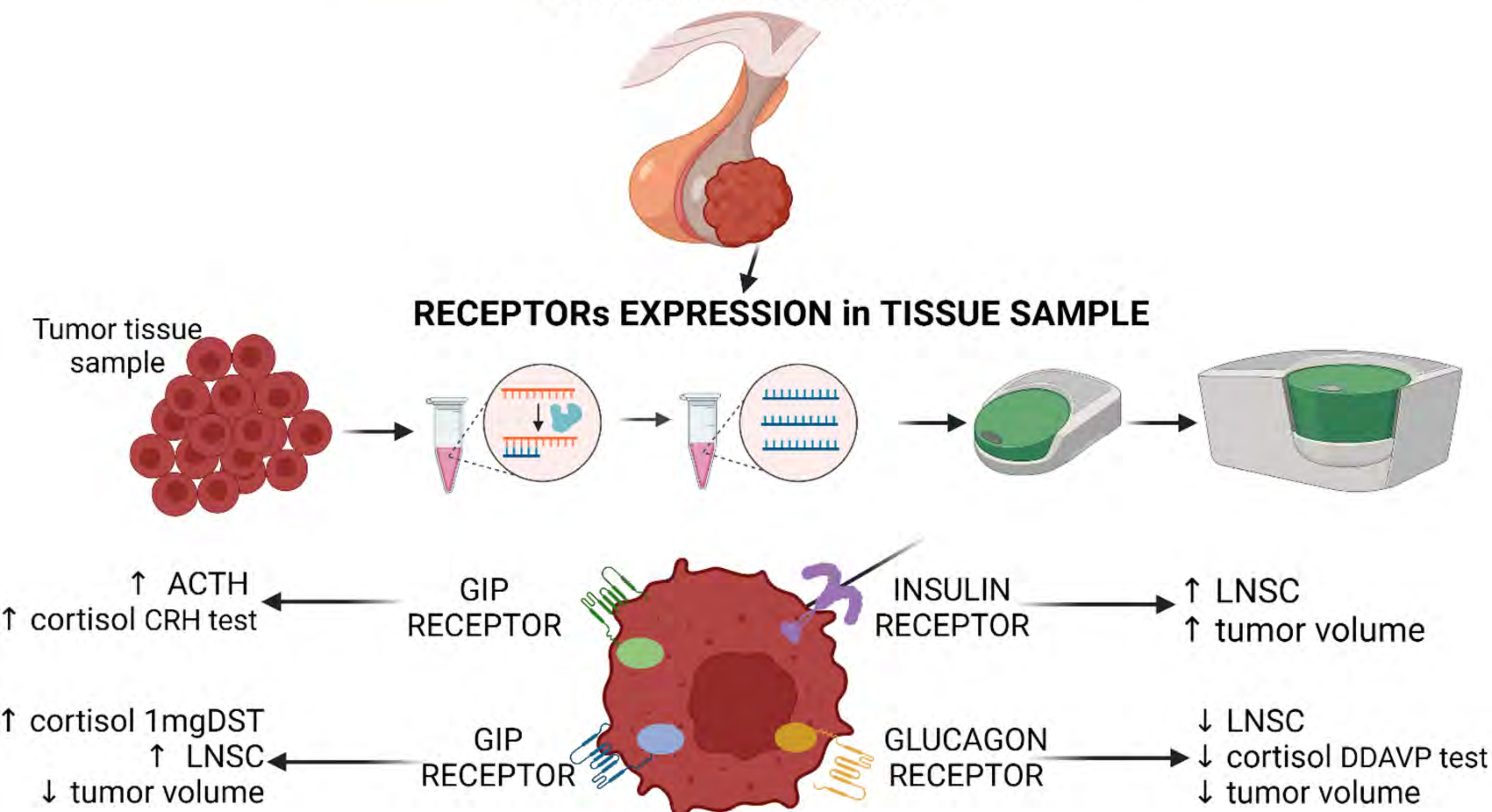
- better understanding of cardiac involvement in SLE
 - optimization of the multidisciplinary management
 - image-guided tailored therapy
 - improved medical decisions making
- leading to better outcome for SLE patients.



1. Cuchel M, et al. Eur Heart J 2023
 2. Raal FJ, et al. N Engl J Med 2020
 3. Beliard S, et al. Arterioscler Thromb Vasc Biol 2024
 4. Camera M, et al. J Am Coll Cardiol 2020
 5. D'Erasmus L, et al. Eur J Prev Cardiol 2024
 6. Lupo MG, Ferri N. J Cardiovasc Dev Dis 2018
 7. Suades R, et al. Arterioscler Thromb Vasc Biol 2019

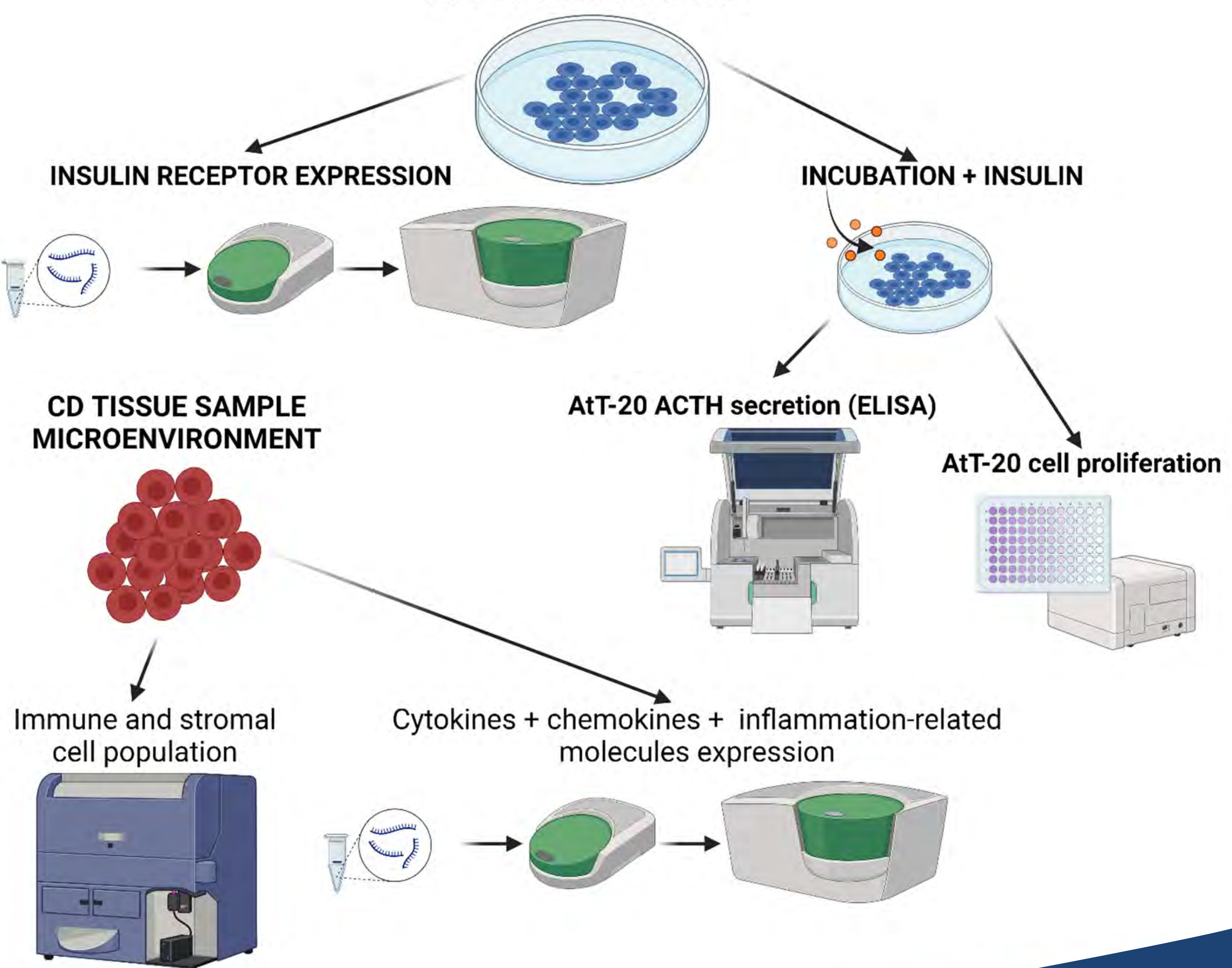
PRELIMINARY DATA

CORTICOTROPINOMA

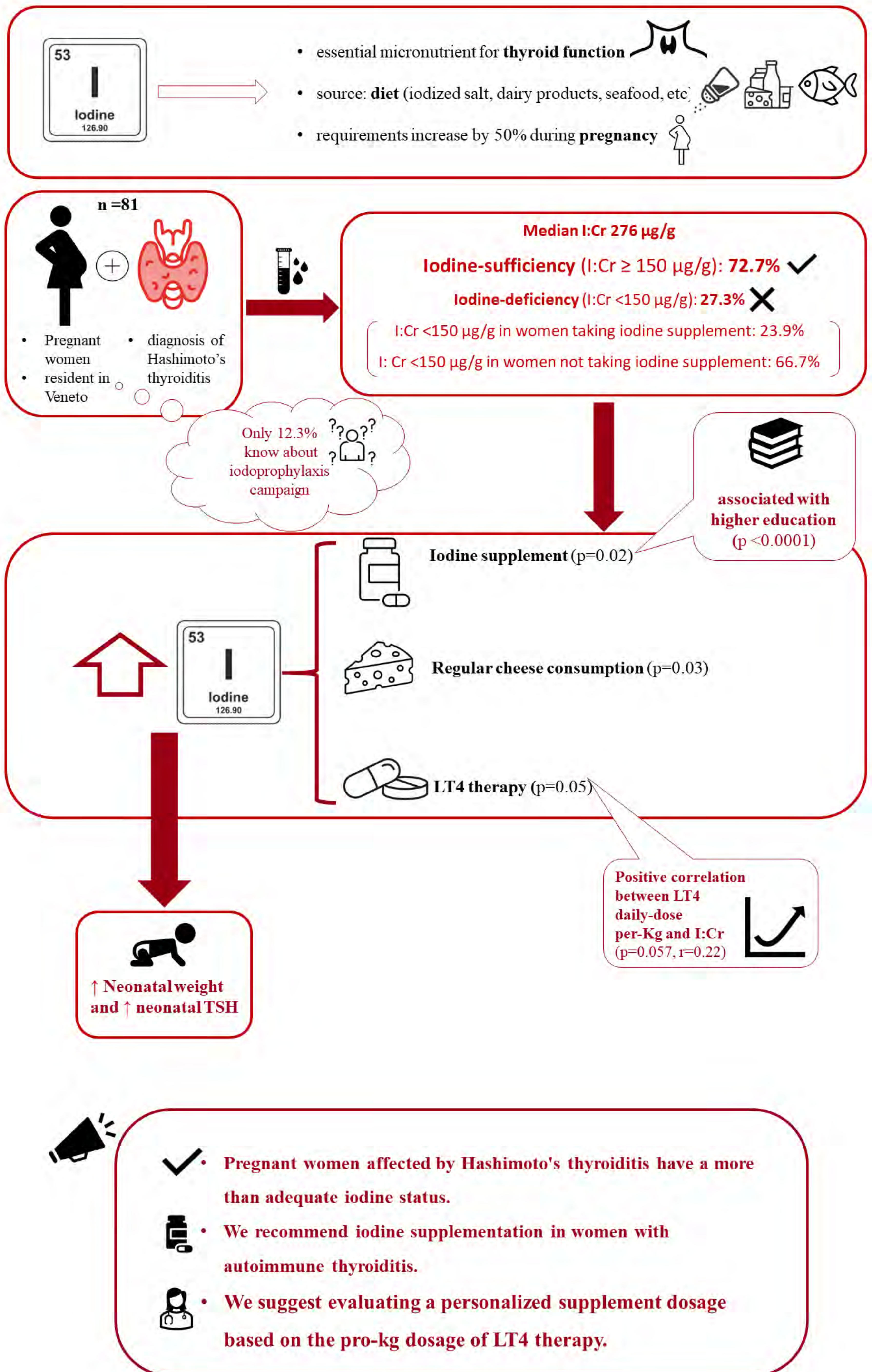


FUTURE PERSPECTIVES

AtT-20 CELL CULTURE



Iodine status in pregnant women with chronic autoimmune thyroid disease: a monocentric study



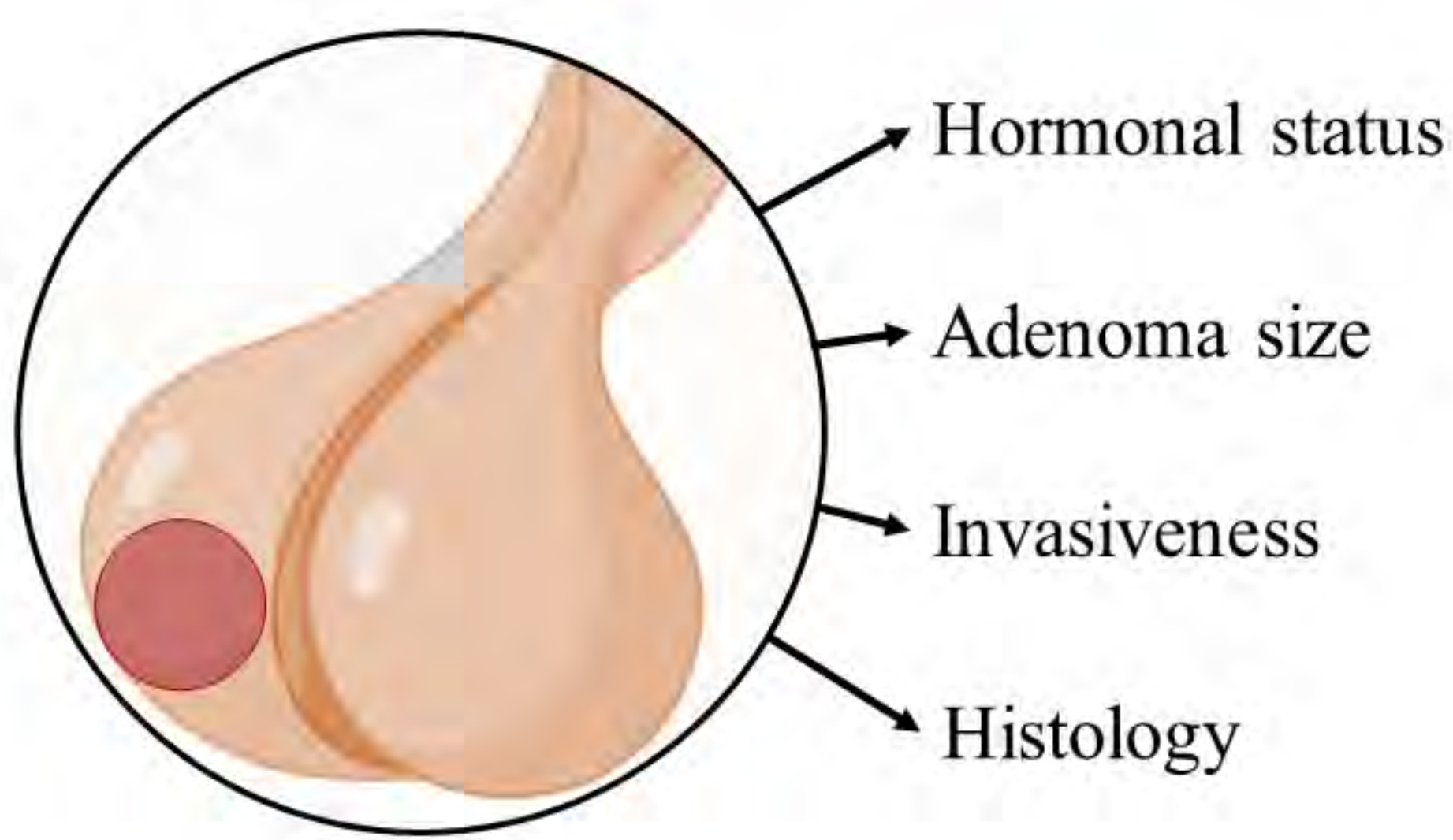
Giulia Messina¹, Simona Censi¹, Ilaria Piva¹, Susi Barollo¹, Loris Bertazza¹, Fiammetta Battheu¹, Cristina Clausi¹, Caterina Mian¹

1: U.O.C. di Endocrinologia, Dipartimento di Medicina (DIMED), Università-Azienda Ospedaliera di Padova, Padova, Italia

Aiming to validate a novel grading score for pituitary adenomas

Alessandro Mondin

Background – Pituitary adenomas



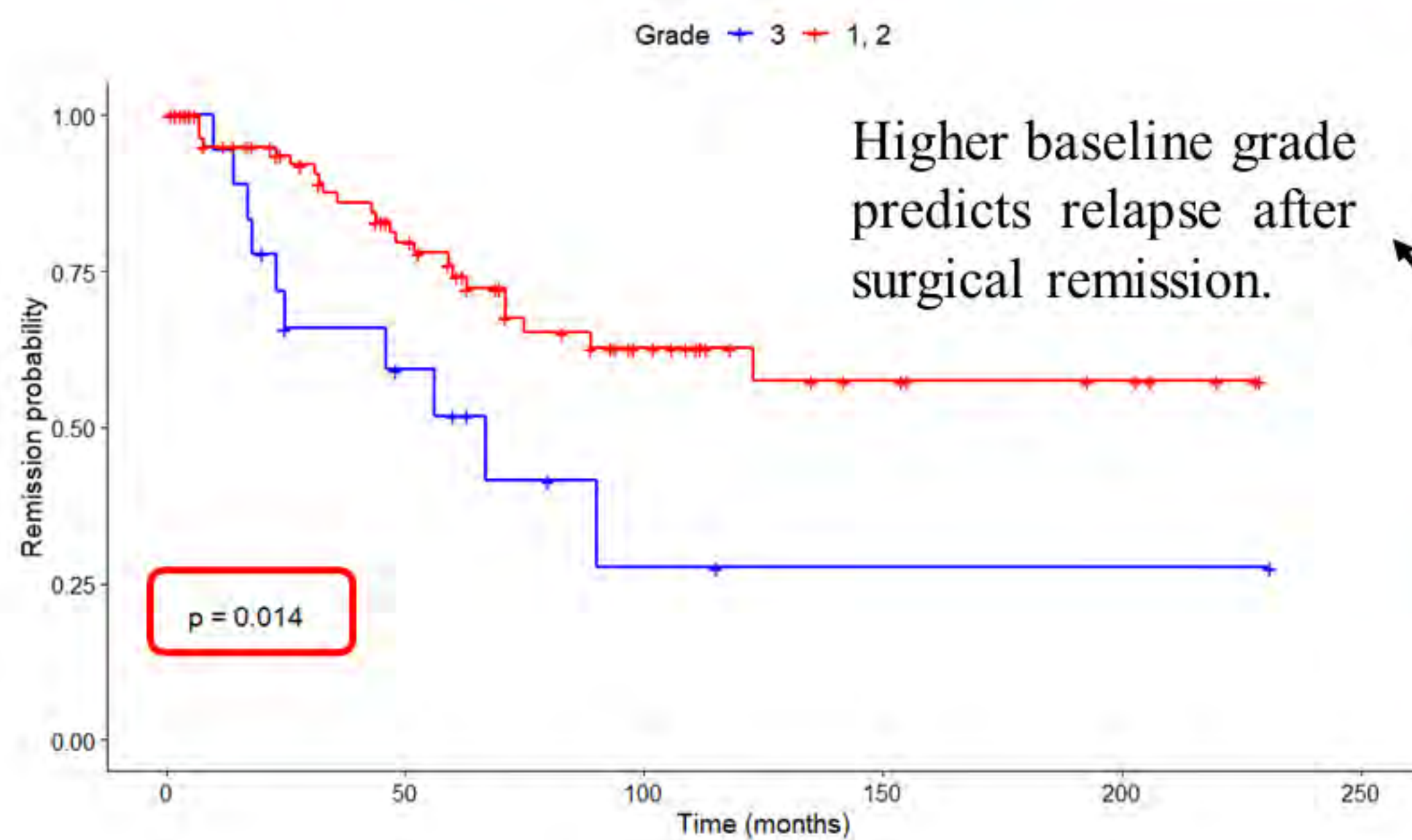
Highly heterogeneous group of diseases.

Novel grading system (Ho et al, 2024):

- Q From systematic review of literature;
- Q For day-to-day clinical practice;
- Q Hormonal, radiological and histological items;
- Q At any time, with any number of items (out of 9).

Yet to be validated.

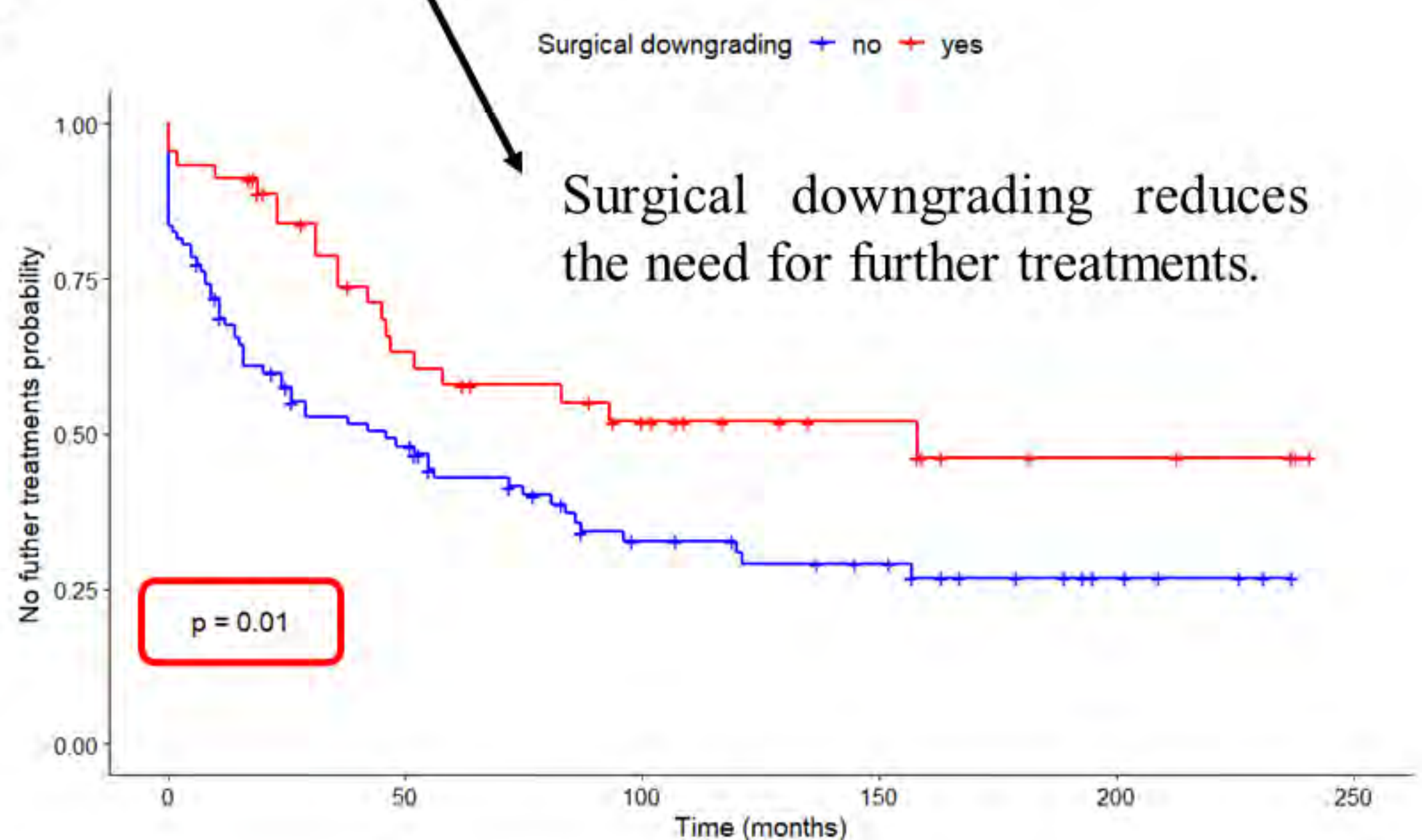
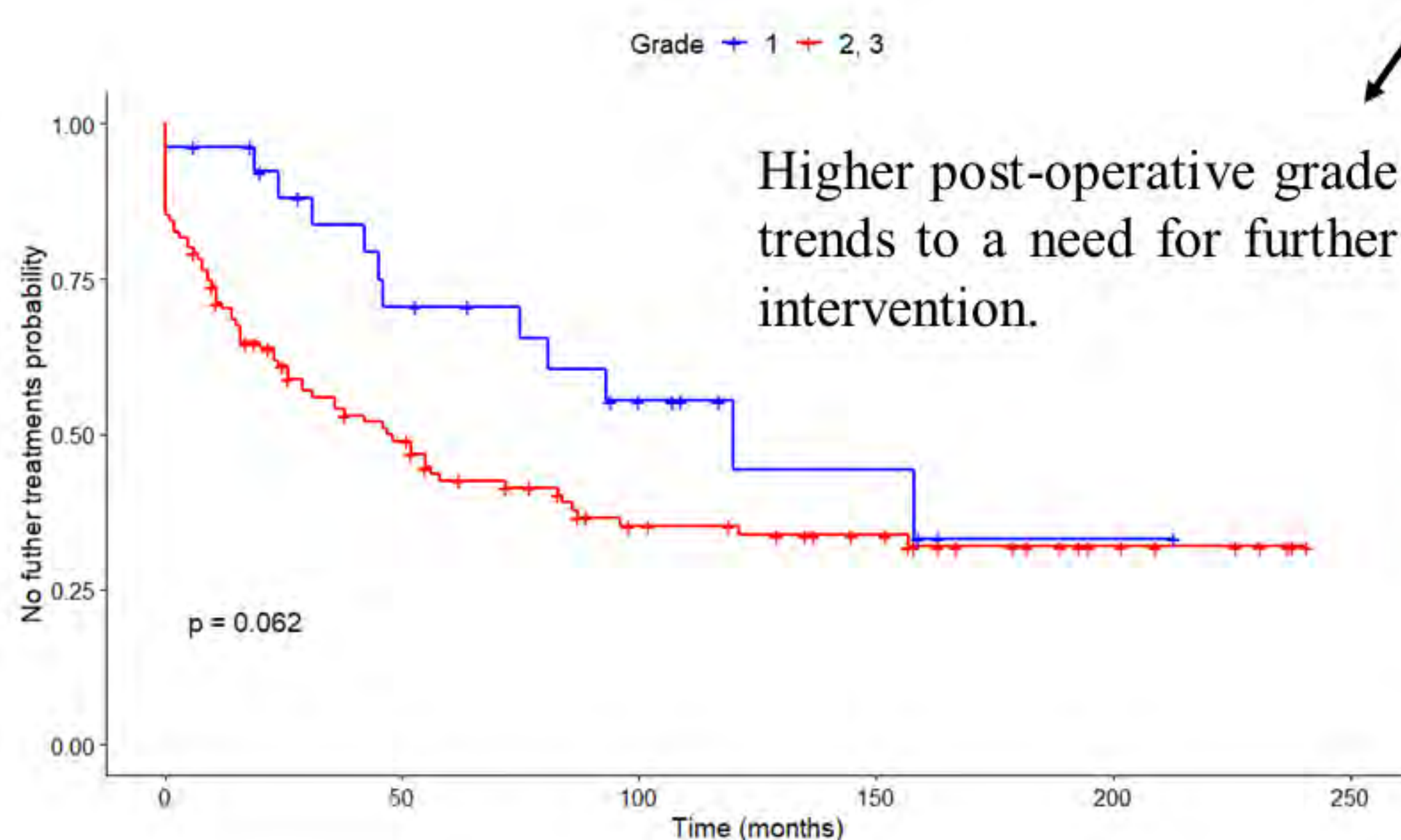
Preliminary data – Prospective assessment of retrospective data



No significant effect on surgical outcome or 1-year hormonal control on medical treatment.

Cure after multimodal therapies is less likely for high grade disease at diagnosis ($p = 0.047$).

Higher remission rate after medical treatment alone in case of low baseline grade ($p = 0.02$)



Future perspectives – Other endpoints, prospective validation cohorts



Genetic profiling of unprovoked
venous thromboembolism patients:
insights from Next-Generation Sequencing Analysis

Angela Napolitano, Chiara Simion, Alessandra Giannella, Cristiana Bulato, Lisa Ganesello,
Andrea Benetti, Elena Campello, Giulio Ceolotto, Paolo Simioni
First Chair of Internal Medicine, Department of Medicine, University of Padova

SELECTION OF THE POPULATION

- Unprovoked venous thromboembolism (VTE) at a young age (18-45 years)
- Strong family history for VTE
- Tested negative for known inherited thrombophilia



60 unrelated patients
(31 males, 29 females)
mean age 37 years



SELECTION OF POTENTIAL AFFECTED COAGULATION PROTEINS AND GENES



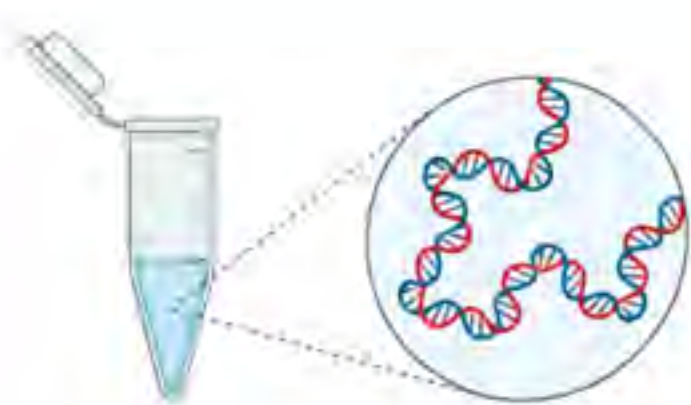
PROTEIN	GENE
Thrombin activatable fibrinolysis inhibitor	CPB2 (1361)
Coagulation factor X	F10 (2159)
Coagulation factor XI	F11 (2160)
Coagulation factor XII	F12 (2161)
Coagulation factor XIII A chain	F13A1 (2162)
Coagulation factor XIII B chain	F13B (2165)
Coagulation factor II, thrombin	F2 (2147)
Coagulation factor III, tissue factor	F3 (2152)
Coagulation factor V	F5 (2153)
Coagulation factor VII	F7 (2155)
Coagulation factor VIII	F8 (2157)
Coagulation Factor IX	F9 (2158)
Fibrinogen alpha chain	FGA (2243)
Fibrinogen beta chain	FGB (2244)
Fibrinogen Gamma Chain	FGG (2266)
Kallikrein B1	KLKB1 (3818)
Kininogen 1	KNG1 (3827)

PROTEIN	GENE
Tissue plasminogen activator	PLAT (5327)
Plasminogen	PLG (5340)
Protein C, inactivator of coagulation factors Va and VIIIa	PROC (5624)
Protein S	PROS1 (5627)
Protein C inhibitor	SERPINA5 (5104)
Antithrombin-III	SERPINC1 (462)
Heparin cofactor II	SERPIND1 (3053)
Endothelial Plasminogen Activator Inhibitor	SERPINE1 (5054)
Alfa 2 antiplasmina	SERPINF2 (5345)
Tissue factor pathway inhibitor	TFPI (7035)
Thrombomoduline	THBD (7056)
VWF	VWF (7450)
Alfa-2 macroglobulin	A2M
Endothelial protein C receptor	PROCR
Protena zeta	proz
Proteina zeta inhibitor	serpina10

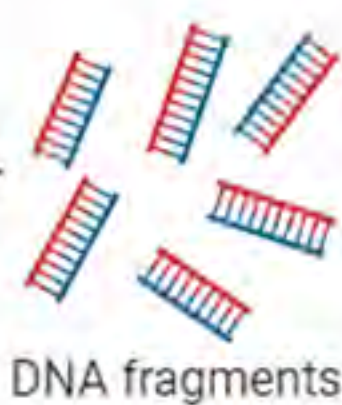
33 genes selected



NEXT GENERATION SEQUENCING WORKFLOW

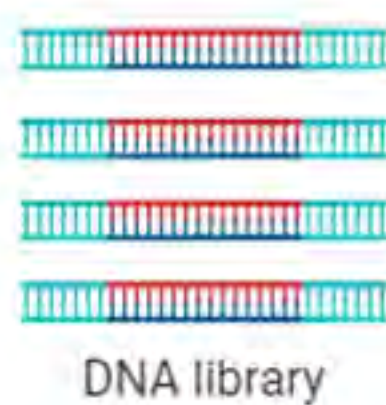


DNA extraction

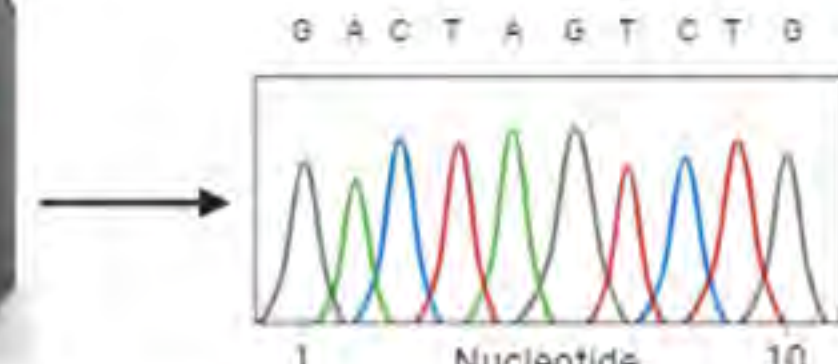


DNA fragments

Adapter



DNA library



Sequencing

NextSeq550 (Illumina) platform

ANALYSIS AND RESULTS

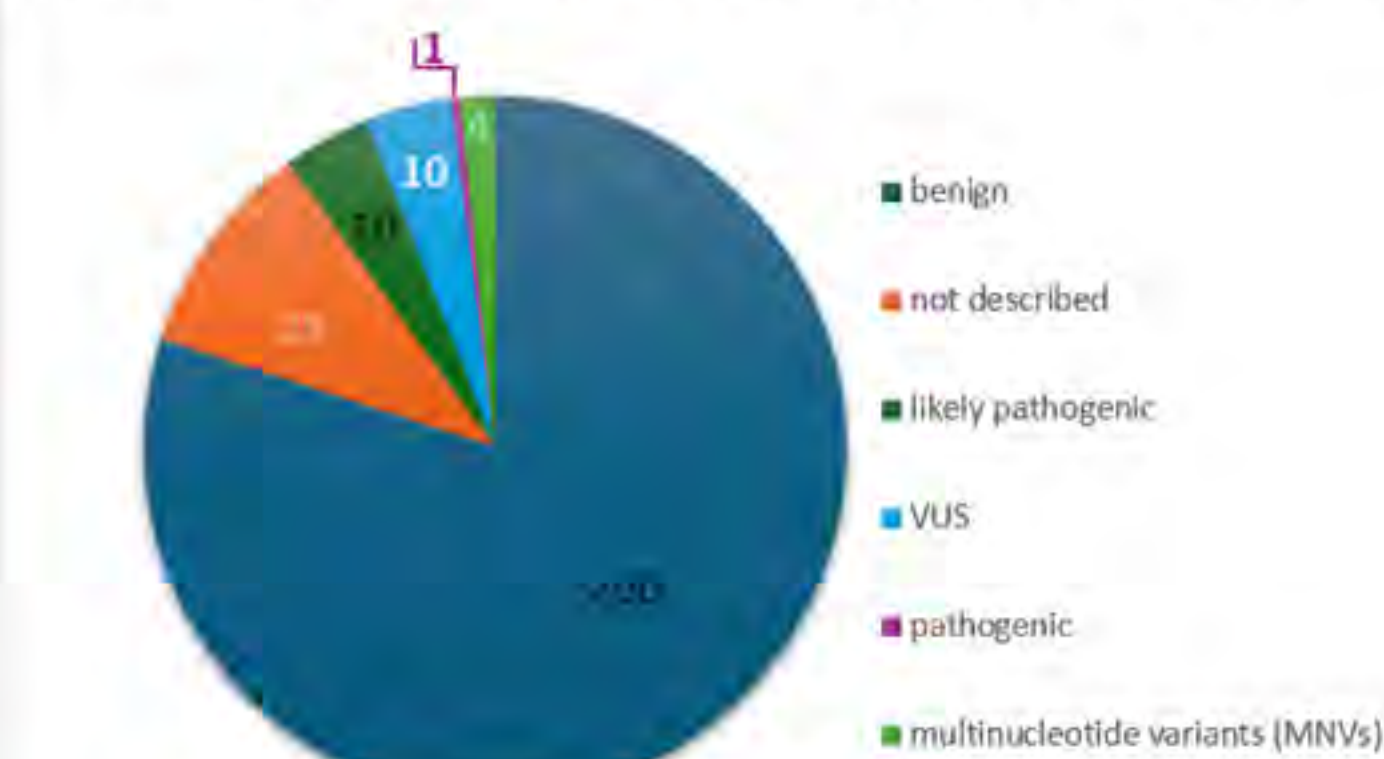
Bioinformatic analysis

CLC genomics Workbench,
Qiagen



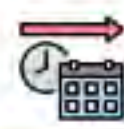
Eleven patients shared the same multiple nucleotide variants (MNVs) on SERPIN A5, other MNVs were found on F5, F13B, and PROZ

Classification of the detected genetic variants



VUS: variants unknown significance

CONCLUSION AND FUTURE DEVELOPMENTS



We found several genetic variants whose effects are uncertain. These variants may have an impact both on prothrombotic and prohemorrhagic pathways, and may even have opposing effects.

Some of these mutations may be deleterious and linked to VTE, while others may modify the effects of pathogenic mutations on clinical expression.

Currently, we are performing protein function assays to determine how these mutations affect the function of procoagulant or anticoagulant proteins, and thus correlating these findings with the clinical phenotype.

Unveiling Inflammatory Bowel Diseases (IBDs) and Colorectal Carcinoma (CRC) link: potential pathogenetic role of Basic salivary proline-rich protein 1 (PRB1) derived peptides

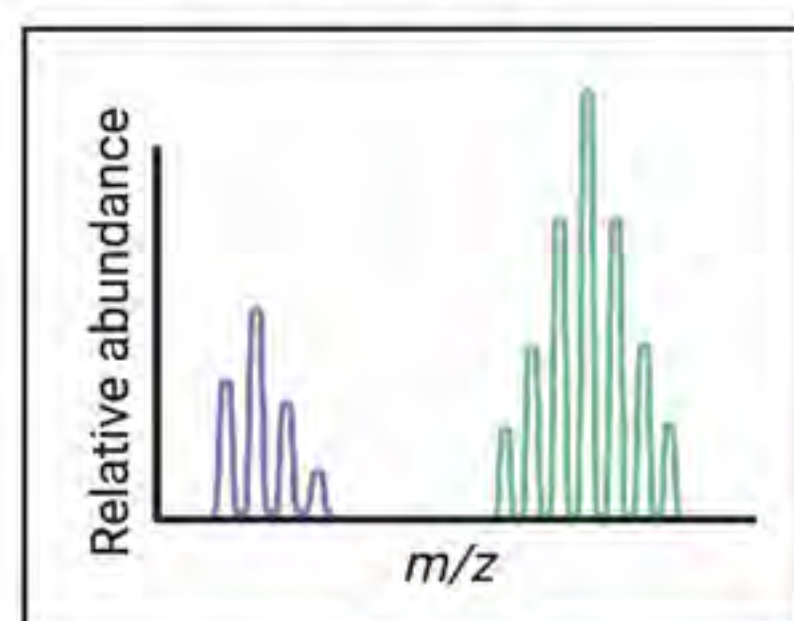
Nordi E., Contran N., Arrigoni G., Battisti I., Moz S., Aita A., Zingone F., Scarpa M., Pucciarelli S., Galozzi P., Basso D.

① LTQ-Orbitrap LC-MS/MS



Fecal extract pools:
UC ($n = 5$)
CD ($n = 5$)
Controls ($n = 6$)

Basic Salivary Proline-Rich Protein 1 (PRB) 1495.66 m/z (**GQ-15**) and 1578.75 m/z (**GG-17**) peptides were detected in fecal extract from Crohn disease patients. To assess their biological activity, synthetic GQ-15 and GG-17 were used for in vitro experiments on human CRC cell lines.



② Proliferation assay



Seeded in 6 well plates for proliferation assay

After 24h, complete standard media were replaced with:

- Fresh media alone (control)
- Fresh media + EGF (100 ng/mL)
- Fresh media + 0.1 nM peptide **GQ-15**
- Fresh media + 100 nM peptide **GQ-15**
- Fresh media + 0.1 nM peptide **GG-17**
- Fresh media + 100 nM peptide **GG-17**
- Fresh media + EGF 100 ng/mL + 100 nM peptide **GQ-15**
- Fresh media + EGF 100 ng/mL + 100 nM peptide **GG-17**

Cells were counted by optical microscope 24h, 48h, 72h after stimulation

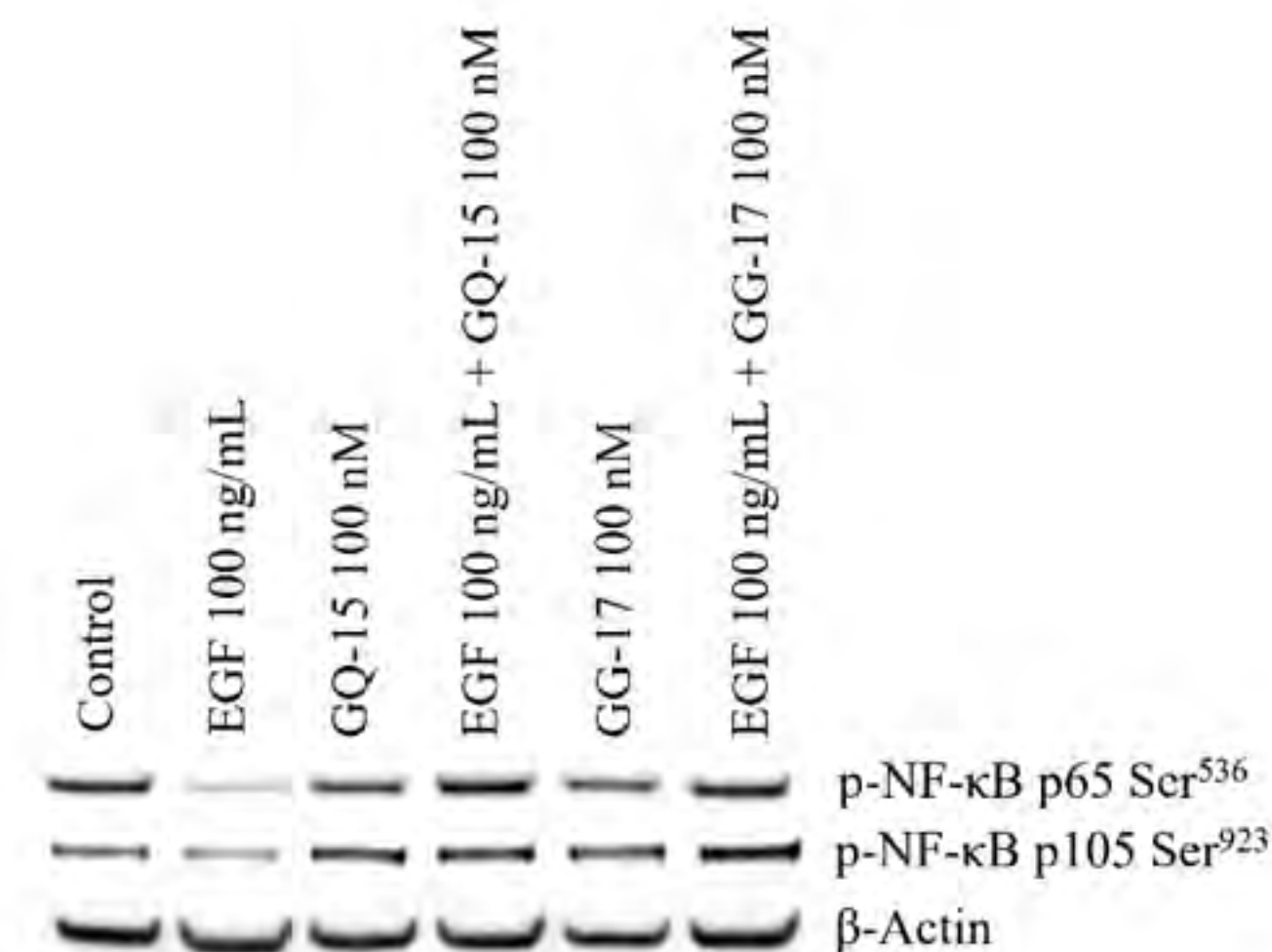
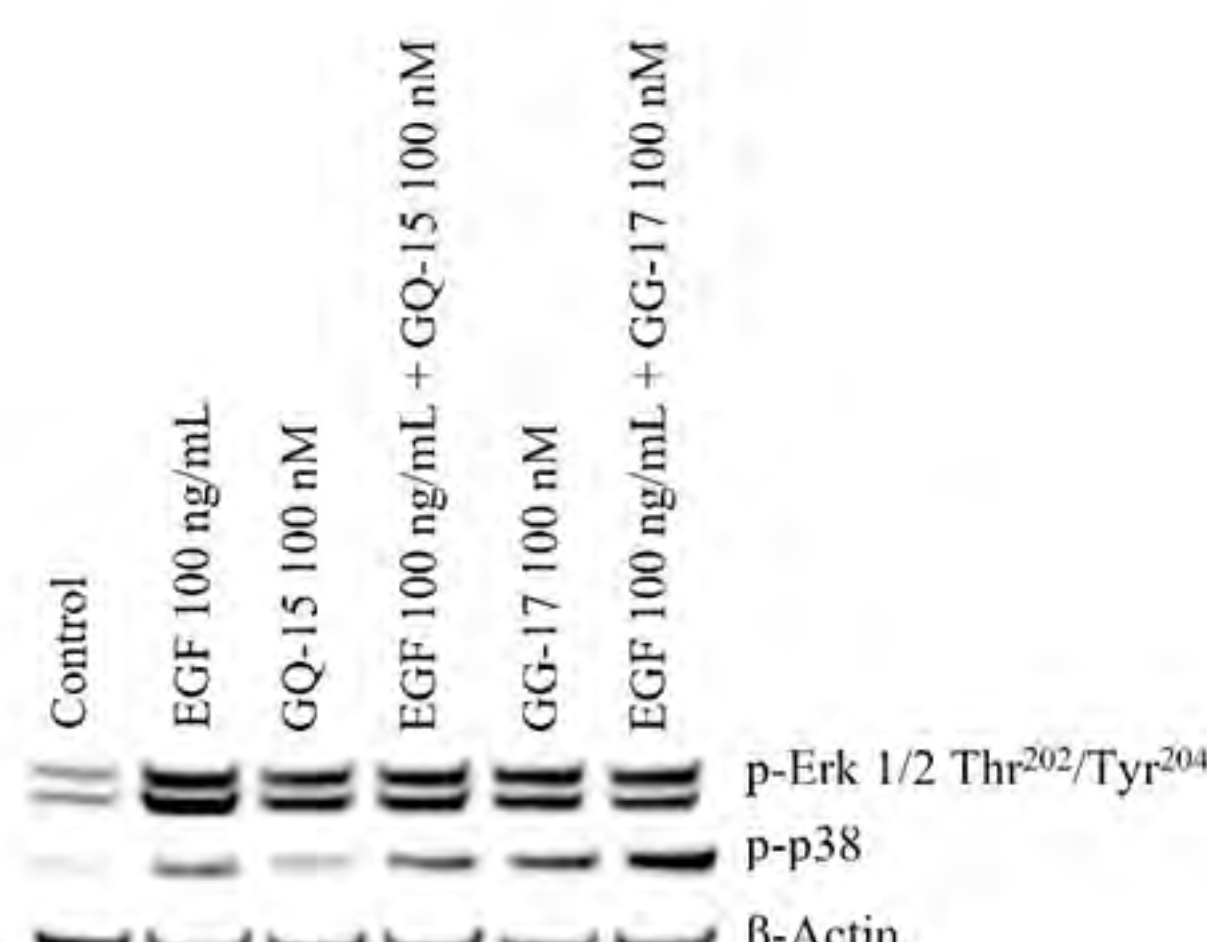
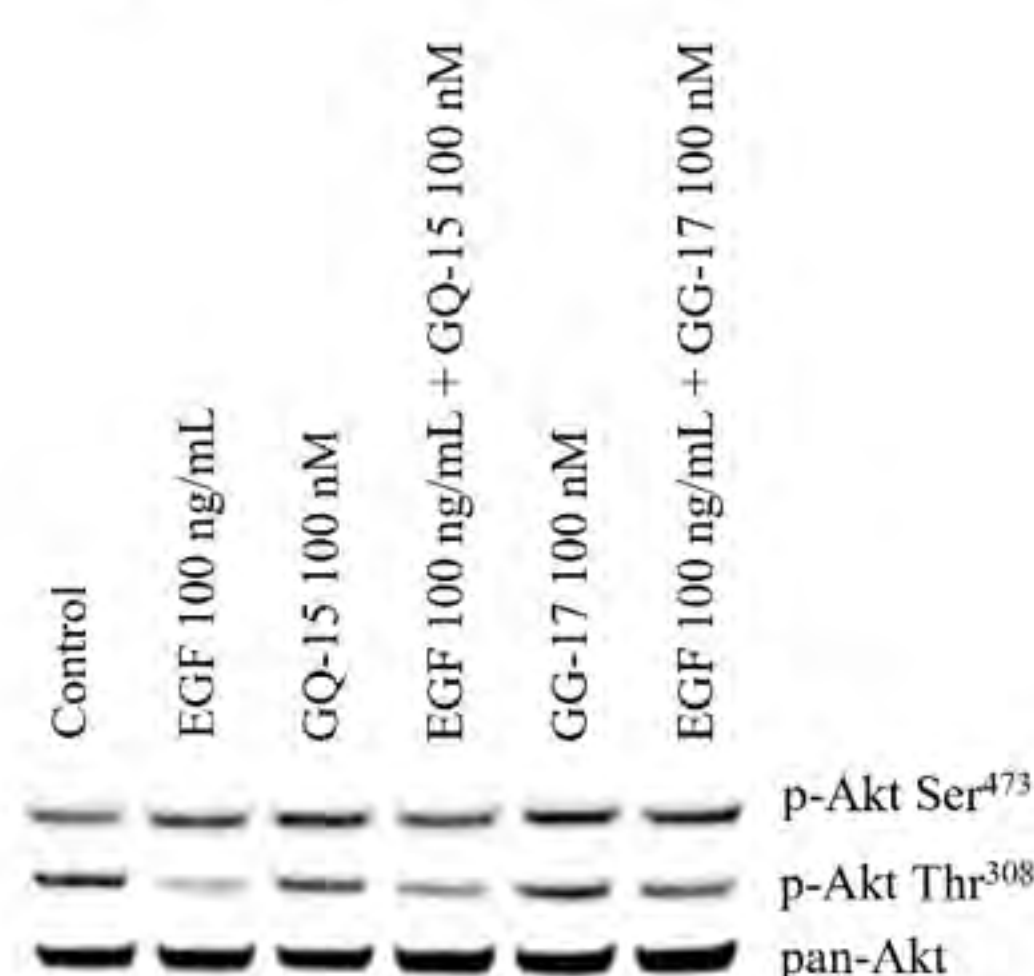
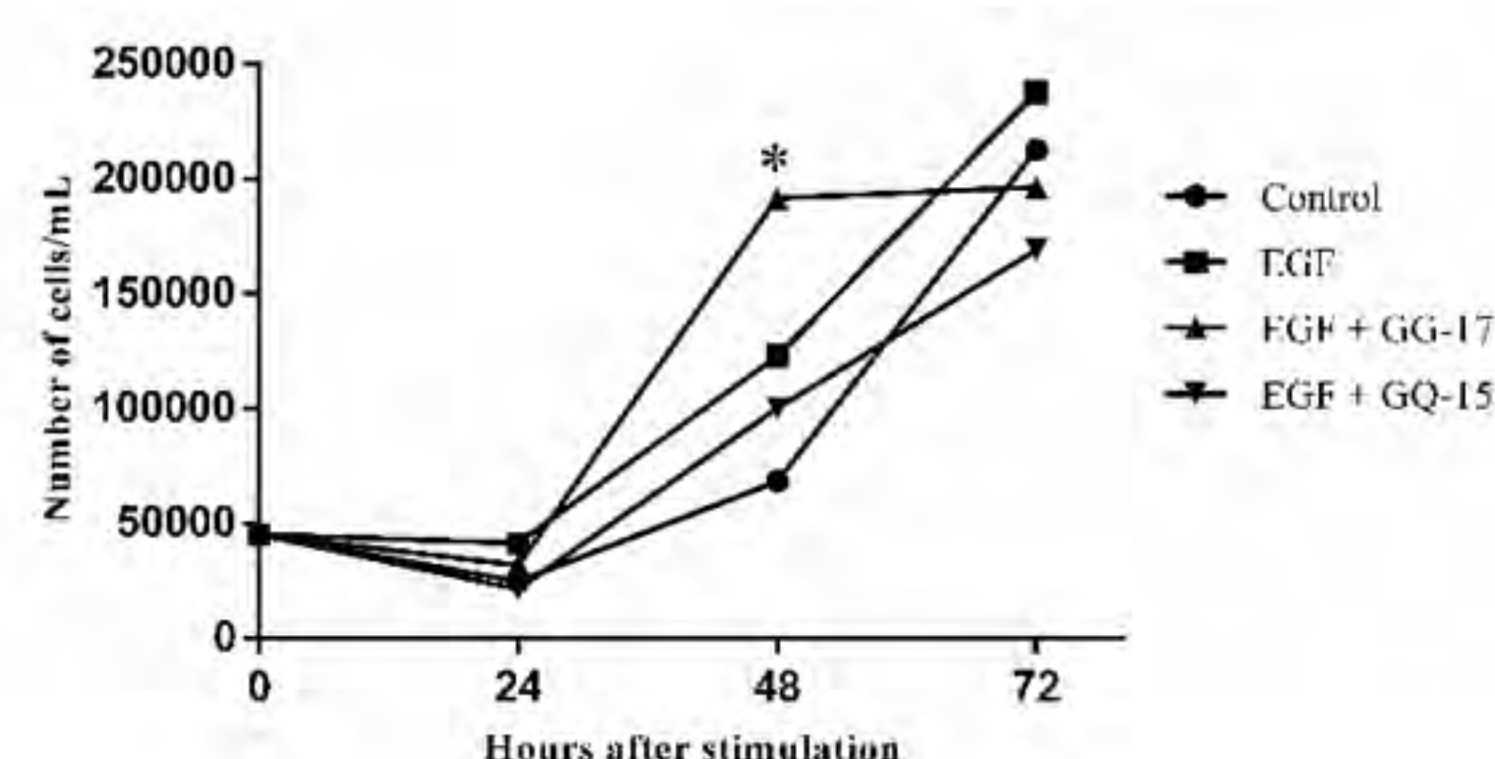
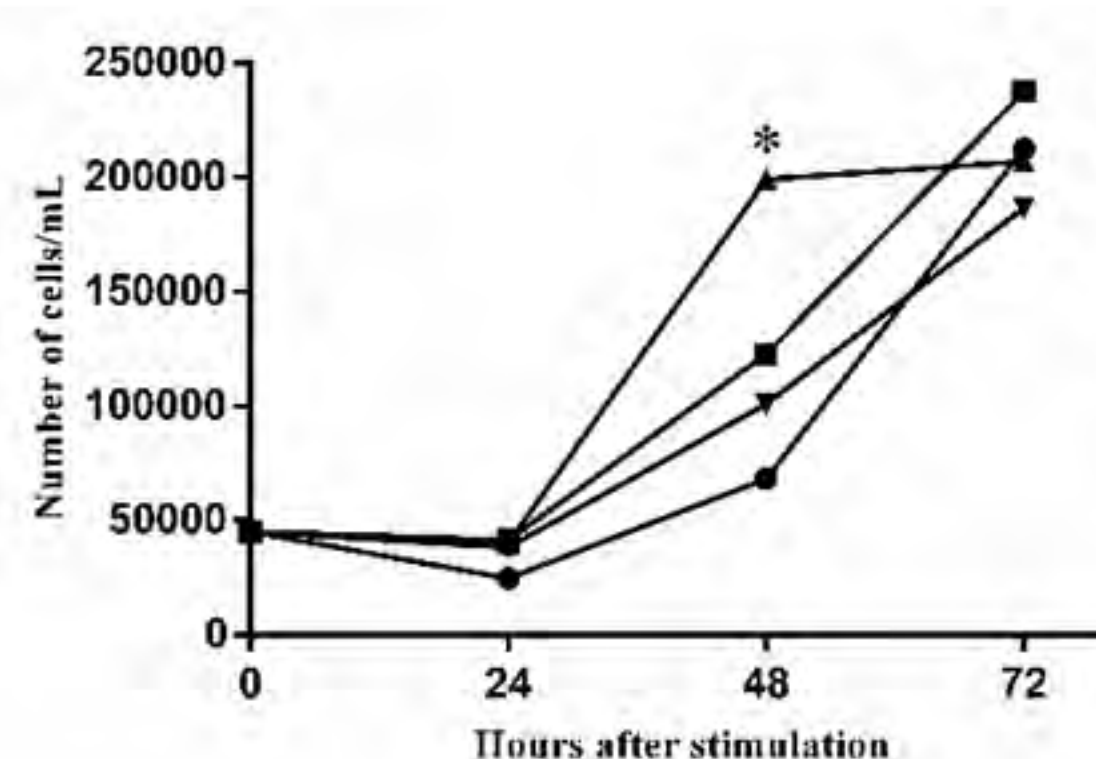
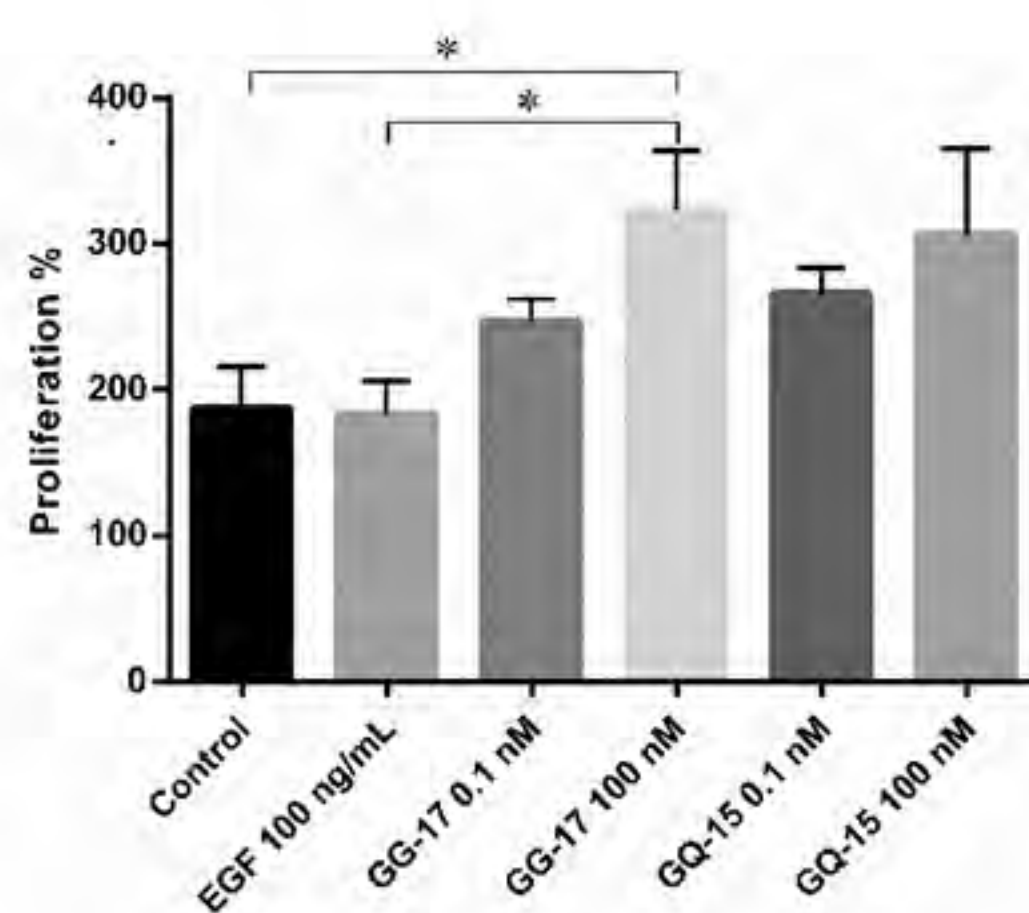
③ Signaling experiment



Seeded in ø 10 cm Petri dishes for signaling experiment

Cells were collected 24h after stimulation. Proliferation and inflammation signaling targets were evaluated by immunoblot analysis.

Results



Conclusions & Future perspectives

PRB1-derived peptides accumulating in IBD stool are biologically active, able to stimulate colorectal cancer cell growth as shown in the HT-29 cell line. Both peptides increased phosphorylation of the proliferation-related targets *p-Akt*, *p-Erk 1/2* and the inflammation-related target *p-NF-κB p65* and *p105* more than EGF thus suggesting their potential pathogenetic role in linking intestinal inflammation and cancer.

To further evaluate the role of salivary PRB1-derived peptides in intestinal inflammation we intend to assess cytokines and chemokines expression patterns on cell culture media from CRC cell lines and mesenchymal stem cells isolated from colon, after peptides exposure.

Non-canonical platelet autoantibodies induce platelet activation and release extracellular vesicles (EVs) in immune thrombocytopenia patient.

G. Nuozzi, C.M. Radu, E. Campello, S. Ferrari, S. Toffanin, C. Simion, P. Simioni.
Department of Medicine, First Chair of Internal Medicine, Padua University Hospital, Italy.

BACKGROUND AND AIM

Background: Immune thrombocytopenia (ITP) is a disease associated with autoantibodies against platelet glycoproteins causing reduced platelet count ($<100 \times 10^9/L$) and bleeding predisposition. Steroids, intravenous immunoglobulin (IVIg) and TPO-receptor agonists (TPO-RAs) are first-line treatments.

Aim: Characterization of autoantibodies in a patient with severe thrombocytopenia ($2-7 \times 10^9/L$) without major bleeding and refractory to corticosteroids and IVIg therapies. To evaluate the presence of pathogenic autoantibodies against platelets and/or megakaryocytes (MKs), CytoFLEX-SRT and Confocal Microscopy SP8 were used (Fig.1).

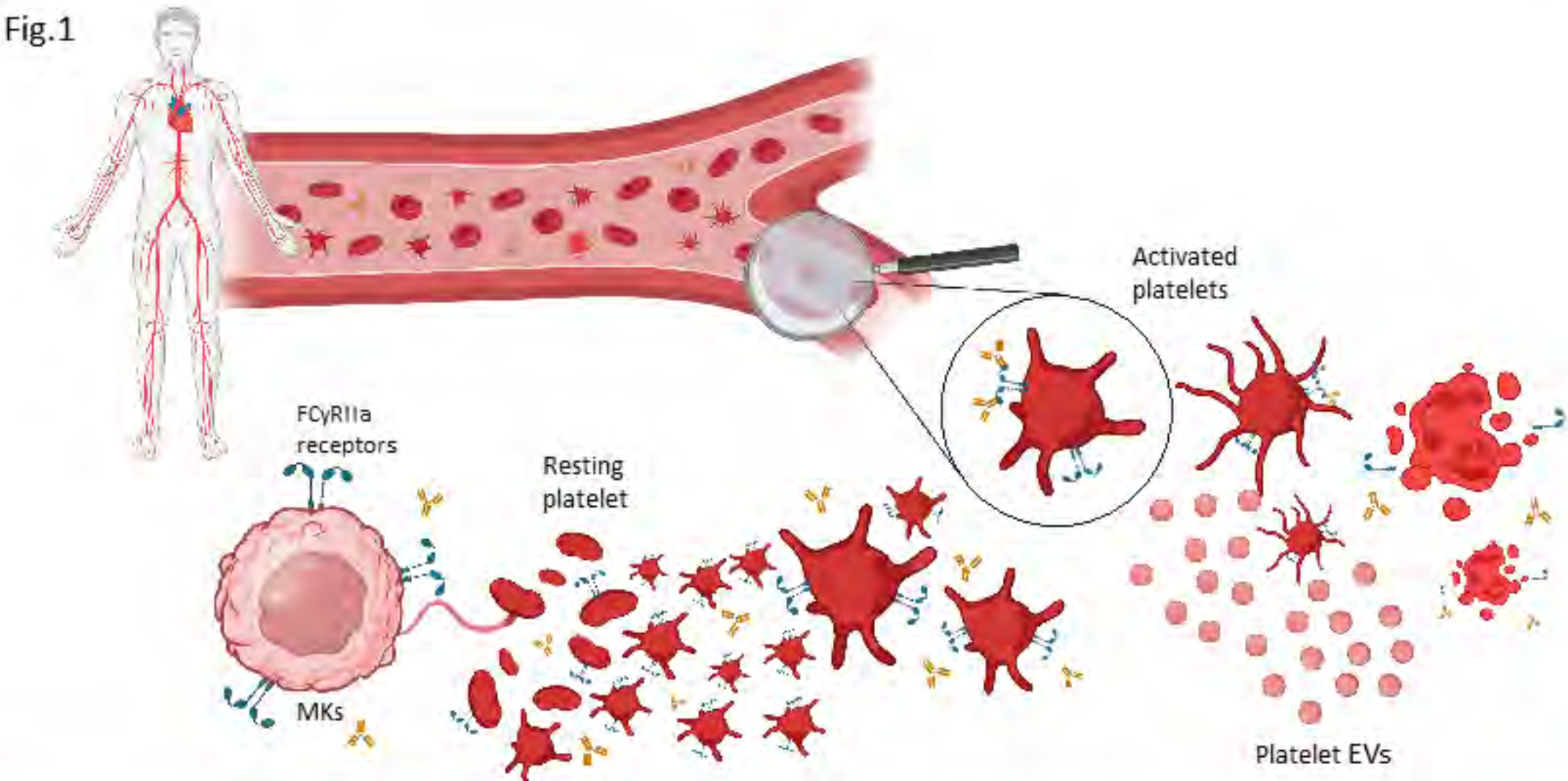


Fig.1

METHODS

- Routine monoclonal antibody immobilization of platelet antigen (MAIPA) assay to detect common platelet autoantibodies was negative.
- The presence of non-canonical platelet autoantibodies was assessed by CytoFLEX-SRT incubating platelet-rich plasma (PRP) from a healthy subject with patient platelet-poor plasma (PPP) using anti-CD41a, anti-CD62P-selectin and Annexin-V antibodies.
- Patient platelets and Peripheral Blood Mononuclear Cells (PBMCs) were isolated from blood sample. PBMCs were differentiated into megakaryocytes (MKs) to evaluate thrombopoiesis. Both platelets and MKs were incubated with patient plasma and they resulted to be extremely active.
- It is known that platelets can release extracellular vesicles (EVs) into the circulation: EVs were isolated from patient plasma to be analyzed by flow cytometry.



CytoFLEX-SRT cytometry

Confocal Microscopy SP8

Fig.1 IgG antibodies or immune complexes can activate platelets by dimerization of Fc receptor FCγRIIa receptors. Subsequently platelets release high number of platelet EVs

RESULTS

Bone marrow smear demonstrated large MKs confirming normal megakaryopoiesis according to TPO-RAs therapy. Isolated Peripheral Blood Mononuclear Cells (PBMCs) were differentiated into MKs. MKs culture demonstrated functional thrombopoiesis instead, when MKs were cultured in the presence of patient IgG demonstrated impaired function (Fig. 2). In particular, anti-IgG staining showed that the antibodies bind to MKs. Furthermore, increased expression of P-selectin in donor platelets in the presence of patient IgG suggests increased platelets activation. In addition, the ability of platelets to release extracellular vesicles (EVs) with pro-coagulant activity after activation was evaluated. CytoFLEX-SRT analysis of patient plasma EVs levels (P-selectin+calcein+AnnexinV+) were lower in comparison to healthy controls, suggesting their consumption as a compensatory mechanism to reduce bleeding.

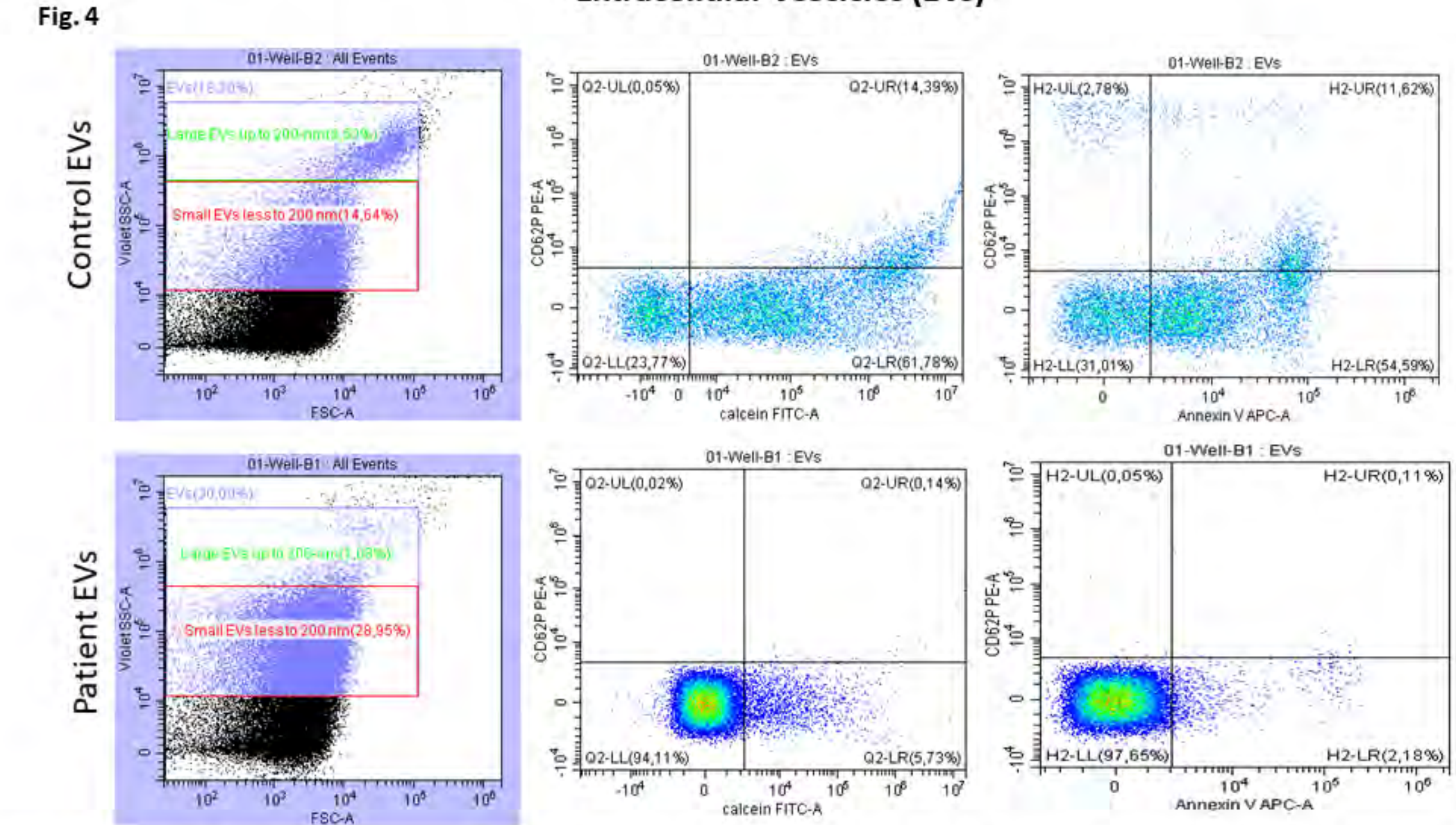
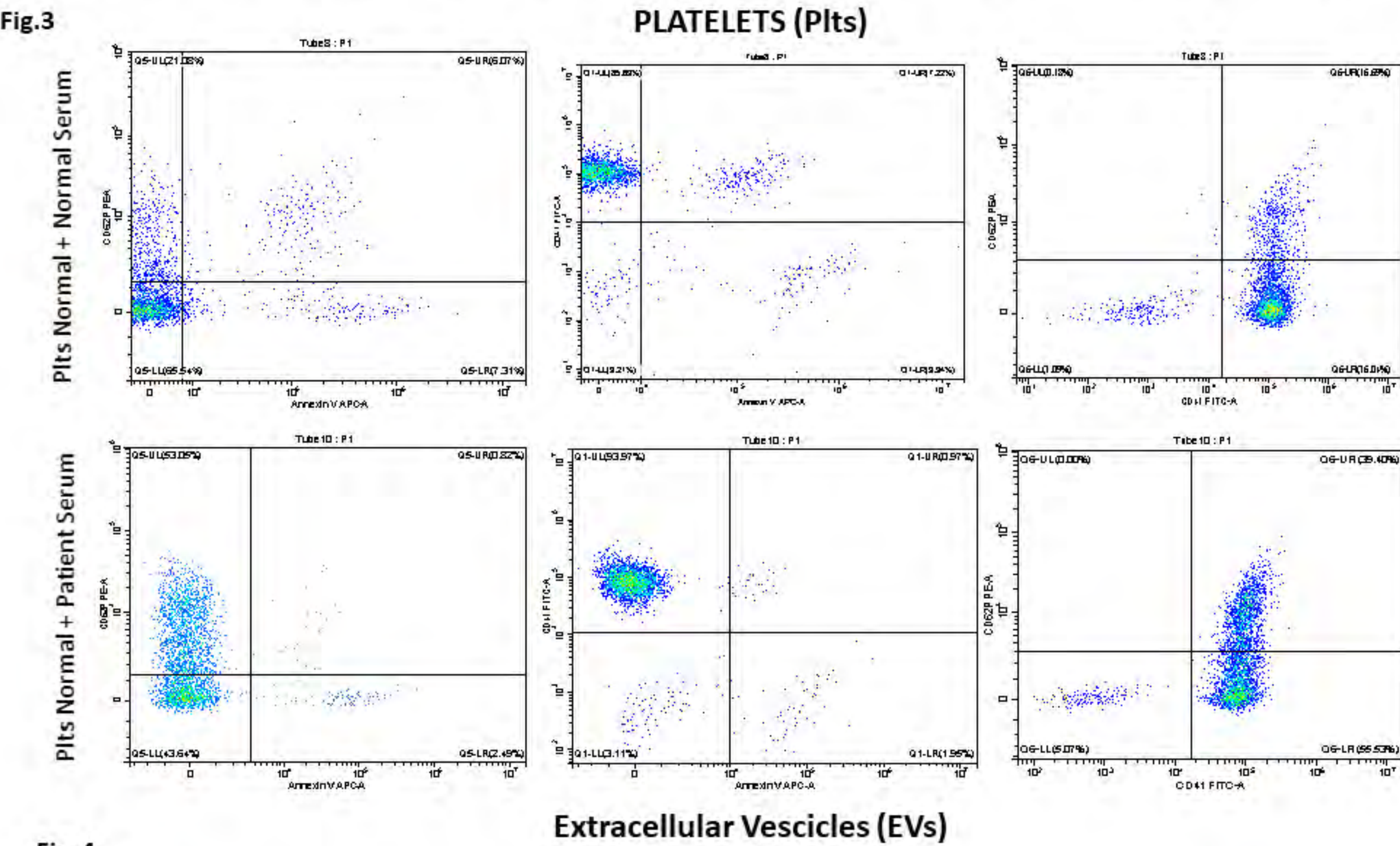
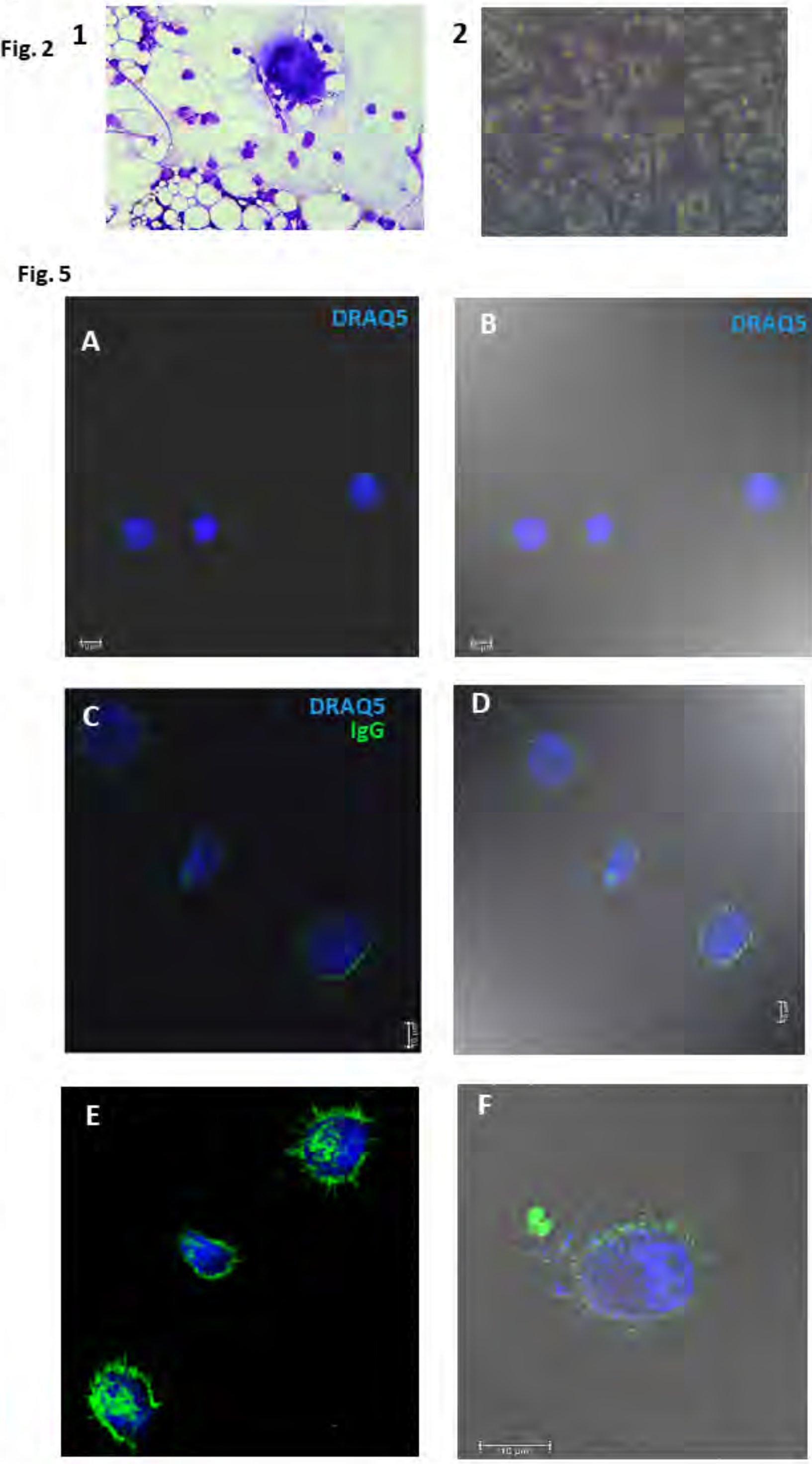


Fig. 2: 1-MKs in the blood stream; 2-PBMCs-derived MKs in culture. Fig.3: Acquisition and analysis of platelet flow cytometry data. CytoFLEX-SRT analysis of patient plasma EVs levels (P-selectin+calcein+AnnexinV+) were lower in comparison to healthy controls, suggesting their consumption as a compensatory mechanism to reduce bleeding. Fig. 4: Plasma analysis of Extracellular Vesicles. Fig. 5: Patient isolated MKs incubated with healthy serum do not show IgG (A,B). Patient's isolated MKs incubated with patient serum show IgG bind to MKs. 3D images of MK and IgG (E and F).

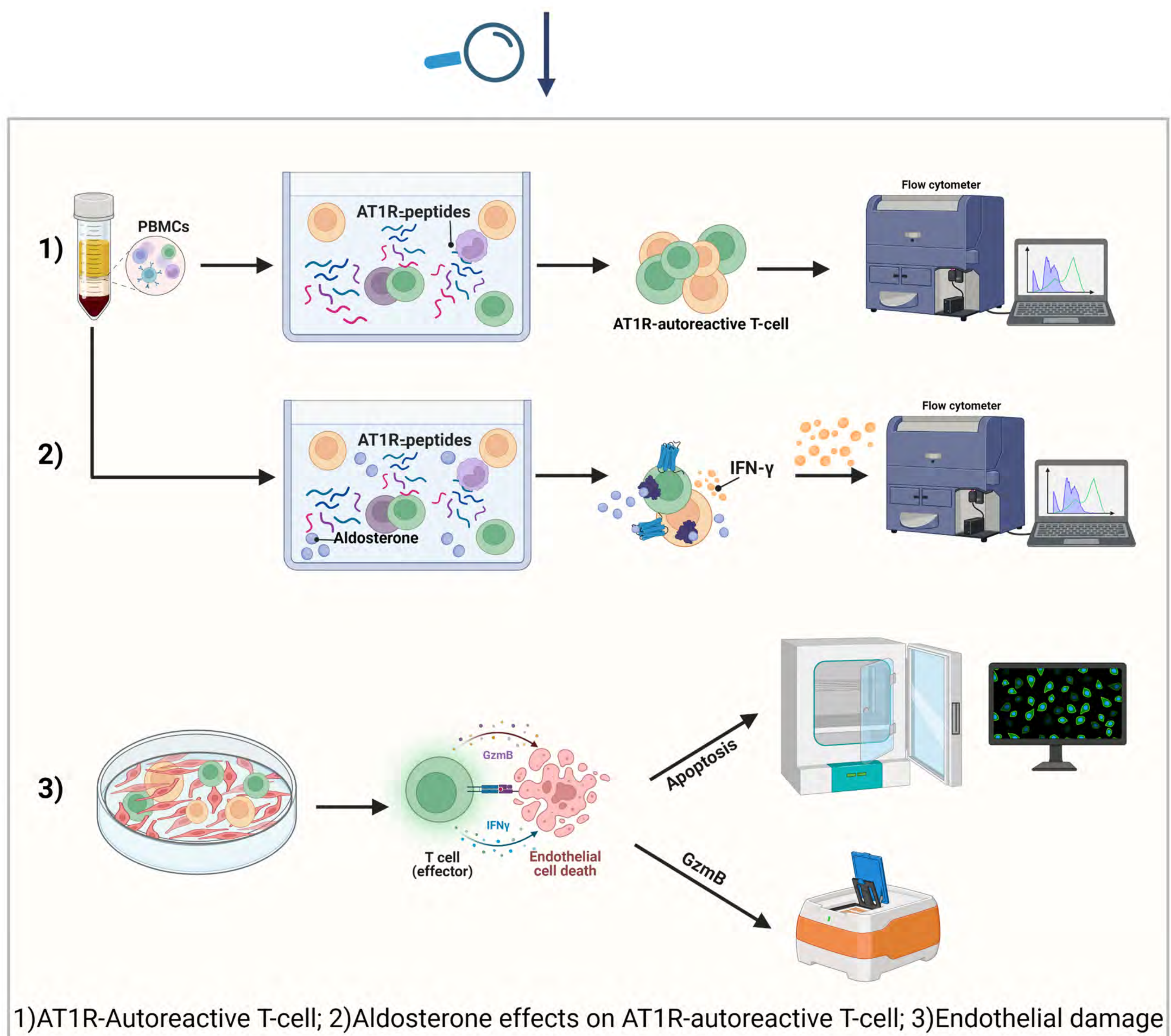
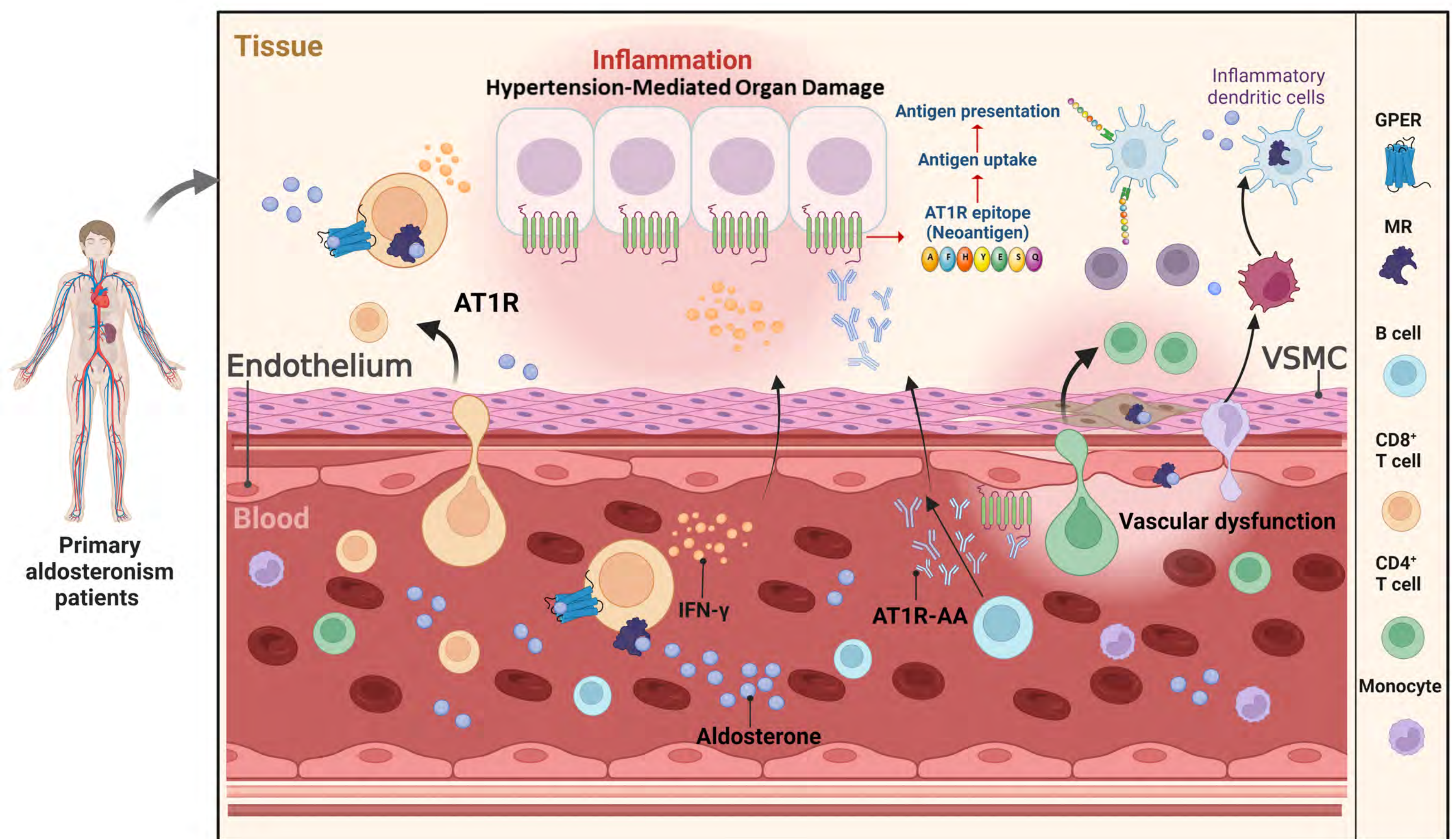


CONCLUSIONS

The results demonstrated the importance of highly sensitive instruments in the characterization of platelet autoantibodies in the diagnosis of ITP leading the possibility of targeted therapy for the patient. In particular, patient's serum showed the presence of antibodies capable of activating platelets of healthy controls as shown with Flow cytometry results. In addition, confocal microscopy demonstrated the binding of patient purified IgG to megakaryocytes. The results obtained underlying that the monitoring of platelet autoantibody levels should provide important information for assessing the patient response and prognosis in ITP.

Autoreactive T-Lymphocytes against the Angiotensin II type 1 Receptor in Salt-dependent Human Hypertension

Maria Piazza



Analysis of preanalytical variability on plasma miRNA expression profile by Next Generation Sequencing to reveal specific potential diagnostic biomarkers of myelodysplastic syndrome

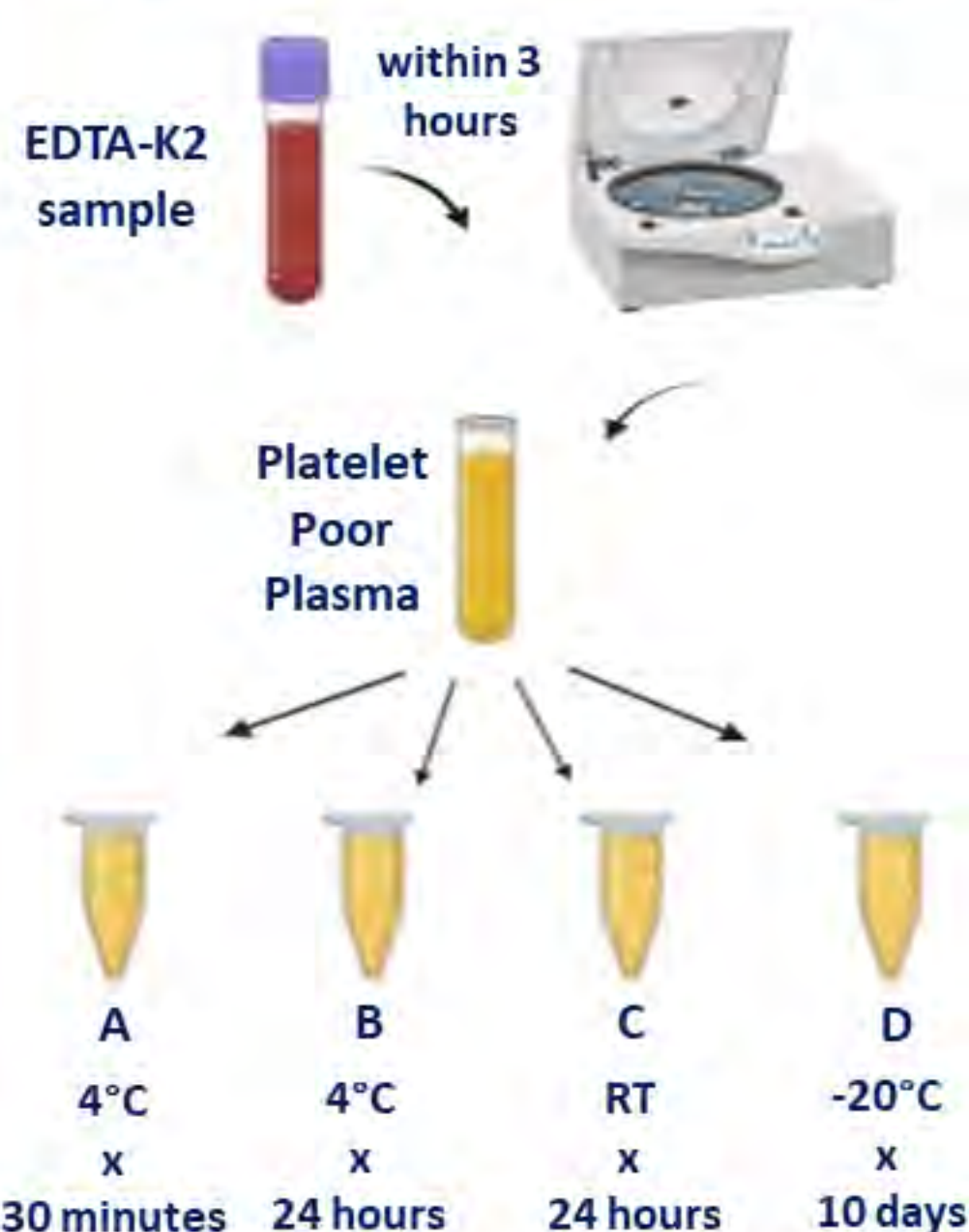
Alessandra Pinello, Alessandra Giannella, Michela Pelloso, Gianni Binotto, Andrea Serafin, Stefania Moz, Francesca Tosato, Livio Trentin, Daniela Basso, Giulio Ceolotto

Experimental design

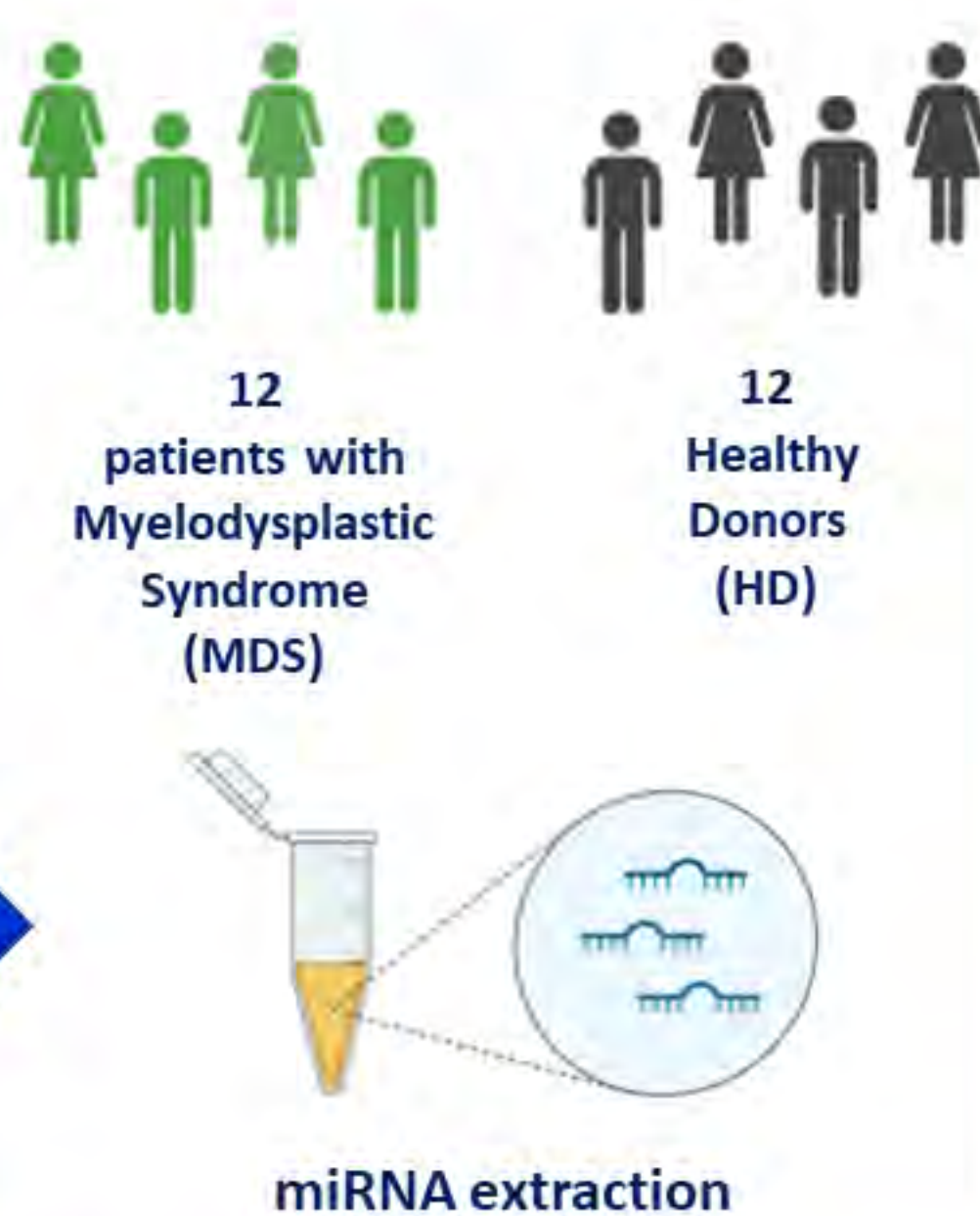
Aim

- investigate the impact of preanalytical variables in Platelet Poor Plasma samples on miRNA expression profile
- identify potential circulating miRNAs as diagnostic biomarkers of Myelodysplastic Syndrome

Preanalytical conditions



Population



NGS sequencing



Bioinformatic Analysis

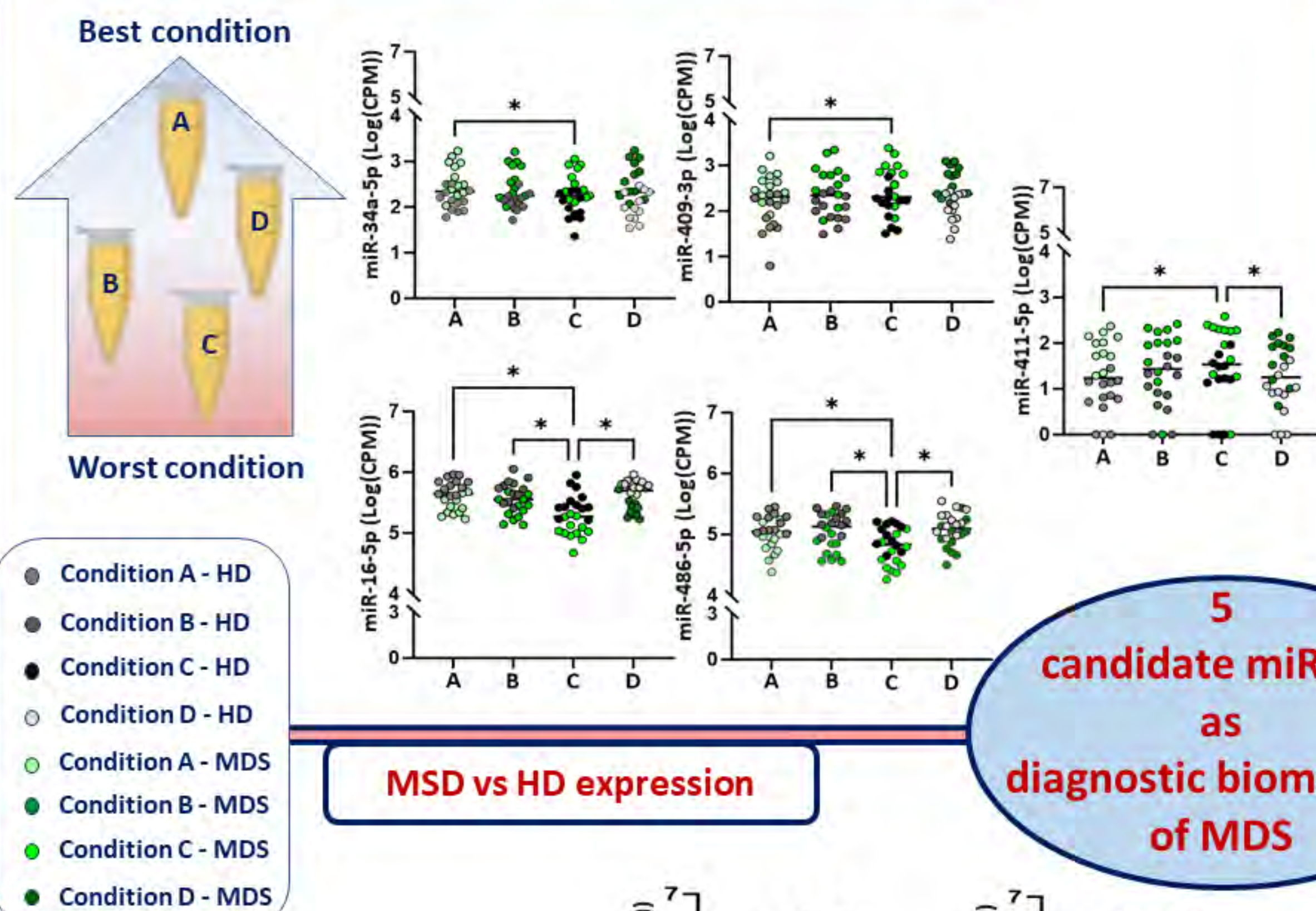
miRNA quantification
Differential expression analysis

CLC Genomics (Qiagen)

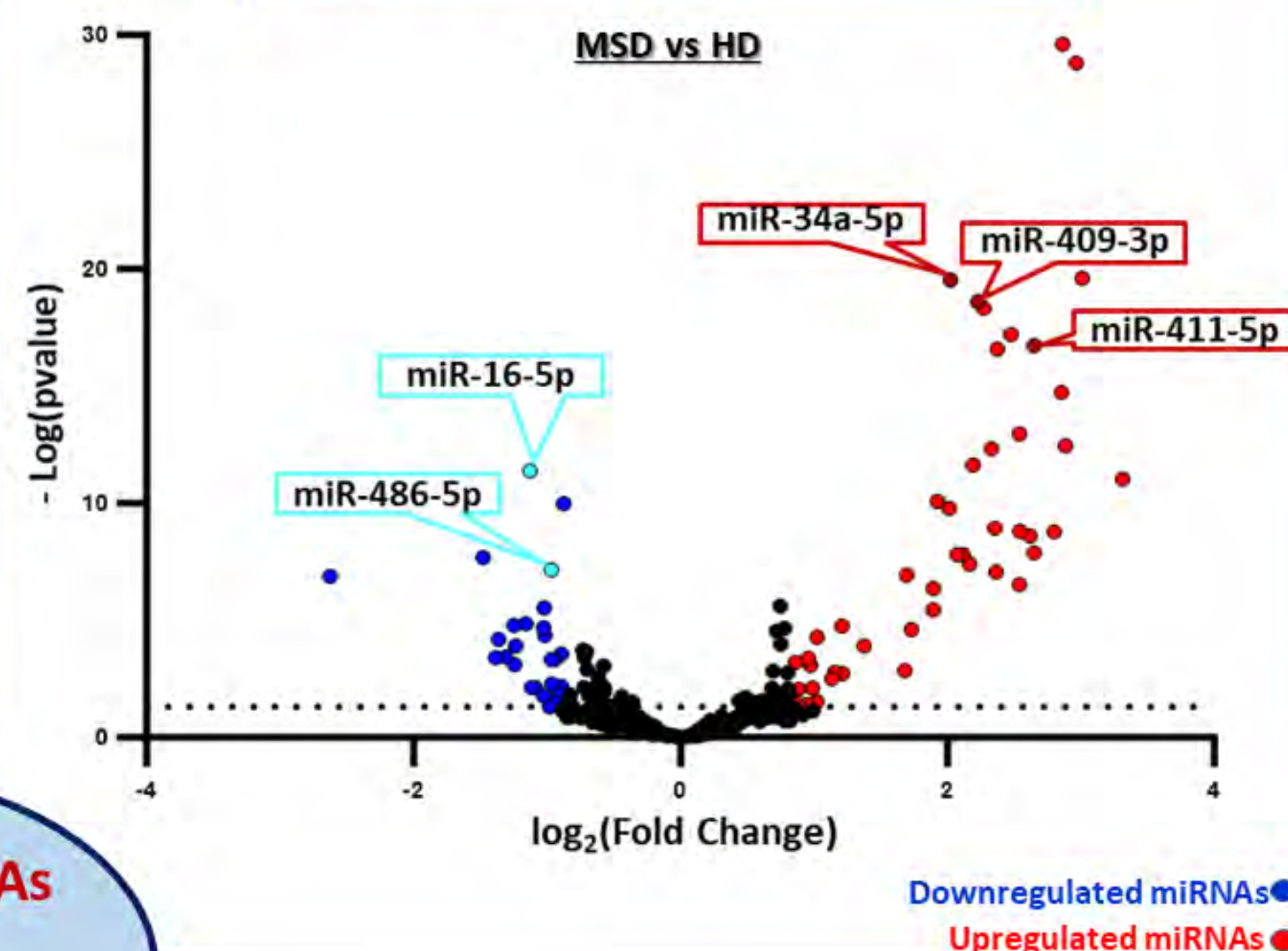


Results

Preanalytical condition Analysis



Differential expression analysis

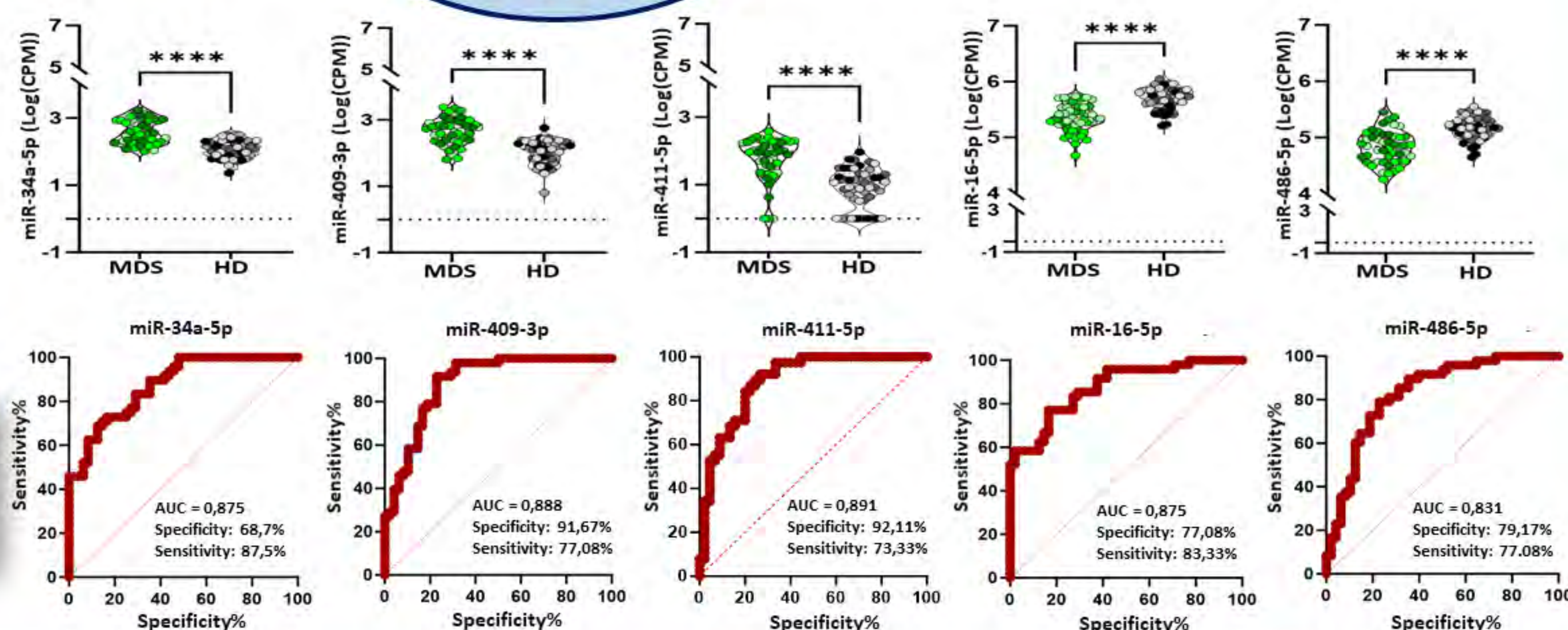


MSD vs HD expression

miRNA discriminatory capacity

ROC Curve Analysis

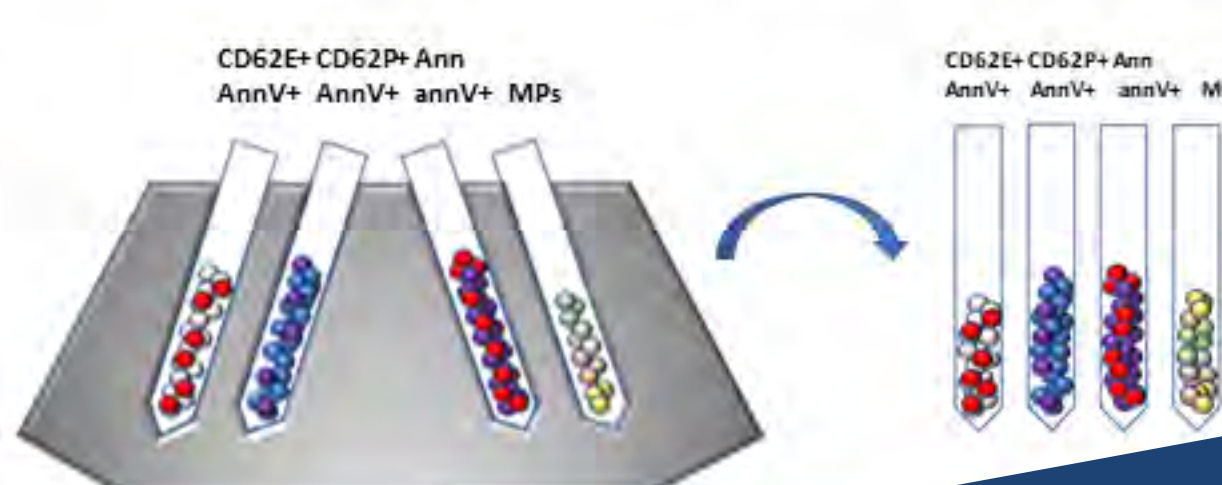
miRNA	MvsS	MAvsSA	MBvsSB	MCvsSC	MDvsSD
34a-5p	0,875	0,896	0,875	0,882	0,868
409-3p	0,888	0,892	0,861	0,840	0,910
411-5p	0,891	0,883	0,900	0,837	0,875
16-5p	0,875	0,924	0,889	0,965	0,937
486-5p	0,831	0,882	0,875	0,854	0,785



Future perspectives



- Sorted extracellular vesicles miRNA cargo



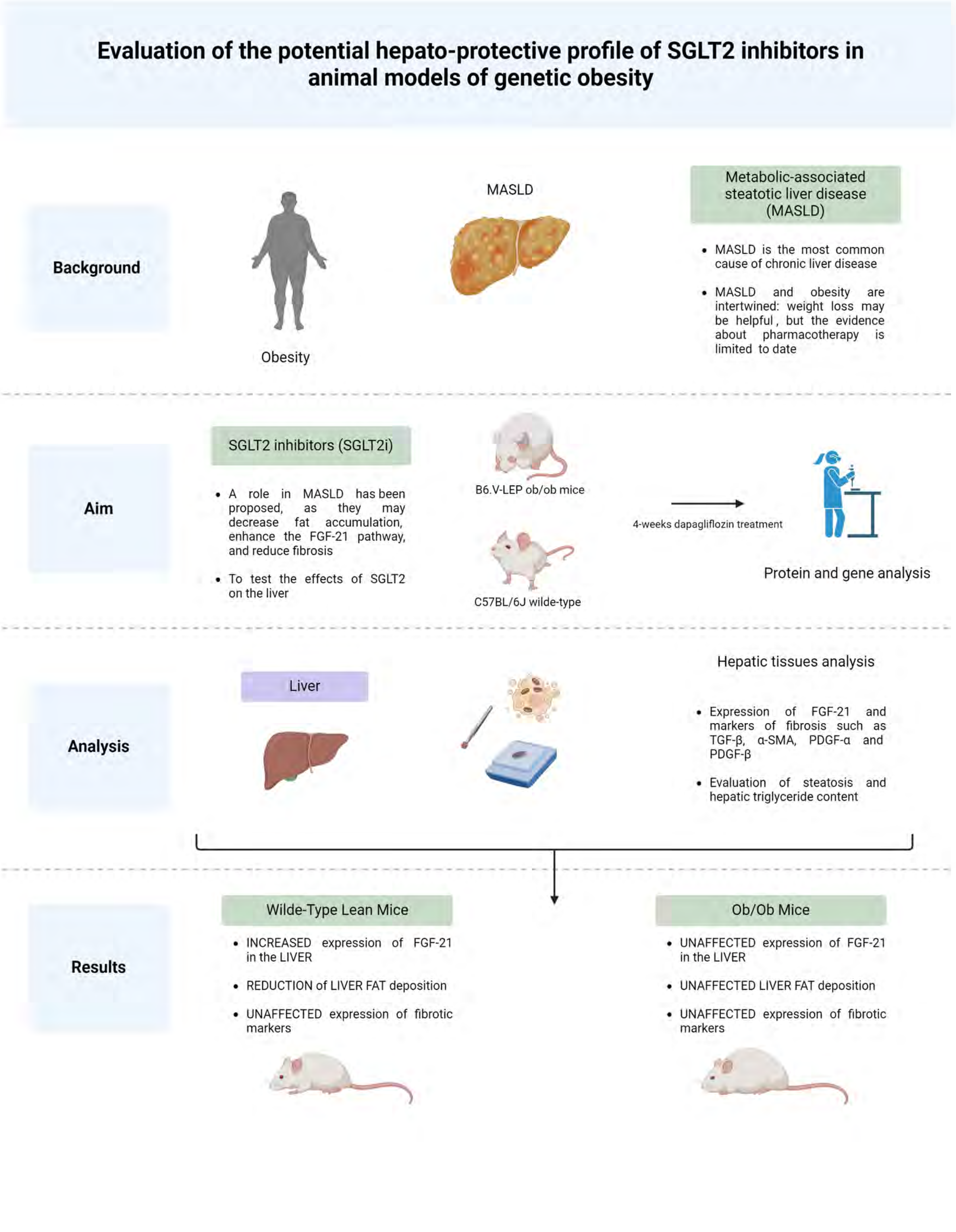
- miRNA validation



Evaluation of the potential hepato-protective profile of SGLT2 inhibitors in animal models of genetic obesity

Domenico Pò, Angelo Di Vincenzo, Marnie Granzotto, Marika Crescenzi, Roberto Vettor, Marco Rossato

Center for the Study and the Integrated Treatment of Obesity, Department of Medicine, University Hospital of Padova

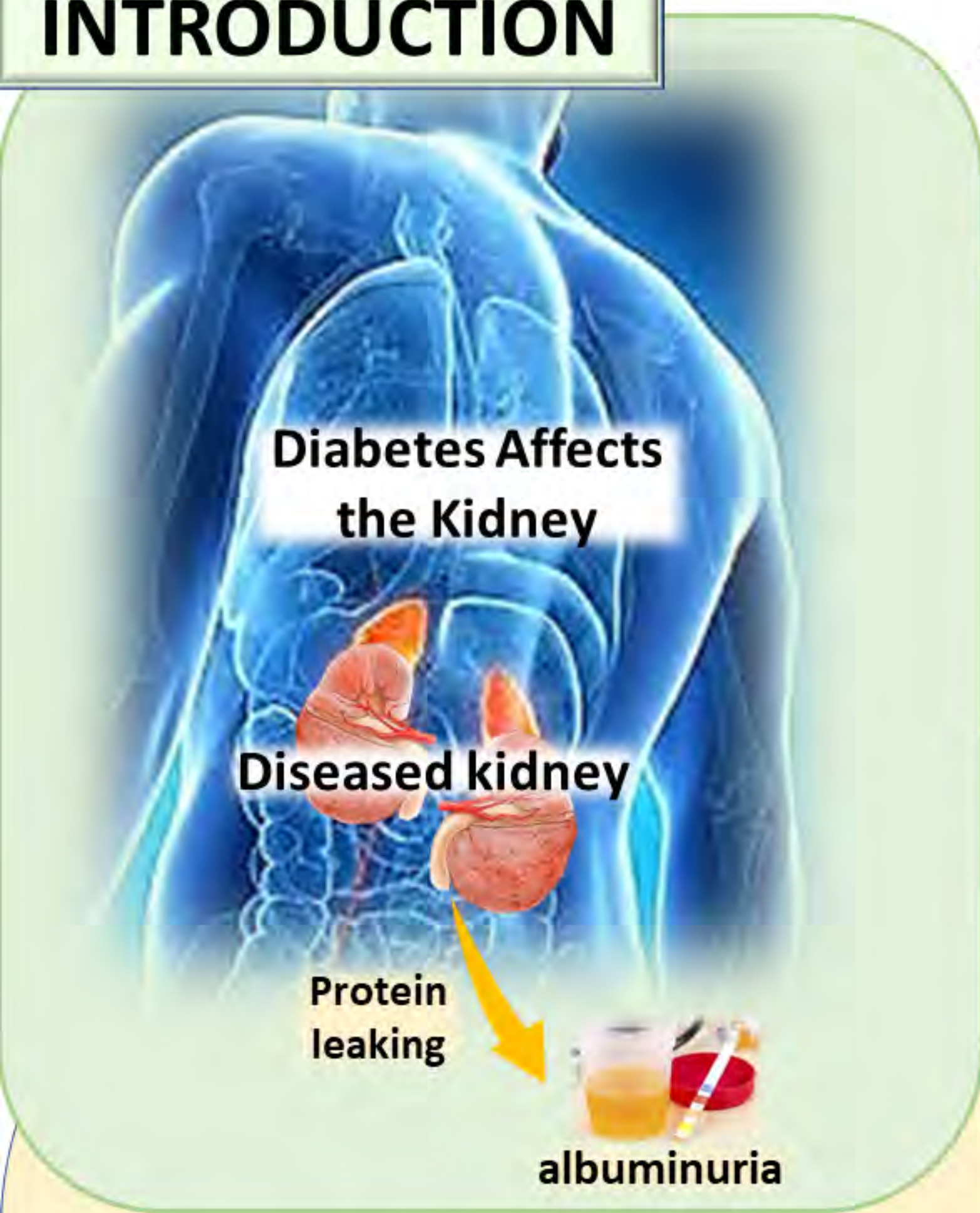


Understanding the role of mesangial, podocytes and parietal epithelial cells in albumin handling and glomerulosclerosis

Giovanna Priante, M. Ceol, F. Nalesso, F. Anglani, L.A. Calò, D. Del Prete

Kidney Histomorphology and Molecular Biology Laboratory, Nephrology Unit, Department of Medicine - DIMED, University of Padua

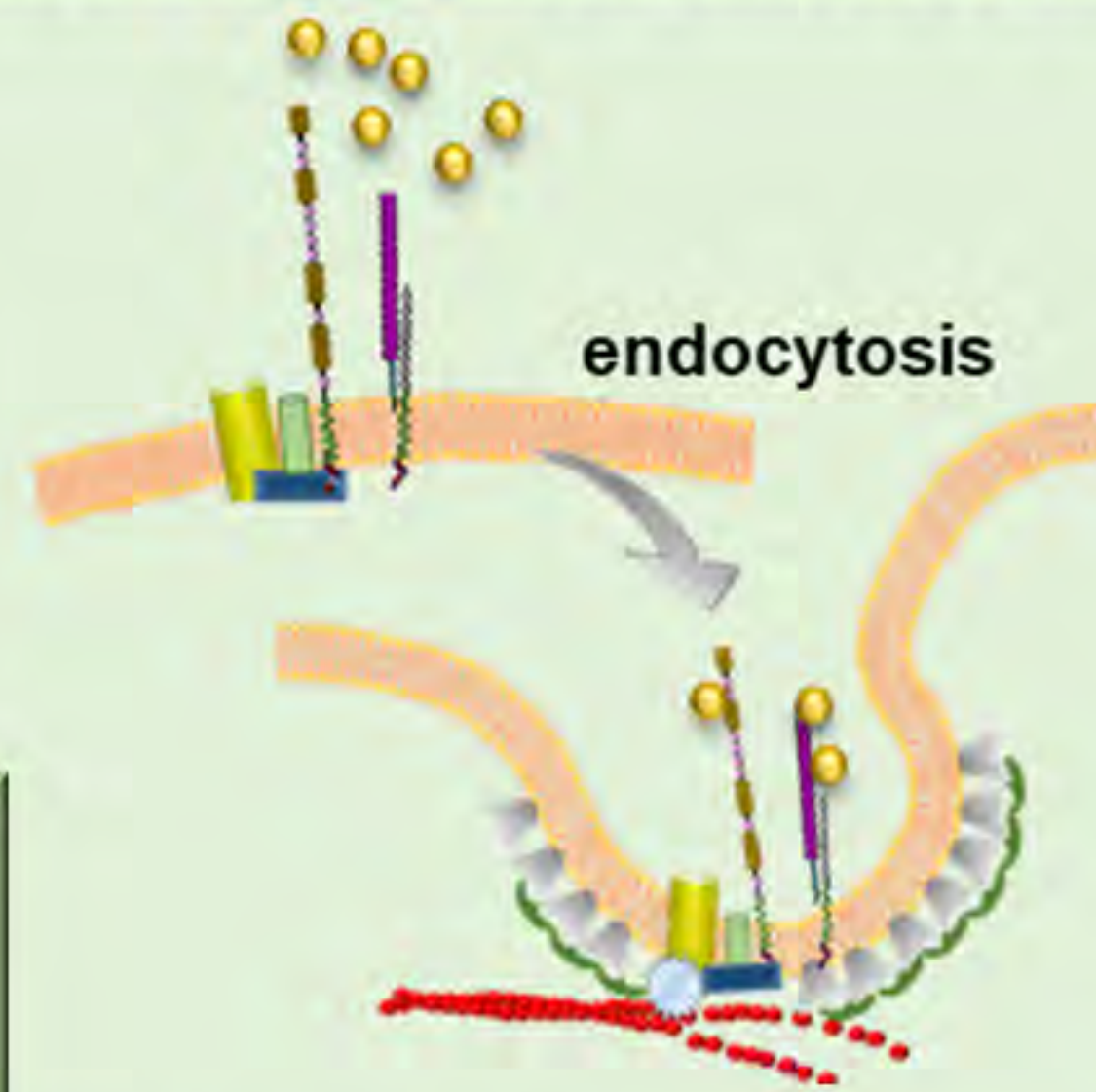
INTRODUCTION



macromolecular system involved in protein uptake

Albumin
Megalin

Cubilin
CLC-5

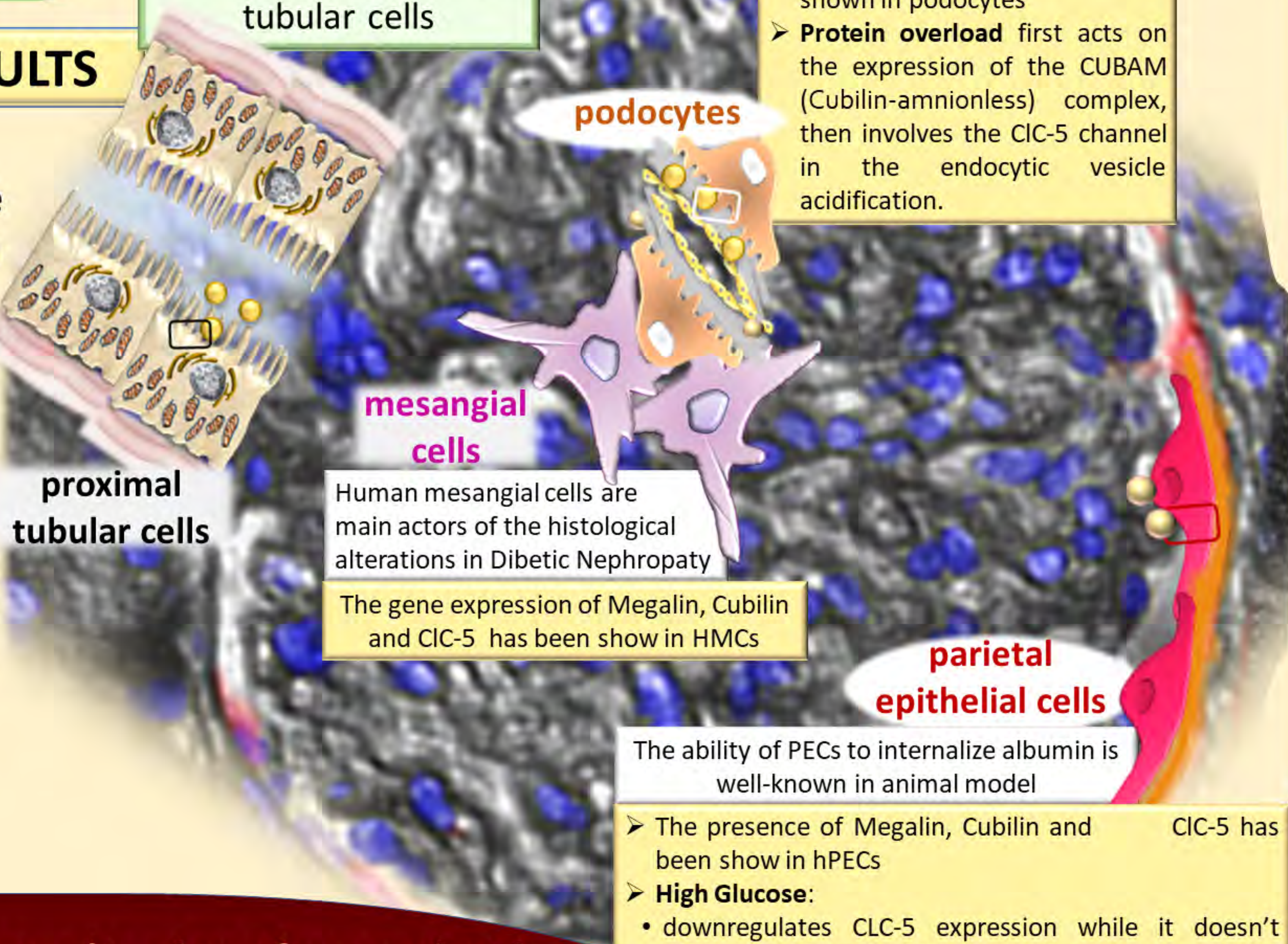


Megalin, cubilin, and CLC-5 are deeply involved in the low-molecular-weight protein and albumin re-uptake in proximal tubular cells

- Megalin, cubilin, and CLC-5 were shown in podocytes
- **Protein overload** first acts on the expression of the CUBAM (Cubilin-amnionless) complex, then involves the CLC-5 channel in the endocytic vesicle acidification.

PRELIMINARY RESULTS

We have demonstrated the presence of CLC-5, Megalin and Cubilin not only at the tubular level but also in glomerular compartment. In particular, protein overload and high glucose condition modulate their expression in human podocytes and hPECs, respectively.



mesangial cells
Human mesangial cells are main actors of the histological alterations in Diabetic Nephropathy

The gene expression of Megalin, Cubilin and CLC-5 has been shown in HMCs

parietal epithelial cells

The ability of PECs to internalize albumin is well-known in animal model

- The presence of Megalin, Cubilin and CLC-5 has been shown in hPECs
- **High Glucose:**
 - downregulates CLC-5 expression while it doesn't affect megalin and cubilin expression.
 - increases of CD44 expression (marker of activation)
 - disrupts the orderly arranged stress fibers of actin cytoskeleton and we observe a marked redistribution of F-actin fibers around the nucleus
 - increases expression of both initiator caspase-9 and effector caspases -3

Methods

Tubular cells, mesangial cells, conditionally immortalized human Podocytes and PECs will be incubated with high glucose first and then with albumin

Cell morphology
Proliferation
Apoptosis
Cellular Markers analysis

Protein analysis

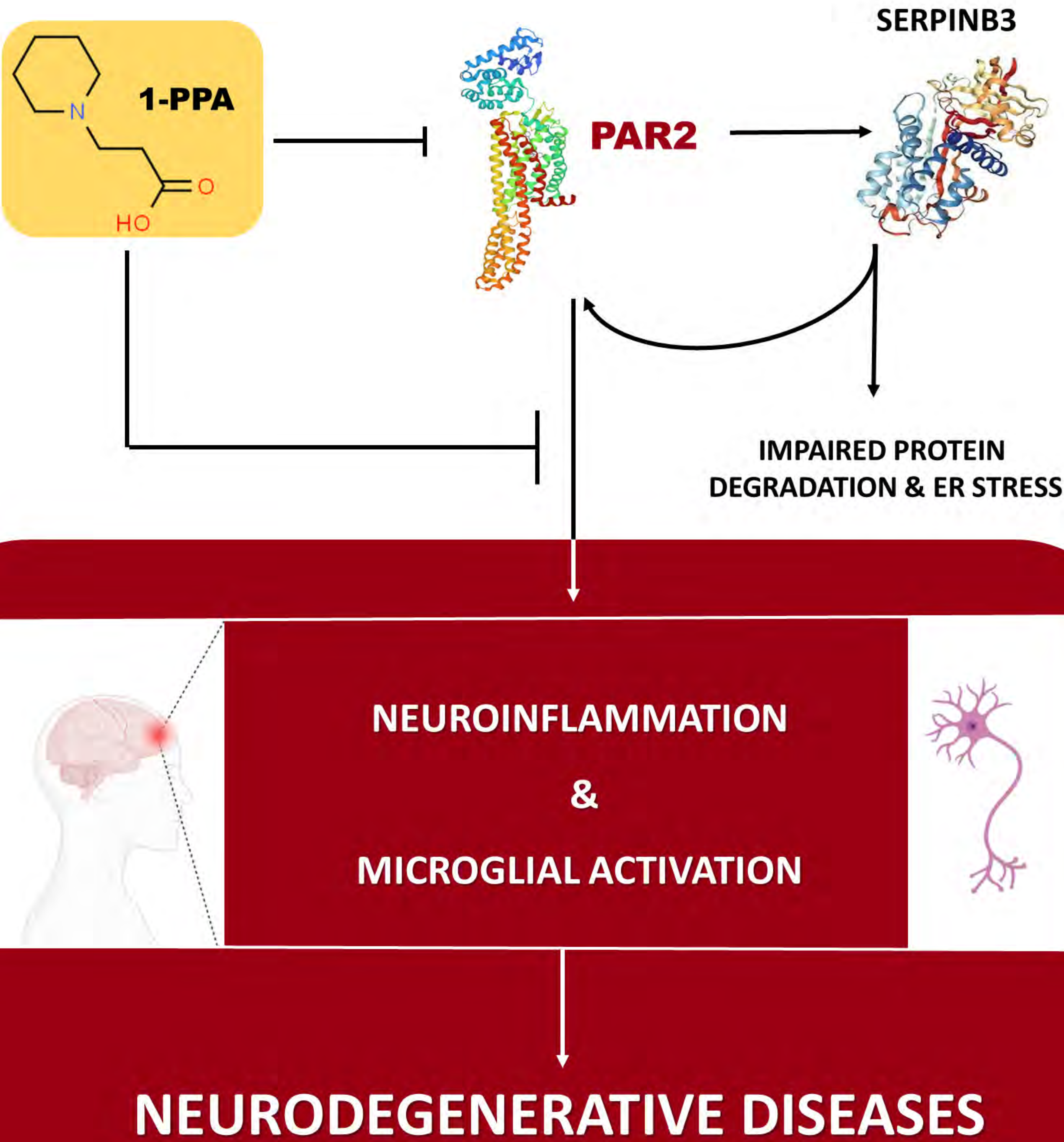
Gene expression

DMI6000CS-TCS SP8 fluorescence microscope, with a DFC365FX camera and subsequently analysis with LAS-AF software v.3.1.1 (Leica Microsystems)



The new instruments recently acquired by DIMED allow us the possibility to best clarify the interconnection between the protein uptake machinery and glomerular damage, unveiling a new pathophysiological mechanism underlying diabetic nephropathy

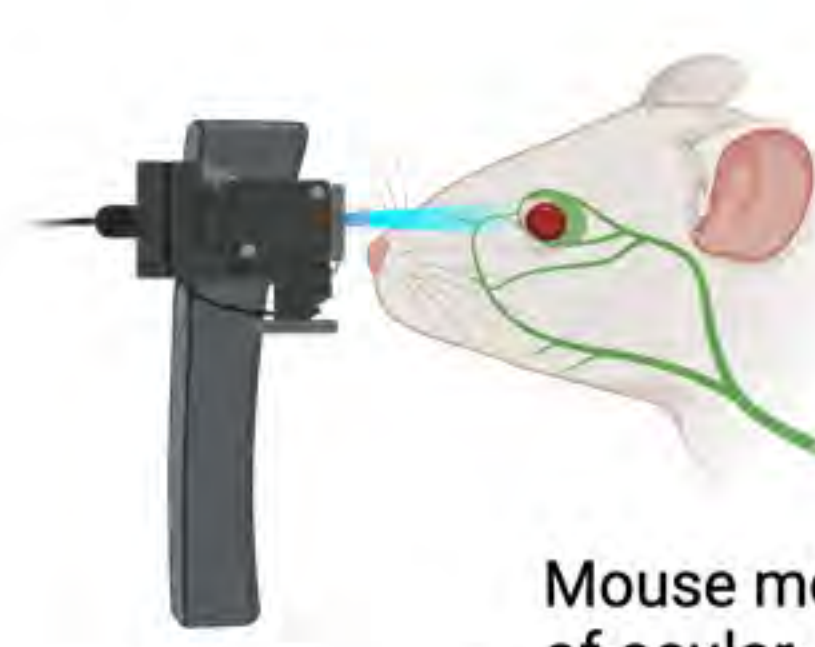
INHIBITION OF PAR2 ACTIVATION IN NEURODEGENERATIVE DISEASES



Centro per l’Ipertensione
del DIMED



Indocyanine Green

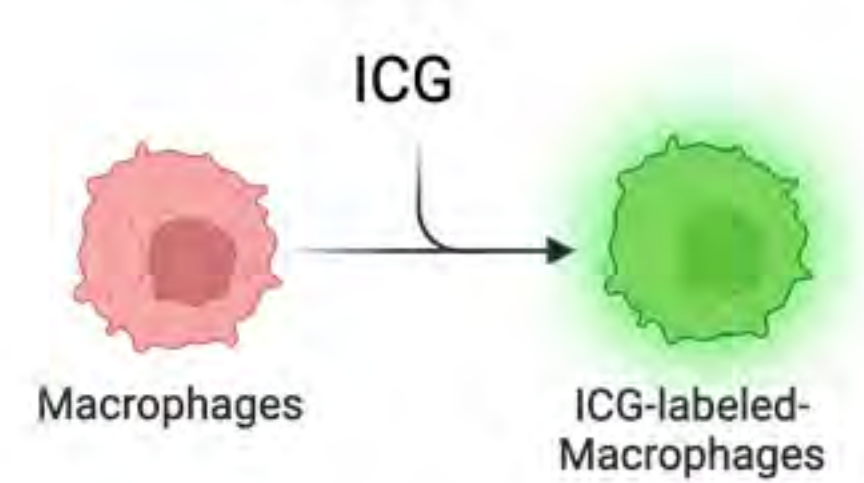


fluoresce scanning laser ophthalmoscopy

Mouse models of ocular inflammation



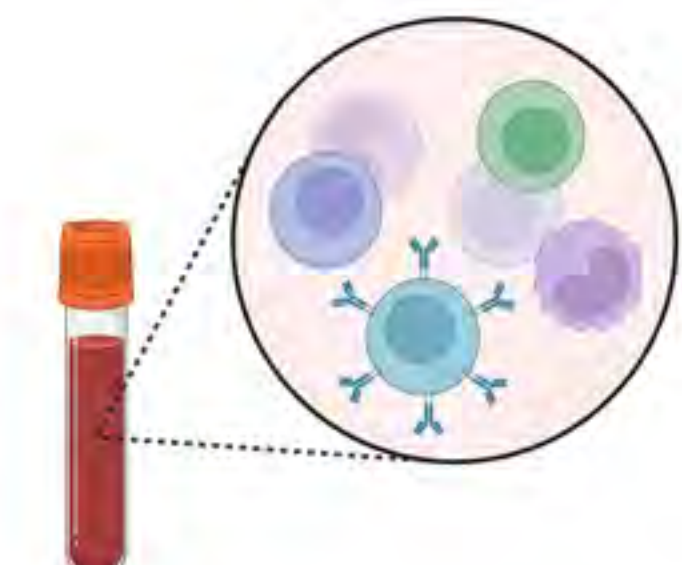
Successful in vivo labelling of infiltrating leukocytes ⁶

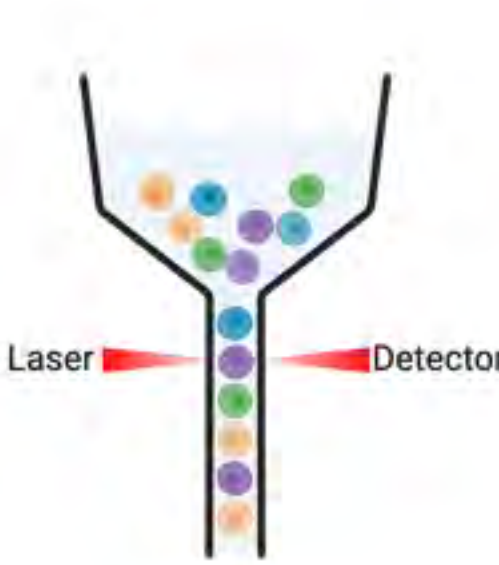


Macrophages

ICG

ICG-labeled-Macrophages

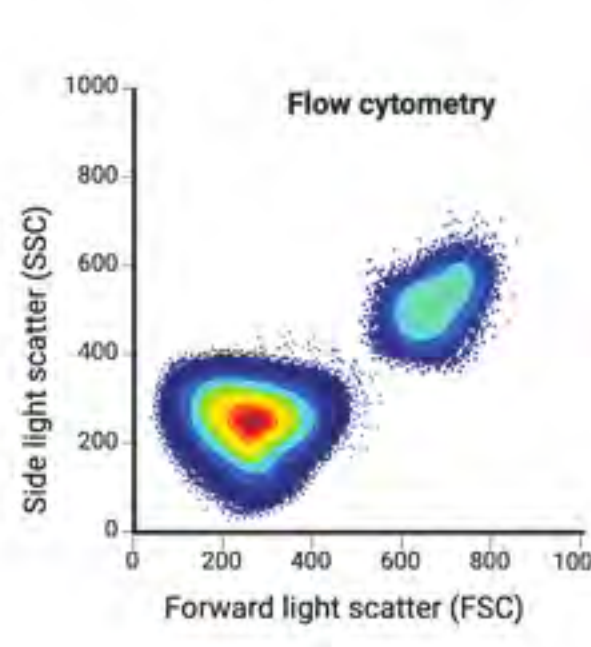




Laser

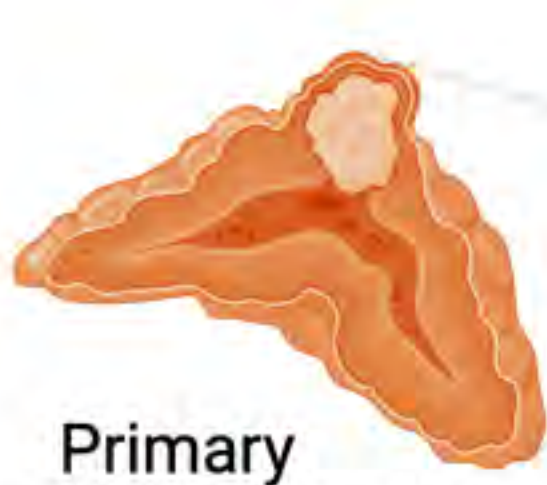
Detector

Flow cytometry



Flow cytometry

In vitro confirmation of labelling ^{6,9, 8}



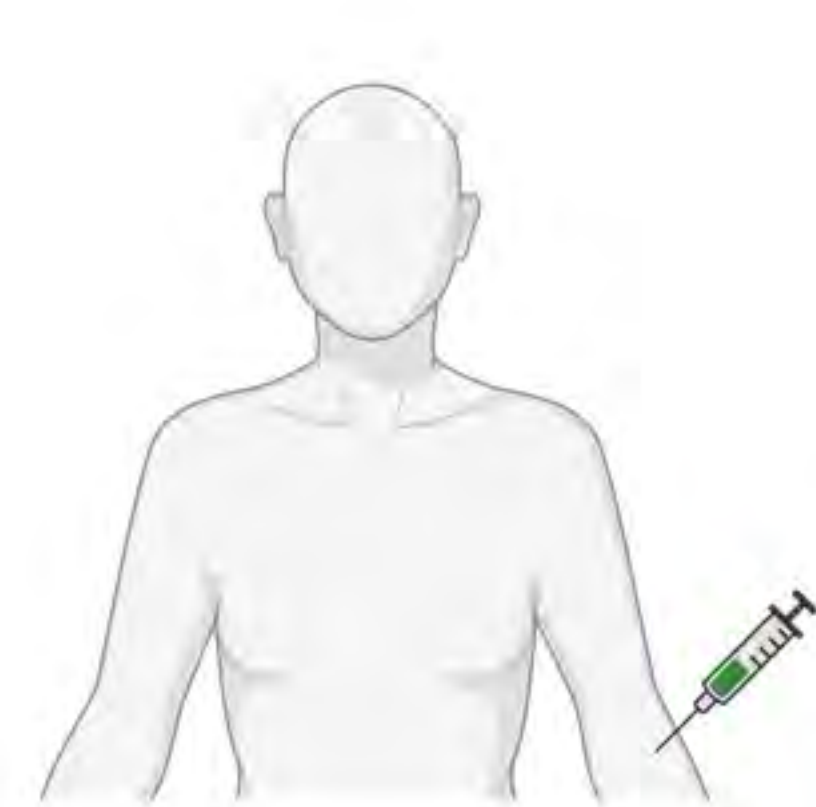
Primary Aldosteronism



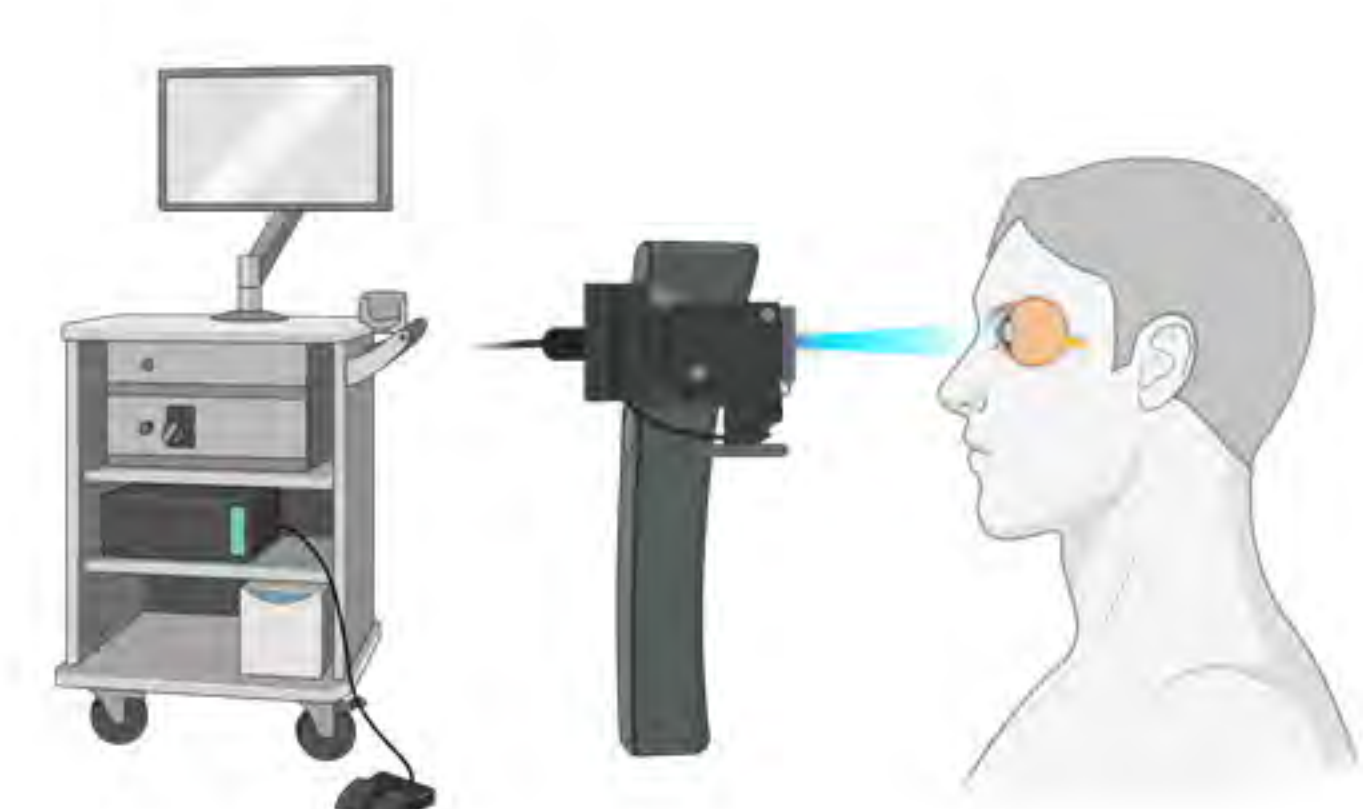
Central Serous Chorioretinopathy (CSC) or CSC like changes ^{6,7}



systemic Inflammation ^{1,2,3,4,5}



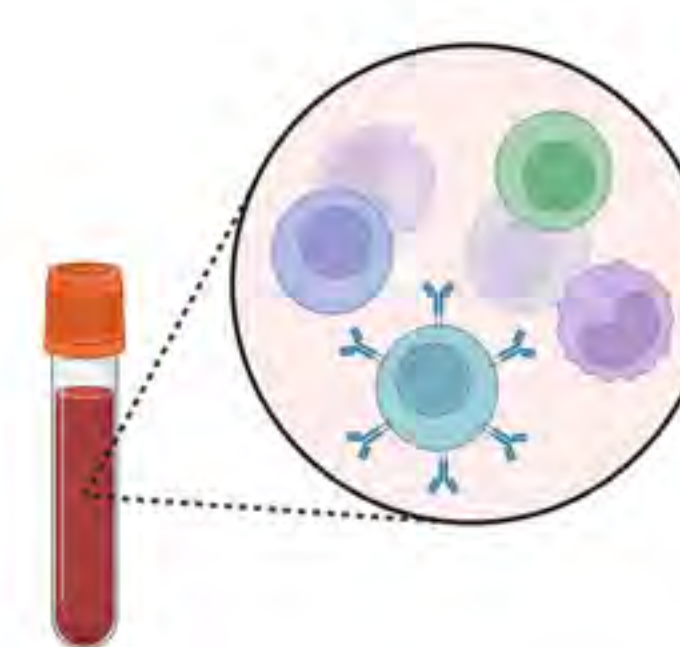
ICG



Spectralis HRA+OCT system (Heidelberg Engineering) for ICG Angiography

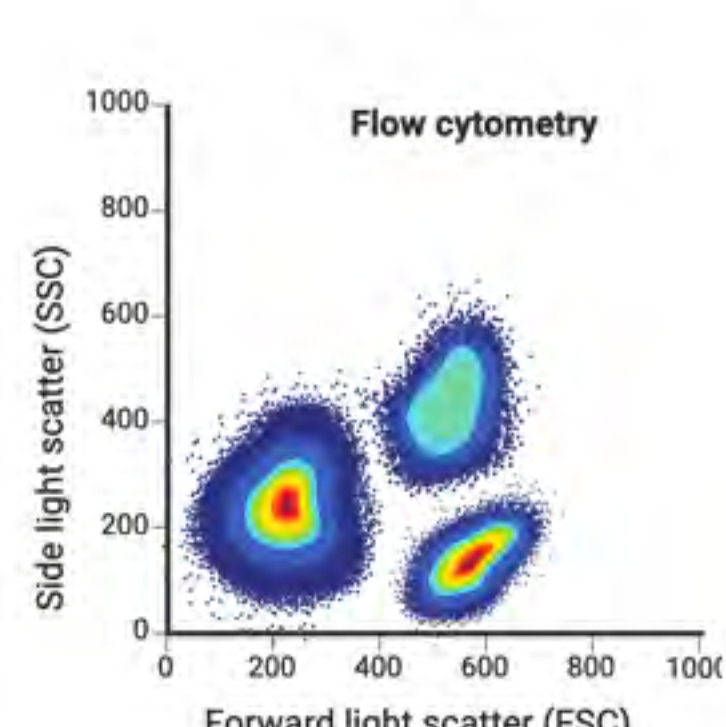


In vivo ICG mediated labelling





Next generation Flow Cytometry



Flow cytometry

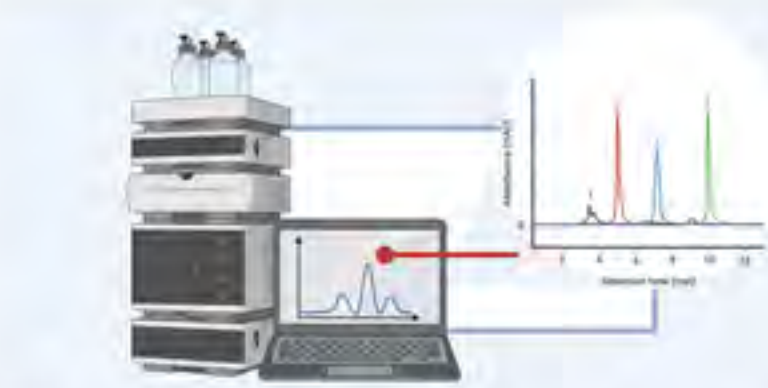
in vitro confermation

ANTITUMORIGENIC EFFECTS OF LICORICE EXTRACT AND GLYCYRRHETINIC ACID ON PAPILLARY THYROID CANCER CULTURES

LICORICE

(Glycyrrhiza uralensis Fisch.)

Around 400 total compounds including triterpenes, chalcones, saponins, alkaloids, glycosides, phenols, tannins, and approximately 300 flavonoid.



The main active phytoconstituents are:

- GLYCYRRHETINIC ACID (GA)
 - GLYCYRRHIZIN;
 - GLABRIDIN;
 - LICOCHALCONE A.
- } **LICORICE EXTRACT**

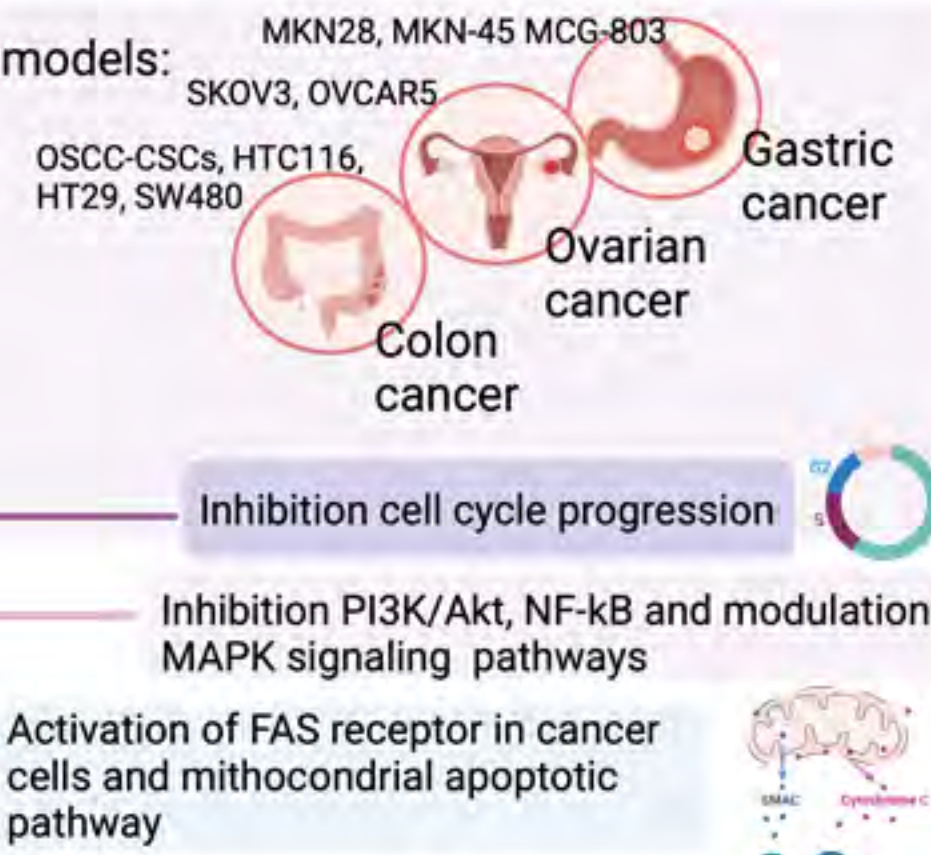


Antioxidant Activities:



Licorice roots extract have demonstrated efficacy in regulating respiratory functions, immunoregulation, gastroenteric protection, etc.

Antineoplastic action in several *in vitro* cell models:



Toxicological effects of licoricee

LICORIECE

11β-hydrogenase type II (11β-HSD2)
 Cortisol ↔ Cortisone



EXCESSIVE LICORIECE CONSUMPTION RESULTS IN:

- hypnatremia,
- hypokalemia,
- blood pressure increasment,
- cardiovascular impeirments

AIM

Potential role of licorice extract to improve treatment in papillary thyroid cancer (PTC): an *in vitro* study.

Glabridin
 GA

AGONIST ACTIVITY

Estrogen receptor (ER)
 Mineralcorticoid receptor (MR)

Both the Receptors are expressed by PTC cell line

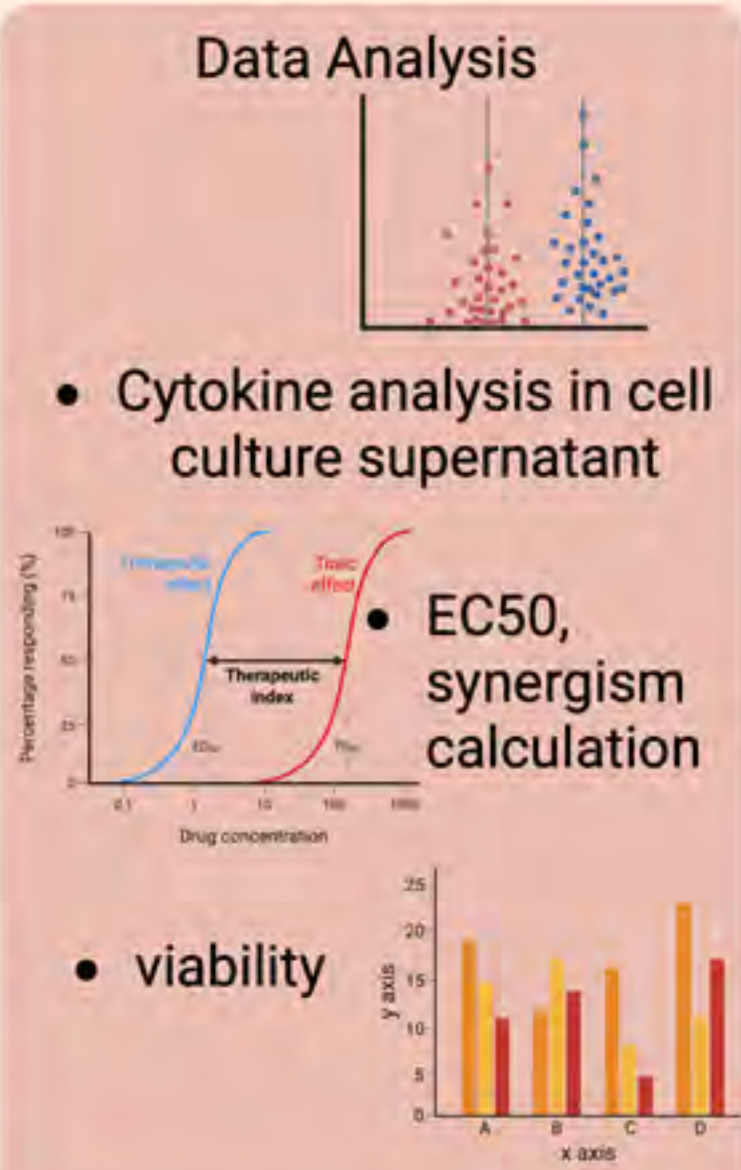
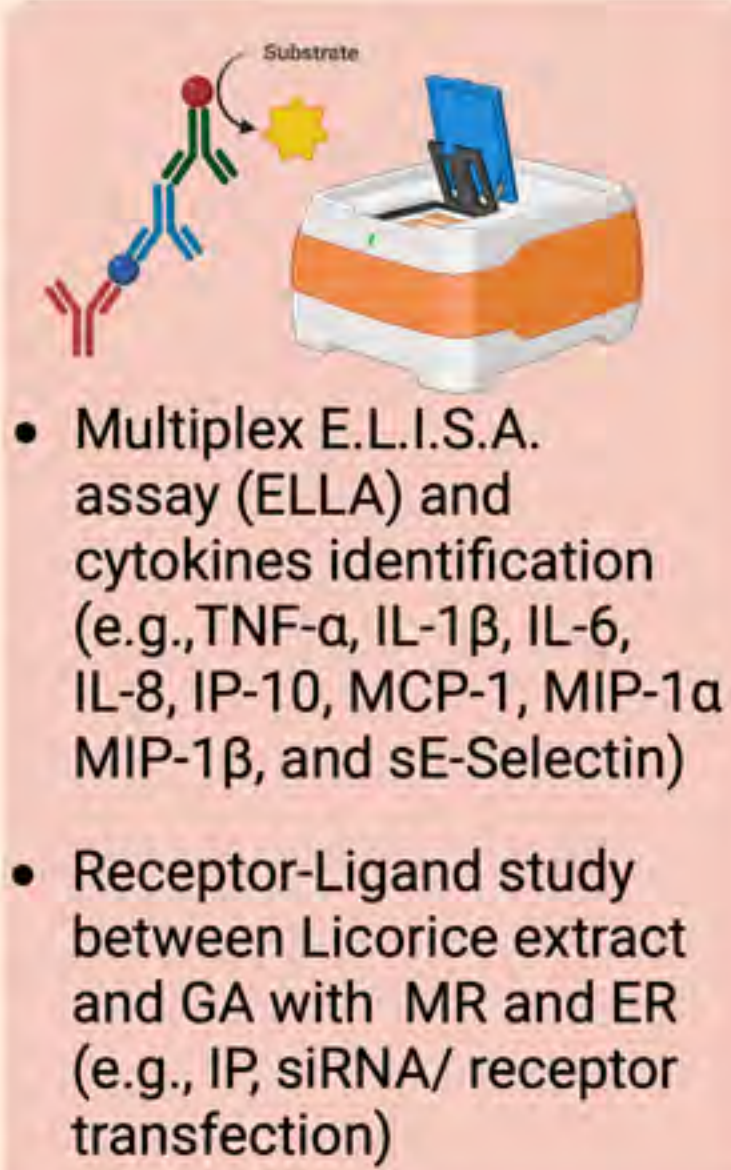
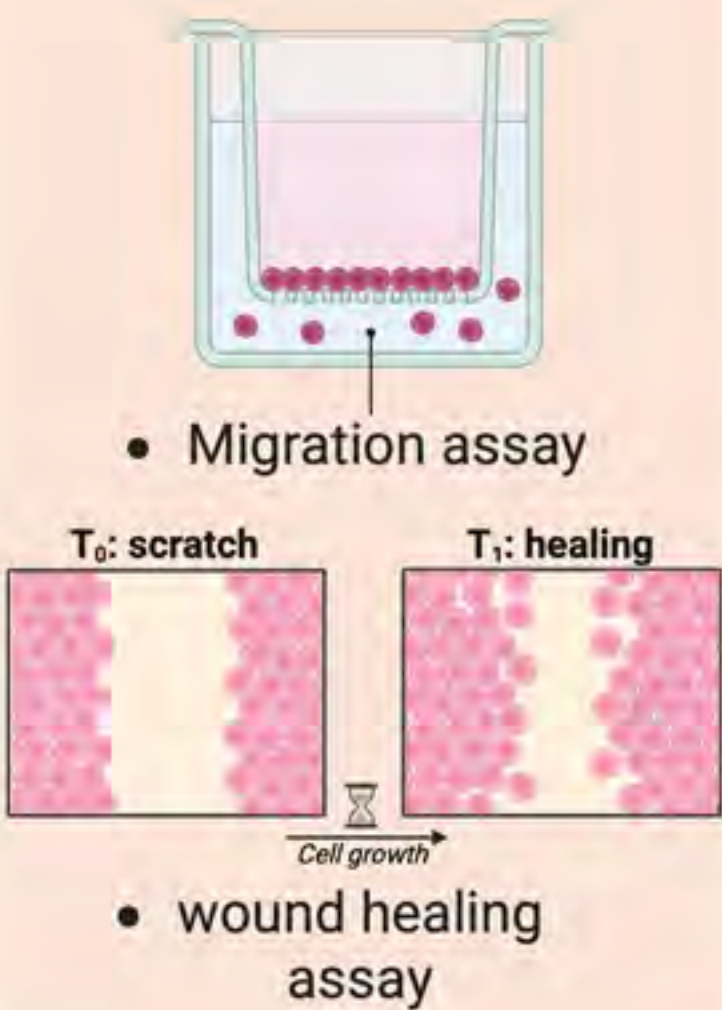
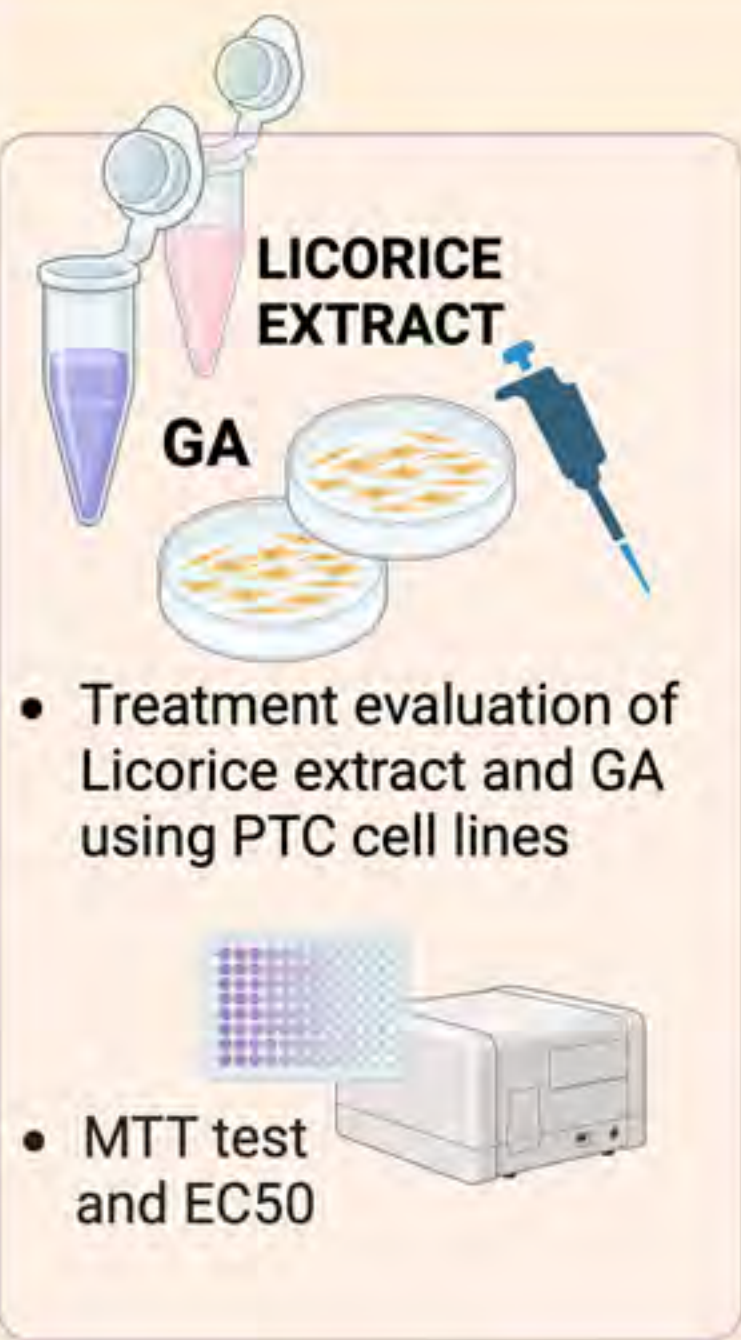
PTC:

- The most frequent thyroid cancer;
- malignant tumor with the highest growth rate;
- BRAF^{V600E} mutation related to more aggressive clinicopathologic features



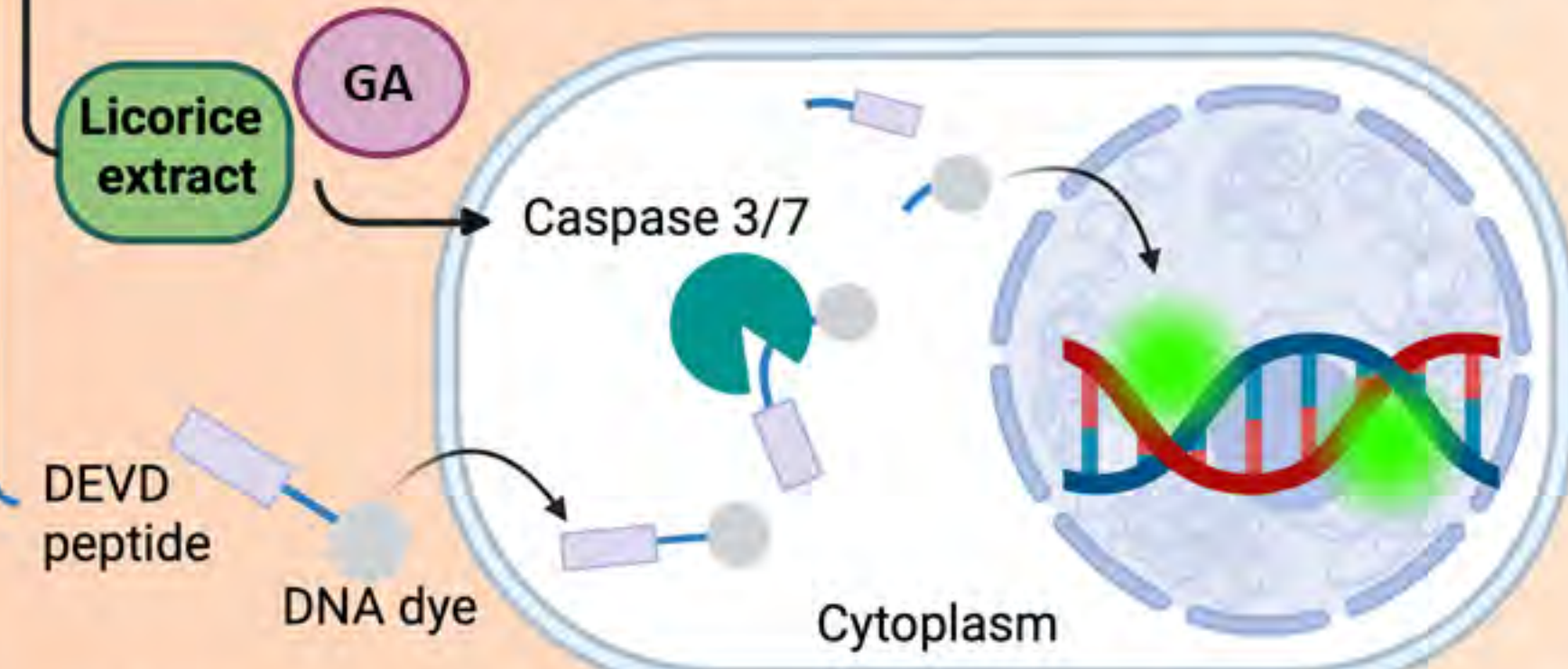
K1 CELL LINE
 BCPAP CELL LINE

workflow

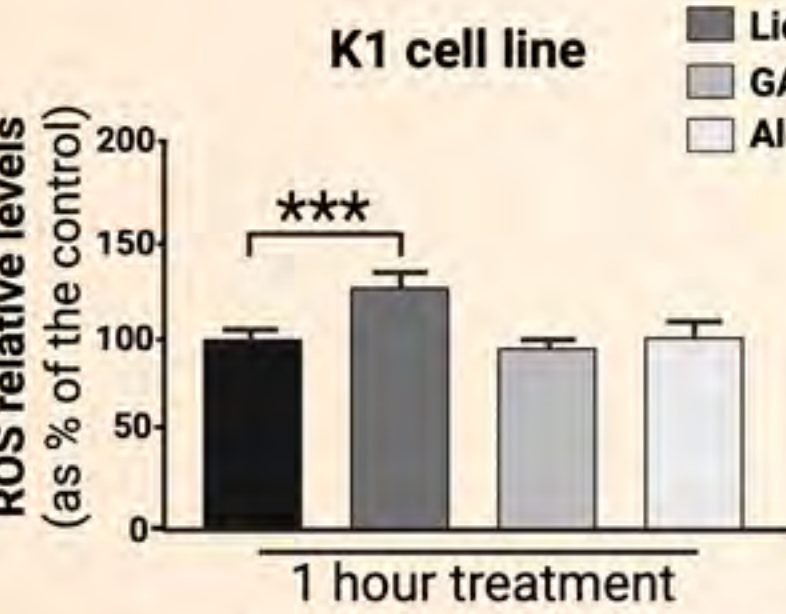
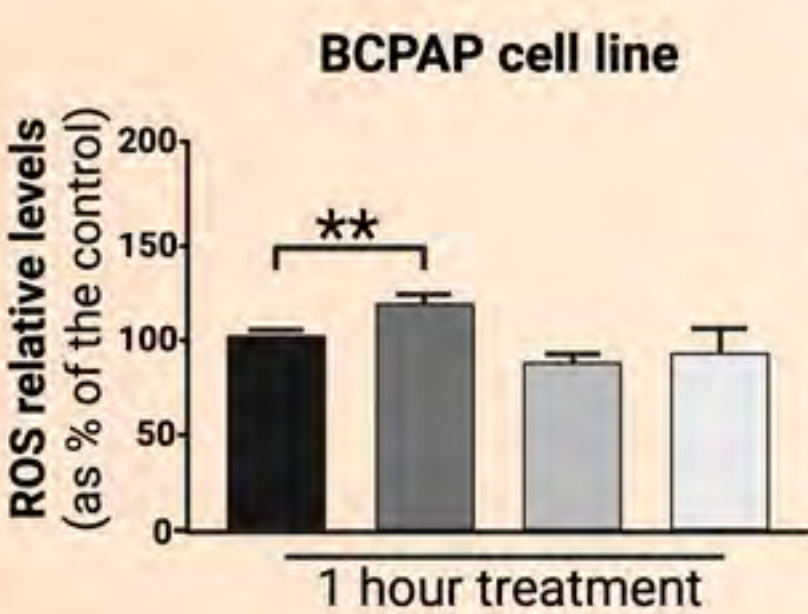
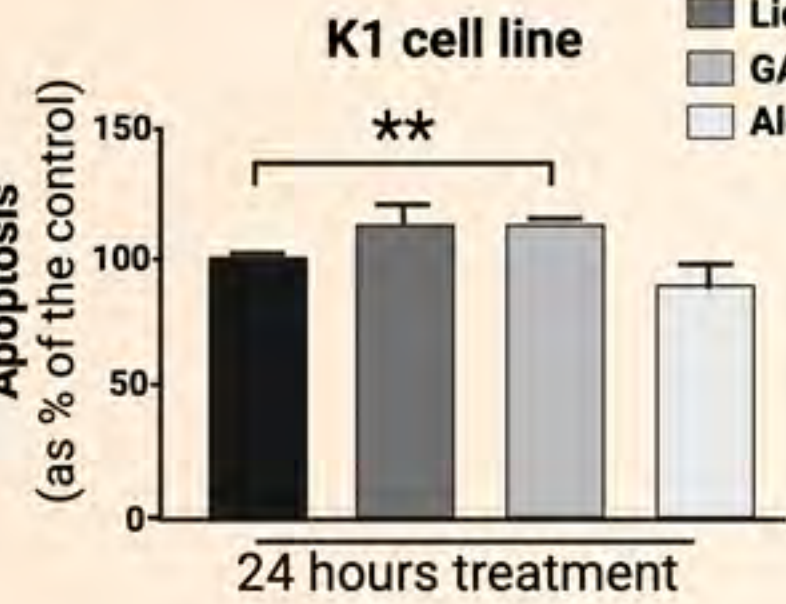
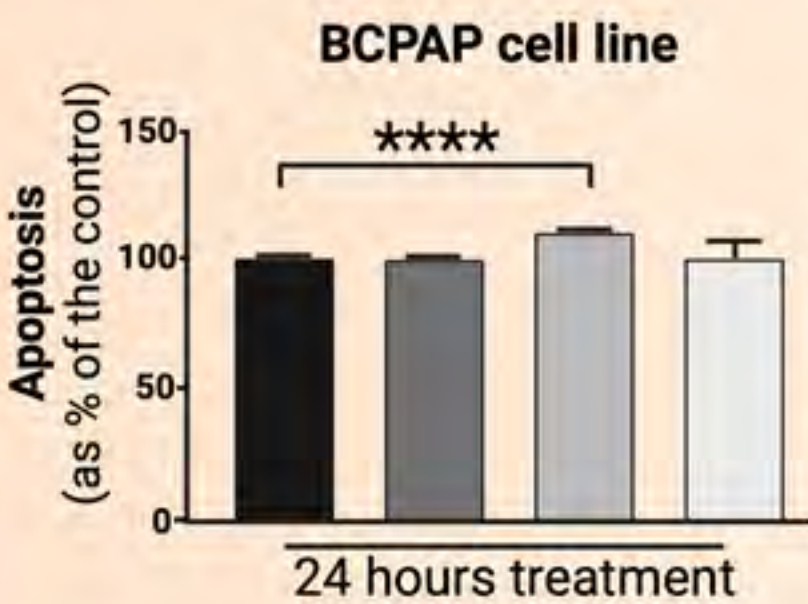
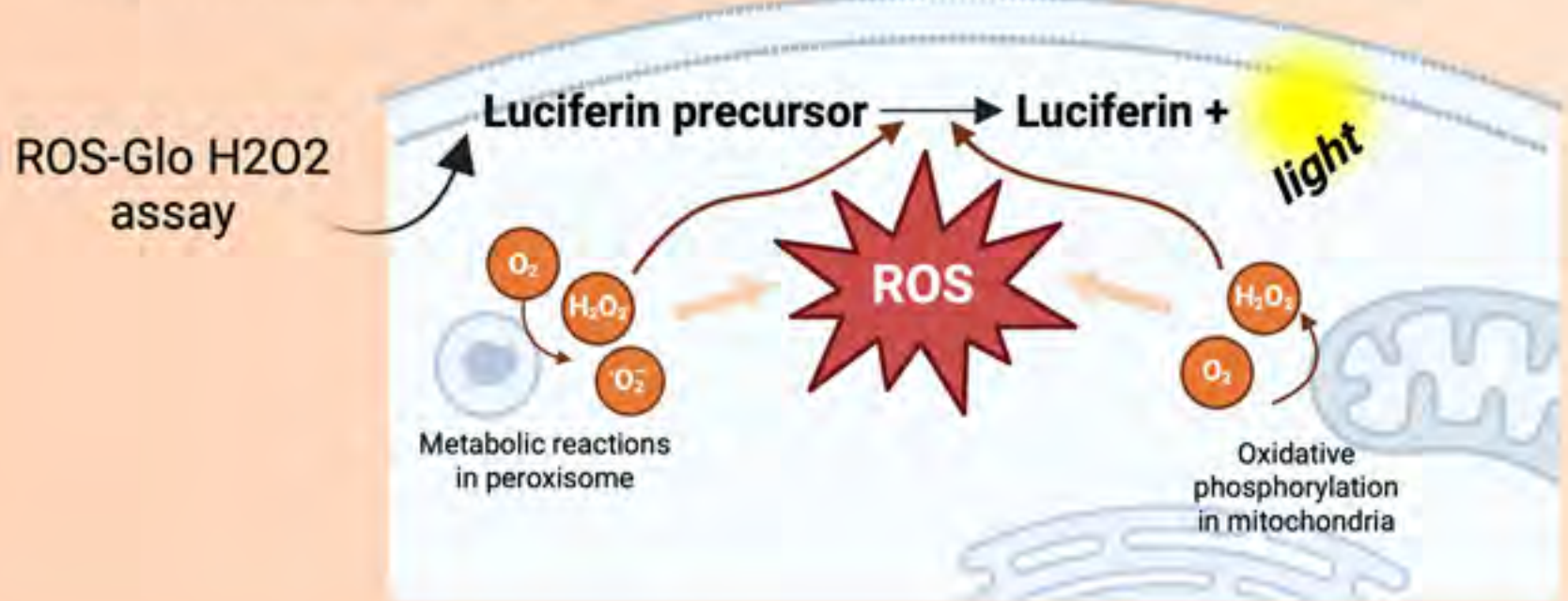


preliminary data

Licorice extract and GA induce *in vitro* apoptosis through caspase dependent recruitment. The Caspase-Glo 3/7 Assay is a luminescent test that measures caspase-3 and -7 activation for detecting apoptosis.



- Licorice extract increases oxidative stress in both cell lines. The ROS-Glo H2O2 assay detected reactive oxygen species (ROS) via a luminescent signal proportional to H2O2 levels.



=p<0.01; *= p<0.001 ; ****= p<0.0001.

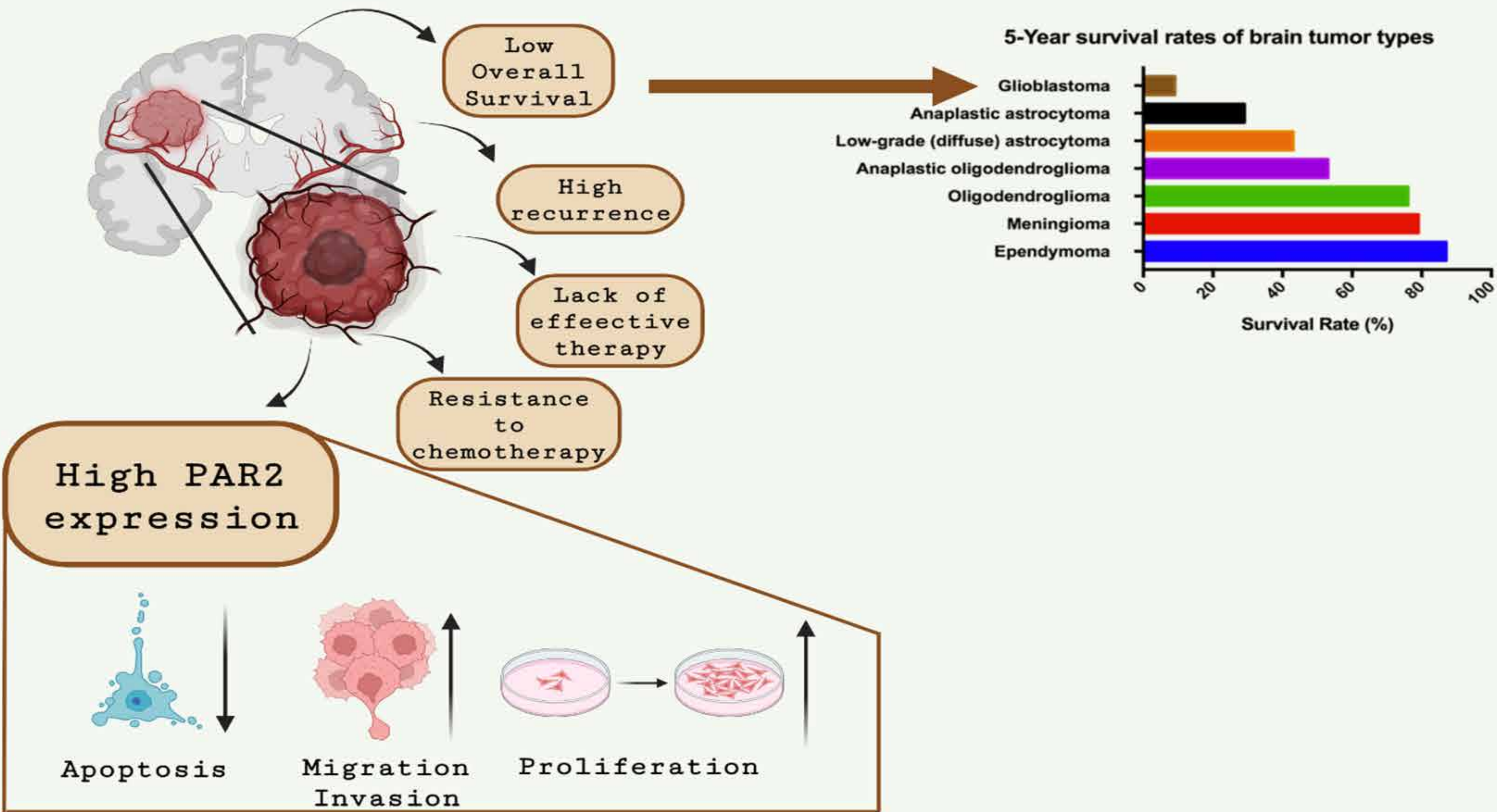
CONCLUSION / FUTURE PROSPECTIVE:

- LICORICE EXTRACT AND GA DISTINCTLY ESCALATED APOPTOSIS, WHILE LICORICE EXTRACT INCREASED INTRACELLULAR OXIDATIVE STRESS LEVELS IN BOTH PTC CELL CULTURES.
- STUDY OF THE POTENTIAL IMPLICATIONS OF THE AGONIST EFFECT ON ER AND MR IN PTC CELL LINE MODELS.
- VALIDATION OF THE INFLAMMATORY SPECTRUM PRODUCED BY TUMOR LINES AND INVESTIGATION OF THE EFFECTS ON CYTOKINE AND CHEMOKINE PRODUCTION FOLLOWING THE ADMINISTRATION OF GA AND LICORICE EXTRACT

Novel therapeutic strategy for glioblastoma through PAR2 inhibition

Mariagrazia Ruvoletto
Department of Medicine- University of Padua

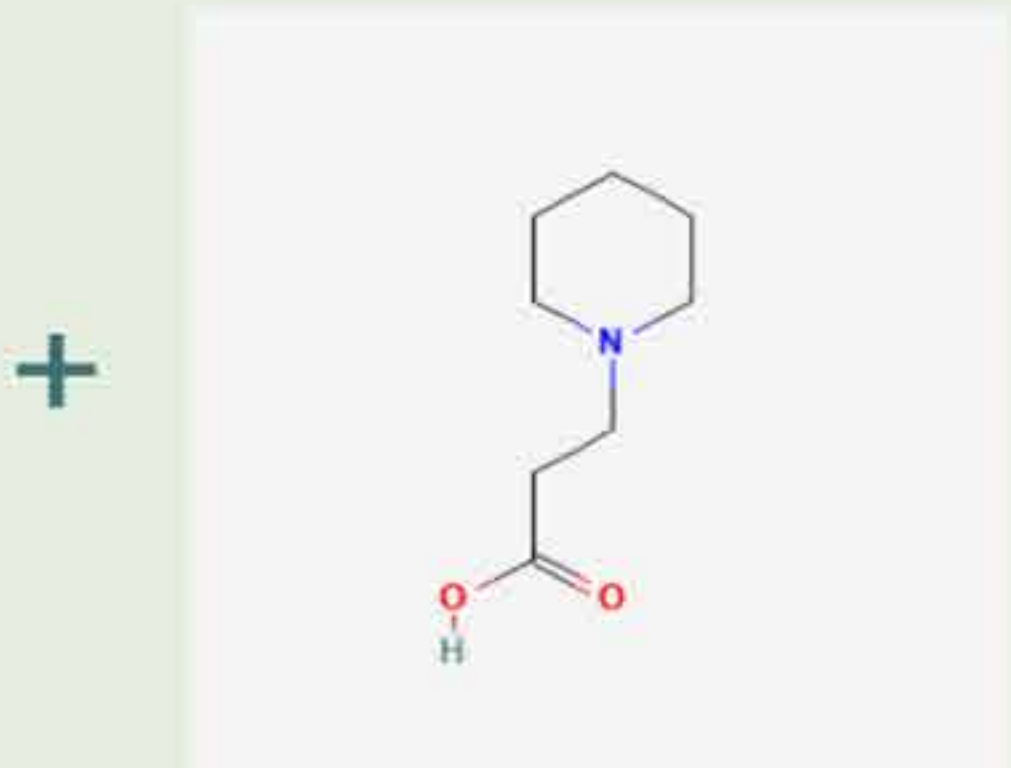
Glioblastoma



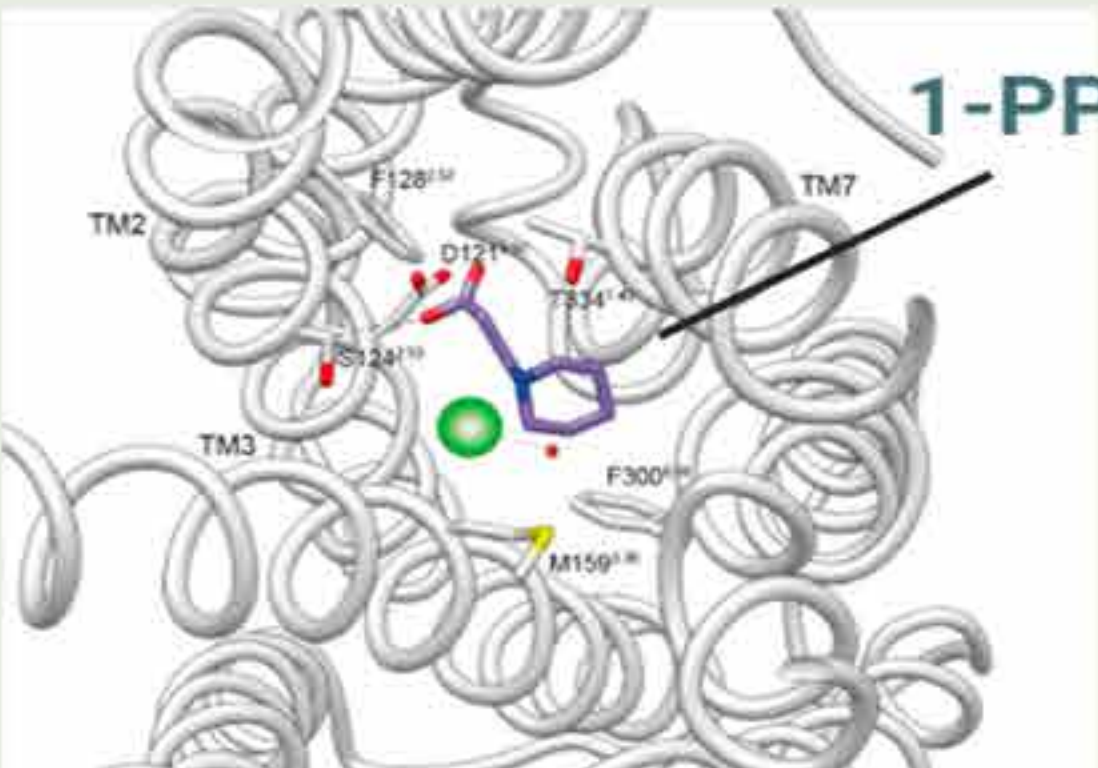
Mechanism of PAR2 inhibition



PAR2



1-Piperidine
Propionic Acid
(1-PPA)



PAR2-1-PPA
Complex

Proliferation

Apoptosis ↑

Migration
invasion

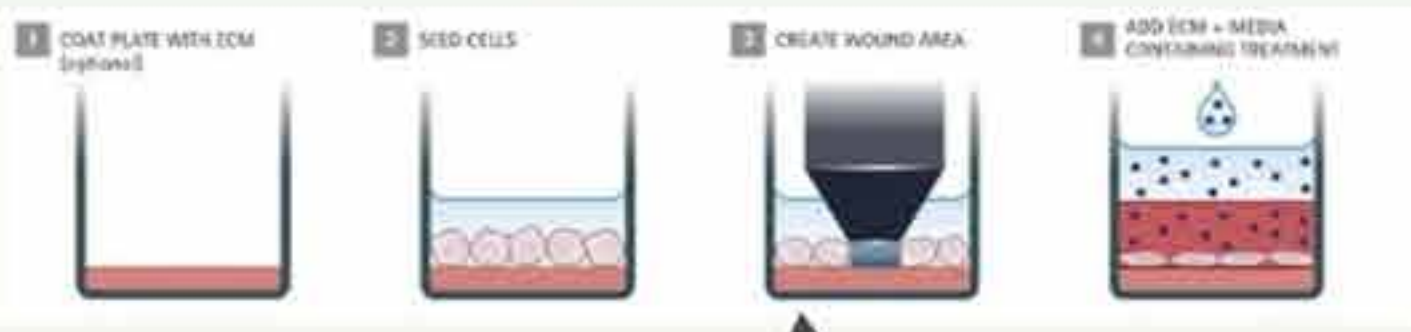
Glioblastoma cell lines

1-PPA

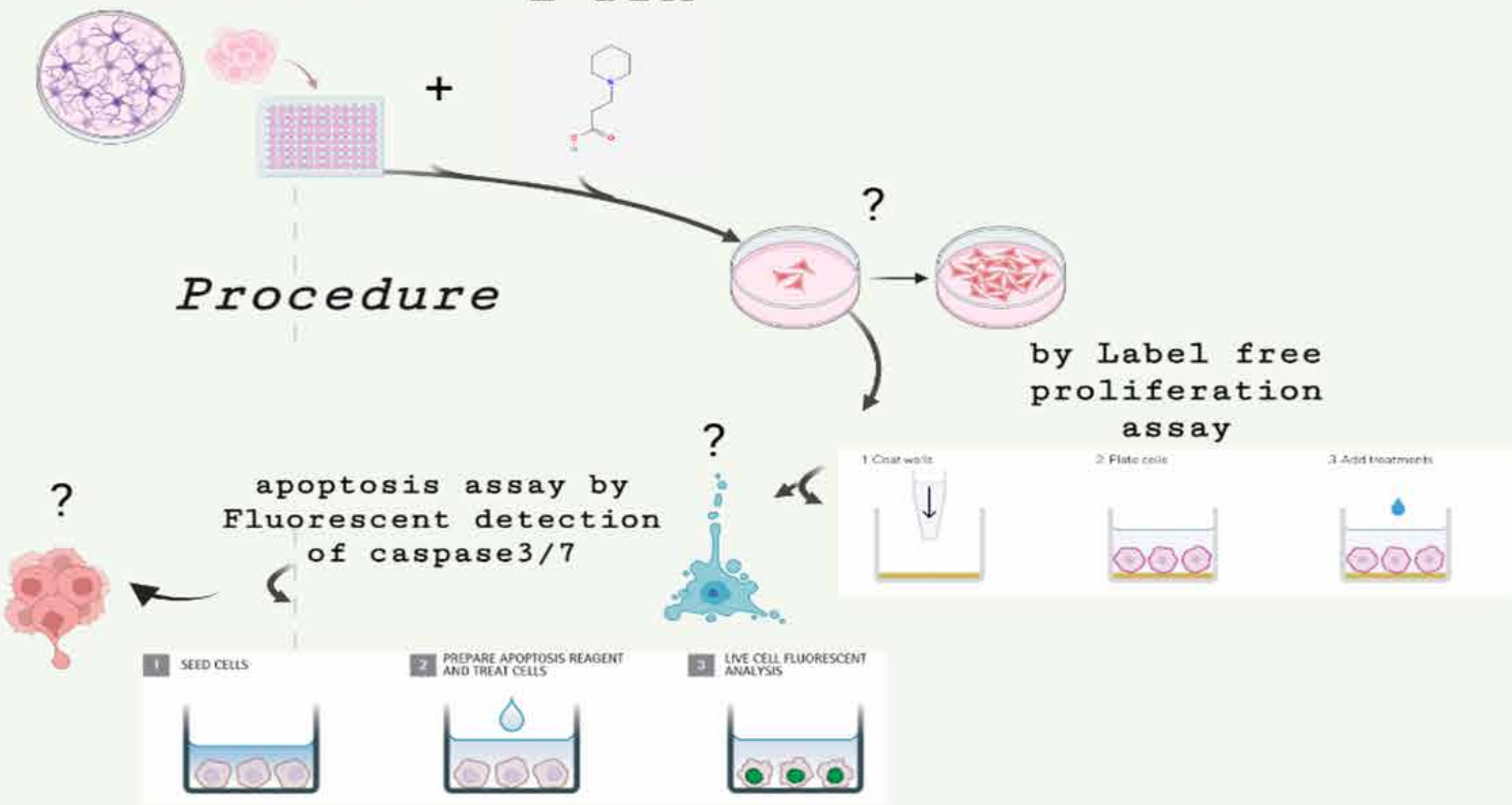
Incucyte S3



by Scratch wound cell
migration and
invasion assay

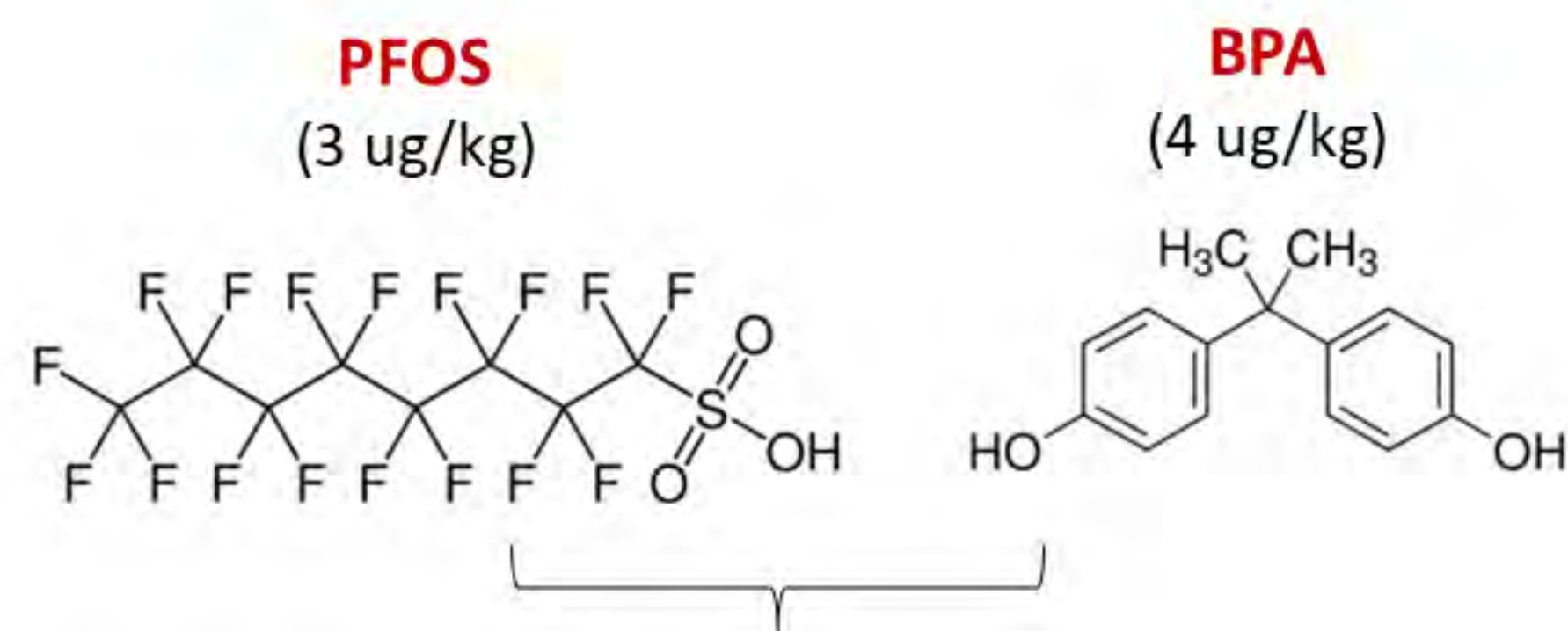


Procedure



Developmental and Reproductive Effects of Endocrine Disruptors: role of single and combined subtoxic dosage

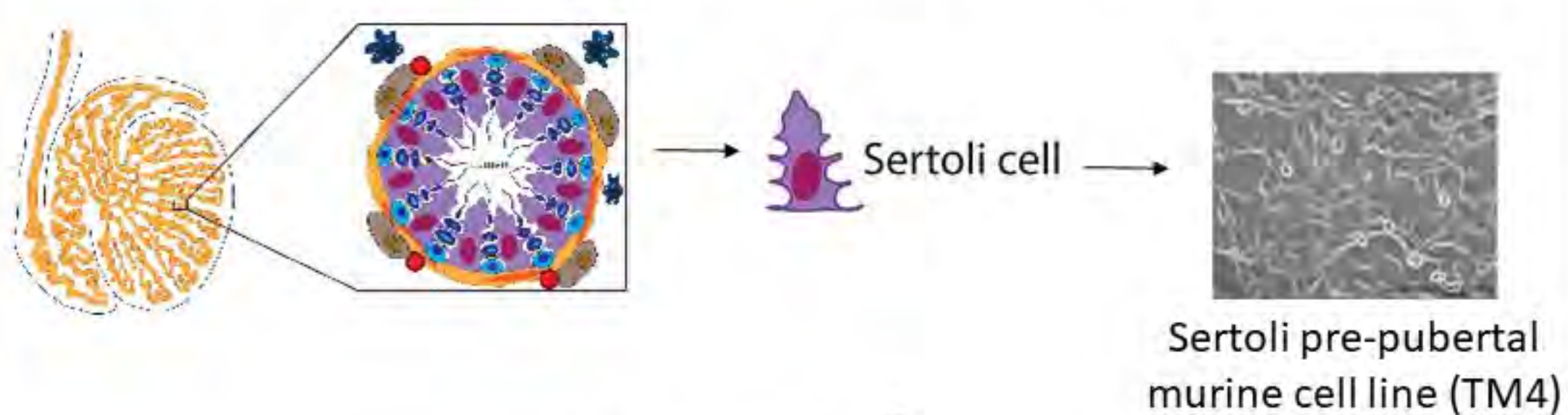
ENDOCRINE DISRUPTORS



Experimental group:

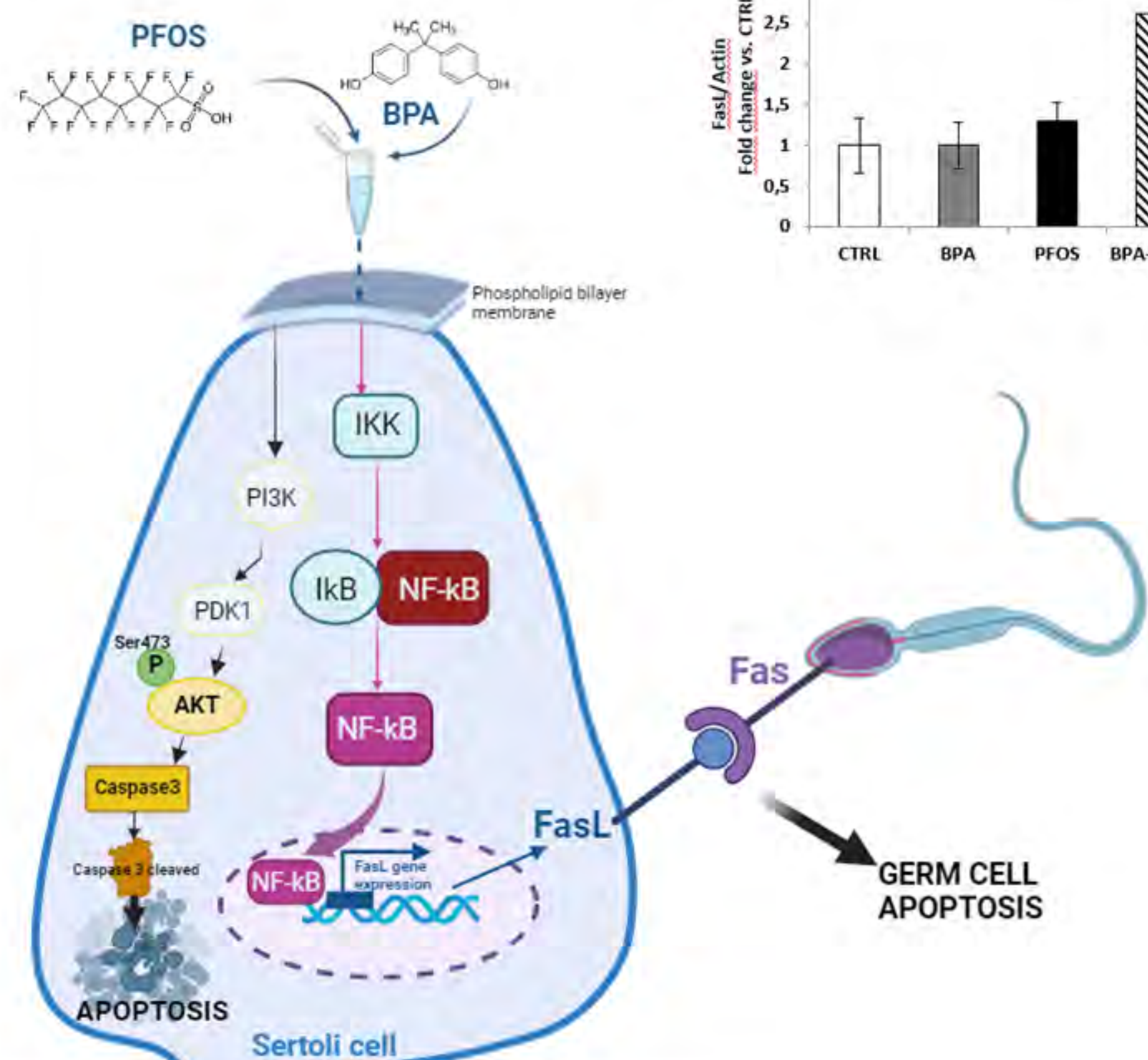
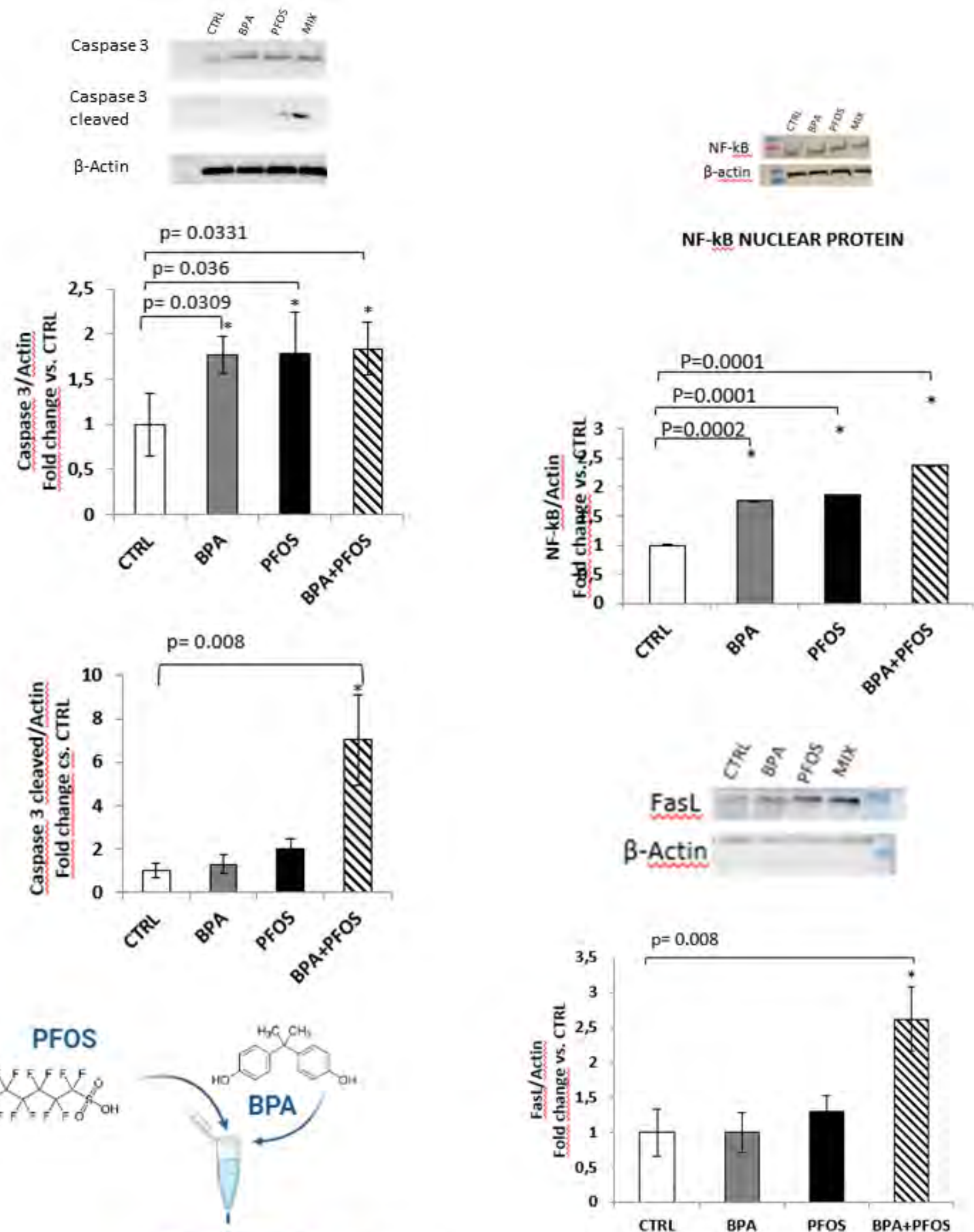
- Group I – control (no EDs)
- Group II – BPA exposure
- Group III – PFOS exposure
- Group IV – BPA/PFOS mixture exposure

***In vitro* - preliminary results**

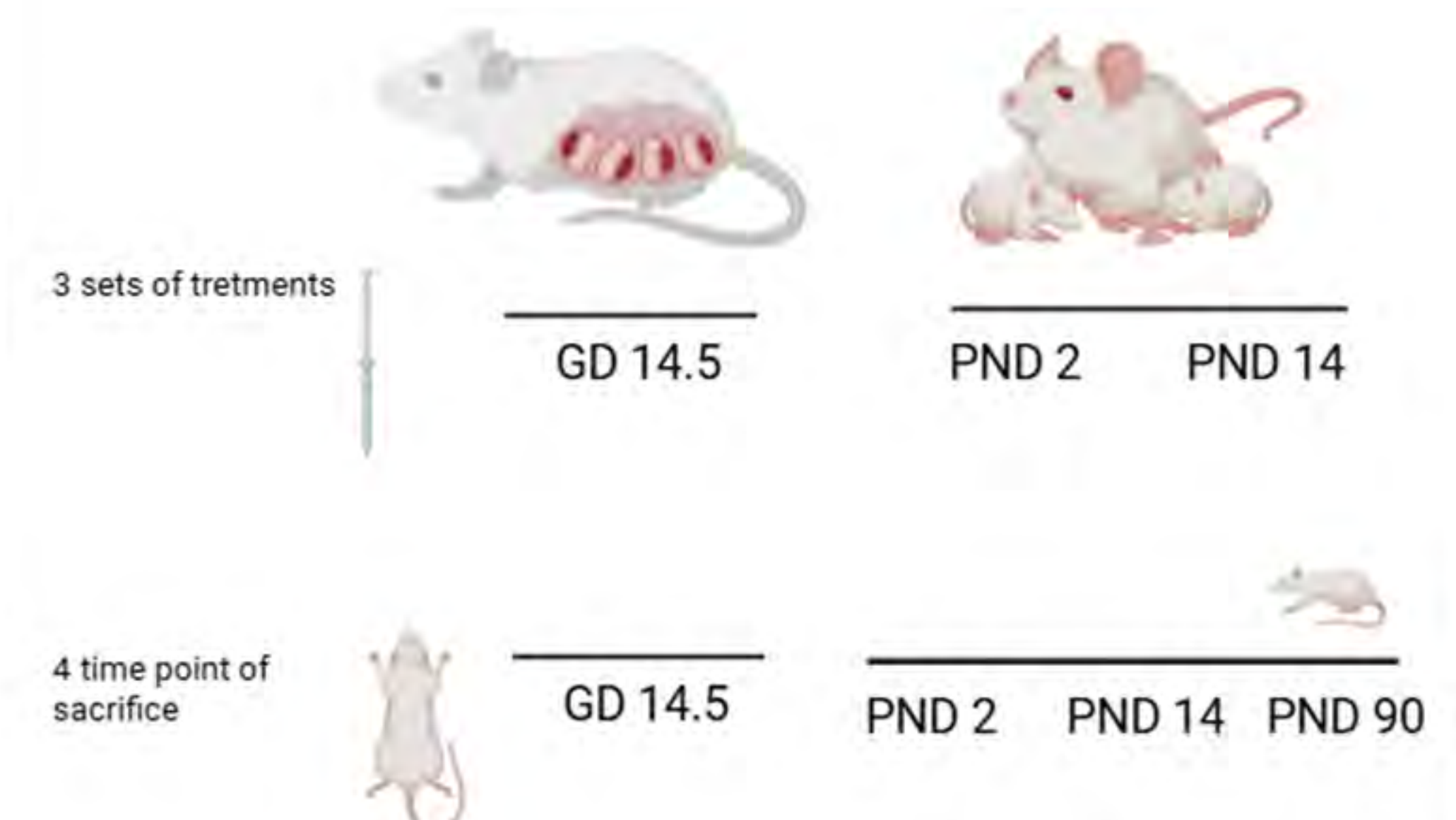


24 h exposure

Apoptotic markers



***In vivo* - study design**



BPA and PFOS
quantification in
organs and blood
samples



Analysis of genes and proteins involved in the hormonal and spermatogenic function of the testis



JESS – automated Western blot system

1° Testis

2° Testis

Organ
inclusion

IH/IF
analysis



EVALUATION OF A NEW SOMATOSTATIN RECEPTOR ANALOG IN MODULATING HORMONE SECRETION AND CELL PROLIFERATION

E. Santillo¹, S. Avallone², D. Regazzo¹, P. Simioni¹ and M. Barbot¹

1 – Department of Medicine – DIMED, Padova, Italy

2 – Department of Biology – DIBIO, Padova, Italy

PRELIMINARY STUDIES

Surgery of ACTH-
and
GH- pituitary
adenomas



Primary cell
culture



Test ELISA



GH and ACTH
secretion

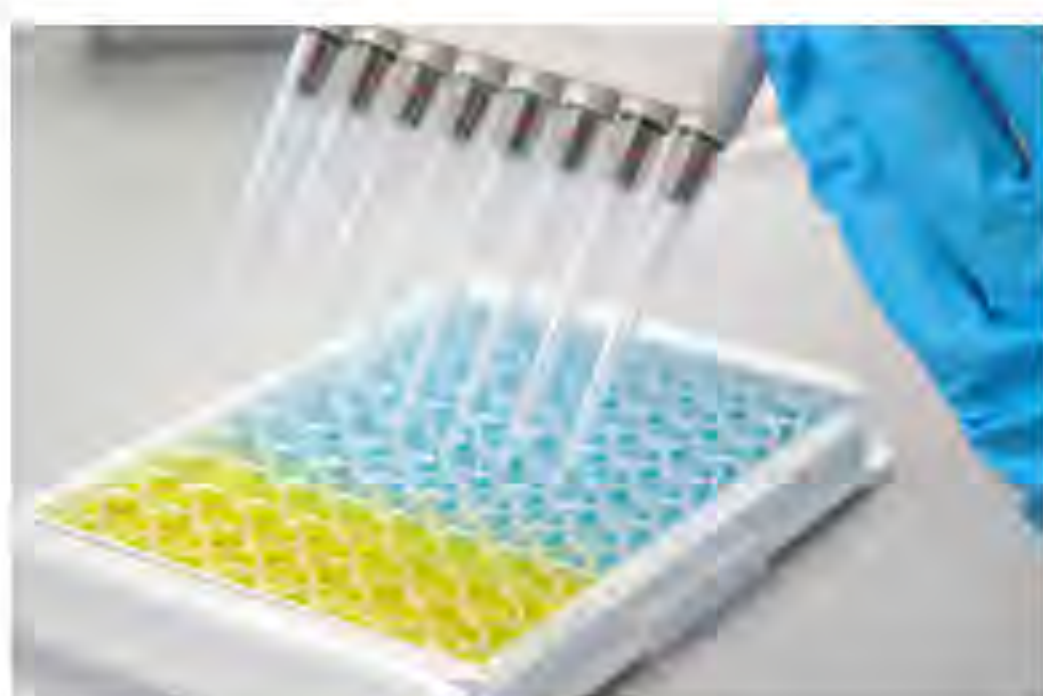
NOW

Cell line culture



AtT-20

GH3



Hormone's secretion



Proliferation and
apoptosis

NEXT STEP

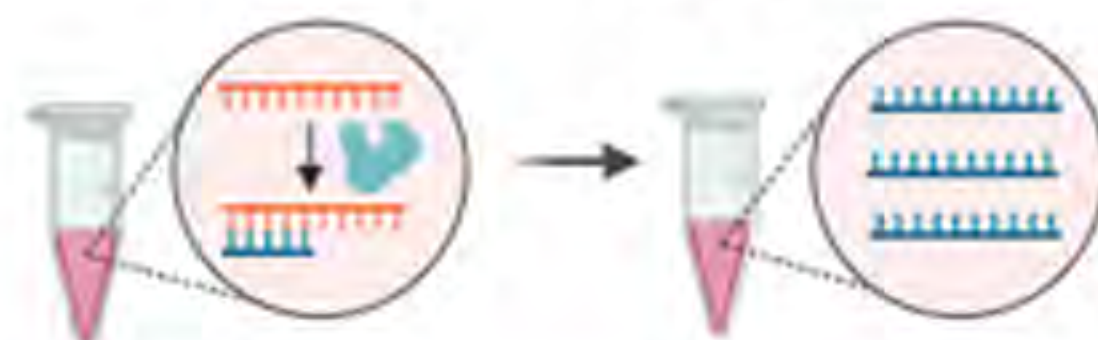
Cell line
culture

RNA
extraction



DNase treatment
and reverse
transcription

qPCR



THE TRANSITION CLINIC IN RHEUMATOLOGY: OUTCOMES OF JUVENILE IDIOPATHIC ARTHRITIS IN ADULTHOOD

Laura Scagnellato, Alessandra Meneghel, Giacomo Cozzi, Mariagrazia Lorenzin, Francesco Zulian, Paola Galozzi,
Chiara Giraudo, Andrea Doria, Roberta Ramonda

JUVENILE IDIOPATHIC ARTHRITIS (JIA) IN PILLS

- ☐ The most common chronic inflammatory musculoskeletal disease in children.
- ☐ It can present as systemic vs non-systemic disease
 - **Systemic disease** = alter ego of Adult Onset Still Disease
 - Non – systemic can be **oligoarticular ANA positive/negative, polyarticular, rheumatoid-factor positive, psoriatic, enthesitis-related** = very heterogeneous and possibly erosive
- ☐ Can be complicated by **chronic anterior uveitis** that is asymptomatic in early phases and leads to blindness unless untreated.
- ☐ Age of onset of the most common form (oligoJIA): 2-6 years old = **long disease duration by the age of 18**
 - **Best case: no damage but life-long treatment**
 - **Worst case: joint and eye damage + life long treatment**
- ☐ Non – systemic disease can be **treated** with systemic or local glucocorticoids, conventional DMARDs (methotrexate) and biologic DMARDs (adalimumab, etanercept, golimumab, tocilizumab, abatacept, and more recently in some cases with secukinumab and baricitinib). But **sometimes is not enough (intolerance, resistance)**

WHAT HAVE WE BEEN DOING?

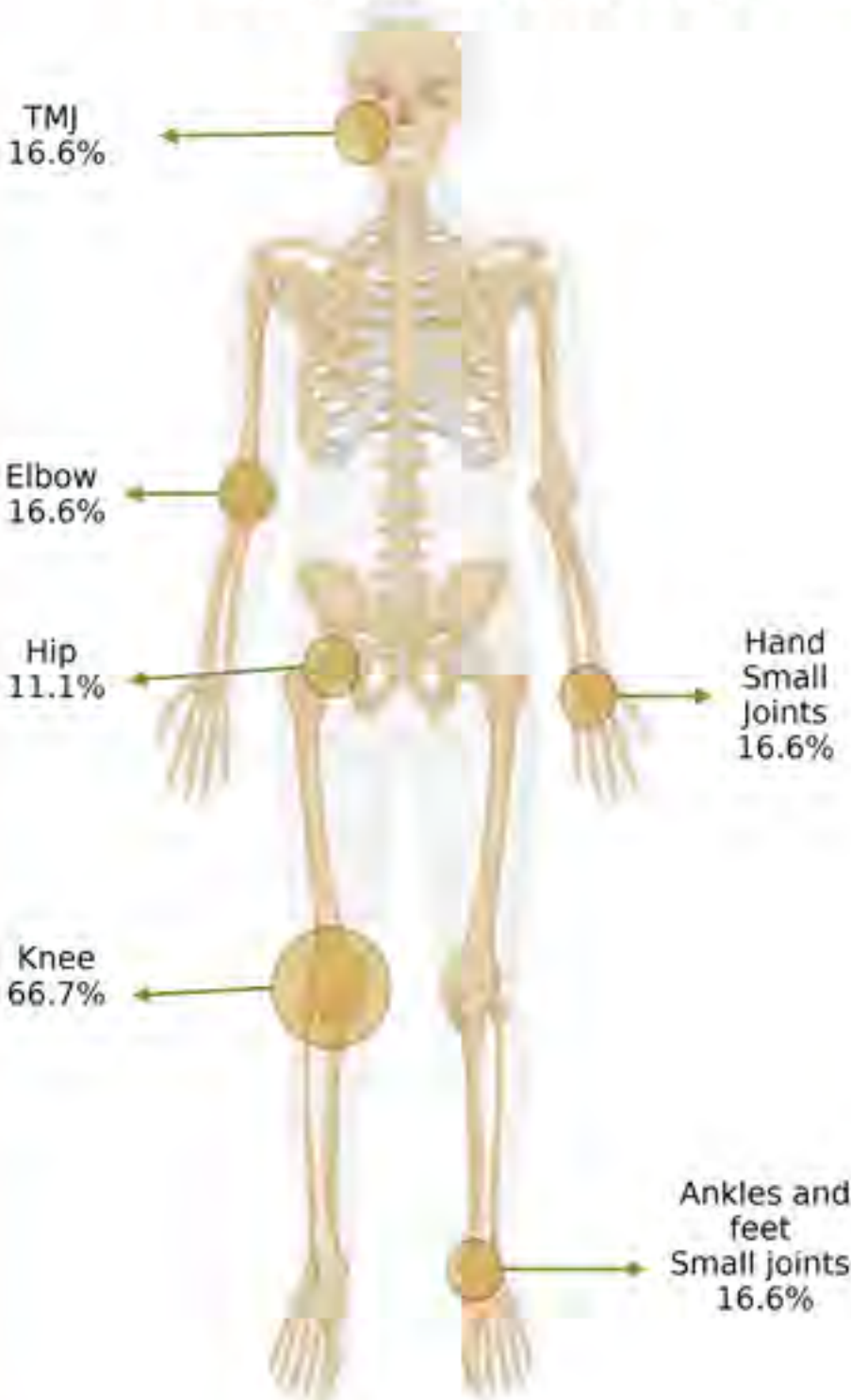
- **NEW MONTHLY TRANSITION CLINIC SINCE October 2023** for handing over patients non systemic JIA patients aged 18 or older.



- ✓ Each patient is discussed previously (**holistic approach**: *family environment, treatment adherence, comorbidities*) → easier for clinicians
- ✓ Dedicated nurse to aid the entrance in the adults' world → the patient has a **clear and higher quality healthcare pathway** ahead

- **ASSESSMENT OF THE RISK OF RELAPSE AFTER TRANSITION**

- ✓ 50 patients, most patients are oJIA



- ✓ A **third** of young adults with **o/p JIA** suffer an arthritis **relapse within the first three years after transitioning** to adult care
- ✓ The major risk factor for disease relapse within this timeframe was **MONOARTHRITIS**

Link to
the
paper!



- **«HOLISTIC» ASSESSMENT OF DAMAGE AT TRANSITION**

27 patients recruited Oct 2023 – June 2024

Prospective PROs
0-12 months

27 patients
Pain, impairment&limitations
Lifestyle: sports; comorbidities
Education and career

Baseline MRI of
the most involved
joint

22 patients performed MRI
- 14 knee, 4 hand, 3 ankle, 2 elbow
❖ 55% bone oedema
❖ 55% effusion
❖ 44% cartilage damage

Gynecological
evaluation

15 patients
☐ Transvaginal US examination; PCOS 31%
☐ Ovarian reserve: anti-mullerian hormone (AMH) dosage

WHAT IS IN OUR PLANS?

- **COHORT ENLARGMENT** for higher statistical power



ONGOING RECRUITMENT

- **ASSESSMENT OF THE RISK OF RELAPSE AFTER bDMARDs TAPERING**

- ✓ Quantification of absolute risk
- ✓ Identification of **clinical risk factors**
- ✓ Identification of **musculoskeletal ultrasound risk factors**



ONGOING RECRUITMENT

- **DEEP IMMUNOPHENOTYPING**

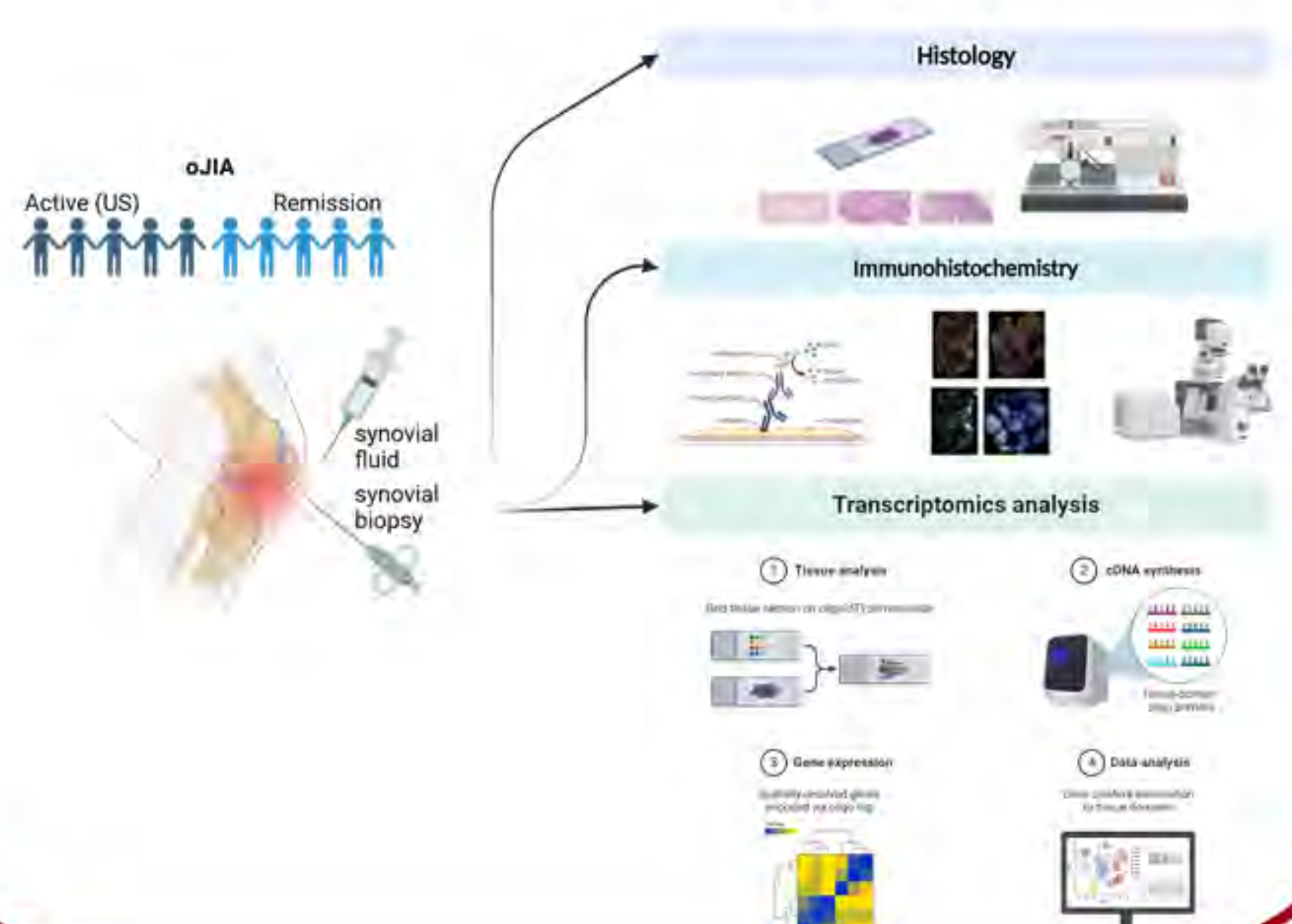
- ✓ Assessment of the link between an **immunological genetic panel** and disease aggressiveness (=MRI damage)

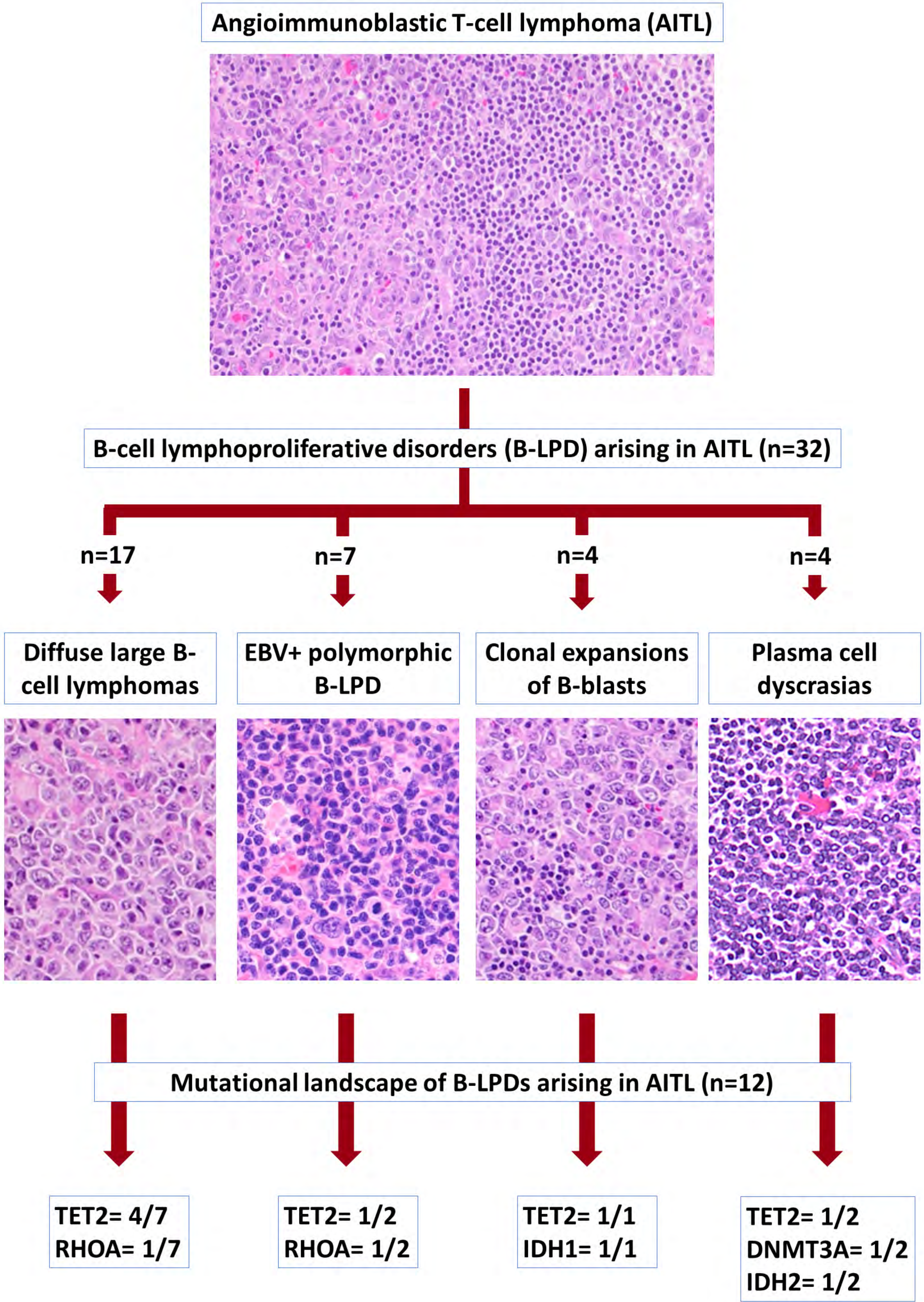


ONGOING SAMPLE COLLECTION

- ✓ **Tissue transcriptomics**

- Synovial biopsy at disease relapse (project n°=5) & synovial fluid (SF) collection
- Synovial biopsy after long term remission prior to therapeutic tapering (n°=5) & SF collection
 - ❖ Role of **resident macrophages**





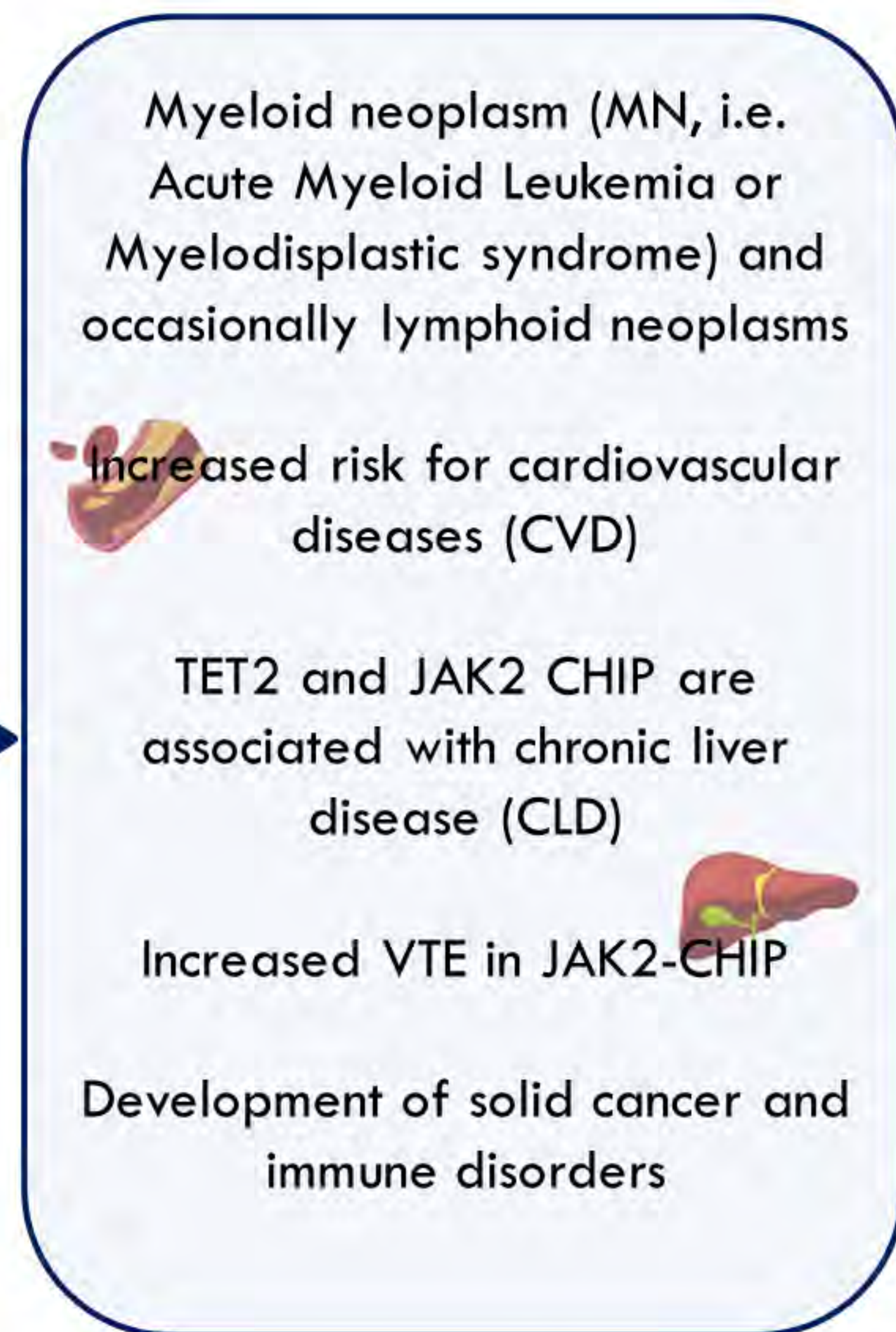
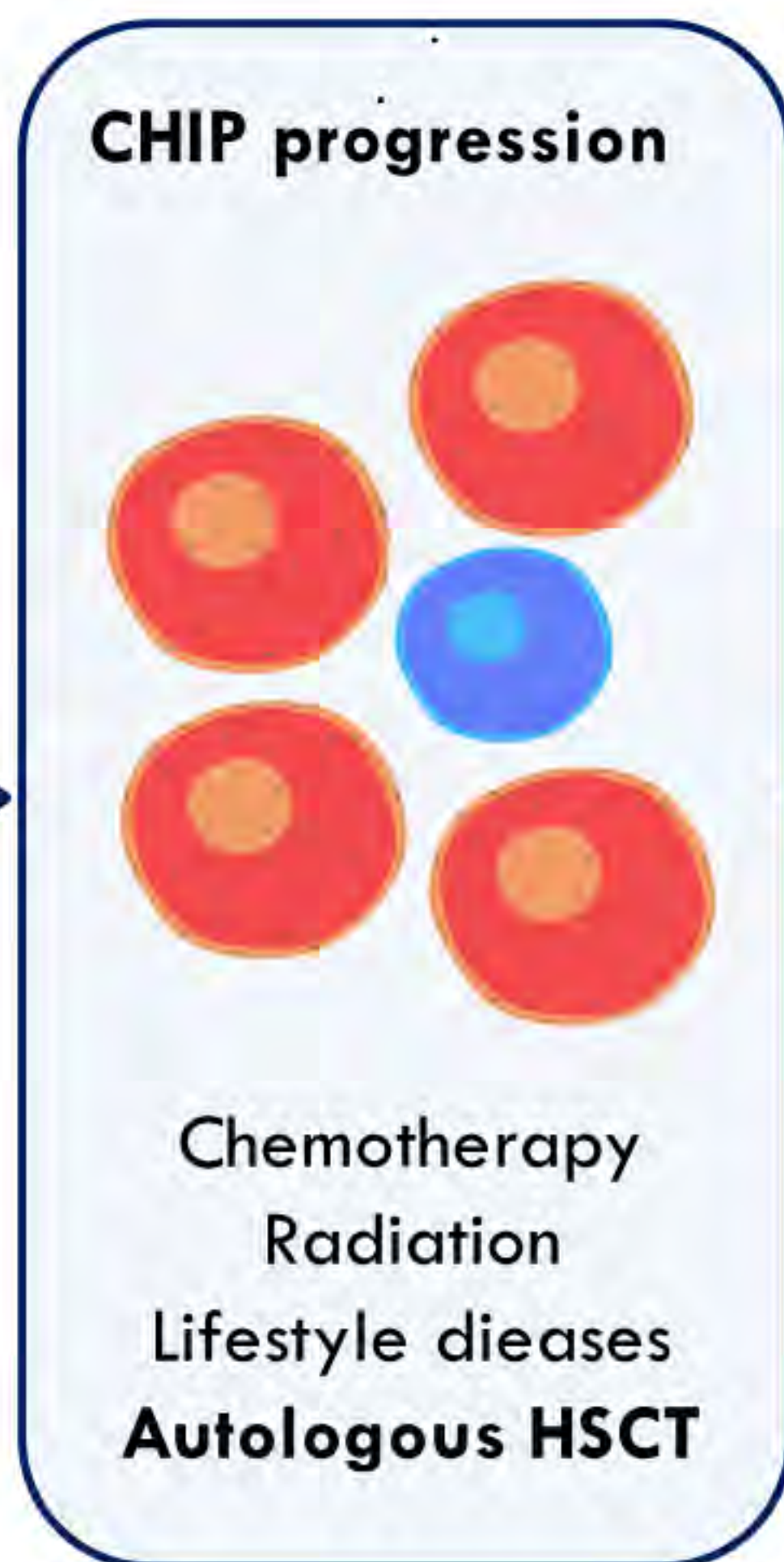
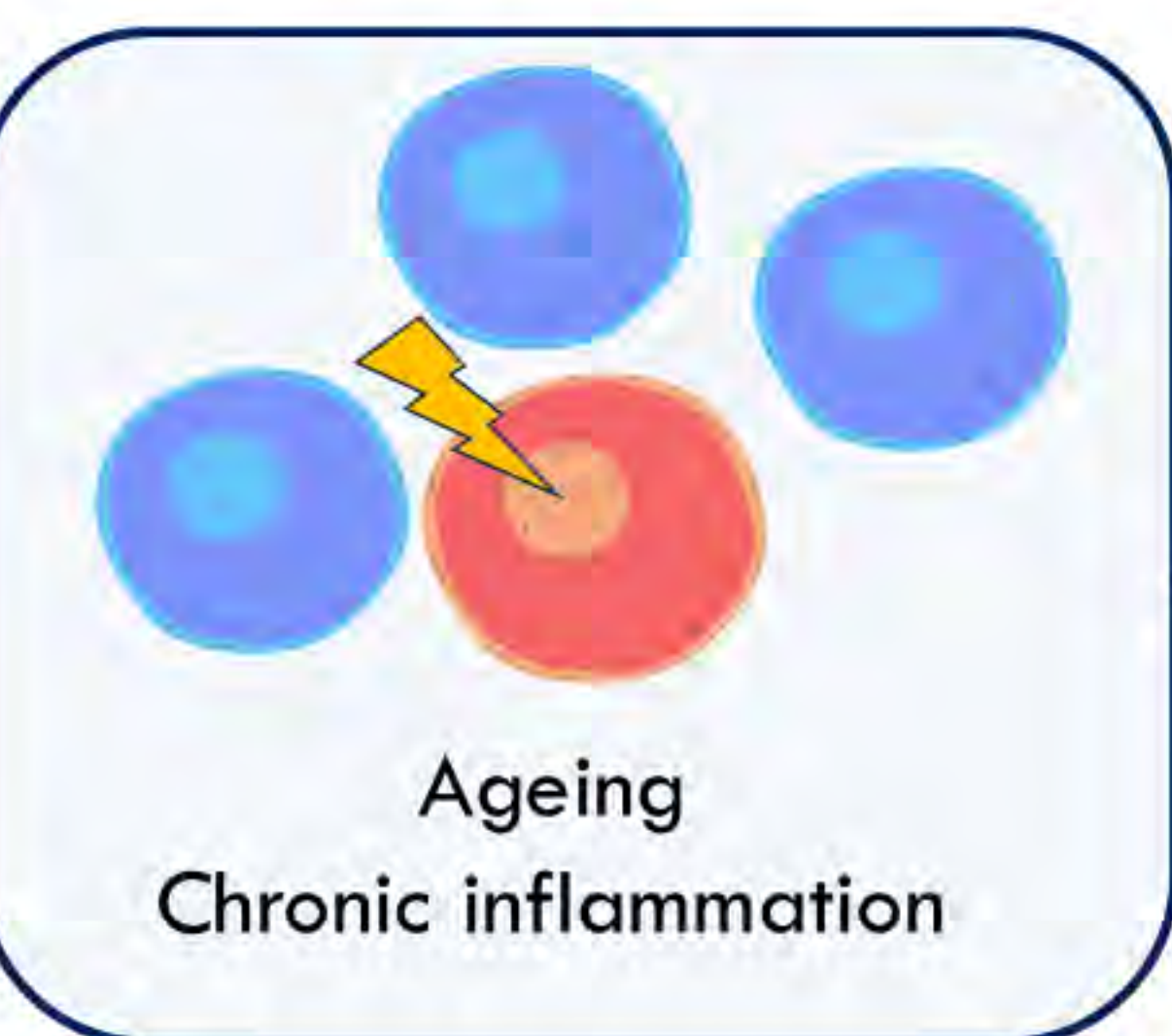
Impact of Clonal Hematopoiesis of Indeterminate Potential (CHIP) in patients who received Autologous Stem Cell Transplantation

Dott. A. Serafin

Medico Specializzando U.O.C. Ematologia

BACKGROUND

-  Healthy HSC
-  CHIP HSC
-  Driver mutation (DNMT3A, TET2, JAK2, ASXL1)



METHODS and OBJECTIVES

RETROSPECTIVE STUDY

Primary end-points:

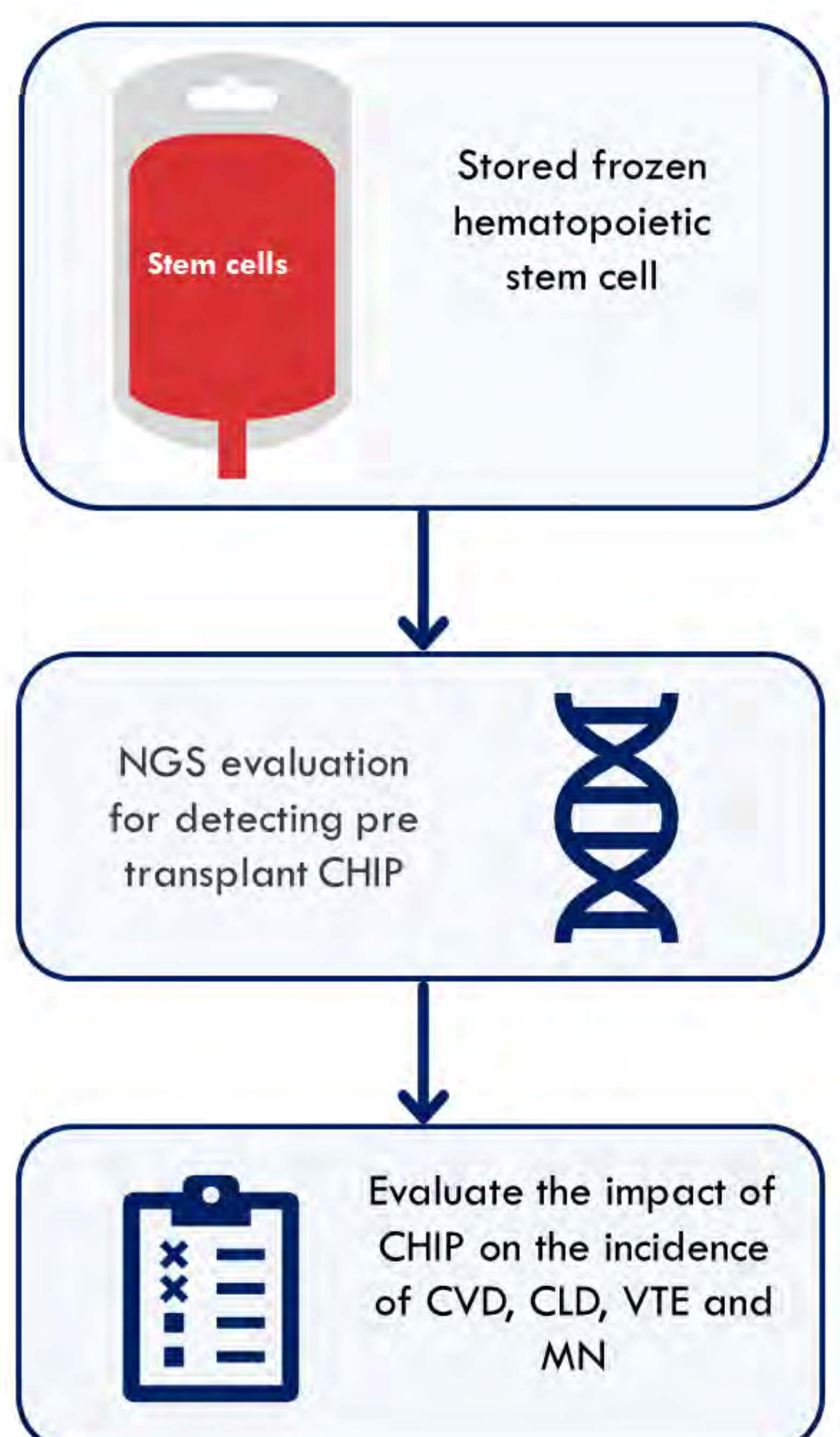
1. Cumulative incidence of CHIP at baseline.

Secondary end-point:

1. Cumulative incidence of secondary Myeloid Neoplasms (MN) after autologous stem cell transplantation;
2. Clinical risk factors for therapy-related CHIP pre-HSCT and for sMN post-HSCT;
3. Cumulative incidence of CHIP-related CVD, CLD, VTE;
4. Death-rate due to haematological and non-haematological causes;
5. Correlation of chip with markers of inflammation;
6. Correlation between CHIP and bone marrow lymphocyte subsets.

References:

- [1] Awada, H., Gurnari, C., Visconte, V. *et al.* Clonal hematopoiesis-derived therapy-related myeloid neoplasms after autologous hematopoietic stem cell transplant for lymphoid and non-lymphoid disorders. *Leukemia* 38, 1266–1274 (2024). <https://doi.org/10.1038/s41375-024-02258-y>
- [2] Jaiswal, S., Libby, P. Clonal haematopoiesis: connecting ageing and inflammation in cardiovascular disease. *Nat Rev Cardiol* 17, 137–144 (2020). <https://doi.org/10.1038/s41569-019-0247-5>



WHAT WE KNOW



Hepatic
steatosis
 $\geq 5\%$

Type 2
diabetes

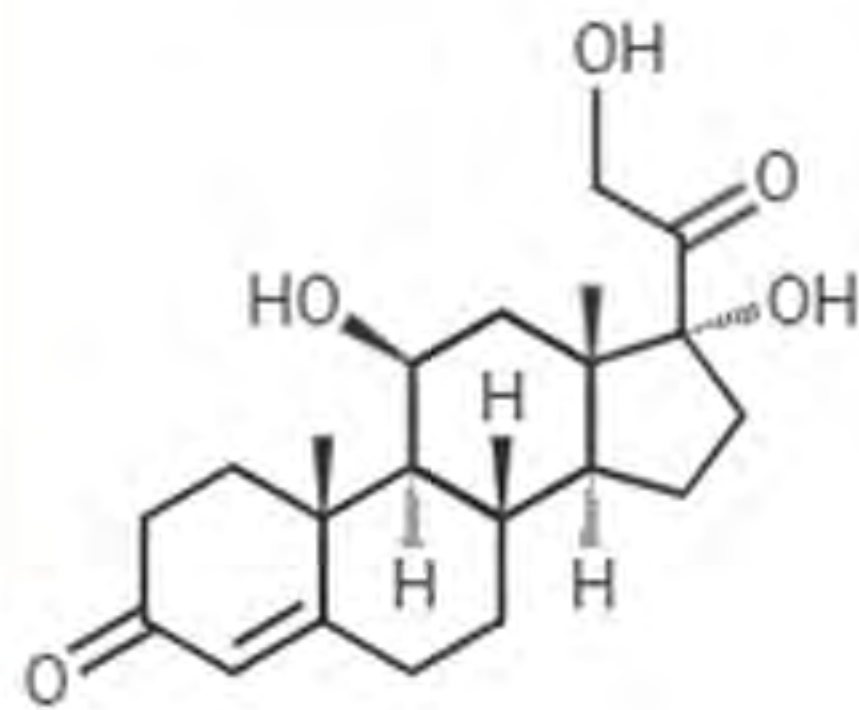
Overweight
/obesity

Metabolic
complications

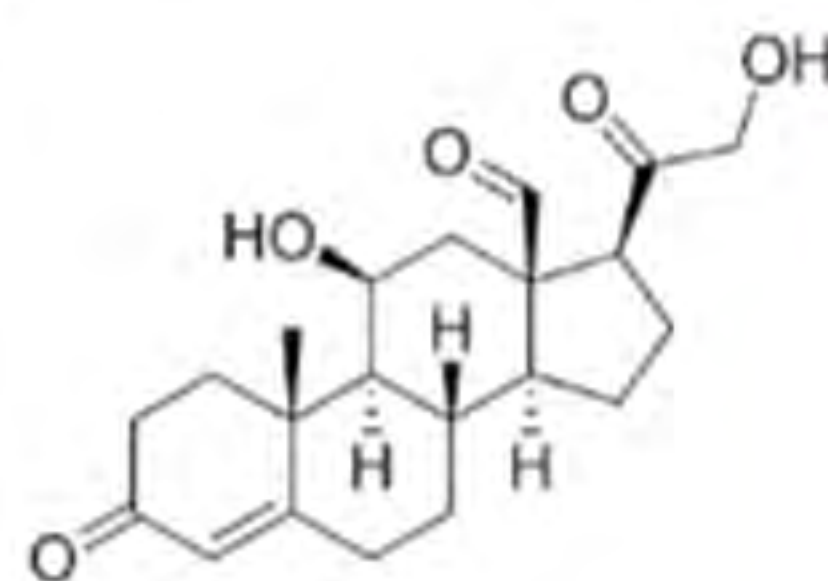
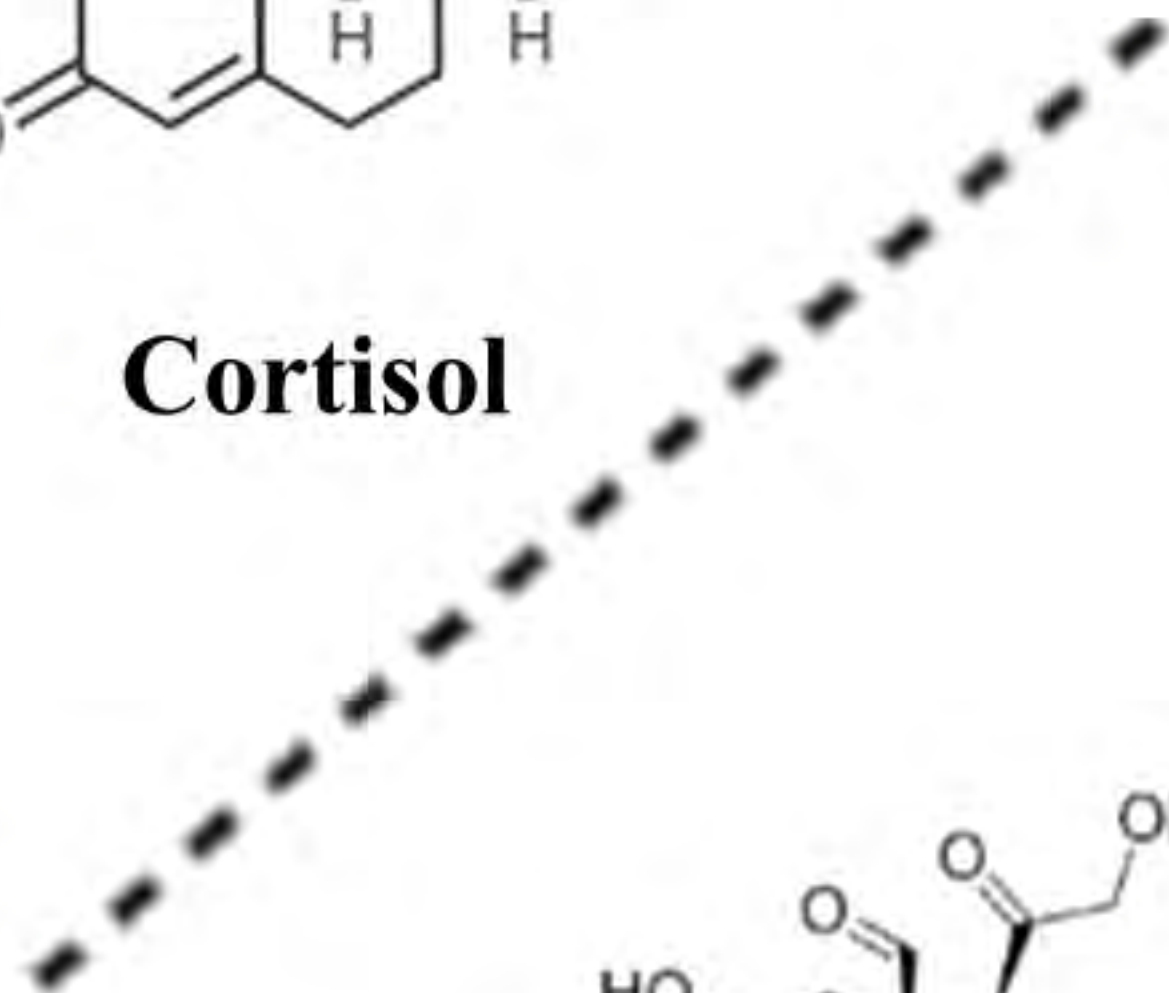


**Metabolic
Associated
Fatty
Liver
Disease**

WHAT WE DISCOVERED



Cortisol



Aldosterone



Hepatic
steatosis
 $\geq 5\%$

Type 2
diabetes

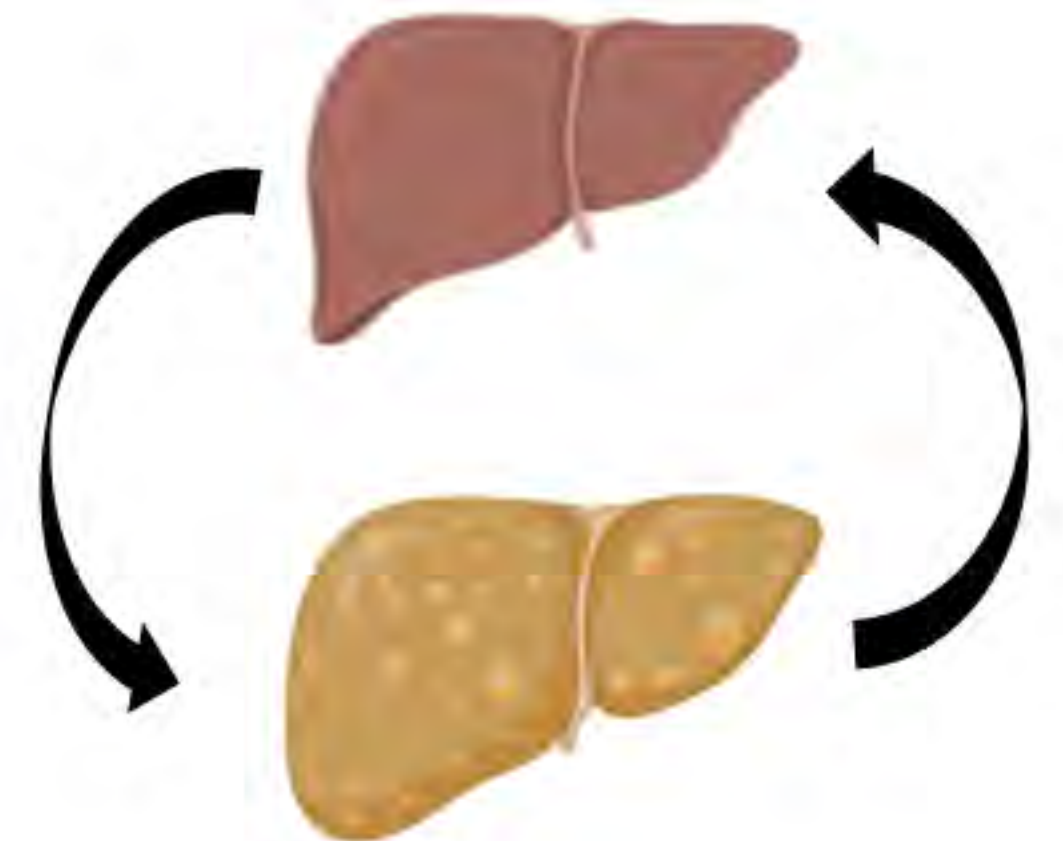
Overweight
/obesity

Aldosterone
/cortisol
excess



**Endocrine
Associated
Fatty
Liver
Disease**

THE FUTURE of EAFLD

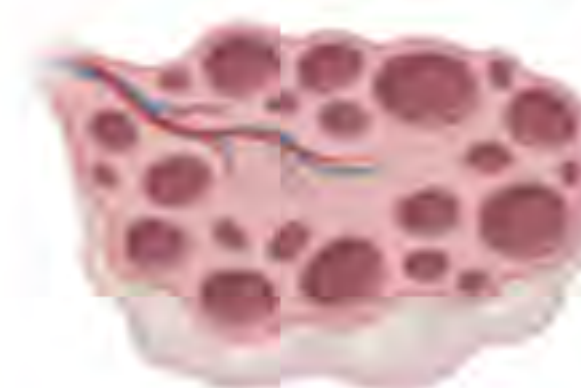


Pheochromocytoma



catecholamines

**Polycystic
Ovary
Syndrome**



aldosterone/
androgens

**Diabetes
mellitus**



&

Obesity



cortisol

Reticulated platelet pro-coagulant role in patients with cirrhosis

S. Toffanin¹, C.M. Radu¹, E. Campello¹, C. Bulato¹, G. Nuozzi¹, A. Zanetto², M. Senzolo², P. Burra², P. Simioni¹.

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²Department of Surgery Oncology and Gastroenterology, Gastroenterology and Multivisceral Transplant Unit, Padova University Hospital, Italy

BACKGROUND AND AIM

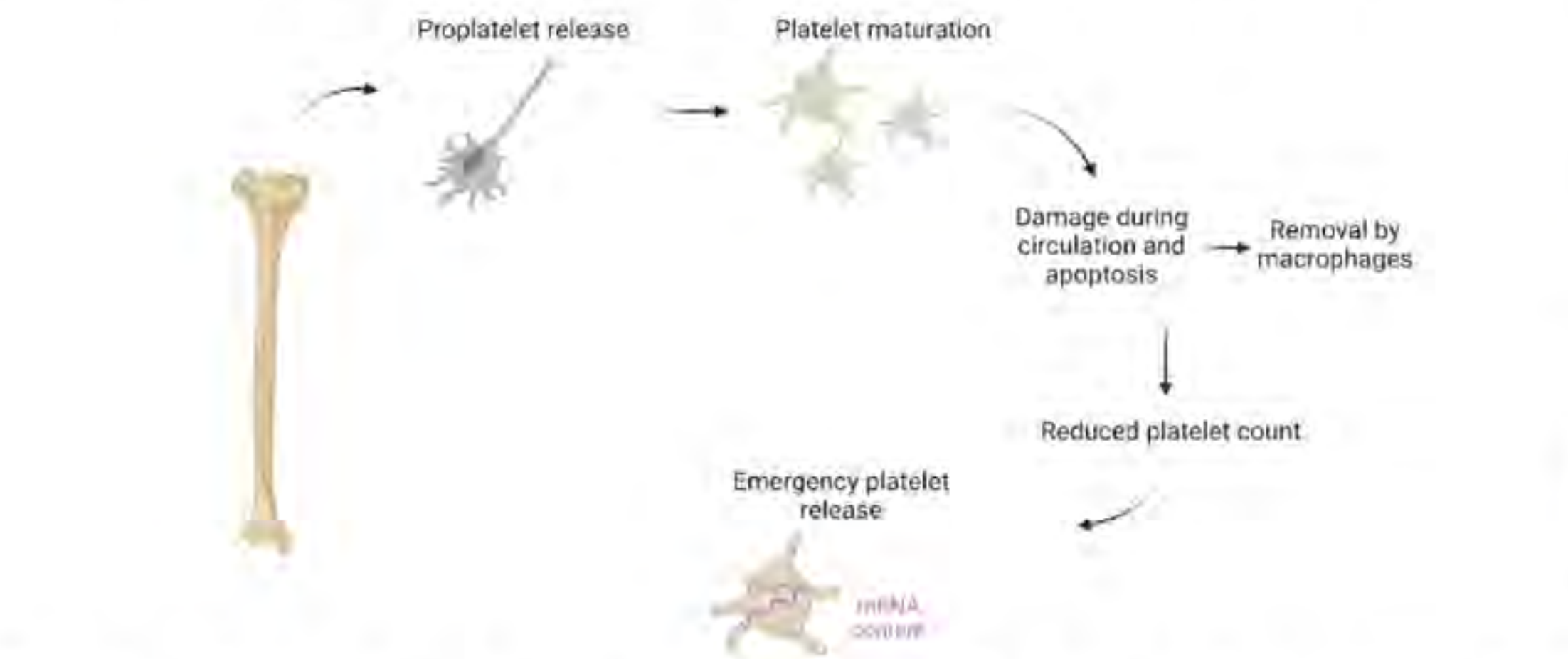
METHODS

Cirrhosis is a chronic liver disease characterized by:

- a reduced synthesis of hepatic-dependent coagulation factors;
- a decreased platelet count.

In patients without liver disease, these alterations lead to a pro-haemorrhagic state, whereas in those with cirrhosis thrombotic events may occur.

Reticulated platelets (RePLTs) are bigger and more reactive emergency circulating platelets, characterized by an high content of RNA, higher levels of surface activation markers and directly released by megakaryocytes to contrast peripheral platelet destruction, which is a major mechanisms responsible for thrombocytopenia in cirrhosis.



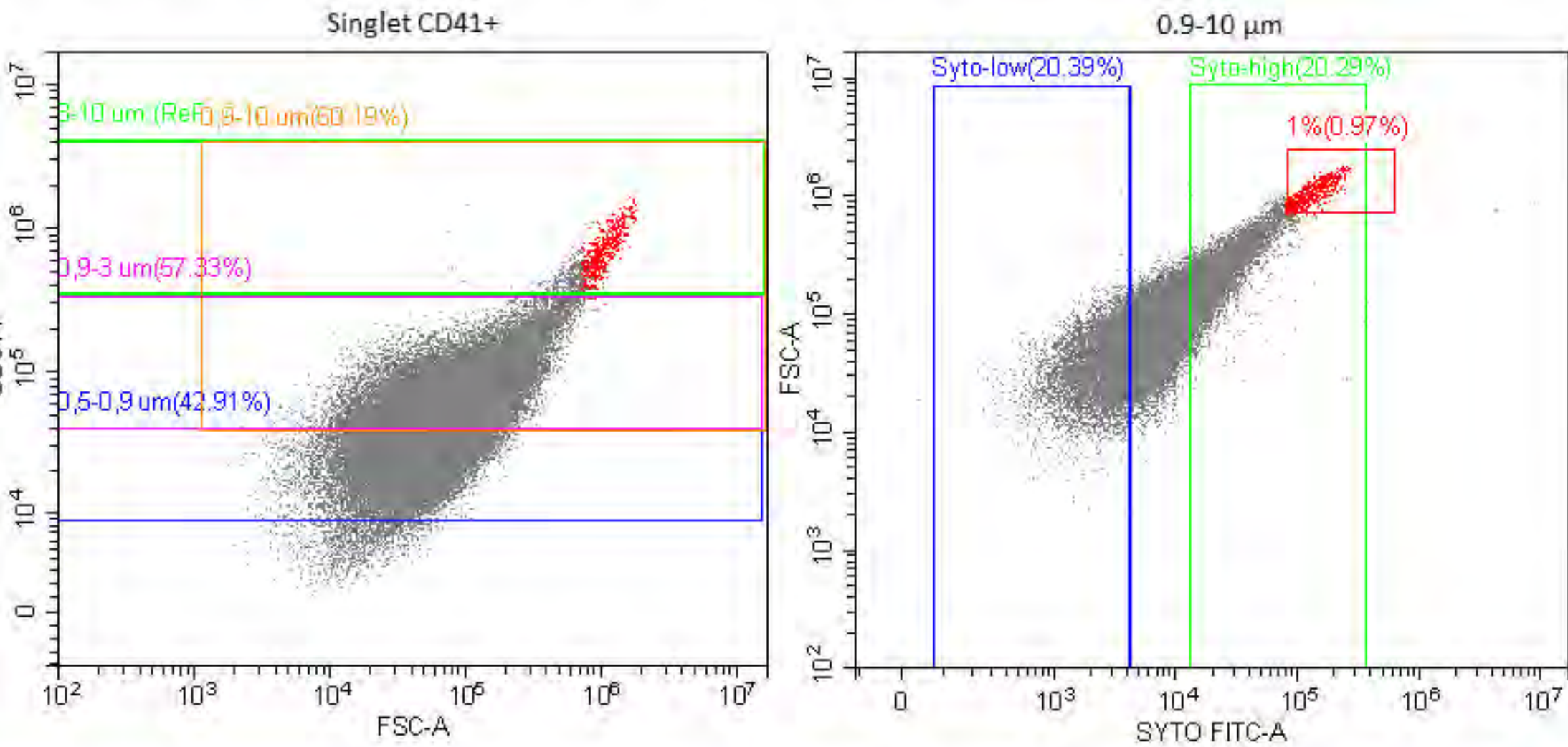
The aim of this study focuses on improving the knowledge of the role of RePLTs in the hemostatic balance in patients with liver cirrhosis by comparing surface antigenic properties with CytoFLEX SRT.

Platelet rich plasma from cirrhotic patients of different severity (n=25) and healthy subjects (n=14) was collected for CytoFLEX-SRT analysis. Anti-CD41 and SYTO-13 positivity defines RePLTs between 3-10 µm beads diameter.



CytoFLEX SRT

Based on SYTO-13 positivity, three populations were defined: SYTO-13-low, mature platelets; SYTO-13-high, RePLTs and 1% of the most SYTO-13-high positive population. Additionally, the expression of platelet activation markers, Annexin V (phosphatidylserine) and anti-CD62P (P-selectin), was evaluated both with flow cytometer and TCS SP8 confocal microscopy.



RESULTS

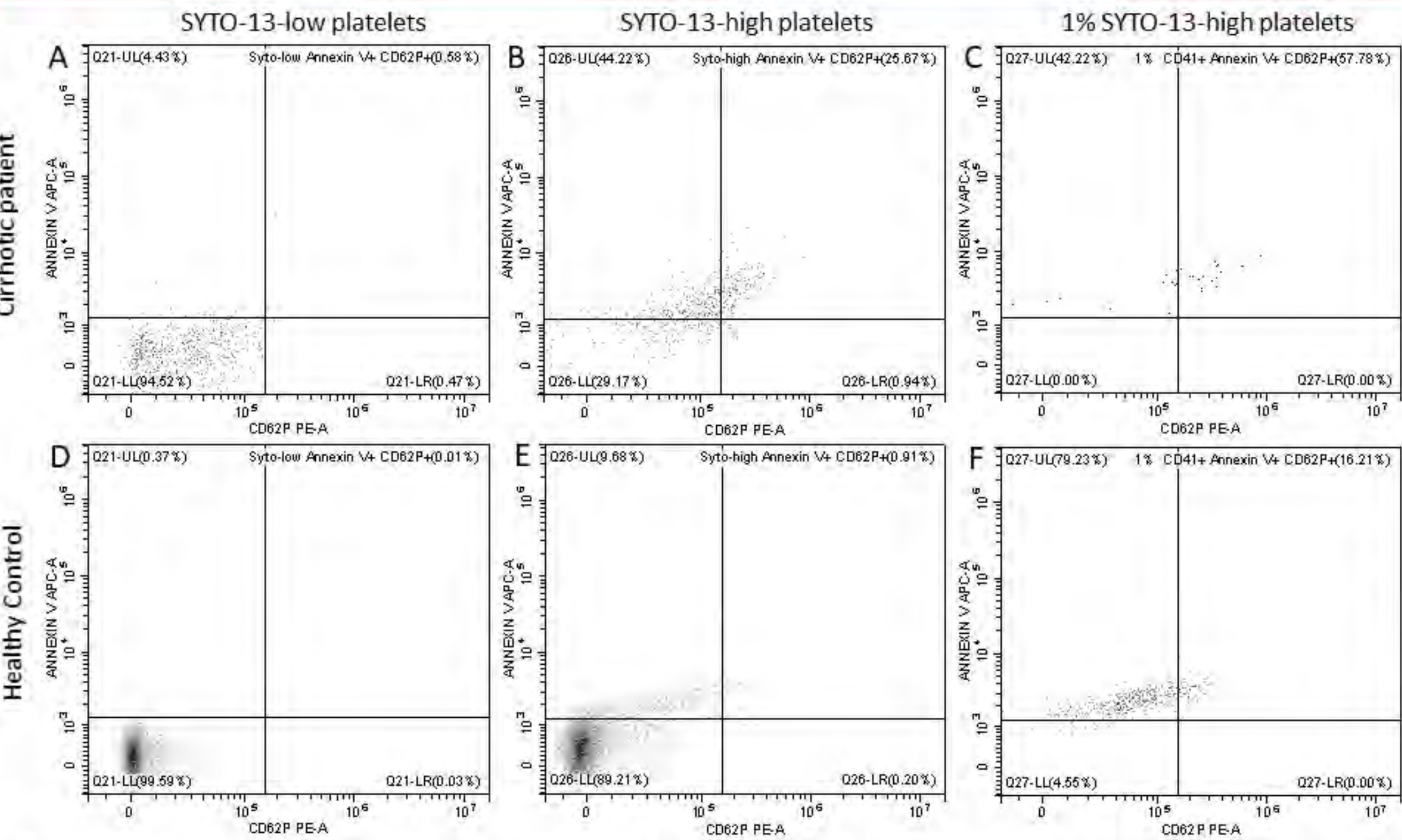


Fig1. Examples of cytograms of the percentage of Annexin V and CD62P expression in a cirrhotic patient (A-C) and in a healthy subject (D-F) comparing SYTO-13-low platelets (A,D), SYTO-13-high platelets (B,E) and 1% of the most SYTO-13-high positive (C,F).

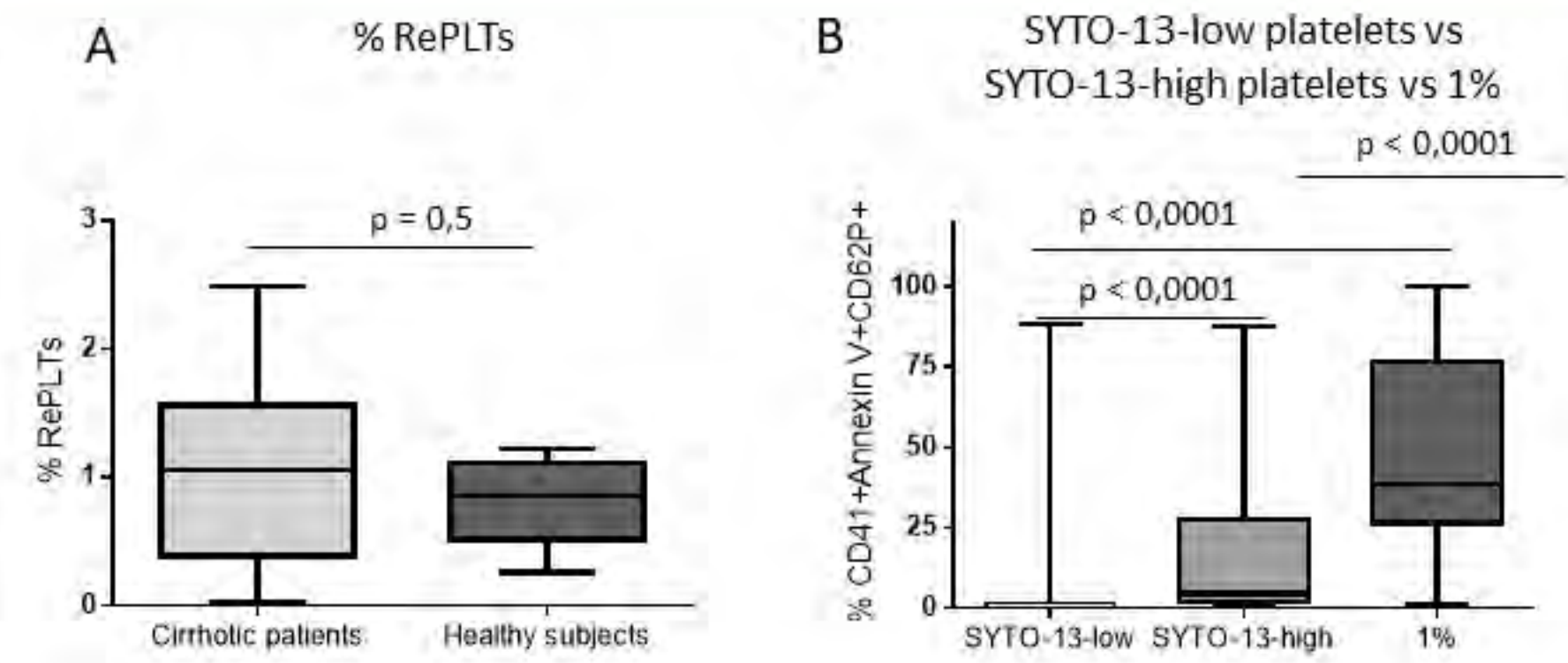


Fig2. RePLTs analysis in cirrhotic patients vs healthy subjects. (A) Comparison of RePLT percentage between cirrhotic patients and healthy controls. (B) Comparison of marker expression (Annexin V and CD62P) between SYTO-13-low platelets, SYTO-13-high platelets and the subpopulation 1% of SYTO-13-high platelets.

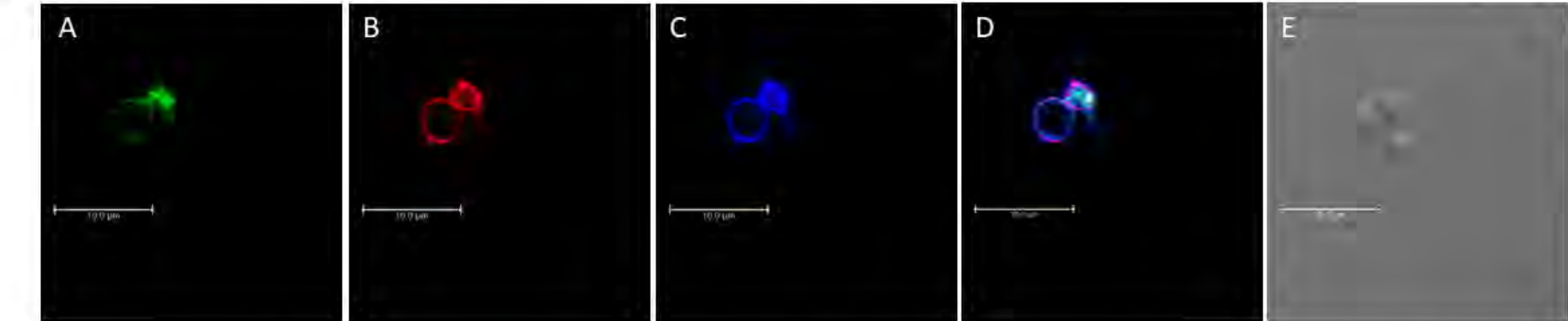


Fig3. Images were acquired with TCS SP8 confocal microscope, 63x/1.4 oil immersion lens, using a DFC365FX camera and processed using the Leica Application Suite (LAS-AF) 3.1.1. software (Leica Microsystems). A) AO represents green fluorescence; B) P-Selectin, red fluorescence; C) Annexin V, blue fluorescence; D) Overlay of the three fluorescence; E) DIC image; F) 3D confocal image of a blank thrombus, CD41 is represented as blue fluorescence; CD62P, red fluorescence; SYTO-13, green fluorescence. Scale bar of (A-E) 10 µM and (F) 50 µM.

Abbreviation: DIC: differential interference contrast; AO: Acridine orange, similar to SYTO-13.

CONCLUSIONS

- The number of RePLTs is higher in cirrhosis than in healthy controls;
- in both cirrhotic patients and healthy subjects, RePLTs expressed more platelet activation markers than mature platelets and RePLTs with the highest amount of RNA are the most activated;
- in cirrhosis, RePLTs are more activated than in healthy controls, suggesting a hyperactive state.

Finally, a better understanding of RePLTs properties may improve the knowledge of cirrhotic coagulopathy, leading to a better identification of patients at higher risk of thrombosis and disease progression.

FUTURE DEVELOPMENT

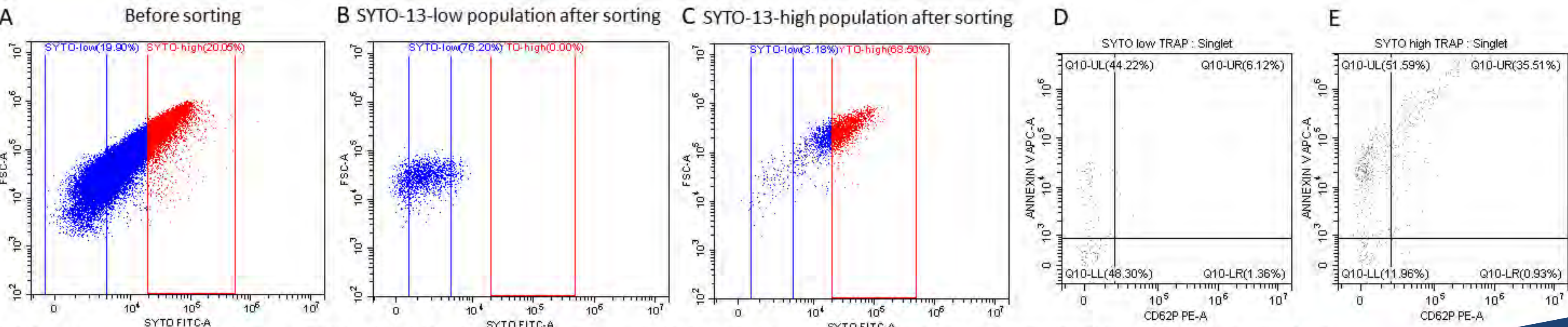
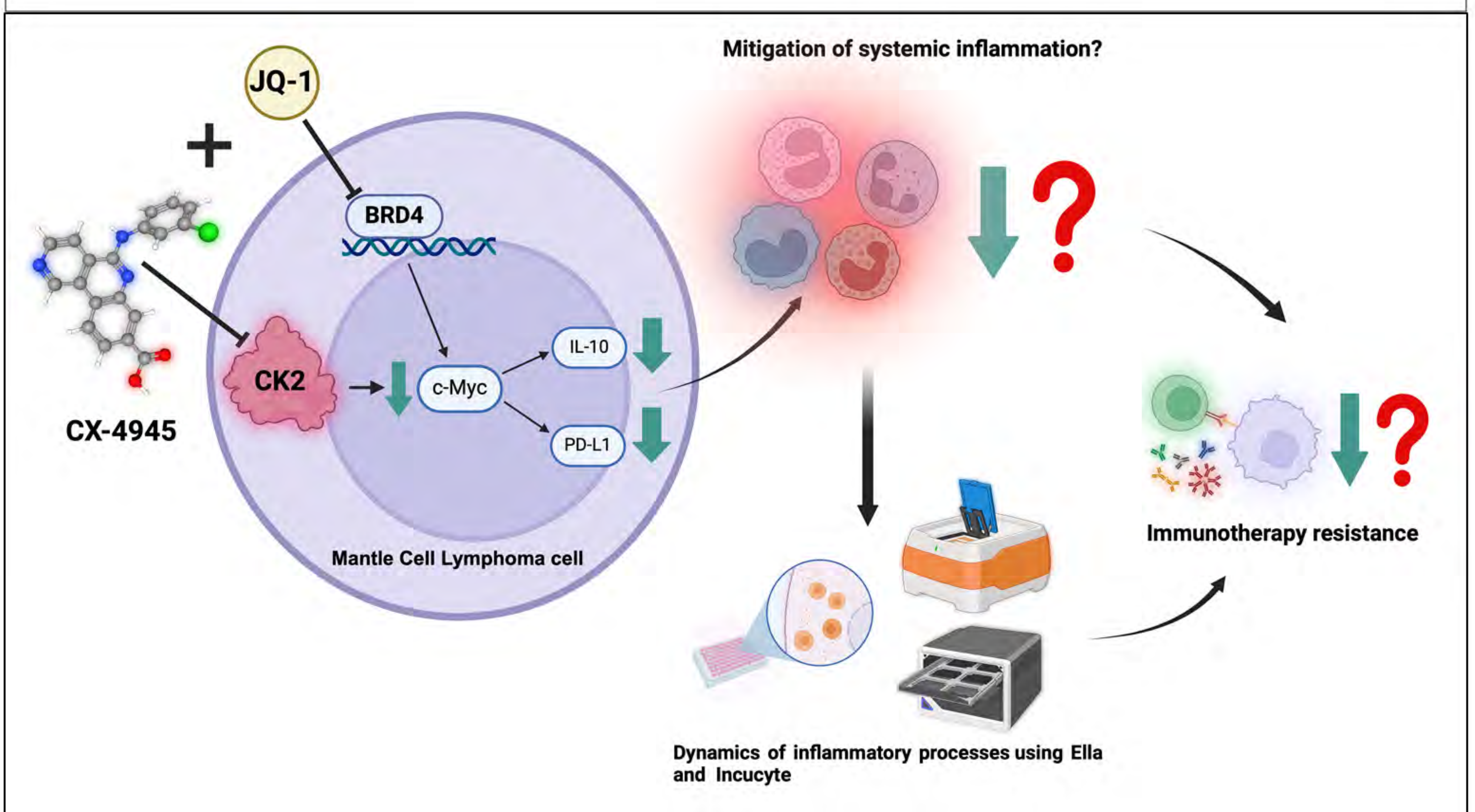
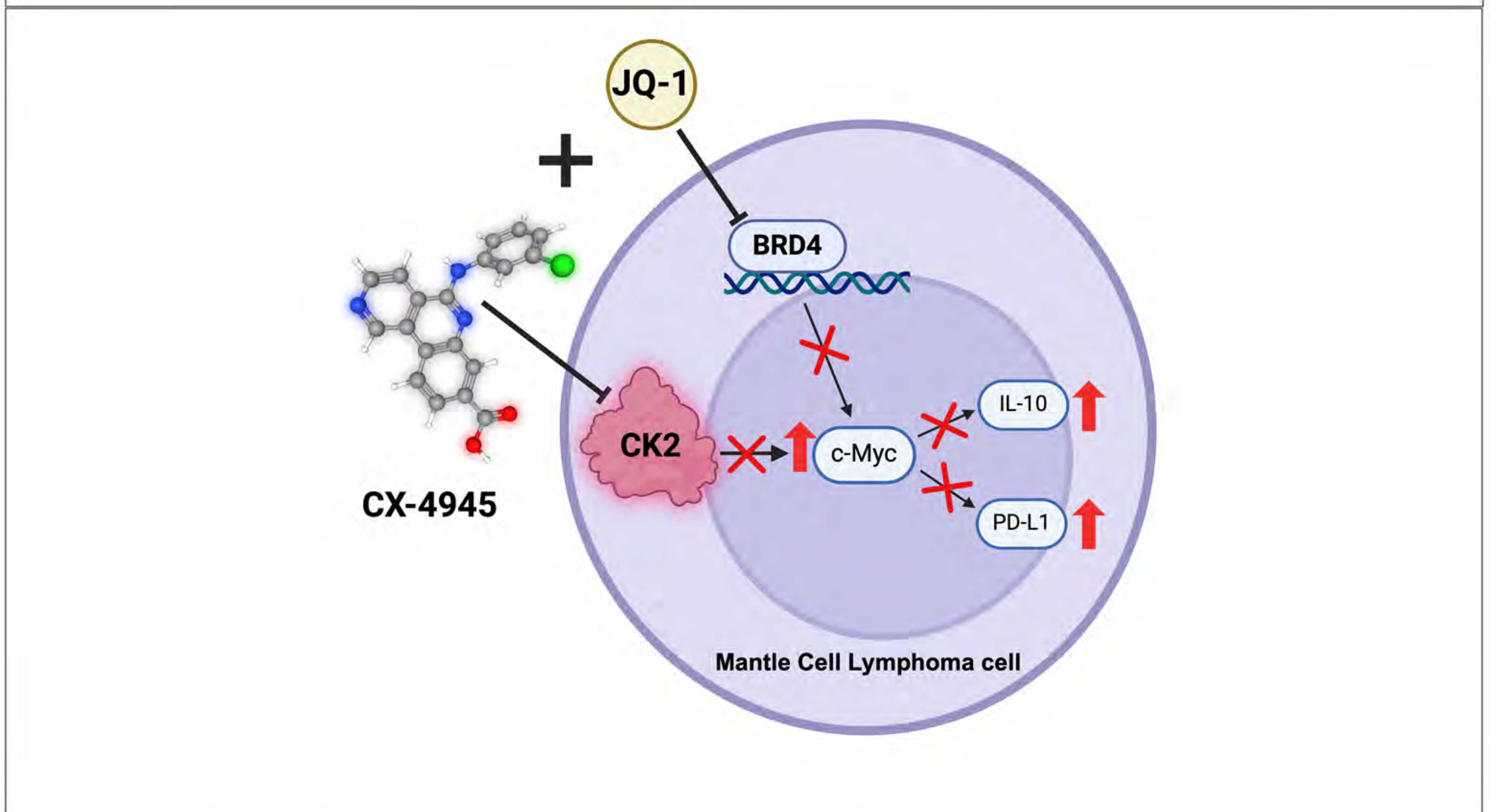
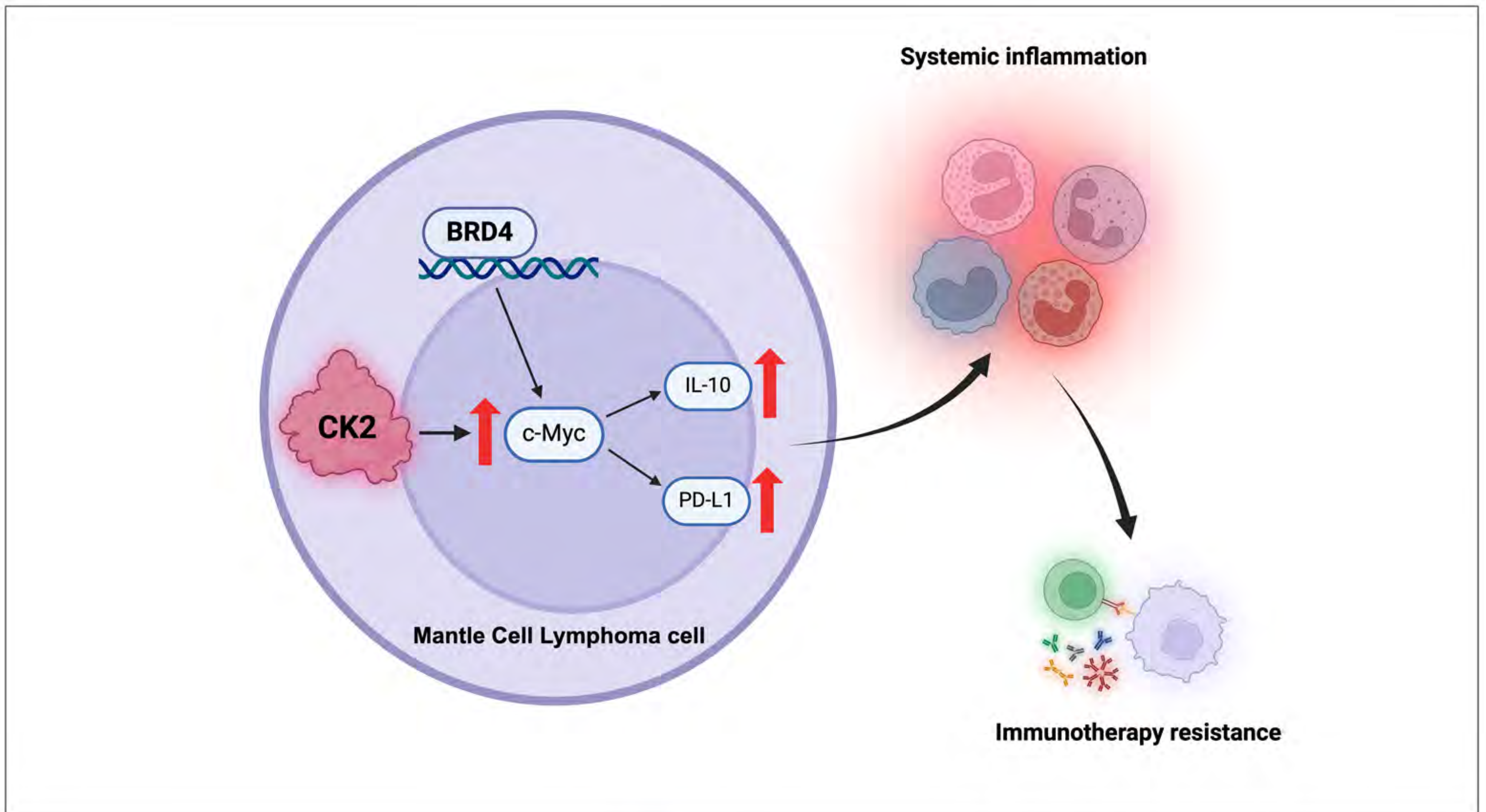


Fig5. Sorting between SYTO-13-low (mature platelets) and SYTO-13-high (RePLTs) in healthy subjects. (A) Examples of cytograms of platelets before sorting. (B) SYTO-13-low platelets and (C) SYTO-13-high platelets after sorting. Comparison of platelet activation marker expression (Annexin V and CD62P) between (D) SYTO-13-low platelets and (E) SYTO-13-high platelets after sorting following stimulation with thrombin receptor activating peptide (TRAP).

Targeting PROTEIN KINASE CK2 and BET PROTEINS to Reduce Inflammation and Improve MCL Treatment Outcome



Cardiovascular risk and hiking activity: do we need personalized guidance?

Marco Vecchiato, MD – PhD Candidate in Clinical and Experimental Sciences - Sports and Exercise Medicine Division, Department of Medicine

Introduction

Hiking is the most popular outdoor activity. It requires considerable physical effort and cardiorespiratory demands depending on trail characteristics as well as environmental shifts, including changes in temperature, humidity, and partial oxygen pressure. Despite most hiking excursions are well tolerated and incident-free, this outdoor activity ranks first in requiring rescue operations. While most hiking accidents are non-fatal, sudden cardiac death represents the leading cause of death among males over 34 years of age during excursions.

Mountain signage and dedicated websites usually offer no information regarding the required physical effort, and when present, this is generic, not suitable for everyone.

Aim

The purpose of this study is to objectively investigate the required exercise intensity needed for hiking a trail classified as “easy” by mountain signage and to understand which individual factors and trail/environment characteristics may affect the associated cardiorespiratory and metabolic response.

Methods

A group of 72 participants (65% male; mean age 43.5 years) underwent a baseline outpatient maximal cardiopulmonary exercise test with subsequent standardised and monitored outdoor hiking on a trail labelled as "easy" by mountain signage.



OUTPATIENT TEST

Hospital setting
Sports and Exercise Medicine Division

Medical screening,
CV risk score
assessment and
maximal CPET

SCORE2
VO₂ peak
VT1 and VT2
HR peak
VE peak

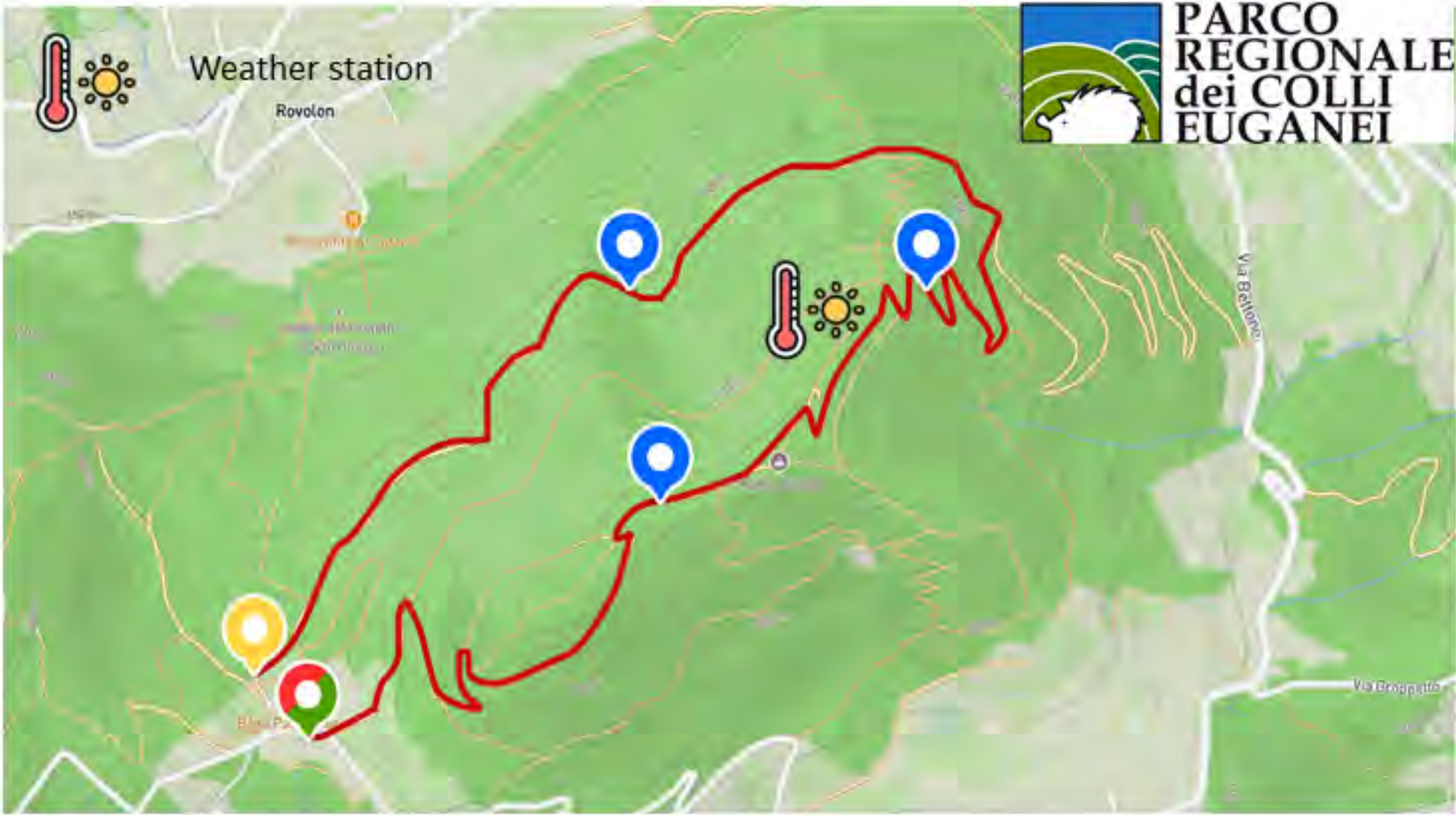
OUTDOOR TEST

Hiking trail
Parco Regionale dei Colli Euganei

Monitored outdoor
test hiking with
portable gas analyzer

Hiking time
VO₂ hike
HR hike
VE hike
Exercise intensity

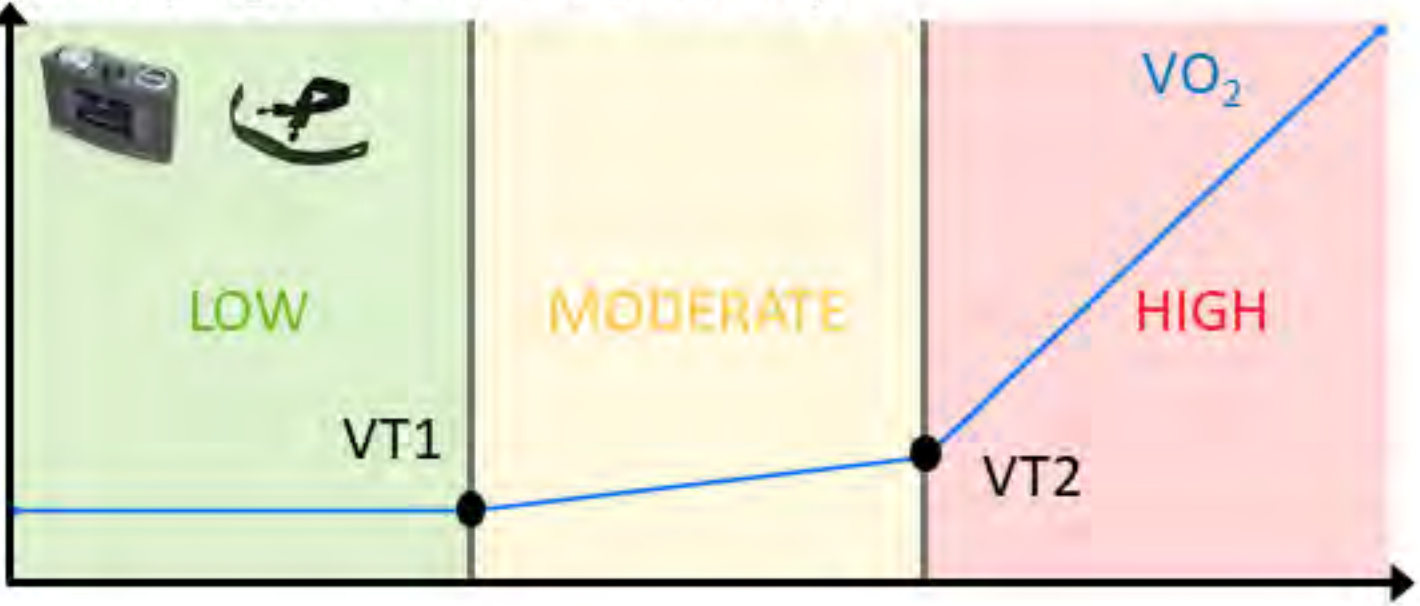
Location: Sentiero del Monte Grande - N° 14, Teolo (PD), Parco Regionale dei Colli Euganei



- Starting and ending point
- Halfway point
- Survey points of perceived fatigue and saturation
- Length: 8.2 km
- Height difference: 300 m
- Suggested time: 120 min
- Technical difficulty: easy

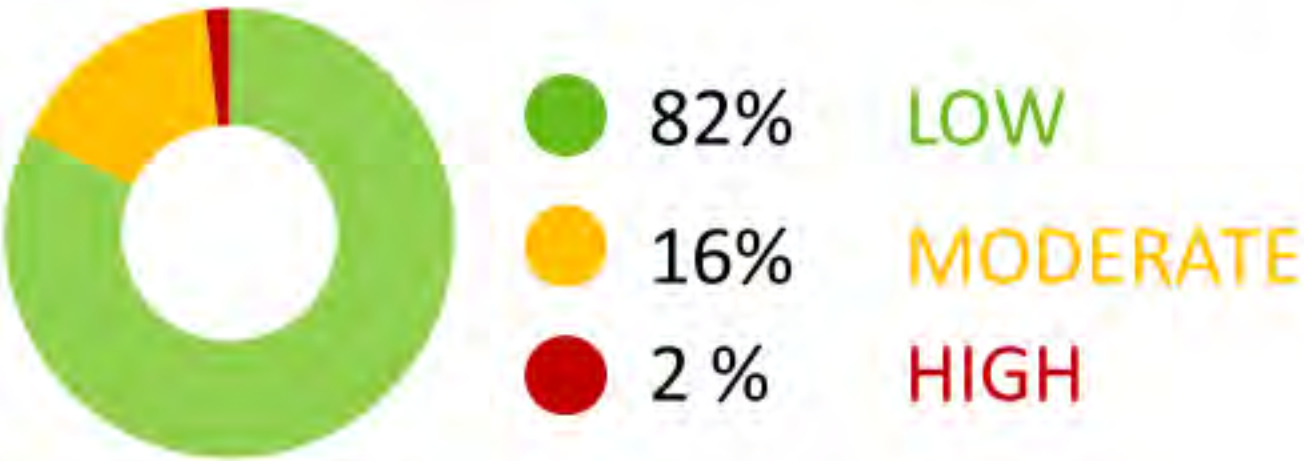


Exercise intensity was obtained comparing VO₂ measured with a wearable gas analysing device and a HR chest wrap.

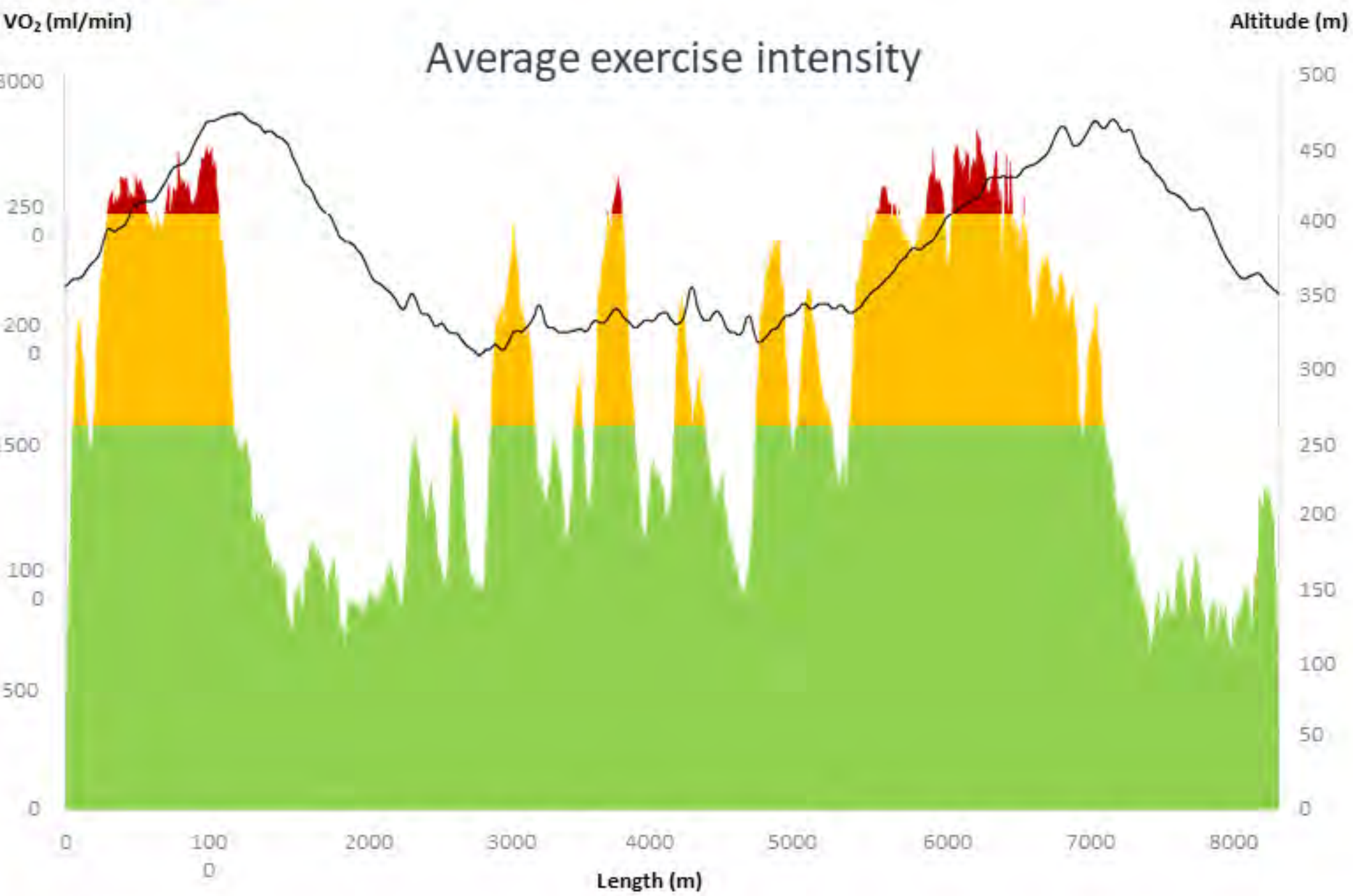


Results

Participants were faster than expected (97 ± 11 min vs 120 min), with higher perceived exertion in participants with higher cardiovascular risk scores.

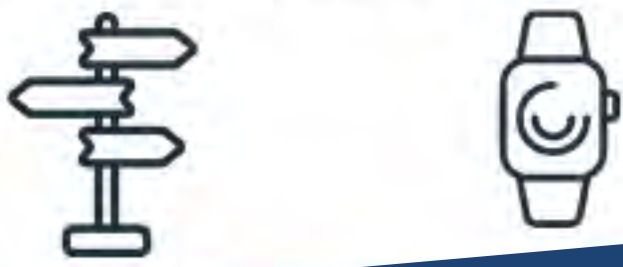


Predominant exercise intensity during hiking



Conclusion

- The exercise intensity required for hiking can vary significantly between individuals, suggesting that one-size-fits-all hiking recommendations might not be suitable, especially for those with higher cardiovascular risk.
- Personalized hiking indications that consider individuals’ cardiorespiratory fitness and health status with trail characteristics are needed to prevent potential cardiovascular adverse events and maximize the health benefits of mountain hiking.



MOVE

Software for the customization of outdoor activities

Marco Vecchiato, MD – PhD Candidate in Clinical and Experimental Sciences - Sports and Exercise Medicine Division, Department of Medicine



The problem

In recent years, there has been an increase in rescue calls from hikers and cycle tourists. More and more people are engaging in outdoor activities without adequate physical or technical preparation, basing their excursion on times or advice indicated by common signage or websites. While this information is accurate, it remains generic as it is estimated based on average values, thus it is not suitable for everyone.



State of the art

There is currently no tool available on the market that could help reducing rescue calls, by providing the hiker with more accurate and individualized safety recommendations.



Aim

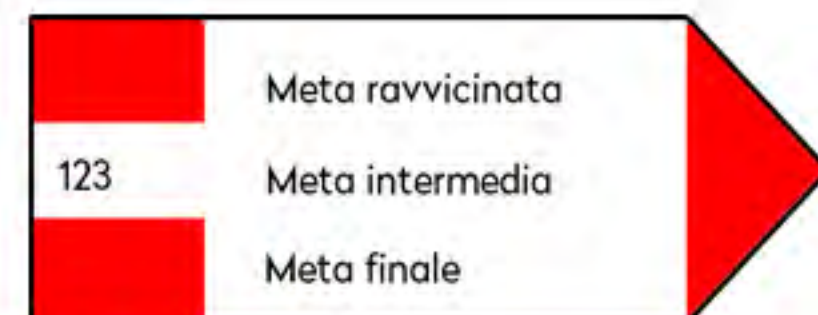
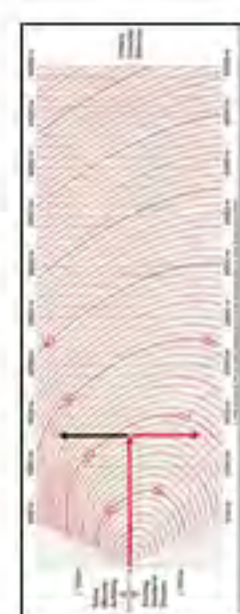
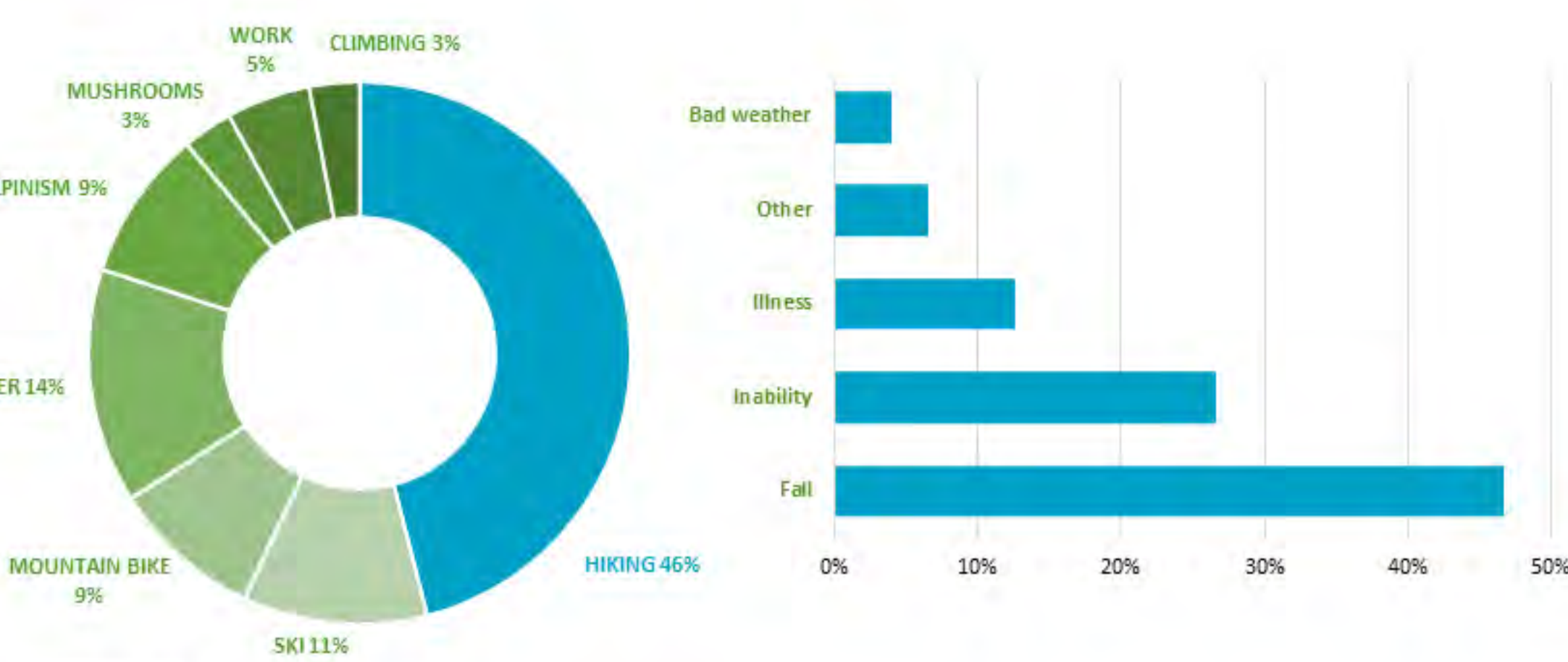
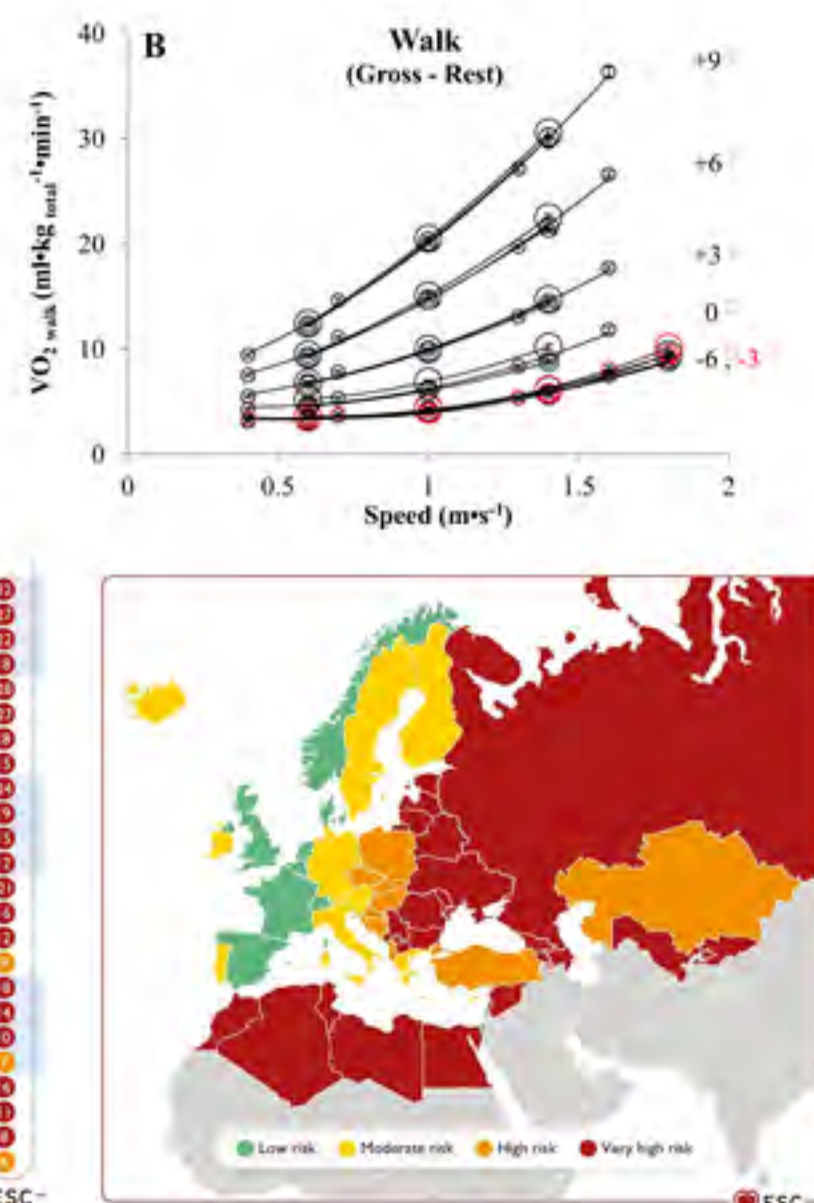
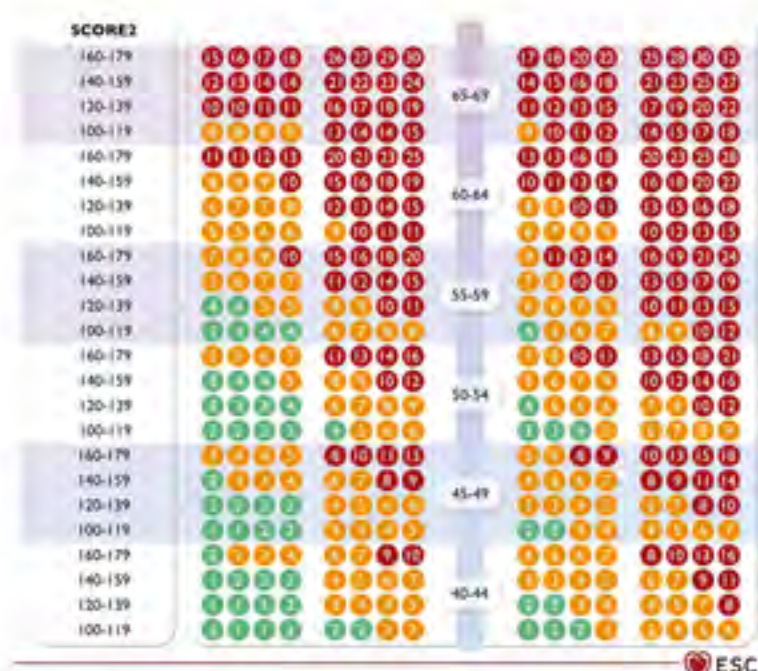
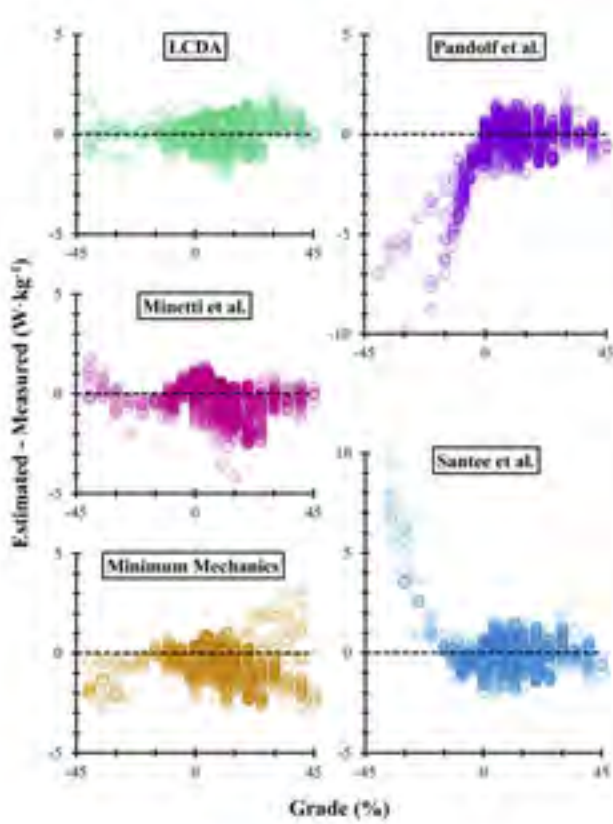
To create a tool providing indications of personalized hiking times, physical effort and caloric consumption considering the specific physical characteristics of the trail and the individual in every possible aspect.



Algorithm development

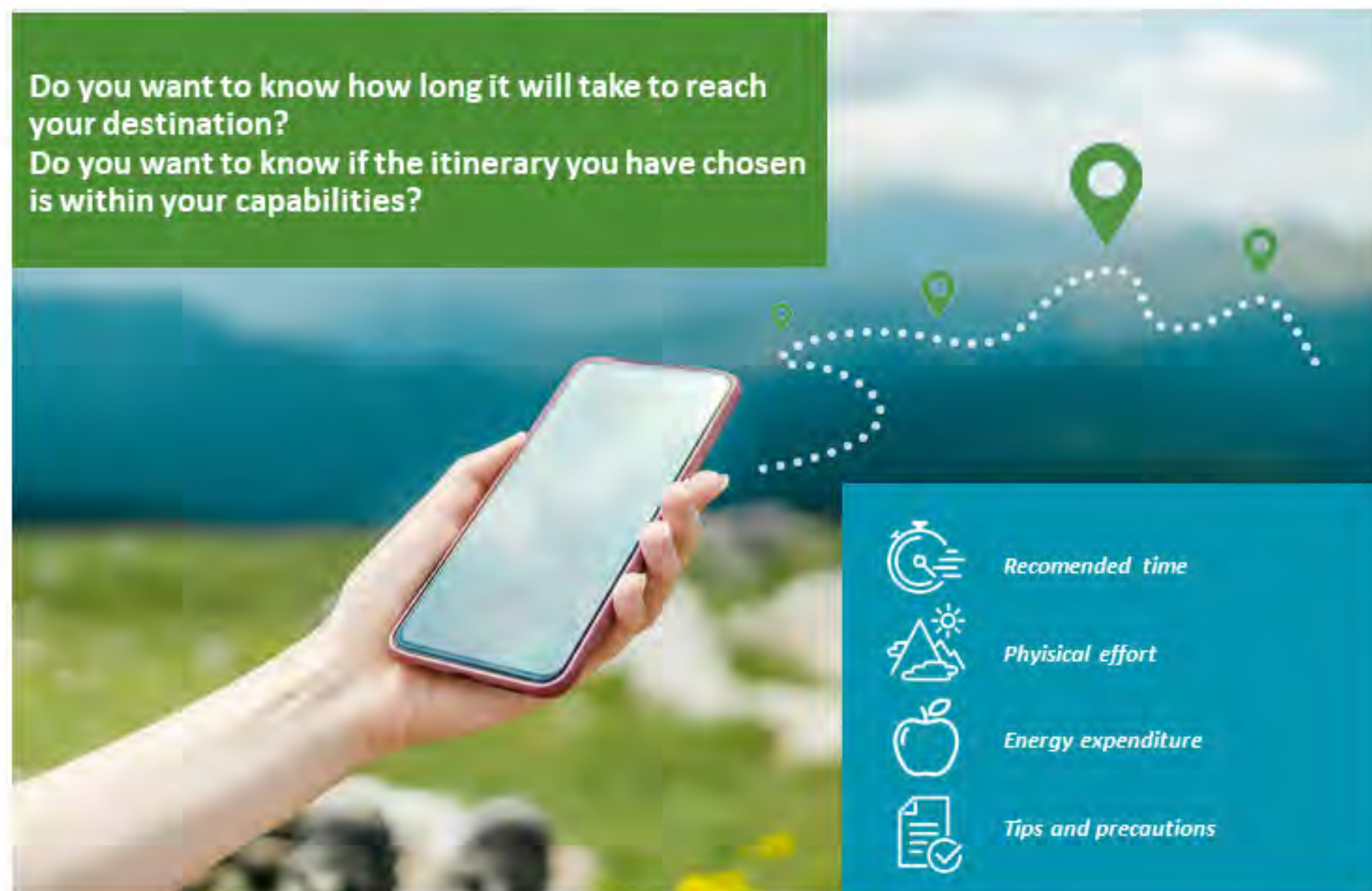
Development of an algorithm that combines oxygen consumption estimation equations, equations for uphill and downhill hiking and calculation of cardiovascular risk.

Model	Formula
LCDA	$EE = 1.44 + 1.94S^{0.43} + 0.24S^4 + 0.34SG(1 - 1.05^{1 - 1.1^{1.2 + 0.5}})$
Minetti et al. (10)	$CW = 280.5t^3 - 58.7t^4 - 76.8t^3 + 51.9t^2 + 19.6t + 2.5$
Minimum	If $G \geq 0$, $VO_{2max} = VO_{2rest} + 0.32G + 3.28 + (1 + 0.19G)2.66S^2$ If $G < 0$, $VO_{2max} = VO_{2rest} + 0.73(3.28 + 2.66S^2)$
Mechanics (12)	$EE = 1.5M + 2(M + L)(\frac{h}{t})^2 + \eta(M + L)(1.5S^2 + 0.35SG)$
Pandolf et al. (1)	$EE = \eta \left[\frac{SG(M + L)}{3.5} - \left(\frac{M + L}{M} \right) (G + S^2) \right] + 25S^2$
Santee et al. (11)*	$EE = \eta \left[\frac{SG(M + L)}{3.5} - \left(\frac{M + L}{M} \right) (G + S^2) \right] + 25S^2$



Patent application for Italy

Date: 24.01.2024
Number: 102021000026513



Algorithm validation

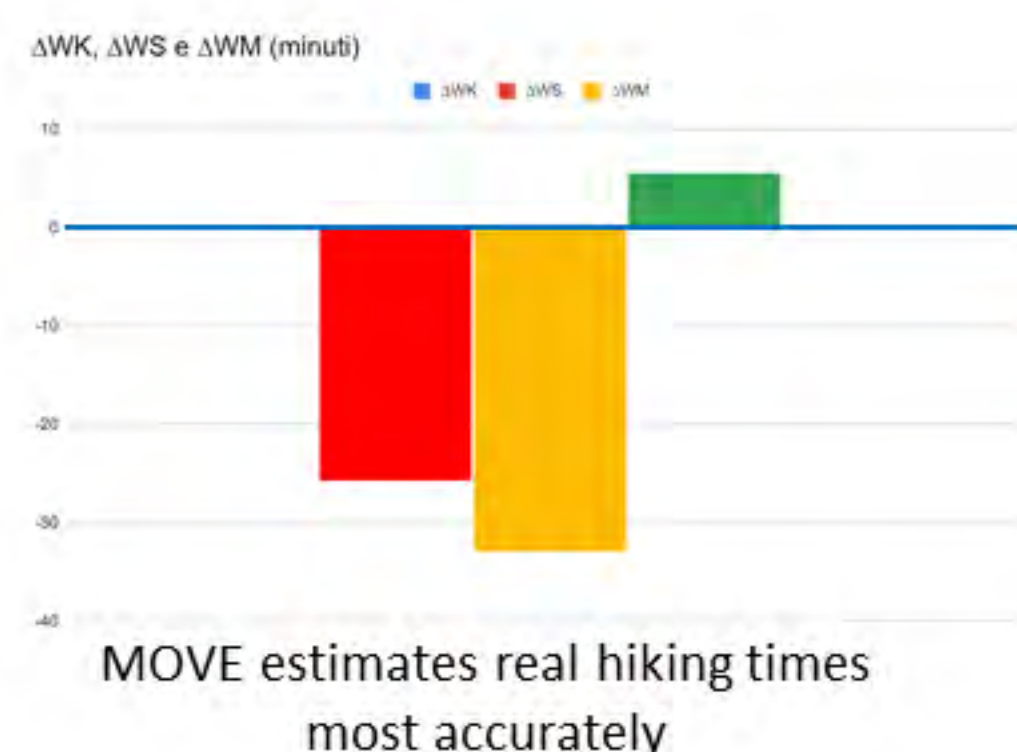
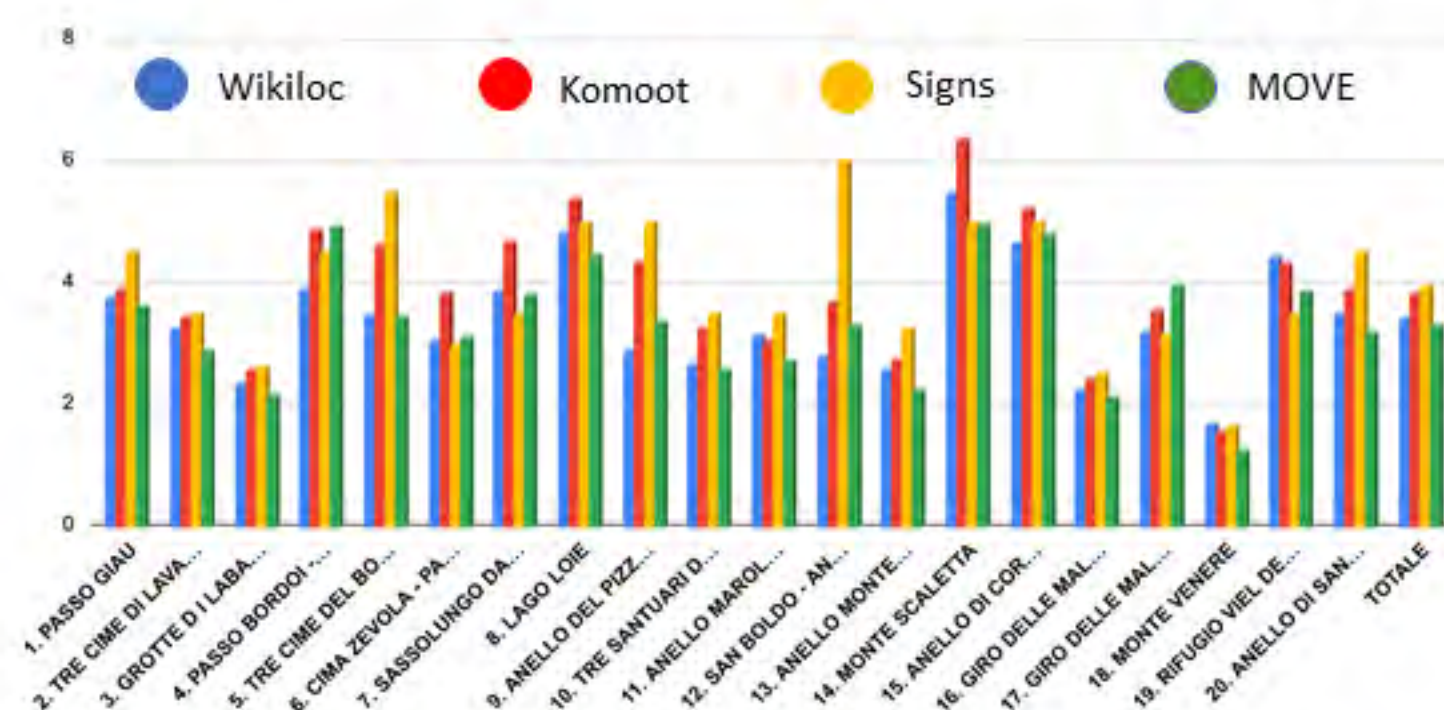
Two validation studies were conducted:

- Digital study comparing hiking times uploaded by users on a free web platform and different hiking time estimation methods
- Field study comparing the hiking times of real users with estimated hiking time by MOVE

1) 530 real users

wikiloc

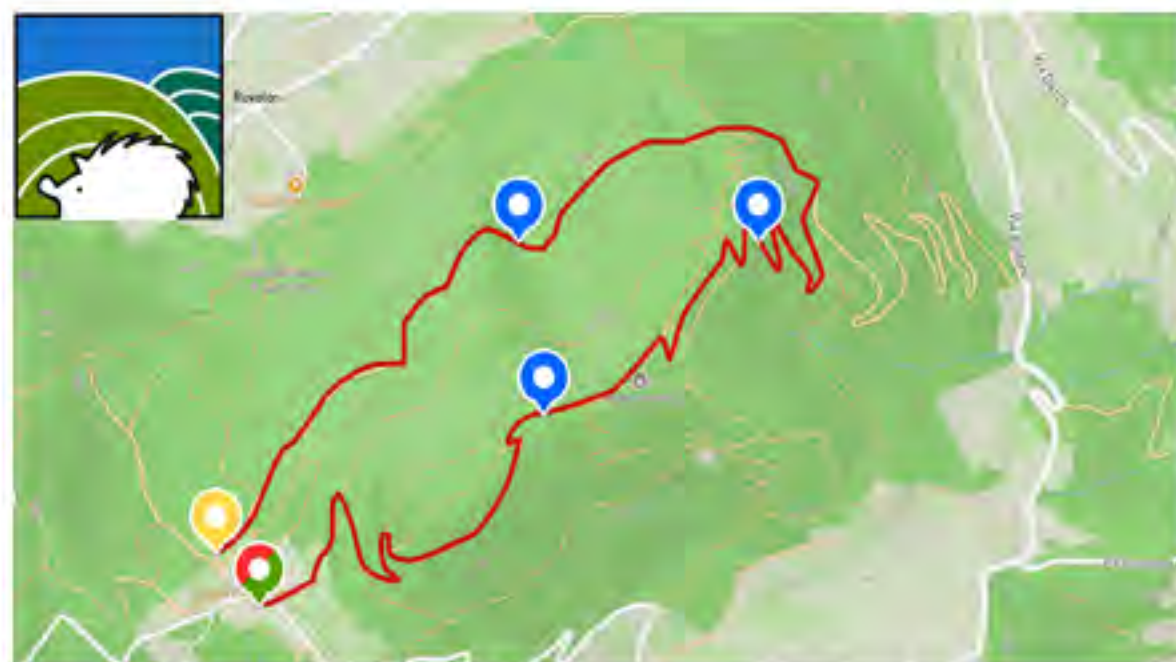
20 ring trails



2)



ESA Kick-Start Thematic
Call Winner



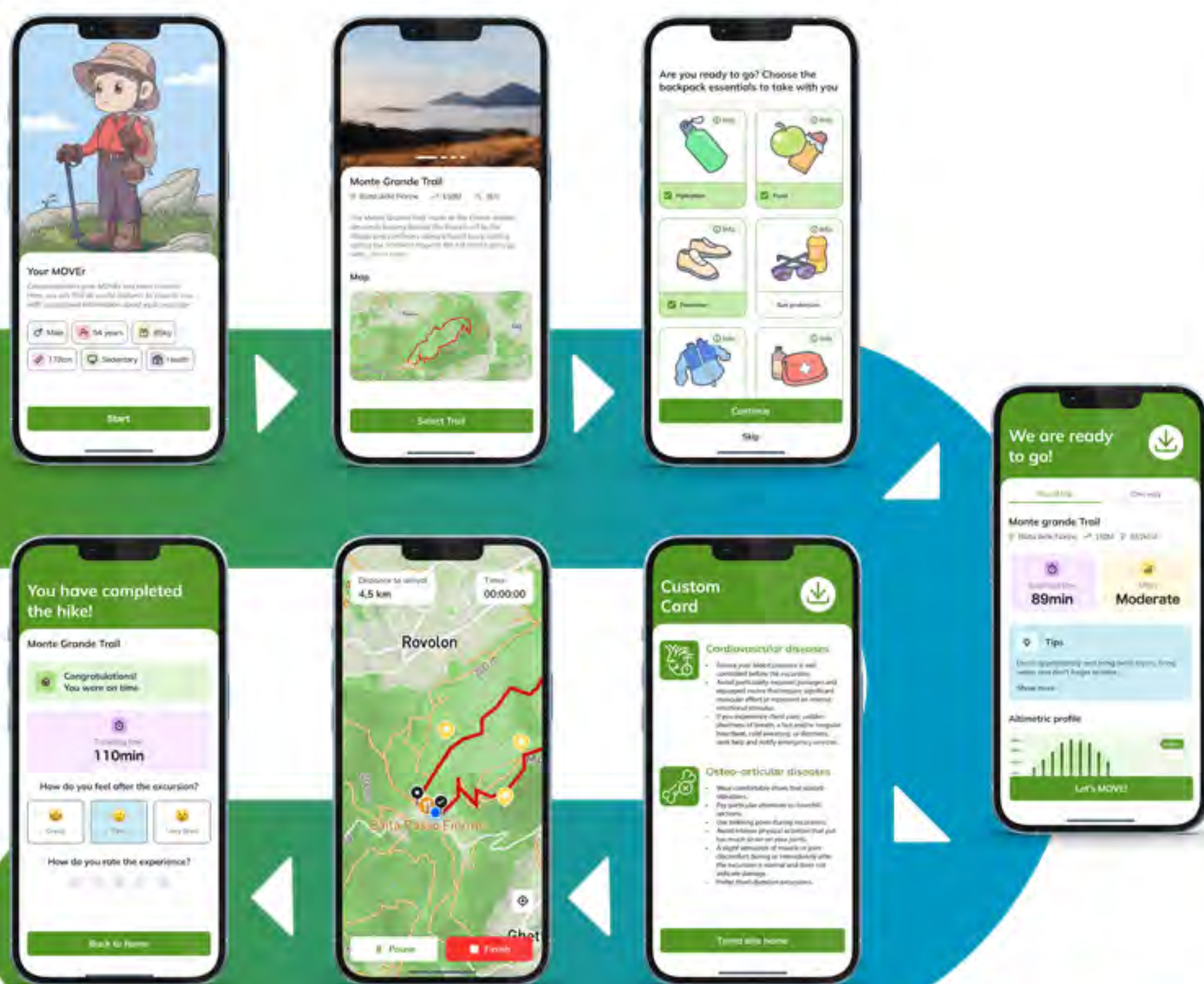
72 healthy participants and
patients with chronic diseases were
monitored with wearable gas analyzer
and a HR chest wrap during the same
trail.



Δ Hiking time = + 7 ± 3 min



Software creation



MOVE is the first outdoor activities application that offers personalized guidance to safely approach your excursion.

By analyzing the information provided by the user (such as anthropometric data, physical activity level, CV risk factors, and health status) through the creation of an avatar called MOVEr, and the physical characteristics of the chosen itinerary, MOVE can provide personalized estimates of travel time, the required physical effort, along with specific advice and useful information to enhance the user's safety during the activity.



Future

SPIN-OFF
UNIVERSITÀ DI PADOVA



Download on the
App Store

GET IT ON
Google Play

www.moveproject.it
info@moveproject.it

MARCO VECCHIATO
Medicina dello Sport e dell'Esercizio

SARS-CoV-2 infected liver pericytes stimulate vWF expression by portal endothelial cells and an angiogenic response in the pulmonary endothelium

Venturin C, Frión-Herrera Y, Cadamuro M, Radu CM, Calistri A, Parolin C, Fabris L, Simioni P

BACKGROUND AND AIM

Severe SARS-CoV-2 infection can lead to the formation of systemic microthrombosis with alterations in the vascular component of several organs, including liver. In the liver, the involvement of the portal vasculature may be associated with the development of intrapulmonary vascular dilations and worsening of hypoxemia, featuring the hepatopulmonary syndrome. Previous studies indicate that, in COVID-19, alterations in the pulmonary circulation with persistent hypoxemia were observed.

We hypothesized that liver pericytes, mesenchymal cells intimately associated with the endothelium, infected by SARS-CoV-2 induce a pro-coagulant phenotype sustaining an angiogenic response of the pulmonary circulation.

METHODS

1. Immunofluorescence of liver specimens from COVID-19 autopsies (n=16) and controls (n=17) was used to study SARS-CoV-2 spike (SP) or nucleoprotein (NP) expression with von Willebrand Factor (vWF) and PDGFR-β (pericyte marker), later we quantified the expression levels of viral SP/NP in endothelial cells and pericytes.
2. Pericytes were infected with SARS-CoV-2, the collected supernatant was used to infect human umbilical vein endothelial cells (HUVEC) and human pulmonary microvascular endothelial cells (HPMEC) to assess vWF expression.
3. The tubulisation of HPMEC was assessed upon vWF treatment with Angiogenesis Analyser software patch for ImageJ following treatment with the recombinant human vWF protein.

RESULTS

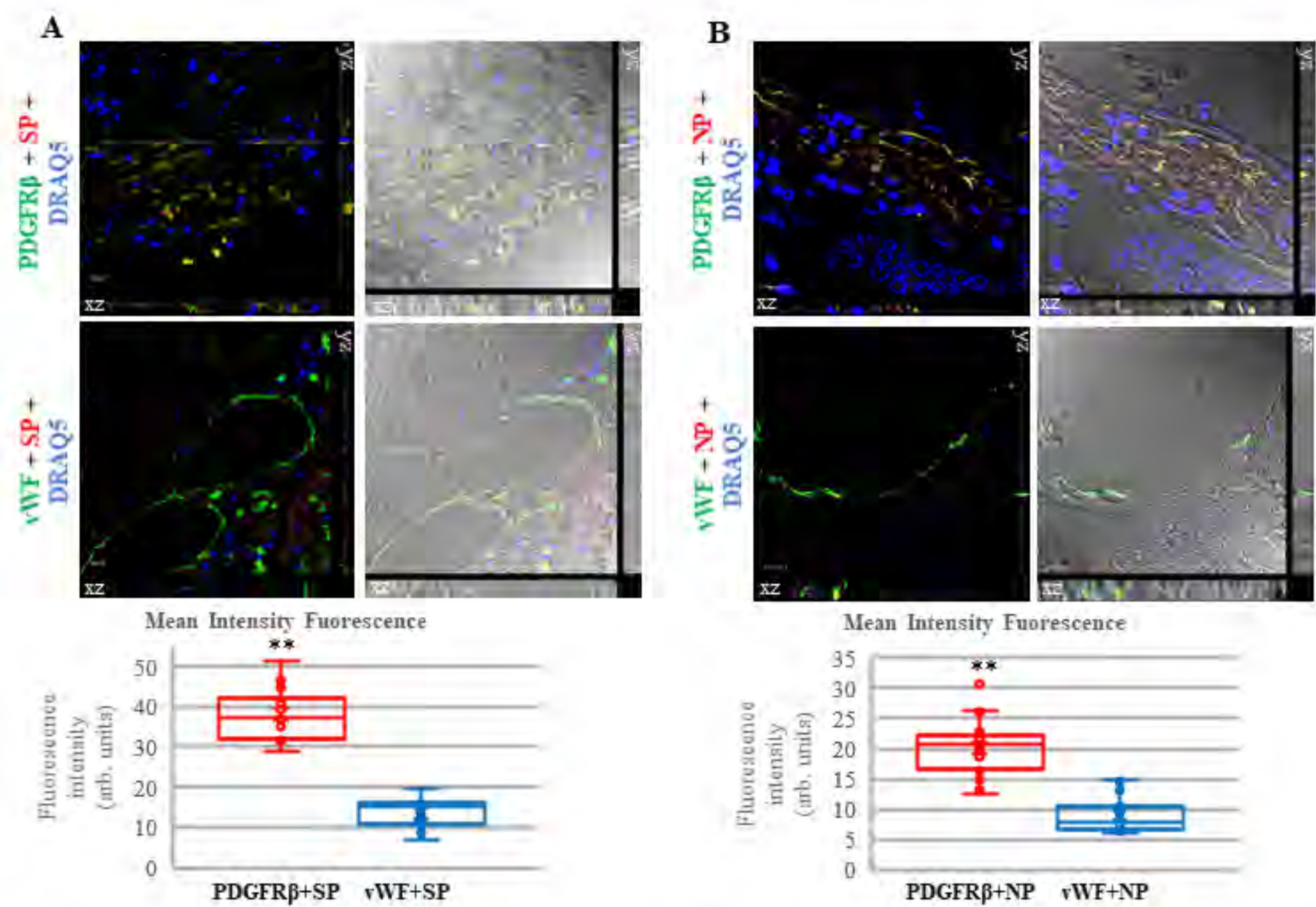


Figure 1. Expression of viral spike protein (SP) and nucleoprotein (NP) is predominant in pericytes of portal microvasculature in COVID-19/IPVD and intravascular virus-like particles are present in pericytes. Representative immunofluorescence (IF) images of tissue specimens from COVID-19/IPVD liver with tissue morphology visualization by differential interference contrast (DIC, gray image). SP (A) and NP (B) (red) and PDGFR-β (green, pericyte marker) show intense co-expression (merged image, yellow), which was not observed in SP/NP (red) and vWF (green, endothelial marker). Orthogonal projection, x/z and y/z planes, clearly demonstrates the co-expression of SP/NP with either cellular markers (overlay images xz and yz axis). In the below-sided plot, mean intensity fluorescence of SP and NP was quantified in tissue sections from COVID-19/IPVD livers, showing significantly higher values in PDGFR-β+ (SP, 37.20±8.85; NP, 20.46±3.58) than vWF+ cells (SP, 16.54±3.03; NP, 9.65±2.09). SP/NP++PDGFR-β+; SP/NP++vWF+, both n=16 patients; **p<0.001, two-tailed Wilcoxon ranksum test (A, B).

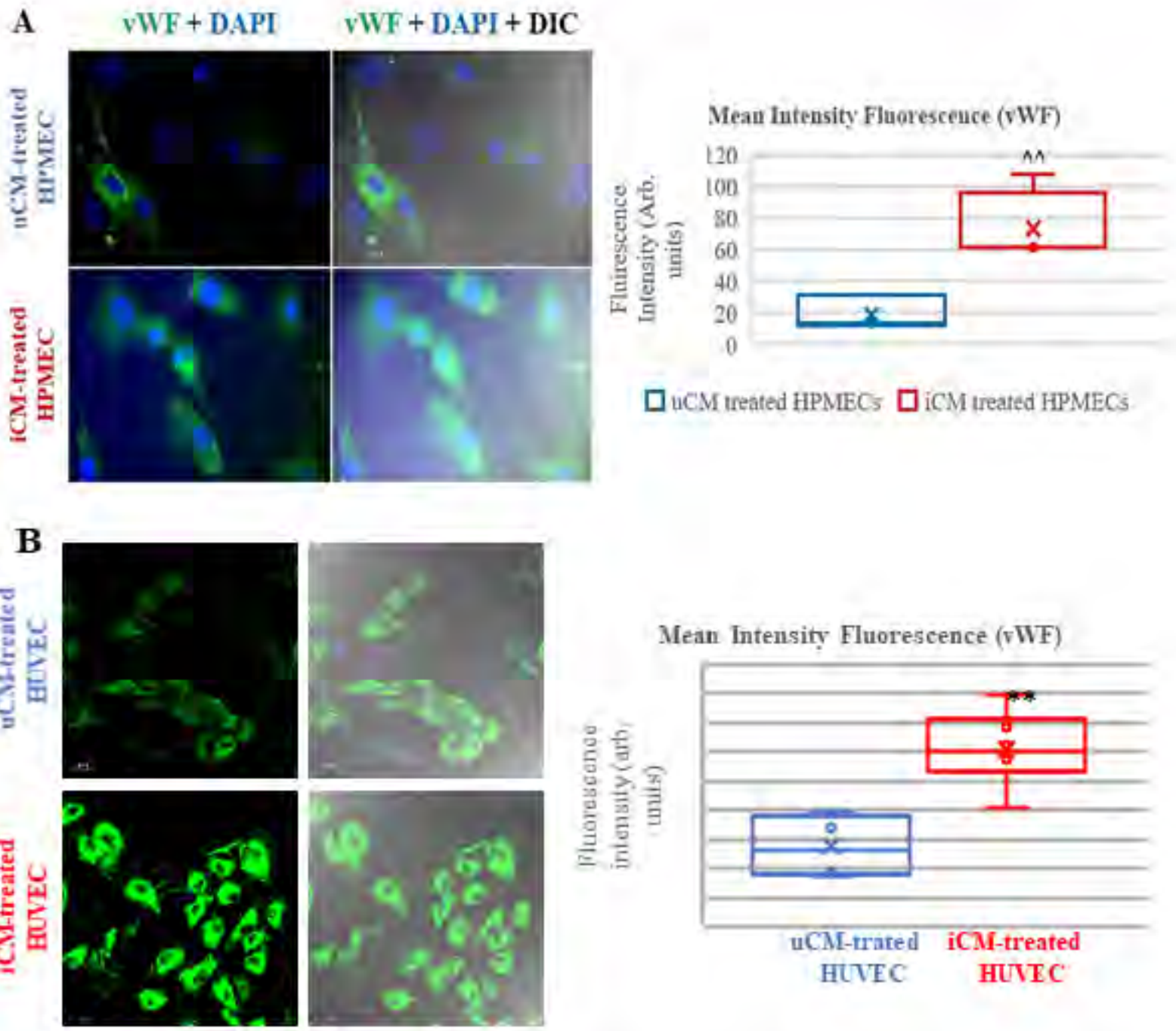


Figure 2. HPMEC and HUVEC treatment with conditioned medium from pericytes infected with SARS-CoV-2 up-regulates expression of vWF. Treatment with conditioned medium (CM) harvested from infected pericytes in BSL-3 conditions (iCM), stimulates a significant increase in vWF expression by cultured HPMECs compared with HPMECs treated with uninfected CM (uCM) (A), evaluated as mean intensity of fluorescence. IF analysis of vWF in cultured HUVECs, with and without exposure to conditioned medium (CM) harvested from either uninfected (uCM) or infected (iCM) pericytes, reveals that iCM-treated HUVECs show a significant and uniform increased expression of vWF (green) compared with uCM-treated HUVEC, which mostly express very low levels of vWF (white arrow). In the right-sided graph, quantification of fluorescent intensity shows significantly higher values of vWF expression in HUVEC treated with iCM (60.99±12.67 vs 27.57±11.06). uCM-treated HUVEC, n=4, iCM-treated HUVEC, n=6, **p<0.01 vs uCM using two-tailed t test (B)

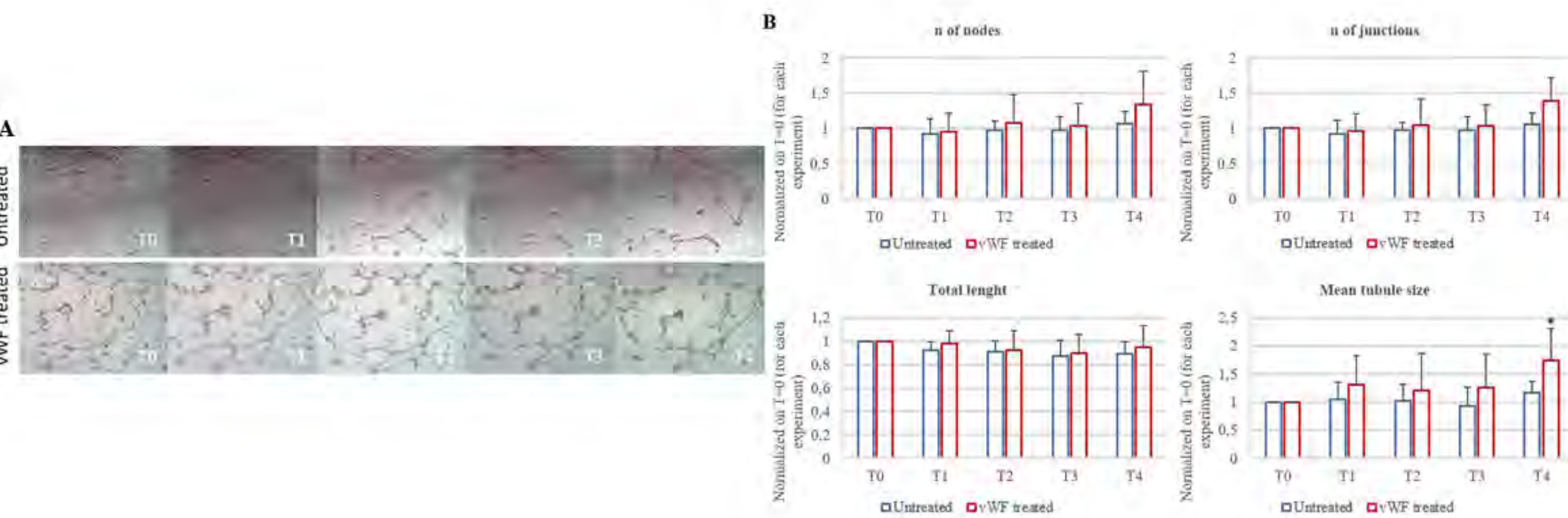


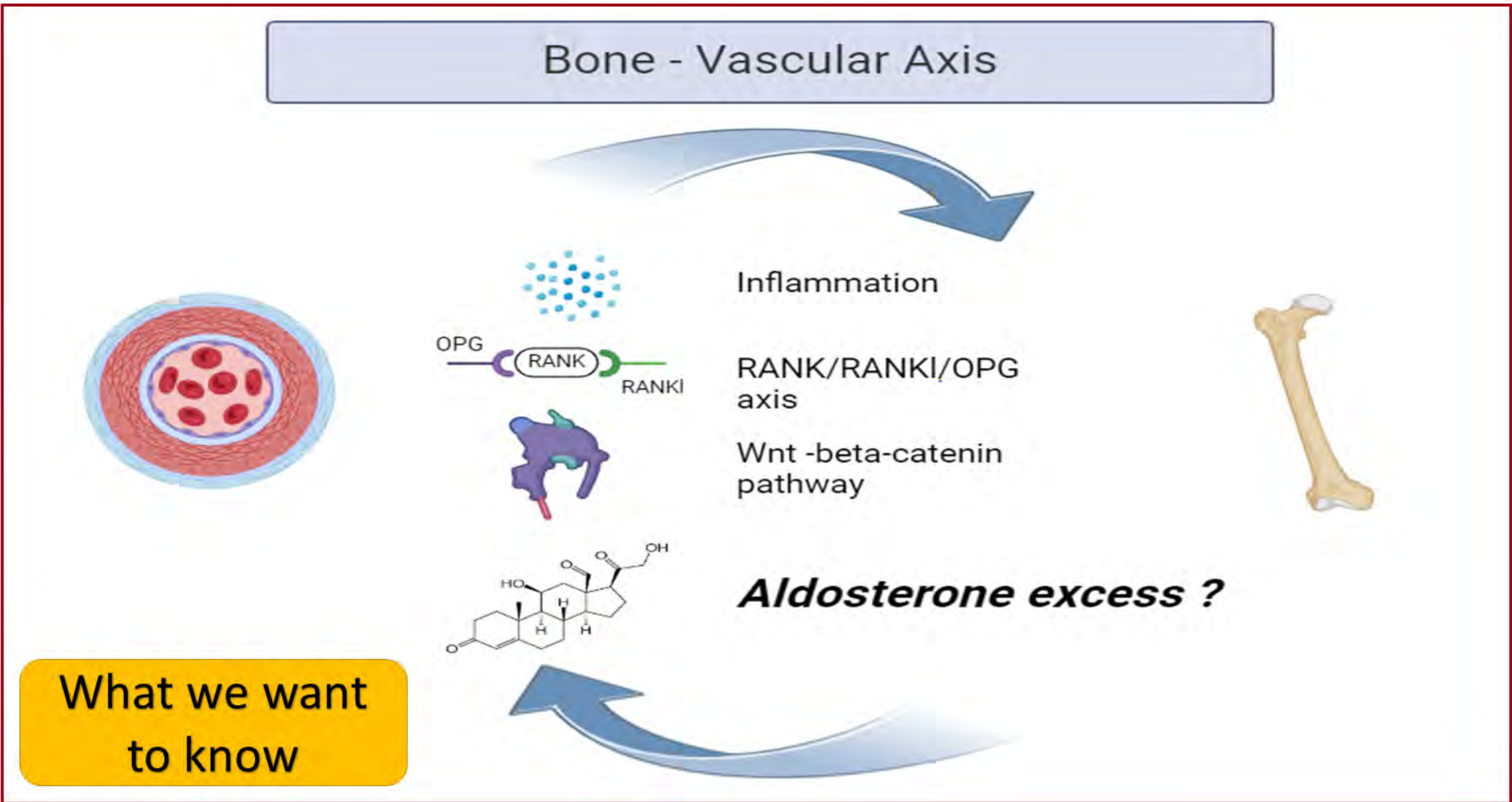
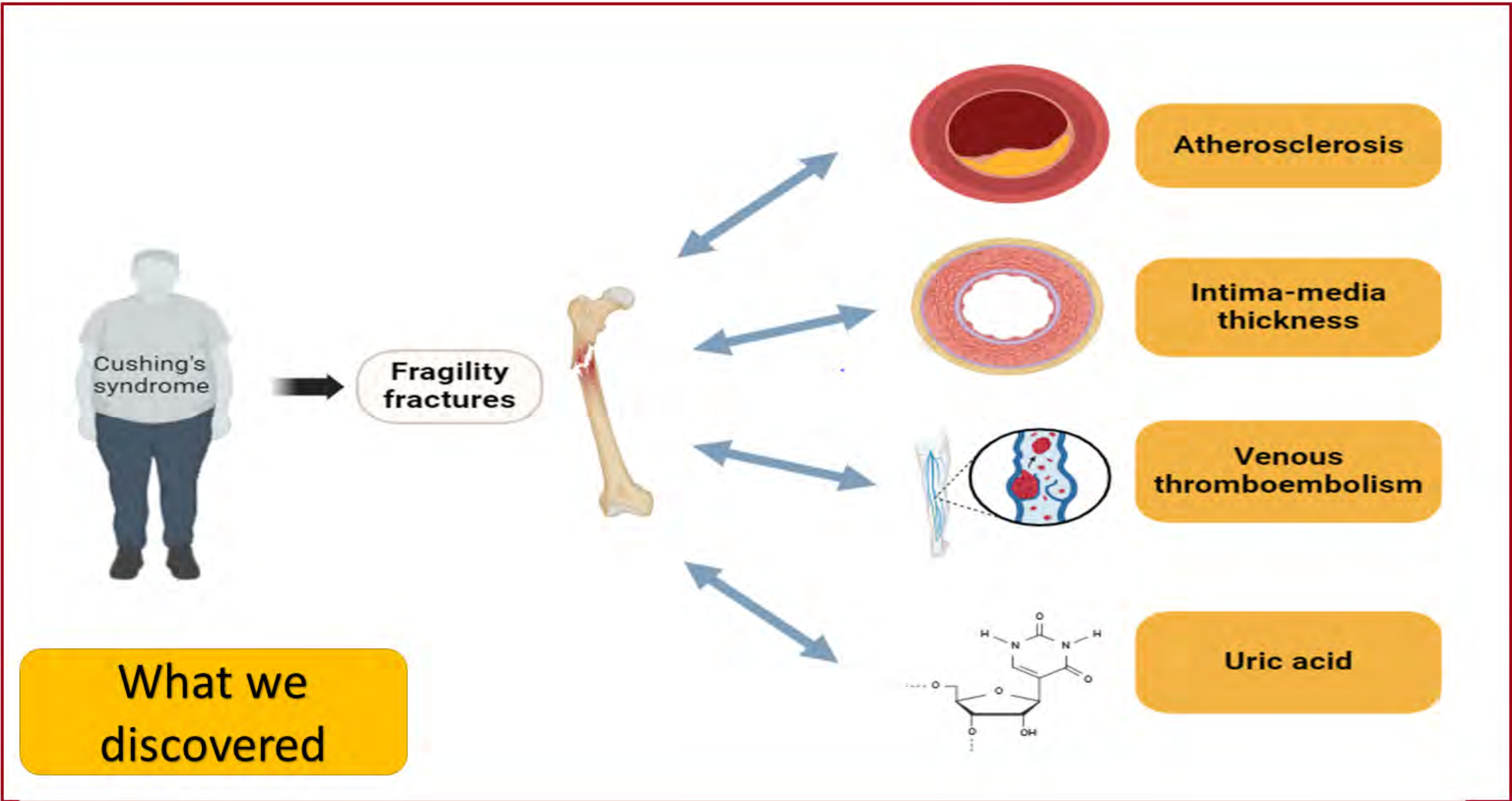
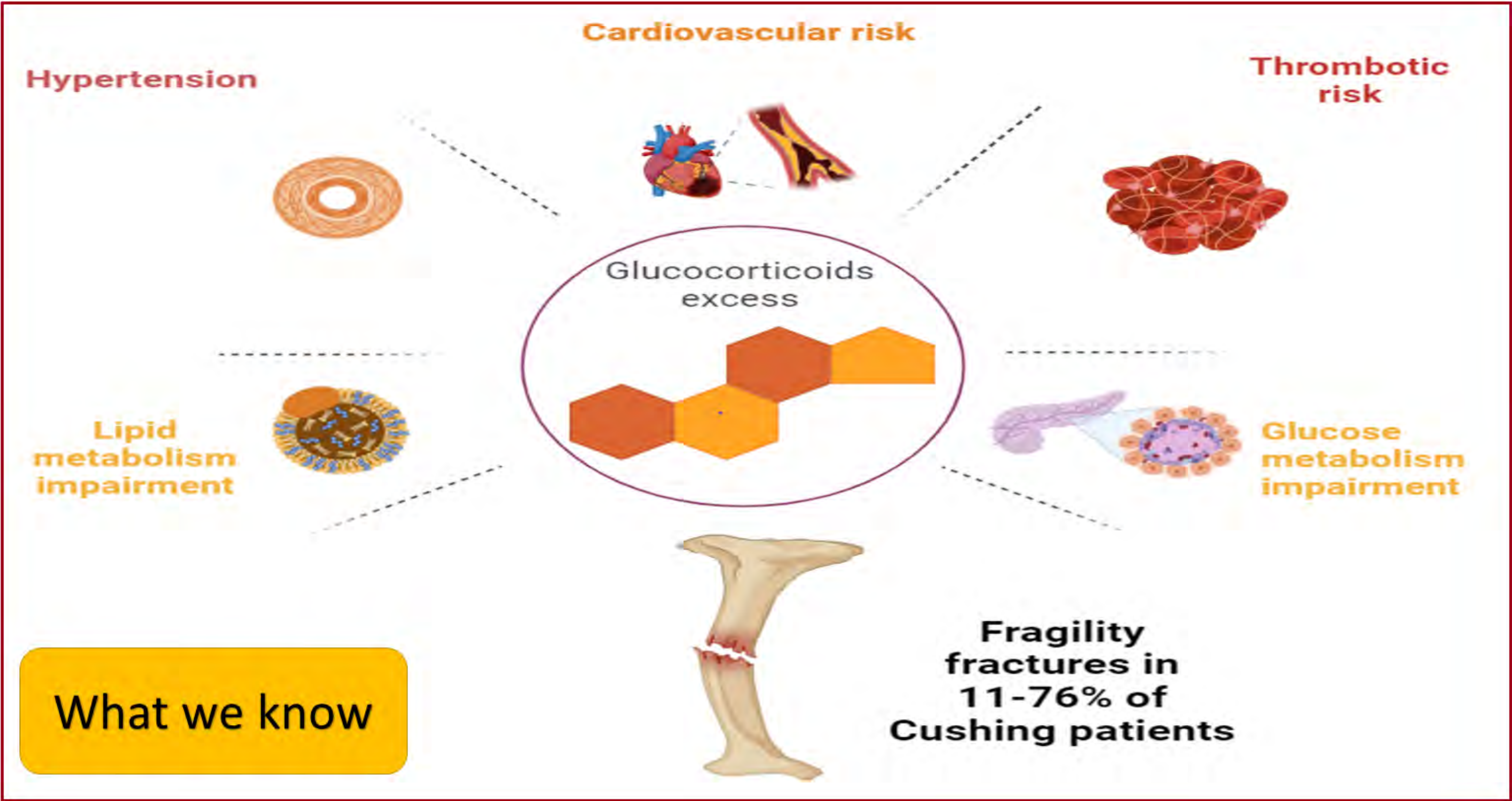
Figure 3. In-vitro vWF supplementation increases HPMEC tubule size. Representative micrographs of 3D-cultured HPMEC with and without vWF exposure are given at the different time points (from T0 to T4) below the graphs (A). Original magnification: 4x. Treatment of 3D tubular cultures of HPMECs with vWF (4μg/ml) for 4 hours (T0 to T4) induces, at T4, a significant enlargement of about 1.5x, of the mean tubule size as respect to untreated controls at the same time point, whereas other parameters of angiogenesis (number of nodes and junctions, and total length of tubule) are unaffected (B).

CONCLUSIONS

SARS-CoV-2 infection in liver leads to a local procoagulant response by up-regulating vWF in endothelial cells contributing to portal microthrombosis. Moreover, vWF induced an increase in the tubule expansion of HPMEC, consistent with a vessel lumen widening effect relevant to intrapulmonary vascular dilations found in COVID-19 patients with severe hypoxemia. Thus, vWF released by portal endothelial cells may behave as a putative molecular effector linking hepatic lesions with pulmonary vascular perturbations in hepatopulmonary syndrome.

FUTURE DEVELOPMENT

Hepatic pericytes, mesenchymal cells intimately associated with the endothelium, have not been considered as a therapeutic target for arresting pro-thrombotic events, but future research aimed at targeting pericytes could provide innovative tools to combat microvascular complications following SARS-CoV-2 infection. Furthermore, it is possible that the mechanisms described are involved in causing portal obliterative venopathy, one of the most neglected and underdiagnosed hepatic vascular diseases. Our aim is to take this study further by translating these findings into liver vascular diseases characterised by portal vein microthrombosis.



Evaluation of Oncogenic Risk and Cumulative Effective Dose from Radiological Investigations in Intensive Care Unit Patients. Variability between Risk Models

Aim

To compare oncogenic risk related to radiation exposure according to different risk models in intensive care unit (ICU) patients.

Methods

This was an IRB-approved observational retrospective study. One hundred-and-fifty patients (45 F; 105 M, mean age 63.2 ± 27 years) [Tab 1] admitted to intensive care multivisceral transplant unit (44 patients) or cardiac surgery unit (106 patients), who underwent x-ray radiological examinations between april and june 2023, were included. For each patient the cumulative effective dose (ED) during one single hospital admission was calculated [Tab 2] and the oncogenic risk, based on Additional Oncogenic Risk (AOR) corresponding to Effective Dose $/0.1 \times$ Lifetime Attributable Risk (LAR), for all cancer and leukemia were estimated according to biological effects of ionizing radiation seventh report (BEIR VII), Radiation Risk Assessment Tool (RadRAT), International Commission on Radiological Protection (ICRP) 103, and US Environmental Protection Agency (EPA) risk models.

Results

All cancer risk was lower according to ICRP 103 vs BEIR VII vs RadRAT vs US EPA (median $\pm$ IQR, 20 ± 105 vs 40 ± 226 vs 47.5 ± 346 vs 41.88 ± 254 , $P < 0.001$), while it was higher in male vs female patients according to both BEIR VII (median $\pm$ IQR, 58.6 ± 279 vs 18.6 ± 112 , $P < 0.001$), RadRAT (77.2 ± 456 vs 24.2 ± 130 , $P < 0.001$), ICRP 103 (20 ± 121 vs 15.94 ± 64 , $P < 0.001$) and US EPA (69.40 ± 329 vs 20.59 ± 125 , $P < 0.001$). Leukemia risk was higher in US EPA vs BEIR VII vs RadRAT vs ICRP 103 vs (median $\pm$ IQR, 7.75 ± 41 vs 7.6 ± 37 vs 7.27 ± 42 vs 1.8 ± 13 , $P < 0.001$), while it was higher in male vs female patients according to both BEIR VII (male vs female median $\pm$ IQR, 9.5 ± 52 vs 2.12 ± 11 , $P < 0.001$), RadRAT (9.94 ± 50 vs 2.03 ± 12 , $P < 0.001$), ICRP 103 (2.17 ± 18 vs 0.92 ± 4 , $P < 0.001$), and US EPA (9.83 ± 51 vs 2.34 ± 12 , $P < 0.001$) [Tab 3, Fig 1-2].

Patients	
Total (n°)	150
Male (n°; %)	105 (70%)
Females (n°; %)	45 (30%)
Age	
Male (Mean $\pm$ SD)	63.3 ± 14
Female (Mean $\pm$ SD)	64.3 ± 13
ICU Departments	
MTU (n°; %)	44 (29%)
CSU-(n°; %)	106 (71%)
Hospitalization period (days)	
Male (Mean $\pm$ SD)	36 ± 27
Female (Mean $\pm$ SD)	24 ± 43
MTU (Mean $\pm$ SD)	36 ± 33
CSU (Mean $\pm$ SD)	31 ± 42
Radiological Investigation	
Total (n°)	2847
X-rays (n°; %)	2473 (87%)
CT (n°; %)	270 (9%)
Interventional Procedures (n°; %)	49 (2%)
Angiographic Procedures (n°; %)	57 (2%)

Table 1: Patient characteristics and radiological investigations. MTU, multivisceral transplant unit; CSU, cardiac surgery unit.

Cumulative effective Dose (mSv)	n°	Mean $\pm$ SD
Total	150	42.34 ± 70
Male	45	22 ± 41
Female	105	51 ± 77

Table 2: Cumulative effective dose (ED) (mSv) comparison between the total population, sex, and ICU Departments. MTU, multivisceral transplant unit; CSU, cardiac surgery unit.

	BEIR VII	RadRAT	ICRP 103	US EPA
AOR All cancer*°	40 ± 226	47.5 ± 346	20 ± 105	41.88 ± 254
AOR Leukemia*	7.6 ± 37	7.27 ± 42	1.8 ± 13	7.75 ± 41
AOR All cancer male*	58.6 ± 279	77.2 ± 456	20 ± 121	69.40 ± 329
AOR All cancer female*	18.6 ± 112	24.2 ± 130	15.94 ± 64	20.59 ± 125
AOR Leukemia male*	9.5 ± 52	9.94 ± 50	2.17 ± 18	9.83 ± 51
AOR Leukemia female*	2.12 ± 11	2.03 ± 12	0.92 ± 4	2.34 ± 12

Table 3: Comparison of All-cancer risk and Leukemia-risk model between BEIR VII, RadRAT, ICRP 103 and US EPA

AOR Comparison between Risk Models

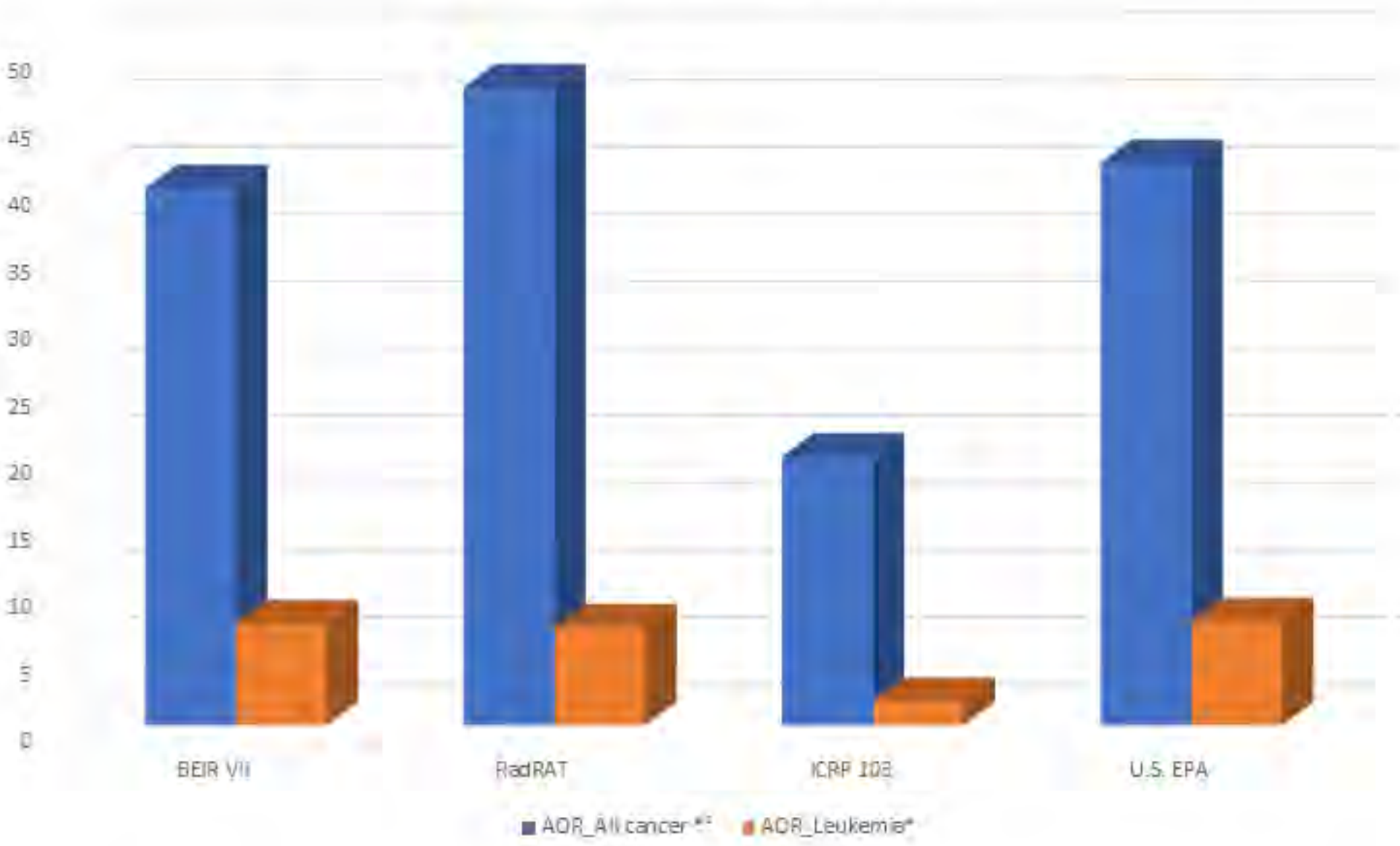


Figure 1: Comparison between Additional oncogenic risk (AOR) /100.000 between to BEIR VII, RadRAT, ICRP 103, and U.S. EPA Risk models. *(median $\pm$ IQR) ° p value (< 0.001)

Sex_AOR Comparison between Risk Models

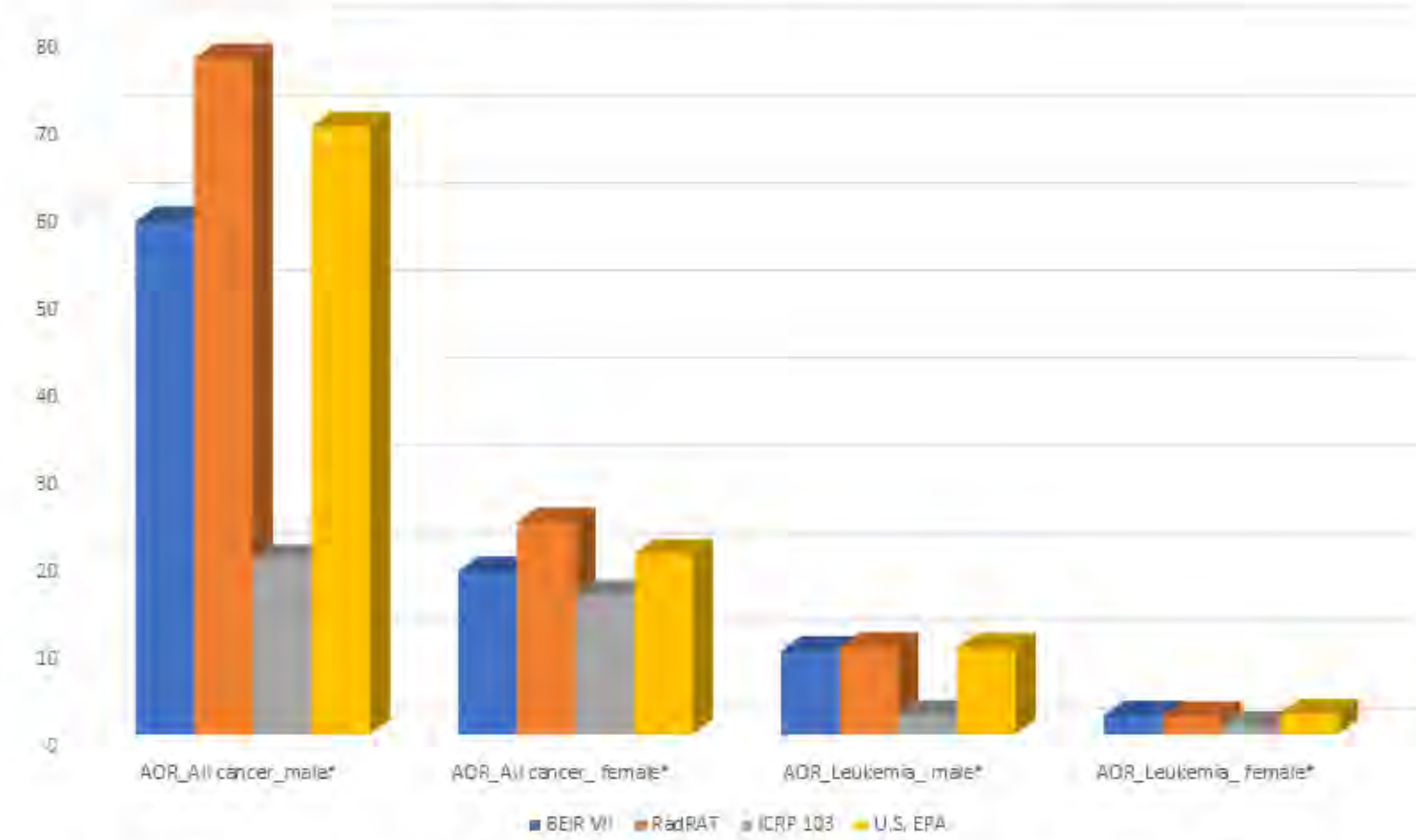


Figure 2: Comparison between Additional oncogenic risk (AOR) /100.000 between to BEIR VII, RadRAT, ICRP 103, and U.S. EPA Risk models divided by sex. *(median $\pm$ IQR) ° p value (< 0.001)

Conclusions

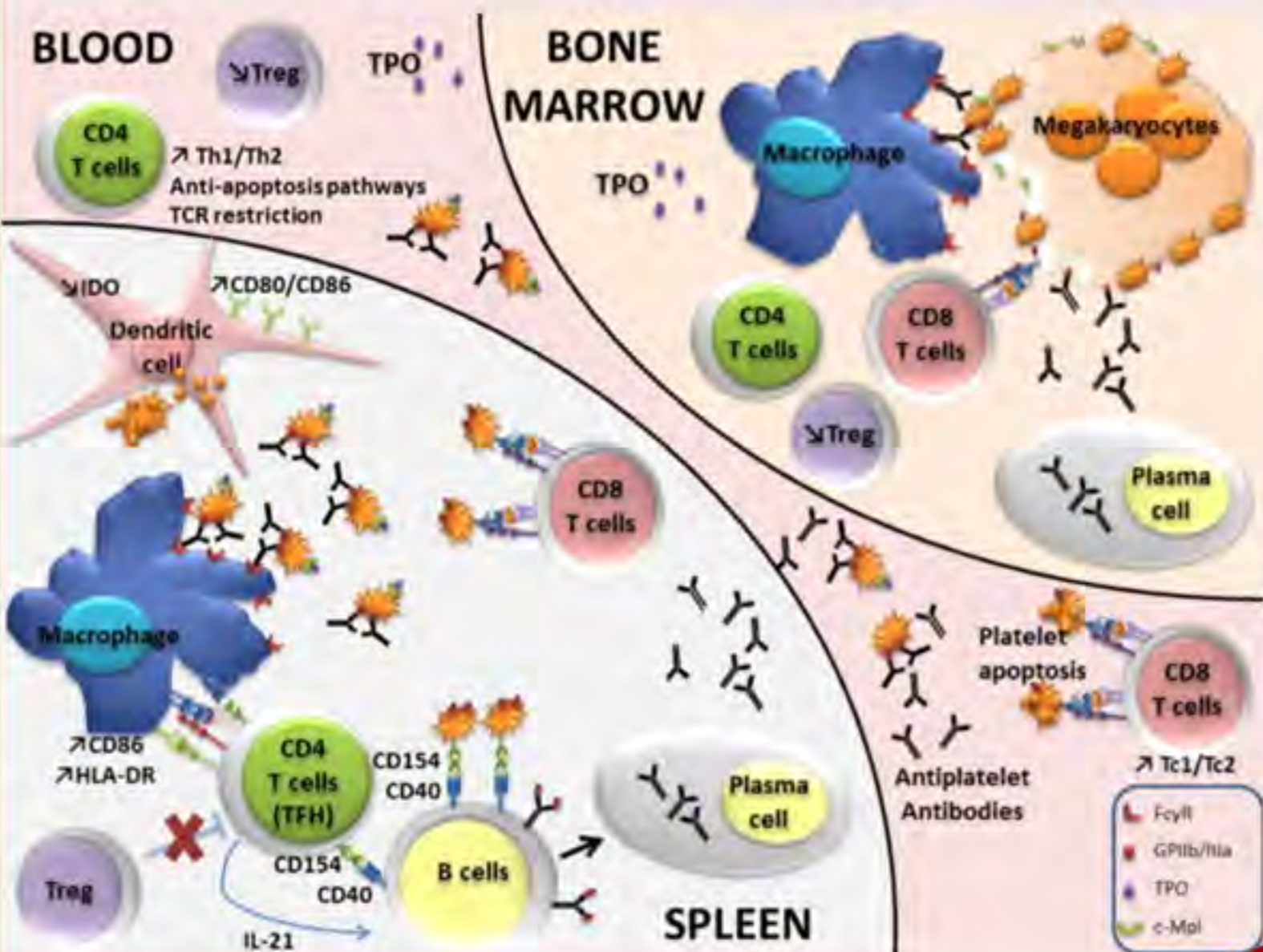
ICRP 103 risk model estimated a lower radiation-induced cancers risk for all cancer risk, while US EPA estimated an increased radiation- induced leukemia risk compared to BEIR VII, RadRAT, and ICRP 103.

Comprehensive Profiling of T Cell Compartment in Immune Thrombocytopenia (ITP): A Multi-Modal Approach

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BACKGROUND.



ITP: an inflammatory symphony

STUDY AIM.

- Immunophenotypic and transcriptomic patterns of T lymphocytes in ITP

METHODS.

- 2-year **observational prospective study**
- 50 ITP patients and 25 healthy volunteers
- Flow cytometric analysis of T-cells**
- T-cell receptor (TCR) clonality assessment**
- Single Cell RNA Sequencing** (selected cohort)



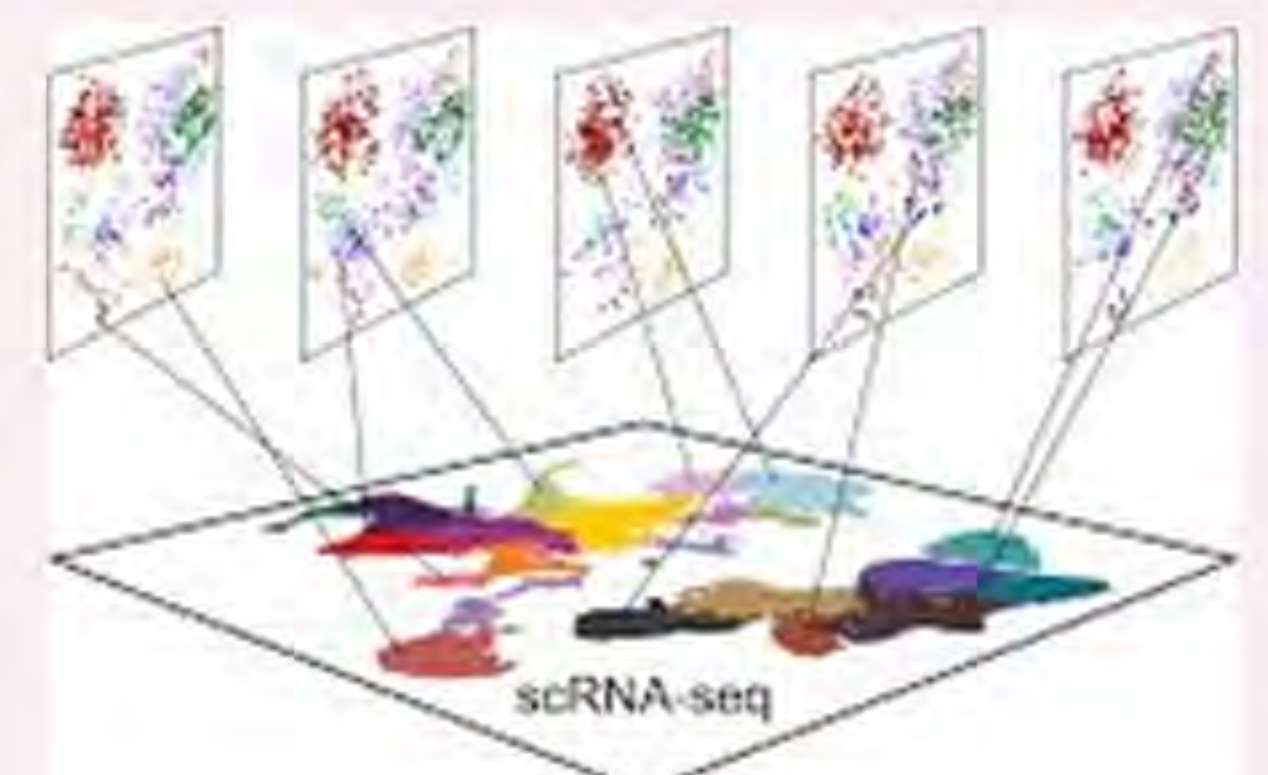
PRELIMINARY RESULTS.

- Increased CD8+ T-cells and CD8 terminally differentiated effector CD8+ (TEMRA) in ITP patients**
- Increased CD4+/CD8+ central memory T-cells in secondary versus primary ITP**
- Reduced CD4+/CD8+ naive T-cells in splenectomized patients**

The final note: hemorrhagic syndrome

NEXT STEPS.

- Increase patient and control cohort sizes** (ongoing study)
- Gather **TCR clonality** information
- Analyze **transcriptomic data**
- Evaluate T-cell subset fluctuations during treatment
- Characterize aberrant populations from transcriptomic analyses
- Possibly **identify** new diagnostic and prognostic **biomarkers**



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